

Outpatient Services for Older Adults for Referral from Emergency Department



1 Seniors Health Clinic

Who: Geriatrician or Care of the Elderly physician + RN or Allied Health.

When: Urgent 1-2 Weeks, Routine <4 Weeks.

What: >65 year olds for Comprehensive Geriatric Assessment. A 2 hr comprehensive consult + follow up

Reasons for Referral: Complex Chronic Disease, Frailty, Falls, Decline in Function, Complex issues with Dementia, Polypharmacy. Not for Delirium or Severe Behaviour with Safety Issue

How: via OneLine Referral Form <https://www.albertahealthservices.ca/frm-18377.pdf>

2 Falls Prevention Clinic

Who: Geriatrician + Allied Health.

When: Urgent 1-2 Weeks, Routine <4 Weeks.

Where: In Home Assessment, Clinic if needed

What: Assessment of falls and risk reduction strategies, Physiotherapy if indicated

Reasons for Referral: Falls, not if solely syncopal. If complex will be triaged to Seniors Health

How: via OneLine Referral Form <https://www.albertahealthservices.ca/frm-18377.pdf>

3 Geriatric Mental Health Clinic

Who: Geriatric Psychiatry + Allied Health.

When: Routine 4 Weeks.

What: >70 year olds not living in Long-Term Care or Assisted Living, for assessment + follow up, caregiver support, one to one or group therapy.

Reasons for Referral: Provides mental health services to seniors on the community with moderate to severe age related mental health concerns, mood disorders, and other long-standing mental health conditions. No crisis intervention provided.

How: via Generic Referral Form <https://www.albertahealthservices.ca/frm-19619.pdf>

4 Day Hospital

Who: Geriatric Medicine + Geriatric Psychiatry + Allied Health.

When: 1 to 3 Months. Average LOS 3-4 months.

Where: Carewest Glenmore Park

What: Client attends 2x/week and an interdisciplinary team provides rehab and other support.

Reasons for Referral: Outpatient program (at Glenmore Park only) for frail elderly (65+) living in the community who require 2 or more professional interventions.

How: Referral can be direct from ED- cc GP on referral form, having a GP is not a pre-requisite. Print and complete referral form and Fax to: 403-258-7681.

<http://carewest.ca/dir/wp-content/uploads/2020/08/Day-Hospital-new-referral-2020.pdf>

5 Family Caregiver Center

Who: Social Worker who provides counselling, education, resources, and support to (non-paid) caregivers.

Reasons for Referral: Not exclusive to age 65+, but most clients are senior caregivers. Also organizes group education sessions in community (support groups and a Speaker Series with various guest speakers/topics relating to caregiver stress management).

How: Referral by Contacting Social Worker at Family Caregiver Centre
Phone 403-955-1674, OR Fax @ 403-955-1584, OR EMAIL:
FAMILY.CAREGIVERCENTRE@AHS.CA.