



Department of Emergency Medicine

# Weekly **email**

Updates for ED Physicians

<hr size=2 width="100%" align=center>

August 18, 2020

## COVID-19 Updates

---

### Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.
3. [The 3 A's of Awesome - Neil Pasricha](#)

Neil Pasricha's blog 1000 Awesome Things savours life's simple pleasures, from free refills to clean sheets. In this heartfelt talk, he reveals the 3 secrets (all starting with A) to leading a life that's truly awesome. Neil is one of the world's leading authorities on intentional living.

---

### Dr. Walter Reynolds

In a gesture of support to Red Deer's medical community, on behalf of the Calgary DEM Emergency Physicians with financial support from RMES, the Wellness Hub hand-delivered flowers and Tim Horton's gift cards to the Emergency Department at Red Deer Regional Hospital on Friday along with the contact information of a few of our Peer Support Team members. We also delivered a card of support and coffee to Red Deer Emergency Services and contributed flowers at the site of Dr Reynolds' work place.

We are grieving as a medical community ever since we learned about this terrible tragedy, and we hope that this gesture allows those who were directly affected some comfort knowing that we care about them. [Click here to visit](#) the Go Fund Me for Dr. Reynolds' family.



- Your Wellness Hub

<hr size=2 width="100%" align=center>

## Operations

---

### SCM Updates!

[Please see attached the SCM ED updates](#) for the week of August 17 – 21, 2020.

**Eddy El-Haddad**

Senior Clinical Informatician

---

### PERT Q3 Newsletter

[Click here to read](#) the Q3 newsletter from the Pulmonary Embolism Response Team.

---

## Physician Participation Needed!

---

### Staff examiners for CCFP-EM oral exams

The CCFP-EM Residency Program is in need of staff examiners for the oral exams on the following dates:

- **September 17 from 1030 - 1300 - via Zoom**

- **December 10<sup>th</sup> from 1030 – 1300 – in person**
- **March 18<sup>th</sup> from 1030 – 1300 – in person**
- **June 10<sup>th</sup> from 1030 – 1300 – in person**

Please check your availability and let me know if you are able to help on any of these dates, and to [TriSurendra.Malasan@albertahealthservices.ca](mailto:TriSurendra.Malasan@albertahealthservices.ca). Your help and assistance is very much appreciated!! Once confirmed I will send Calendar invites. Thanks  
Tris

---

### **Bystander Intervention Training**

I am organizing bystander intervention training that will hopefully take place sometime this fall. The goal with this workshop is to equip people with a structure and tools they need to intervene in situations where they are witnessing something that feels "wrong" such as abusive, stigmatizing, or racist behaviours. In order to customize the workshop and make it more relevant for our department, I would like to include real life scenarios that people have encountered. **If you feel comfortable, please consider sending any scenarios you think would be useful to cover in this workshop to Kelsey MacLeod**

All scenarios will be kept generic and anonymized. We may amalgamate themes if some become apparent. Thanks!  
Kelsey MacLeod

---

## **Education. CME. Rounds**

---

### **Research In Development Rounds Information Session-August 27<sup>th</sup> 2020**

**Time:** 10:00-10:45

**Date:** Thursday, August 27<sup>th</sup>. 2020

**Presenters:** Presenter 1) Rory Killam

Presenters 2) George Matskiv, Suzanne George and Laura Rivera  
{Presentations will be in a PechaKucha format}

**Zoom Session.**

---

### **Health Sciences Library Virtual Workshops**

These free workshops are open to all faculty, staff, and students. Interested participants can go to <http://workrooms.ucalgary.ca/calendar/lcr-workshops/> for further details and to register.

---

### **St Paul's Emerg Medicine Virtual Conference! Sat Sept 26th**

Get your emergency medicine fix! We have transitioned our very popular St. Paul's conference normally held in Whistler to online!

Join us for a full day of updates on topics we know you want to know more about!

Have a look & see where you can benefit!

Conference Website: <https://ubccpd.ca/course/sphemerg-2020>

Registration: <https://events.eply.com/sphemerg-2020>

---

### **Registration for the PADIS 2020 Conference is now open!**

We have finalized the website page for the event. The link

is [https://cumming.ucalgary.ca/cme/courses/calendar/calendar#!view/event/event\\_id/3342](https://cumming.ucalgary.ca/cme/courses/calendar/calendar#!view/event/event_id/3342)

Please note that we won't be using a PDF brochure this year as we are working on making things easier for participants in the virtual environment.

The twitter hashtag is #PADIS2020.

Looking forward to seeing you virtually on November 7!

Mark Yarema

---

**Clinical Pharmacology & Toxicology Pearl of the Week: [Pharmacogenomics and Immune Reactions](#)**

---

**R2C2 Facilitated Feedback Workshops**

PGME is pleased to announce that we will be offering two R2C2 Evidence-Informed Facilitated Feedback Workshops on the following dates:

- September 10, 2020, 9:00 – 11:00 am
- October 2, 2020, 1:00 – 3:00 pm

Both sessions will be held over zoom.

For those individuals that are interested in attending the session, this workshop is accredited and participants will be able to claim 2.0 hours of section 1 credits with the Royal College of Physicians and Surgeons of Canada.

A brief description of the R2C2 Evidence-Informed Facilitated Feedback Workshop can be found below.

As programs prepare for the transition to CBD, programs will be encouraged to adopt academic advisors (or coaches) to meet with residents at regular intervals to review all of their assessments, provide feedback and assist the resident to develop a personal learning plan. This workshop will teach participants how to use an evidence informed facilitated feedback model and learning change plan that will optimize the effectiveness of the feedback and provide coaching for change for residents.

The workshop is targeted towards educators who are or will be performing the following roles:

- Academic advisors (or coaches) in CBD
- Longitudinal preceptors
- Program directors
- Rotation coordinators who are responsible for synthesizing multiple assessments and providing residents with summative feedback

Please use the [accompanying flyer](#) and [trifold](#) to advertise this session to any relevant faculty within your program.

To register for a session please email [cinde.adegebesan2@ucalgary.ca](mailto:cinde.adegebesan2@ucalgary.ca) by August 28, 2020.

Best,  
The CBD Team

---

## Misc

---

**Baby Lubin**

Hi everyone!

My partner (Kari) and I want to share with you the arrival of our little baby girl. Florence Alexander Lubin was born on August 10th after a grueling 27 hours of labour. Guided into the world with forceps Kovid Lee... the most apt doctor to do so in the midst of the pandemic. Mom and baby are healthy.

Jon



---

### **Back Country Skiing trip**

Looking for Backcountry skiers, Battle Abbey. Jan 12-16. \$1950. Note this is a rare four day trip (most trips are seven days). We have three, maybe four spots available. Best skiing ever! <https://www.battleabbey.ca/> email Joe Vipond

---