



Department of Emergency Medicine

# Weekly <sup>email</sup>

Updates for ED Physicians

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July 14, 2020

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## COVID-19 Updates

### Calgary Zone COVID update

Click to see current COVID [Patient inpatient load](#), and [current active ICU patients](#).

-Eddy

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### Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

3. **The Power of Vulnerability - Brene Brown**

Influential author and speaker Dr Brené Brown tackles the myth that vulnerability is a weakness. Instead, she argues, it is the clearest path to courage and meaningful connection, and has the power to transform the way we engage and educate.

<https://www.youtube.com/watch?v=sXSjc-pbXk4>

## Operations

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### **New Illicit Drug: Lean**

There is word of a new illicit drug being sold on the streets of Calgary. Please see the summary below.

Alberta Health Services has recently been made aware of the contamination of an illegal substance known as “Lean” in the Calgary Zone. This substance comes in the form of a cough syrup containing codeine, and is sold via the illicit market.

Recent reports have confirmed the contamination of Lean with other illegal substances such as fentanyl and methamphetamine, putting individuals who use this substance at greater risk for unintended effects, such as poisoning (overdose).

Some key points:

- Location of the substance: Calgary Zone (including surrounding areas)
- Time (when drug or overdose presentation was first noticed): July 8, 2020
- Description of the substance: A viscous liquid, often a bright color like pink or purple
- Observed reaction to the substance: unknown, but could lead to substance poisoning (overdose)
- Street name(s) of the substance: “Lean”. Also may go by “Purple Drank” and “Sizzurp”

Dr. Neil Collins

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### **SCM Updates!**

#### **Set 1:**

- ED History and Physical – New Document
- Edoxaban tab - NF – New Order Item

[Click here to read.](#)

#### **Set 2:**

- Add ‘cetirizine’ PO to ED Order Sets
- Update Broken Info Link in the ED Renal Colic Order Set
- Add New Medication ‘edoxaban tab – NF’ to 4 Impacted Order Sets
- Communication for ‘Discontinuation of COVID-19 Isolation

[Click here to read.](#)

- Eddy El-Haddad  
Senior Clinical Informatician

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## Form 1

I distributed the following information regarding Form 1 completion in the March 10th newsletter, but I wanted to re-circulate it as I know we all had other pressing matters on our mind at the time, with the rapid increase in COVID cases we were experiencing.

Completion of a Form 1 is important in the care of mental health patients in the ED. Some of you working at FMC may have received an email from me about a Form 1 that was incomplete, and therefore invalid. You are not alone, as interpretation of the *Mental Health Act* is not straightforward, and completion of a Form 1 is nuanced. I've created a [document on the Form 1](#), with information that is relevant to us as ED MDs. Dr. Rachel Grimminck, the PES lead at FMC also contributed to the document, and I sought input from AHS legal to make sure it is complete and accurate. I've also included an example of a [complete](#) and [incomplete Form 1](#) for your reference. If you have any questions, please don't hesitate to contact me.

Jen Nicol  
Mental Health EPL

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## Royal College Residency Program Competence by Design (CBD) Lead - Dr. Zaver

The EM education leadership team would like to announce the appointment of Dr. