



ACP CRIO

Advance Care Planning Collaborative Research & Innovation Opportunities Program

Adopting recommendations from South Asian Community to help improve their understanding of Advance Care Planning concept

Sidra Javed¹, Jessica Simon², Uzma Naheed¹
1- Department of Medicine, University of Calgary
2- Department of Palliative Care Medicine, University of Calgary

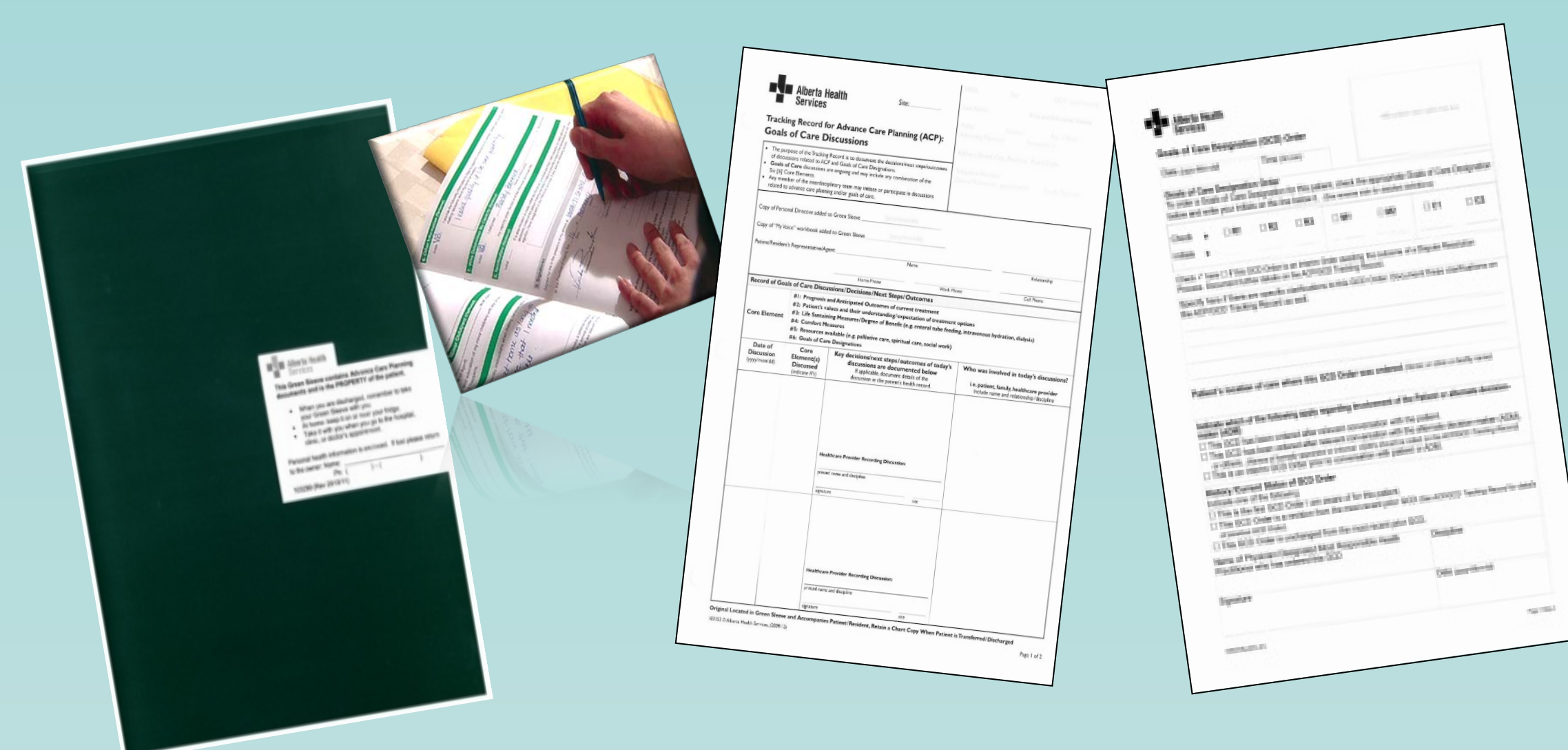


UNIVERSITY OF CALGARY

Advance Care Planning



CONVERSATIONS MATTER



The Green Sleeve, your "Health Passport."

Goals of Care Designation



R
Resuscitative care



M
Medical care



C
Comfort Care

Conclusion

With the aid of these information sessions, we are able to adopt at least 5 out of 8. recommendations by the community including;

- 1- Recognize and build on community capacity
- 2- Inform the community through forums and seminars;
- 3- Include religious and community leaders in ACP discussions
- 4- Respect cultural norms.
- 5- Use stories to foster understanding

Learning Objective

- Enhance ACP and GOC discussion process in culturally diverse population.
- Apply multilingual skills to improve health care by extending responsibility for care beyond the hospital, into multicultural communities.

Methods

- We approach community groups with the help of religious and community leaders. A bilingual speaker delivers interactive sessions, aided by powerpoint presentations and the use of narrative stories.
- We conduct a feedback survey at the end of every session to help improve the presentation for the subsequent group. This interactive process will be used 3-4 times per year to develop an acceptable/effective session.

References

- conversationsmatter@albertahealthservices.ca
- Crawley LM. Racial, cultural, and ethnic factors influencing end-of-life care. J Palliat Med. 2005;8:S58–S69.
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- Biondo P et al. Understanding advance care planning within the South Asian community. Health Expect. 2017 Oct; 20(5): 911–919
- Perkins HS, Geppert CMA, Gonzales A, Cortez JD, Hazuda HP. Cross-cultural similarities and differences in attitudes about advance care planning. J Gen Intern Med. 2002;17:48–57.

Objective

- To provide concise and relevant information about ACP to the community groups in their native language to improve understanding the aspects of Advance Care Planning.

Community Recommendations

- ✓ Recognize & build on community capacity
- ✓ Inform the community via ACP seminars
- ✓ Involve religious & community leaders
- ✓ Include family members in ACP discussions
- ✓ Respect cultural norms
- ✓ Encourage doctors to initiate ACP
- ✓ Translate more ACP materials
- ✓ Use stories to foster understanding