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Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

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December 08, 2020

ED Strategic Plan Update

Draft Strategic Plan and Resources

Dear colleagues:

Thanks to the many of you who have contributed to the creation of the strategic plan including those who attended last week's meeting over ZOOM.

We are hopefully approaching the final stages and present the draft in a format that would allow a shared review and a crowdsourcing of additional feedback. Please be sure to identify any comments if you are comfortable doing so. We ask for all feedback to be submitted by December 20th.

Full draft of the emergency department strategic plan 2021-2026:

https://docs.google.com/document/d/1_Dv_Ryj6V9uZXI2req_M_iQq5NkYaGQBaHTTf-xD98/edit?usp=sharing

Anyone who has this URL can edit the document. The Google Doc has been set up that any changes will be marked as 'suggested edits' so viewers can track revisions or additions.

Here are some resources that align with the plan, for your info:

Physician Wellness

<https://www.psychiatry.utoronto.ca/annual-report-physician-wellness>

Employee Pulse Survey

<https://www.qualtrics.com/experience-management/employee/what-is-employee-pulse-survey/>

With sincerest thanks,
Eddy

COVID-19 Updates

N95 Fit Testing

The supply of **8110s** respirators is running low – CPSM estimates ~ 2 weeks' supply remains. As of a few months ago the **1870+** mask is no longer being produced and therefore no longer stocked. If you are currently tested to *either of these* you will need to be retested to an alternate **ASAP**.

Once you have been retested please email Judy.Mackay@AHS.ca the following information for our department records:

- 1) **Date on which you retested**
- 2) **Mask Type**

Fit Testing in the zone:

Calgary Zone Clinics:

<https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-calgary-zone-n95-fit-testing-sessions-2020.pdf>

December 2020					
Site	Room	Type	Notes	Date	Time
FMC/TBCC	AE172D (Main Floor)	Qualitative/Quantitative	Drop-in	December 2	0700-0945
RRDTC	Solarium	Qualitative Sign up 1 st fl Site Admin Office Call or Email Katelyn at RRDTC.Operations@albertahealthservices.ca	Sign-up	December 2	TBD
PLC	0648 (Basement)	Qualitative Other fit test sessions available via sign up: https://signup.com/go/vpShizW	Drop-in	December 4	0900-1130
FMC/TBCC	AE172D (Main Floor)	Qualitative/Quantitative	Drop-in	December 8	1200-1445
RGH	5A103 (5th floor)	Qualitative	Drop-in	December 9	0930-1115
PLC	0648 (Basement)	Qualitative Other fit test sessions available via sign up: https://signup.com/go/vpShizW	Drop-in	December 16	1300-1545
FMC/TBCC	AE172D (Main Floor)	Qualitative/Quantitative	Drop-in	December 18	0700-0945
SMCHC	TBD	Qualitative	Sign-up	TBD	TBD

Please remember:

- Fit test sessions are open to all AHS staff
- Each fit testing cycle takes approximately 20-30 mins
- Staff must be clean shaven where the respirator seals to the face
- No smoking, chewing gum, eating food or drinking flavored beverages at least 15 mins before the qualitative test as this is a taste test

- Judy Mackay

Ventilator Workshop - December 10th from 1:00 - 5:00pm

Date: Thursday December 10, 2020

Time: 1:00 – 5:00pm

Title: Ventilator Workshop

Preceptor: Dr Paul Tourigny

Interested staff can attend the virtual Ventilator Workshop on December 10th from 1300 – 1700.

Virtual Session zoom link:

<https://ucalgary.zoom.us/j/99361377150>

* Session will be online only and not recorded

*There will be an additional 30 minute ventilator primer session at Dec 17th's grand rounds session led by Dr. Paul Tourigny if you are unable to attend on Dec 10th.

