



Department of Emergency Medicine

# Weekly **email**

Updates for ED Physicians

## COVID-19 Updates

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### **ACH Virtual Grand Rounds & COVID-19 Update**

**When: Apr 16, 2020**

**Time: 9:00-10:00 AM**

***Not all Heartaches Need to be Headaches: Pediatric Myocarditis and Troponin Assays.***

Presented by Dr. Katie Anker, R4/ PEM Fellow

Join in virtually to review the challenging, life-threatening and often elusive diagnosis of Pediatric Myocarditis. I will be discussing it's varied and often subtle clinical presentation, helpful investigations including the various Troponin assays used in Alberta (hs-Tnt, hs-Tnl, Tnl), and the temporary implementation of a Tnl assay at the ACH (a collaborative initiative from ACH Cardiology/ ACH PICU/ ACH PEM/ Alberta Precision Laboratories).

### **COVID-19 Update**

**When: Apr 16, 2020**

**Time: 10:00- 10:45 AM**

Leadership - Neil Collins

Clinical - Kasia Lenz

Wellness - Kelsey MacLeod

### **Zoom connection details for both ACH Rounds and COVID-19 Update (SAME link):**

Please contact Judy at [judy.mackay@ahs.ca](mailto:judy.mackay@ahs.ca), Aaron Petersn at [ajpeters@ucalgary.ca](mailto:ajpeters@ucalgary.ca) or your team lead to obtain the connect details

**Disclaimer: Please don't share the zoom link and connection details on social media or any website!**

**Evaluation form:**

Please fill out the [evaluation form](#) and email to [Judy.Mackay@albertahealthservices.ca](mailto:Judy.Mackay@albertahealthservices.ca)  
If you have watched any of our online grand rounds please ensure to fill out the evaluation form and submit it to Judy Mackay at [Judy.Mackay@albertahealthservices.ca](mailto:Judy.Mackay@albertahealthservices.ca) to receive credit for your respective college for MOC

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**ED Grand Rounds Recordings**

Here is the video link for last week's ED COVID Update <https://youtu.be/Mj-WIEqgtFQ>.  
[Click here for Q&A Notes.](#)

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**N95 Testing**

This testing is required by the medical staff bylaws.  
If your N95 testing is not up to date, then you are considered by medical affairs to be unsafe to work in the current environment.  
Please send your confirmation of N95 testing to Judy Mackay ([judy.mackay@ahs.ca](mailto:judy.mackay@ahs.ca)).  
If we do not have your N95 testing proof, we will be removing your name from the schedule and posting your shifts as open.  
Thank you for attending to this ASAP.  
Neil

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**ICU SHIFTS**

Hi Group, as per my recent memo, the ICU is making contingency plans to add capacity.  
Today is the last day to sign up for the lottery for those shifts.  
We have 38 ED MD's so far who have expressed interest. We likely will have 2 spots max, for starting in the next few weeks.  
Please send Lilian an email to express interest.  
- Neil

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**Business Aid Issues**

Do you have a Prof Corp? Here are PDF's sent by my accounting firm that highlight the assistance packages:

The [Canadian Emergency Business Account \(CEBA\)](#) is one we should all look at as you can get \$40,000 interest free for a couple years and as long as you pay back 75% they will forgive the rest. I just applied online today. You can do this via your online business banking from any of the big Canadian banks.

The [Canadian Emergency Wage subsidy \(CEWS\)](#) only applies to those that pay salaries. The CEWS will subsidize up to 75% of your salary expenses if you can prove your revenue has decreased by 30% from last year (this may have just changed to be only 15%). They compare month to month billings. So you can compare March 2019 to March 2020. I did the math and my revenue related to our lower volumes dropped 26%. You can always look at future months too.

Lastly, the [Temporary Wage subsidy](#) allows you to decrease your income tax remittance for employees by about 10% and can be done now or when your prof corp files its 2020 taxes.  
This was also summed up on an [email from the CMA](#) with a link to their evaluations.

I'm far from an expert on these. I just thought we should all be aware and you can speak to your own financial/tax/banking experts.

- Ryan Deedo

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**Surgical caps**

Do you need a washable surgical cap or two to cover your hair? A group of keen Calgarians is busy sewing caps to donate to health care workers, starting with ED docs. Use the sign-up form below if you are interested. I will drop them off at the sites, preferably RGH and FMC, but will find someone to take them to

the other sites as needed. You can choose one or two, but will depend on availability. **Deadline is this Friday at 1700.**

<https://forms.gle/64Ht325Q14buWwRn8>

- Denise Watt

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## Physician Wellness and COVID study survey

### Sponsors: Hamilton Health Sciences, McMaster University

This is a tremendously important study that will provide insights into some of the disruptions caused by this pandemic to Emergency Physicians.

