Patient Label

### AHS colour logoChronic Pain Centre

**Medication Tapering Plan**

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Prescribing Physician Responsible for Taper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Medication that is being tapered and current dose: |  |
| Target dose after taper: |  |

|  |  |
| --- | --- |
| Physician’s reason for taper: |  |
| Patient’s  reason for taper: |  |
| Benefits to taper: |  |
| Barriers to taper: |  |
|  |  |
| Sleep |  |
| Mood |  |
| Nutrition |  |
| Bowel |  |
| Work |  |
| Exercise/  Activity |  |
| Social/  Relationships |  |
| Flare-up | Mild |
| Moderate |
| Severe |