January 28, 2020

Notes from Eddy

See the [January 27, 2020 edition of notes from Eddy](#) featuring a brand new section!

- Click here to see the 2019 ED Annual Report, as referenced
- Click here to see the original Memo re: CT Wait times

**Operations**

**Frostbite and Iloprost Update**

Thus far this winter we have treated 20 cases of frostbite with Iloprost. These patients have been spread across all 4 adult sites, with the PLC seeing the highest numbers. As word has spread of our use of the drug, we are getting called through RAPID looking to transfer patients here for treatment. If you are involved in such a call, here is what you need to know.

1. Iloprost is indicated for Grade 2 or greater frostbite - basically if it reaches the DIP on any digit, we should treat.
2. Rewarming should be complete before determining the level of the injury.
3. To be effective, Iloprost needs to be started within 72 hours of rewarming.
4. The decision to treat rests with us, not plastics or an admitting medical service, so do not re-route these calls to those services.
5. The first dose (6 hour infusion) is to be given entirely in the ED.
6. The appropriate admitting service is generally going to be MTU or the hospitalists, depending on both co-morbidities and the comfort of the individual physicians involved. Plastics will consult, but will not be admitting these patients.

As always, I am happy to field questions in real time as they come up (assuming I am not asleep at the time).
Ian Walker

2020 Annual Information Verification and Attestation (AIVA)
The 2020 Annual Information Verification and Attestation (AIVA) for Emergency Medicine have all been sent in two parts which require your attention as soon as possible. [Click here to read].

Lilian Prudencio

Physician Participation Needed!

Request for Nominations: FMC Service Recognition Awards
Once again the Foothills Medical Centre Medical Staff Association would like to recognize physicians from various departments with the FMC Service Recognition Awards. Dr. Rachel Grimminck, President of the FMC MSA, invites you to nominate individuals from your department who deserve special recognition for their service at FMC.

You can submit your nomination(s) by emailing zmsaadmin@albertadoctors.org with the following information:

- Name and Department of the nominee
- Name of the person or persons nominating the individual
- Reasons the department feels this physician deserves special recognition

Nomination deadline: February 21, 2020
We are also seeking nominations for our Physician of the Year Awards (Resident, Early Career Physician and Established Physician) and Diversity and Inclusion Award. More information about these awards and previous winners can be found on our website: [www.albertazmsa.com/fmc-msa](http://www.albertazmsa.com/fmc-msa)

Do you have ultrasound training?
I am trying to compile an updated list of all the staff in the city who have extra ultrasound training. If you have your EDE2, some other equivalent advanced POCUS certification, or if you have completed an ultrasound fellowship, please add yourself to my spreadsheet in google docs. I will be using this list to invite staff to teach senior ultrasound sessions, courses, and preceptor residents during their ultrasound blocks.

Many thanks,
Kasia Lenz MD, FRCP, RDMS
Resident Ultrasound Education Lead
Emergency Medicine
University of Calgary

ED Staff POCUS Hands-On Session!
The Calgary ED POCUS Hub is proud to provide Calgary ED staff physicians with the second hands-on ultrasound training session supported by the PSF. The first session in December on advanced cardiac
applications was a lot of fun and well received by the participants. This session will cover peripheral nerve blocks (femoral, forearm) as well as peripheral IV starts.

The session will be **February 20 from 1030-1230** at the ATSSL. The session will accommodate 20 participants. Please RSVP to myself to sign up for the session.

The sessions are supported by the PSF and thus PSF members will have priority sign up. Please note there will be a $200 charge if a participant cancels within 24 hours unless the spot can be filled by another participant.

Thanks!

Danny Peterson and the POCUS Hub members

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**Education. CME. Rounds**

**EM Grand Rounds**

Thursday, January 30th, 2020, 0900 - 1000 - Coombs Theatre - FMC

“A Connect Care Primer for the ED” & Evaluation Form

**Presenters:**

Dr. Ashlea Wilmott - Emerg Physician
Dr. Matt Grabove - Emerg Physician

**Connect Care Team**

Mr. Shawn Holten - Senior Trainer – ASAP Module
Mr. Tim Humphries - CORE Lead Emerg

**Telehealth Sites:**

- Alberta Children’s Hospital - Rm B4-010
- Rockyview General Hospital – Rm 10332
- South Health Campus – Rm - 410007
- Peter Lougheed Hospital – Rm 4056
- Banff Mineral Springs Hospital - Rm 5018
- Canmore General Hospital – Boardroom 1256

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 1.0 MainPro-M1 credits. This program is approved as an accredited group learning activity as defined by the maintenance of certification program of the Royal College of Physicians and Surgeons of Canada.

**Departmental Grand Rounds on Spinal Emergencies**

Thank you to Drs. Zoe Polsky, Anjali Pandya, Margriet Greidanus, and Neil Collins for the Departmental Grand Rounds on Spinal Emergencies. After Dr. Polsky's deep dive in the SEA of evidence of Spinal Epidural Abscess and Cauda Equina Syndrome, Drs. Pandya and Greidanus present a Pathway for Work-up and Disposition of Patients with Suspected Spinal Emergencies attached. This pathway provides not only guidance around which patients to image, what modality to use (CT vs MRI), role of inflammatory markers (ESR vs CRP) for SEA and disposition guidance but also the references and evidence to support the recommendations. This pathway was a multi-disciplinary undertaking with input from radiology (Dr. Wallace and Dr. Ciura) and Spines (Dr. Jacobs). The amount of work this team put in to create this pathway is impressive and it's apparent in the final product. For questions or comments please contact Dr. Margriet Greidanus, Dr. Anjali Pandya, Dr. Shawn Dowling or Dr. Neil Collins.

