



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

June 16, 2020

Your thoughts on discrimination

Hello Everyone,

I recently read the CAEP statement on racism.

I am wondering how we (in Calgary) are going to reflect on the ways in which our own practices contribute to the discrimination and advocate for global systemic change in the unfair treatment of Black, indigenous and people of colour.

Eddy has asked me to join in the physician executive meeting this Thursday. If you have any thoughts, comments or ideas, please email to me directly before Thursday.

Thanks so much.

Jen Puddy

COVID-19 Updates

RAAPID process update

As we continue to refine the process for involving RAAPID in all transfers in the Calgary Zone, I would like to suggest a few process refinements.

1. Exclusion of STEMI

- for now, please continue to use the Unit Clerks to directly consult the Interventional Cardiologist for potential transfer to FMC from PLC/RVGH/SHC for STEMI patients. We can also continue to utilize

on-site resources for facilitation of transfer of STEMI patients. We are doing this to streamline the process for these high acuity patients.

2. Advice Calls (not for transfer)

- please use Unit Clerks to page for advice-only calls, this will off-load RAAPID and hopefully lead to more capacity for them to be able to handle transfers
- however, if you think that there is a possibility of transferring the patient, please use RAAPID to facilitate the consult. It is awkward to go back and involve RAAPID once the consult has been started directly through a unit clerk.

3. To initiate a RAAPID consult (we are in the process of refining this), either:

1. Use the RAAPID consult box in the ED Consult section of SCM. You can provide some patient details in this box. OR
2. Phone RAAPID directly yourself. This leaves out the unit clerk and you will have to let the Unit Clerk/Charge RN know about the transfer so they are informed.

Sorry about the difficult roll-out of this AHS-mandated policy. We are still trying to iron out the details. Please be patient and polite with RAAPID as the policy has been mandated for them as well. Happy to hear about suggestions for improvements.

- Neil

State of Clerkship

[Click here to read note](#) from Dr Greenfield, re: the State of Clerkship due to COVID delays.

- Gavin

Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP). They will virtually meet with you once for a full session and can connect briefly a second time again.
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members. Your family members can call directly themselves to access counselling. You will speak to an intake physician who will direct you to a therapist if appropriate. They are offering therapy via phone and video.
3. Free Course Offered by Yale "The Science of Wellbeing" <https://www.coursera.org/learn/the-science-of-well-being>
4. Emmons and McCullough article " Counting Blessings Versus Burdens: An Experimental Investigation of Gratitude and Subjective Well-Being in Daily Life" https://greatergood.berkeley.edu/images/application_uploads/Emmons-CountingBlessings.pdf
5. Thanks to Ryan Deedo for bringing this amazing podcast to our attention: The Happiness Lab with Dr. Santos. She is a Yale professor who has studied the science of happiness and found that many of us do exactly the opposite of what will truly make our lives better. Listen here: <https://podcasts.apple.com/us/podcast/the-happiness-lab-with-dr-laurie-santos/id1474245040>

Support local: If you have a significant other/family member who has a small business you would like us to advertise please reach out to Fareen Zaver
- Your Wellness Hub

Operations

SCM Updates!

['ED Epinephrine MDI Peds' Order Set – New](#)

- Eddy El-Haddad

Senior Clinical Informatician

Physician Participation Needed!

AEBM Elective Assignment - Request for preceptors

Normally during this time AEBM students would be engaged in a longitudinal elective - some do a research project, while many do a clinical elective. Because of the COVID-19 restrictions, we have had to eliminate the clinical elective time over the spring and summer. We have therefore created an alternative assignment for those students who were not able to secure a research elective and we are looking for preceptors to help supervise groups of students doing their assignment.

The assignment asks students to update previously published rapid reviews done by the AHS COVID-19 Scientific Advisory Group. (details are provided in the attached document).

We need preceptors to serve as advisors to students during the few weeks that they are working on the update, review the students' work and final product, and finally evaluate the students' performance. A librarian will be available to assist with the mechanics of the literature search. We don't anticipate that it would require a very big investment of your time, but this is new so we will be learning as we go. If you are interested in supervising one or more groups of students please let us know. We are asking students to complete the bulk of the work over a 2-week block and have made the following blocks available to students - June 8-22, June 15-29, July 13-27.