Calgary ED COVID Cadaver Airway Skills Sessions - December 15 (afternoon)

Link to sign up: <https://www.signupgenius.com/go/10C0D44ACAA2AA3FCC07-calgary2>

For questions, please contact Dr. Marge McGillivray

Calgary Zone Emergency Operation Centre (ZEOC) – COVID-19 Pandemic Response Situation Report

Dec 7th update. [Click here to read.](#)

Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.
3. **Gratitude Video -**

We have so much to be grateful for in this year 2020. At the top of this list is our amazing emergency physician colleagues who stepped up and showed up every day, no matter how difficult things have gotten. The Wellness Hub is putting together a gratitude video and is asking for your help.

Can you send us photos or videos of you and/or our colleagues at work? Do you have any screenshots from your zoom meetings? Photos from sims? Please send them to Dr. Huma Ali by Monday Dec 14th and we will present a short thank you video at GR next week (hopefully!). Let's celebrate the good.

Operations

SCM Updates!

[Click here to read summary for:](#)

- Pediatric and adult triage notes
- EDRN order sets for pediatric
- General urine toxicology panel

- [CEDIS Complaint and CTAS update memo](#)

See also:

- [ED COVID-19 Peds Order Set - Update](#)

Joshua Vejprava RN BSc BN MBA

Clinical Informatician | IT Clinical Systems User Support – Calgary Zone| Clinical Services – IT | Alberta Health Services

Physician Participation Needed!

Present at Research Day 2021 - April 15

The University of Calgary and Alberta Health Services Department of Emergency Medicine is

looking for presenters for our annual Emergency Medicine Research Day being held on April 15th, 2021 hosted via Zoom.

Presenters for the event should have either completed or have an ongoing research project in any of the Emergency Departments, Urgent Care Centers, Pre-hospital services or other clinical areas that would be of interest to those who work in Emergency Medicine.

Attached are the Abstract Submission Forms for either completed or work in progress projects.
Instructions for Submission:

1. Complete either the [COMPLETED](#) or [WORK IN PROGRESS](#) Abstract Submission Form.
2. Send complete abstract form back to Jill Vandenbrand (jillian.vandenbrand@ahs.ca) via email by Monday January 25, 2020 at 16:00.

Deadline for Abstract Submissions is Monday January 25, 2020 at 16:00.

OSCE Examiners need for Procedural Skills - JAN 20, 2021

Undergraduate Medical Education (UME) is recruiting examiners for Year 2 OSCE (Procedural Skills – suturing) for Wed, Jan 20th 2021. We are using our new recruitment tool. You should have received an invitation to OSLER where you can sign-up for this OSCE. There are AM and PM slots available. If you wish to examine for the entire day, please select both AM and PM. Otherwise, select only half a day if that works better for your schedule. There will be a boxed lunch provided by the UME for examiners working entire day.

I will send more details to those who sign up and are confirmed to the exam.
If you have any questions, please do not hesitate to email me.

Regards

Mateusz Sobczak

Invitation to participate in an interview study about:

“What content do physicians perceive as useful in Advance Care Planning and Goals of Care Tracking Records?”

What is involved if I agree to participate? This interview study is being conducted via Zoom. You will be shown four or five Tracking Records with a brief clinical vignette and be asked your opinion about the

content of the tracking records. The interview, with a research coordinator, would take about one hour and be recorded.

What is a Tracking Record and why are you doing this study? It's the document used in Alberta, alongside Goals of Care Designation orders, to record the content of conversations about advance care planning or patient's goals for their care. We want to learn how to improve patient care, physician training and usefulness of how patients' goals and values are communicated.

Participants will receive a \$20 gift card as a "thank you" for participating.

[Click here for all information.](#)

To learn more about the study or if you are interested in participating **please contact Research Assistant: Seema King**

VIRTUAL GRANDS ROUNDS ASSESSMENT

As you all know, since March we have transitioned to holding grand rounds virtually, given COVID physical distancing requirements. We need your help to evaluate the quality of the virtual rounds and identify opportunities for improvement. Please take 2-3 minutes to fill out this survey (https://survey.ucalgary.ca/jfe/form/SV_dcDuqmHvqS8mqmp). Results from this will help guide the future of grand rounds in the Calgary zone and focus on features that you think are important. It will also provide us an opportunity to share our experience with other ED's. This survey received ethics exemption from REB as it was deemed to be a Quality Improvement initiative.