If you want to listen to the rounds - follow this link: [http://trk.cp20.com/click/cgk7-1q1h60-ly0vmn-5h17ozc6/](http://trk.cp20.com/click/cgk7-1q1h60-ly0vmn-5h17ozc6/)
In the near future this pathway will be available on the AHS ED website (https://insite.albertahealthservices.ca/edc/Page9145.aspx) and sharepoint.

**Journal Club Summary** - from January 16th Journal Club

**CBD Faculty Development Session**

- Do you currently supervise FR residents on shift?
- Do you want to supervise residents on future shifts?
- Do you struggle with filling out the EPA’s (online assessments) that residents give you to fill out after a shift?
- Do you want to understand how the competency committee uses your evals to inform their decisions?

If you answered yes to any of the above questions, and are faculty in our department (both FR and EM!) please sign up for a faculty development session targeted at clarifying your questions as well as addressing issues relating to EPA’s from both residents and the competency committee.

**Snacks & coffee will be provided!**

Feb 13th and Feb 20th 10-11am post grand rounds. Location: FMC AGW2 (Across Coombs Theatre)
https://www.signupgenius.com/go/5080D4CA5A723ABF58-cbdfaculty
Please email Fareen Zaver if you want further details/clarifications.

**Alberta Sexual Assault Course and Conference 2020**

April 4th, 2020

Health Science Centre, 3330 Hospital Drive NW, Calgary AB

The full-day course on April 4 is designed to share core training and a management update for urban and rural healthcare professionals on sexual assault. Topics covered will include sexual assault forensic kits, trauma-informed care, chronic pelvic pain, male and transgender sexual health, sexually transmitted infections, strangulation and human trafficking.

**Office of Faculty Development**

Check out upcoming workshops from the OFD here: https://cumming.ucalgary.ca/office/ofd/workshops

**Quality Improvement Forum** - Radisson Red Deer - February 19th, 2020

We have learned that with the generous sponsorship of the College of Physicians and Surgeons of Alberta, our in person Forum will be held on February 19, 2020 at the Radisson Hotel, Red Deer. Bus transportation will be provided from Edmonton and Calgary to the event, and other mileage will be treated as regular transport to a working site – and thus not covered. As soon as possible please confirm to Leila Davey that you are still able to attend.

**ED Highlights**

**CAEP Annual Awards Nominations - due February 17th**

CAEP’s Annual Awards recognize excellence in specific areas within emergency medicine, including advocacy, education, research, and professional practice.
https://caep.ca/who-we-are/caep-annual-awards/
ED social night - Anejo (January 29, 2020)

Please save the date for the next ED social night

When - 7pm - midnight, January 29, 2020.
Where - Anejo - https://www.anejo.ca/
Who - You and your significant other
Why - So we can connect with our colleagues and get to know each other a bit better. We work with some interesting and wonderful people. Let’s celebrate that.
Food - Appetizers provided by the Physician Support Fund.

RSVP to one of:
Stuart Rose
Grant Kennedy
Huma Ali
Ayesha Khory

Hodsman Lecture
The sixth annual Hodsman Lecture will take place on Thursday, March 12, 2020 in the Foothills Auditorium. This event will include the following activities:

1. Hodsman Lecture on Thursday, March 12, 2020 at 8.00am-12.00pm at FMC Auditorium.
The lecture will be featuring guest speaker Dr Gregory Luke Larkin on the theme of Mental Health in the emergency department.

2. Dinner & Social Night on Wednesday, March 11, 2020 at 6.00pm in Dr. Colleen Carey's Home.
Dr. Larkin, other event speakers and emergency physicians staff and residents are invited to enjoy a casual catered dinner at the home of Dr Colleen Carey. Please RSVP to Amani at amani.otoom@ahs.ca by February 10.

Opportunities

2020 PLP Summit Call for Abstracts
The Physician Learning Program Alberta is pleased to announce the Call for Abstracts for the 2020 PLP Summit: 10 Years of Partnering to Accelerate Change and Advance Practice. This Summit is intended to examine quality improvement, audit and feedback, human-centered design, knowledge translation and implementation science, and how these continuing professional development strategies can help us advance practice towards a supportive culture, driven by evidence-informed and reflective practice improvement.

Please share with us your work and experiences related to:

- Choosing Wisely™ initiatives
- Quality Improvement
- Audit and Feedback
- Human Centered Design
- Implementation Science
- Knowledge Translation
- Appropriateness
- Continuing Professional Development

Abstract Submission Deadline:
Sunday, February 2nd 2020 11:59 MT
Notification of Abstract Acceptance:  
Friday, February 16th 2020 11:59 MT

**World Cup Long Track Speedskating MD Coverage needed**

Olympic Oval at the U of C. It pays $100.00 per hour. You will have BLS paramedics with you.

08:30-13:30 February 7, 2020  
13:30-19:00 February 7, 2020

Please contact Dr. Victor Lun if you are interested.

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**Clinical/Adjunct Professor Promotions and Awards Deadlines**

[Click here to see the deadlines](#) (Feb 14th, 28th) and process regarding recommendations for promotion to Clinical/Adjunct/Research Associate/ Assistant Professor and Full Professor. Contact [Lilian.prudencio@ahs](mailto:Lilian.prudencio@ahs) for more information.

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**Miscellaneous**

**Nanny Available**

*On behalf of someone who is known both to Dr Peter Gant and myself*

In case anyone in the group is looking for a part-time nanny:

Experienced nanny looking for part-time work.

If interested please contact Loreli

- Dr. Stan Bernbaum