You are being invited to participate in a research study on Canadian emergency physician workload, quarantine and COVID-19 infection during this pandemic. This is a weekly survey study. Your decision to participate is completely voluntary, and your job/professional standing will not be affected if you choose not to participate. [Full details here.](#)

If you would like to participate, please click on this link below to give your consent:

[https://is.gd/COVID19\\_Physicians](https://is.gd/COVID19_Physicians).

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## COVID DOES COCKTAILS 🍸

Virtually Hosted by: Kelsey MacLeod, CCFP-EM (certified cocktail fashioning professional- added competency in emergency medicine) on behalf of the Wellness Hub.

**When:** April 16 @ 1900

**Where:** on Zoom <https://ucalgary.zoom.us/j/139946808>

**Who:** You (significant others also welcome)!

**What:** You are invited to follow along and make a **Coronabuster** (pandemic take on a filibuster) or a **Hydroxychloroquinlet** (social distancing version of a gimlet) - recipes are [on the attached invitation.](#) [After our drinks are ready - we will be discussing TV binging.](#)

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## Wellness CoVID Updates

1. The Wellness Hub is looking for any ideas to make your work/life easier & better. Please fill out this [survey](#) to submit any ideas you would like us to consider
2. **Join the SLACK APP** – this week has had some great successes-victories as well as powerful reflections of our current state. [https://join.slack.com/t/calgaryemcovi-csu1961/shared\\_invite/zt-cpscix1t-lka39l8oXR98JCjPAeXUTQ](https://join.slack.com/t/calgaryemcovi-csu1961/shared_invite/zt-cpscix1t-lka39l8oXR98JCjPAeXUTQ)
3. **Call your Peer Support Team.** [HERE are their phone numbers](#) .The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP). They will virtually meet with you once for a full session and can connect briefly a second time again.
4. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members. Your family members can call directly themselves to access counselling. You will speak to an intake physician who will direct you to a therapist if appropriate. They are offering therapy via phone and video.

Thanks,  
Your Wellness Hub

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## Operations

**SCM Updates!**

- **Attending Group For ACH PLC Team for Covid-19 - New**
- **ED COVID-19 Order Set – Updates**

[Full details here.](#)

- Eddy El-Haddad, Senior Clinical Informatician

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### **Stroke prevention clinic and TIARA clinic follow-up**

These are both now virtual clinics, there is no physical follow up of patients. Please ensure you document the patient's deficits in the ED discharge note as the stroke neurologists will not be examining them in person. Also, confirm their phone numbers as always. The neurologists will contact patients by phone to coordinate the virtual appointments. Otherwise the process remains the same, for the TIARA clinic, you speak with the stroke fellow on call to book an appointment time, while with SPC you just enter in the SEC order (under "stroke prevention clinic referral").

**If you are worried about a patient or they have ongoing concerning deficits, then you are advised to contact the stroke team on call and discuss management, including potentially asking them to see the patient in the ED.** For non-FMC sites, a discussion with the stroke fellow or staff may be necessary to determine the best way to proceed with patient management and disposition.

If you have any questions or issues with follow-up, please contact **Katie Lin**

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### **Ultra-Low Velocity Knee Dislocations - Review Handout**

I've completed and [attached a review handout](#) for ultra-low velocity knee dislocations

-Miles Hunter

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### **Care of the Adult with Severe Frostbite Update**

[This update provides](#) additional information regarding the rewarming bath for the patient with severe frostbite.

-Neil Collins

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## **Education & CME**

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### **Clinical Pharmacology & Toxicology Pearl of the Week**

[Vancomycin Associated Acute Kidney Injury](#)

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### **University of Calgary Zoom Account Setup Info**

The University of Calgary acquired an institutional licence for Zoom which is available to staff, faculty and students. You just need to use your usual ucalgary sign in info to set it up the first time (the same username and password you use for ucalgary email or library access etc.). More information about the AHS setup can be found here on insite <https://insite.albertahealthservices.ca/it/Page1119.aspx> Additional information, account creation and getting started documentation can be found here. <http://elearn.ucalgary.ca/zoom/>.

**For support, please contact the IT Support Centre at 403.220.5555; [itsupport@ucalgary.ca](mailto:itsupport@ucalgary.ca) and/or <https://ucalgary.service-now.com/it>**

- Catherine Patocka

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## **Physician Participation Needed!**

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**Canadian Emergency Physician Workforce COVID surveillance**

The EM research team at McMaster will be tracking physician workforce challenges during the pandemic and are looking for volunteers who would be willing to answer a 4-question survey on a weekly basis, distributed by text or email. [See full description of the study here.](#)

The survey will include these 4 questions:

1. How many shifts were you scheduled for this week?
2. How many shifts were you unable to work this week?
3. How many shifts did you pick up on short notice this week?
4. Were you tested for COVID-19 this week?

If you would be willing to participate, please let me know by email, and the McMaster team will contact you. Thanks for considering and be well.

Andrew McRae

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