Shawn, Stuart, Fareen

ED Performance Improvement Sessions (virtual)

Did you know 30% of physicians have participated in one of these performance improvement sessions?

In these sessions, you will have the chance to review our current physician metrics and develop a goal and action plan in a small group setting with peer coaching.

Next session: Dec 9th at 11:00-12:30 .

Location: Zoom(see details below)

You should attend if...

- You've received your report and had questions about some of the metrics
- You've looked at your report and wanted to make changes but were unsure about how to do so
- You have an upcoming review with site chief or department head and want to understand the reports in more detail
- In need of CME- in particular Section 3 CME for those in the Mainport program (everyone in Mainport requires 15 credits per year). CCFP credits are also available. Details provided at the session.
- You want to learn from what your colleagues have found to be useful strategies to increase numbers of patients seen or reducing DI usage

Please RSVP Chris Bond, Charles Wong, or Shawn Dowling to book a spot in the session.

The session will be held virtually via secure Zoom meeting. Only physicians who have signed up will be admitted. Feel free to attend this session from work or home as long as you are able to access your ED Physician Performance Report. The virtual setting will allow you to work with your peers and in smaller private groups while maintaining physical distance and will ensure no one sees your ED Physician Performance Report unless you choose to share it with them.

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Shawn Dowling

Rainbow Pins - Last Week

Want to make a small gesture to help our 2SLGBTQIA+ patients feel more comfortable in the emergency department?

We have rainbow pins to give away to Calgary emergency MDs to attach to their name tag or lanyard! The rainbow is a well recognized symbol of the 2SLGBTQIA+ community and having one visible can represent allyship.

The pins can go through the translucent plastic covering that holds our identifying tags and key cards so they don't have to be removed between shifts.

If you would like a rainbow pin please email Kelsey and I will deliver one to your mailbox at your preferred site (likely Dec/Jan for delivery date).

Thank you to the PSF for their support with this initiative.

MD Spotlight

Hello ED physicians,

We add the "MD Spot Light" section to the first edition of ED newsletter each month. The goal of this section is to introduce yourself to other ED members and learn more about your academic, professional and personal interests. If your bio hasn't been added to the newsletter, please send it with a head shot to Judy Mackay (judy.mackay@ahs.ca). Length is approximately 250 words. Here are some key concept examples:

1. A short biography of your educational, research, or personal background with a "head shot photo"
2. What kind of extra clinical activities are you involved in, and why?
3. What motivates your passion for Emergency Medicine?
4. Do you have any future goals, activities, research projects not yet announced?

Also, if you would be so kind as to **nominate** one or two of the staff for our next MD Spotlight, just send Judy the name and she will take care of the rest!

Thank you.

Department of Emergency Medicine.

Education. CME. Rounds.

Emerg & Psych Joint Grand Rounds

Date: December 10th, 2020

Time: 0900 – 1030 (1.5 Education Credits)

Bios: [click here](#)

COVID Update: (0900 – 0910)

Dr. Eddy Lang & Dr. Neil Collins

Speakers: (0910 – 1015)

1. Dr. Jen Nicol

Mental Health Emergency Physician Liaison, Department of Emergency Medicine
Clinical Lecturer, University of Calgary

2. Dr. Rachel Grimminck, MD, FRCPC, DABPN

Clinical Medical Director, Psychiatric Emergency Services, Foothills Medical Centre
Clinical Assistant Professor, University of Calgary

Topic #1:

"Assessing Medical Stability in the Psychiatric Patient"

Description: Drs. Nicol and Grimminck will be speaking to us about "medical clearance" of the psychiatric patient, reviewing an evidence-based approach and common pitfalls in this process. They will also review psychiatric assessment of the intoxicated patient, and the evidence behind using clinical versus biochemical

sobriety to initiate an assessment. Finally, they will introduce some upcoming process changes around these topics.