- Kerry McBrien MD MPH (AEBM co-chair)

Associate Professor

Departments of Family Medicine and Community Health Sciences

Education. CME. Rounds

CALGARY EM DEPT GRAND ROUNDS

Emergency Medicine Grand Rounds - June 18. 2020

Time: 0900 – 1000

Topic: Managing Refractory VF/VT: “ACLS, Dual Defibrillation and Esmolol”

Presenter: Dr. Miles Hunter

* No COVID-19 update this week.

Zoom Connection details:

Please contact Judy at judy.mackay@ahs.ca, or Aaron Peterson @ ajpeters@ucalgary.ca or your team lead to obtain the connection details.

Evaluation form:

Please fill out the [evaluation form](#) and email to Judy.Mackay@albertahealthservices.ca
If you have watched any of our online grand rounds to receive credit for your respective college for MOC.

Please don't share the zoom link and connection details on social media or any website.

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Grand Rounds recording links and material:

June 11th. 2020

Topic: “Nitrous Oxide in Emergency Medicine”

Presenter: Ben Sheppard

Click [here](#) for recording.

You can find [here](#) the session's Q & A document.

Topic: “Dangerous Herbals: Toxicology of Ibogaine and Kratom”

Presenter: Tahara Bhate

Click [here](#) for recording.

You can find [here](#) the session's Q & A document.

Opportunities

i4 Launchpad - Applications Open

As part of i4 conference <https://www.albertahealthservices.ca/news/page12782.aspx> we are hosting [Launchpad](#). Launchpad is a virtual pitch competition, an evening event as part of i4, to showcase and catapult bold ideas tackling health and care problems in Alberta.

Your team can be from anywhere in Alberta – you do not need to be an AHS employee. We welcome ideas from any group. The final decision lies in the judges hands! Launchpad is looking for ideas or solutions that have a strong community service/social impact focus. Within this theme, each idea would align with one or more of these areas:

- * Aging
- * Mental Health
- * Primary Care

* Public Health

* Indigenous Health and Care

It doesn't matter if your idea is big or small, we want to hear from you! This means that your innovative idea could be:

* a project you've already implemented

* a solution you are currently developing

* an idea yet to be fully realized

Super easy application!

There's only 5 questions to answer and completing the application form should only take 15 minutes.

Submit application here! https://docs.google.com/forms/d/e/1FAIpQLSeak0dhguIVsdrRQrgXoo0Xo8xe0y_-clIB-J3NKP87IKvuUg/viewform

Deadline for submission is June 22, 2020. Semi- finals will be scheduled leading up to the final competition final on October 6, 2020. Any questions can be directed to Eddy.

OHMES Funding Competition 2020-21

The 2020-21 Health Science and Medical Education Research and Innovation Funding Competition is now open! The competition begins with a Letter of Intent process, with applications due 28 September 2020.

Award funding provided by OHMES is to a maximum of \$10,000 per project, and will be made according to scientific merit, relevance and originality of the project, and its contribution to developing individual and collective capacity in educational scholarship in the Cumming School of Medicine at the University of Calgary.

Visit <https://cumming.ucalgary.ca/office/ohmes/funding/ohmes-funding/health-medical-education-research-funding-competition> for the application documents plus the Funding Request & Expense Policies and the forms used for LOI Evaluations.

Please contact ohmes@ucalgary.ca if you have any questions.

JOULE COVID Funding

Joule has launched a COVID innovation grant program, which will provide up to \$1 million in funding to help scale up members' ideas and innovations to address the pandemic.

If you're working on a project in one of the below areas – or know someone who is, please [visit the Joule site](#) to find out more. Initiatives are each eligible for up to \$200,000 in funding.

- Addressing the social determinants of health and improving health equity for vulnerable populations affected by the pandemic
 - Improving access to care during the COVID-19 pandemic
 - Supporting and protecting the physical and mental health and well-being of front-line health care workers
-

ED Highlights

Commendation for Dr. Katie Lin & Team

[Click here to read](#) - Well done!

R5 Resident Graduation Gifts

Ken Chan, Steve Liu, Dave Mainprize and Nic Packer are graduating this year and we'd like to thank them for all their contributions to us and the department by showering them with praise, but also with gifts!

If you would like to contribute, please e-transfer to Sean Fair

Thank you for your support!

Hilary, Chase, Katie and Sean
