

Clinical Pharmacology & Toxicology Pearl of the Week

~ "Do Not Use" Abbreviations ~

Case:

A nine-month-old girl had "Morphine .5mg IV" prescribed for post-op pain. It was transcribed by hand to the medication administration record as "5 mg" IV. The nurse gave 2 doses, 2 hours apart. Four hours after the last dose, the baby suffered cardiac arrest and died.

Background:

✓ Medication errors are one of the largest recognized sources of preventable hospital medical error, and approximately 5% of those errors are due to abbreviation use.

Misinterpreted abbreviations can result in omission errors, extra or improper doses, administering the wrong drug, or giving a drug in the wrong manner. In return this can lead to an increase in the length of stay, more diagnostic tests, and changes in drug treatment.

✓ Abbreviations, as well as symbols and dose designations, are only helpful when their intended meaning is fully understood by all persons who will be deciphering the information and when there is no potential for misinterpretation.

✓ Certain abbreviations appear to be more error-prone, and the resultant errors may lead to serious or even fatal outcomes. Heparin 5000 U Sq Q8H

60 Regular Insulin NOW

✓ Even though the writer may have clear and legible handwriting, the reader may be unfamiliar with the meaning of the abbreviation, symbol, or dose designation. The abbreviation may also have more than one meaning.

"Do Not Use" Abbreviations List

- ✓ There is a Do Not Use List of Abbreviations, Symbols, and Dose Designations developed by Institute of Safe Medication Practices (ISMP) Canada. This list was revised in 2025. The brief and comprehensive versions are displayed below
- ✓ The elimination of the use of dangerous abbreviations, symbols, and dose designations
 applies to all medication-related documentation. This includes when handwritten or
 entered as text into a computer, or on any pre-printed forms or labels related to medication
 use.

DO NOT USE

Dangerous Abbreviations, Symbols, and Dose Designations

Institute for Safe Medication Practices Canada
For a more detailed version, see: ismpcanada.ca/do-not-use-list

DO NOT USE	ALWAYS USE		
Abbreviated medication name (e.g., MSO4, MTX)	Use full name of medication		
U	Use units		
IU	Use International units		
ug, μg	Use microgram or mcg		
сс	Use millilitre or mL		
OD, QD	Use daily		
QOD, EOD	Use every other day		
D, d	Use days or doses		
x/7, y/52	Use x days, y weeks		
AS, AD, AU	Use left ear, right ear, both ears		
OS, OD, OU	Use left eye, right eye, both eyes		
<>	Use less than, lower than or more than, greater than		
@	Use at		
D/C medication A, medication B	Use discharge when referring to a discharge with medications from a care area. Where discontinue is intended, stop or discontinue may be safer alternatives.		
I, II, III, IV, †, ††, †††,	Use the intended Arabic numerals , or spell out the numeral.		
X.0 (trailing zero)	Use X Never use zeroes after a decimal point.		
.X (lack of leading zero)	Use X Never use zeroes after a decimal point. Use 0.X Always use a zero before a decimal point.		



Dangerous Abbreviations, Symbols, and Dose Designations

Institute for Safe Medication Practices Canada For a more concise version, see: ismpcanada.ca/do-not-use-list

DO NOT USE	INTENDED MEANING	COMMON ERRORS	ALWAYS USE	
Abbreviations of m	nedication names			
Abbreviated medication name (e.g., MSO4, MTX)	Medication name	Mistaken for a different medication	Use full name of medication	
Abbreviations for units of measurement				
U	units	Mistaken for O, or numeral 0 (zero)	Use units	
IU	International units	Mistaken for numeral 10, or IV	Use International units	
ug, μg	micrograms	Mistaken for mg (milligrams)	Use microgram or mcg	
СС	cubic centimetre	Mistaken for numeral 00, or 'u'	Use millilitre or mL	
Abbreviations of frequency or duration				
OD, QD	Every day	OD mistaken for numeral 00, or right eye QD mistaken for four times per day, or numeral 00	Use daily	
QOD, EOD	Every other day	QOD mistaken for four times per day, or once daily EOD mistaken for once daily	Use every other day	
D, d	Days or doses	Mistaken for each other (e.g., 5D intended as 5 days was mistaken for 5 doses; bid x 2d intended as 2 doses was mistaken for 2 days) Mistaken for numeral 0 (zero)	Use days or doses	
x/7, y/52	Number of days, number of weeks	Mistaken as number of weeks Mistaken as number of years, or days	Use x days, y weeks	
Latin abbreviations for route				
AS, AD, AU	Left ear, right ear, both ears	Mistaken for left eye, right eye, both eyes Mistaken for one another	Use left ear, right ear, both ears	
OS, OD, OU	Left eye, right eye, both eyes	Mistaken for left ear, right ear, both ears OD mistaken for once daily Mistaken for one another	Use left eye, right eye, both eyes	
Symbols and other abbreviations				
<>	Less than or greater than	Mistaken for opposite than intended, or for numerals	Use less than, lower than or more than, greater than	
@	at	Mistaken for numerals 0 (zero) or 2	Use at	
D/C medication A, medication B	Discharge with list of medications that follow	Mistaken as discontinue list of medications that follow	Use discharge when referring to a discharge with medications from a care area. Where discontinue is intended, stop or discontinue may be safer alternatives.	
Numeric representations or dose designations				
i, ii, iii, iv, I, II, III, IV, Ť, ŤŤ, ŤŤŤ,	Roman numerals	Mistaken for numerals (e.g., ii and TT mistaken for 11), or mistaken for route (e.g., IV), or unrecognized	Use the intended Arabic numerals, or spell out the numeral.	
X.0 (trailing zero)	x	Mistaken for 10 times greater than intended due to decimal point not recognized	Use X Never use zeroes after a decimal point. Use 0.X	
.X (lack of leading zero)	0.X	Mistaken for 10 times greater than intended due to decimal point not recognized	Use 0.X Always use a zero before a decimal point.	

References:

- 1. ISMP Canada Safety Bulletin June 2025.
- 2. Alberta Health Services (AHS) Do Not Use List of Abbreviations, Symbols, and Dose Designations for Medication-Related Documentation policy.

The Clinical Pharmacology (CP) physician consultation service is available Mon-Fri, 8am-5pm. The on-call physician is listed in ROCA on the AHS Insite page. CP consultations are also available through Netcare e-referral and Specialist Link. You can also find us in the Alberta Referral Directory (ARD) by searching "Pharmacology" from the ARD home page. Click HERE for more details about the service.

The Poison and Drug Information Service (PADIS) is available 24/7 for questions related to poisonings. Please call 1-800-332-1414 (AB and NWT) or 1-866-454-1212 (SK). Information about our outpatient Medical Toxicology Clinic can be found in <u>Alberta Referral Directory</u> (ARD) by searching "Toxicology" from the ARD home page.

More CPT Pearls of the Week can be found HERE.

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