Speaker: (1015 – 1030)

3. Deborah Prowse

Topic #2:

“Form 1s: Five Points to Consider”

Description: *The Mental Health Review Panel is hearing applications from Counsel regarding the quality of the Form 1s and their validity. This presentation is intended to draw attention to the importance of these documents and provide a few suggestions for you to consider when you fill them out.*

Evaluation form:

Please fill out the evaluation form at <https://forms.gle/szfmBrmxiesjuGfg8>.

ZOOM Session

Please don't share the zoom link and connection details on social media or any website.

Recording Link:

Recordings of this Thursday's Grand Rounds will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

ED Grand Rounds Recording- Dec 03, 2020

Part 1

Speakers: Drs. Eddy Lang and Neil Collins

Topic: “COVID-19 Update”

Part 2

Moderator: Dr. Andrew Battison

Speaker(s): Dr. James Maskalyk ([Bio Attached](#))

Strategic Director - Toronto-Addis Ababa Academic Collaboration

Emergency Physician, Trauma Team Leader

Associate Professor, University of Toronto

Topic: “Doctor: Heal Thyself”

Click [here](#) for recording.

ZOLL - Masterclass, Dec 10

ZOLL Medical is hosting a series of Masterclasses that focus on debriefing to help improve outcomes. In this four-part series, clinicians and resuscitation experts will be live via Zoom to share their debriefing best practices. Each 30-minute session will be followed by an opportunity for questions and additional discussion of ideas for improving resuscitation CQI programs.

Topics will include:

- What Is Debriefing and Why Is It Important?
- Best Practices in Pediatric Resuscitation Debriefing
- Best Practices in Adult Resuscitation Debriefing
- Using Debriefing Data to Improve Clinical Outcomes

Links to the recorded sessions will be available if you are unable to join us live. [Click here for details](#)

DLRI webinar: Adolescent Mental Health in the time of COVID-19, Tues Dec 15, 5pm.

Info here: <https://cumming.ucalgary.ca/ruralmedicine/webinar>

EDI LUNCH & LEARN – Promoting Trustworthy Research

Do we need to modify current perverse incentives and rewards when assessing researchers?

We are honored to have **Dr. David Moher** from the Ottawa Hospital Research Institute's Centre for Journalology join us to speak about **RESEARCHER ASSESSMENT** and the **HONG KONG PRINCIPLES**.

- What **key metrics** are currently being used to evaluate researchers?
- What is the role of **research integrity** when assessing researchers
- What are the **Hong Kong Principles**?
- What **open science metrics** can be used when assessing researchers?

WHO: Hosted by OPED, OFDP & presented by Dr. David Moher from OHRI Centre for Journalology

WHAT: EDI Lunch & Learn – Promoting Trustworthy Research: Do we need to modify current perverse incentives and rewards when assessing researchers?

WHEN: January 13, 2021 12:30 – 1:30 PM

WHERE: ZOOM

HOW: <https://www.eventbrite.ca/e/131358172831>

Opportunities

Teaching Opportunities - Osler

Latest posted opportunities:

Wed 20th of Jan 2021

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7:50 - 12:50pm Procedural Skills (AM) (suturing)
Location - Medical Skills Centre

12:45 - 3:45pm Procedural Skills (PM-short) (suturing)
Location - Medical Skills Centre

12:45 - 4:15pm Procedural Skills (PM-long) (suturing)
Location - Medical Skills Centre

Simply sign up for teaching by clicking on the link shown here:

https://osler.ucalgary.ca/opportunity_form?hash=4122fa647762c3cfc44c21d0bd66fca4

As a current user in Osler, you can view and subscribe to any 'teaching opportunities' that are available to you.

Log in to Osler, <https://osler.ucalgary.ca>.

Clinical/Adjunct Promotions and Awards Deadlines

Hello ED physicians,

The 2021 deadlines and application requirements for the Clinical/Adjunct promotion process can be [found in the attached document](#).

For any question, please contact Amani at amani.otoom@ahs.ca

Department of Emergency Medicine.

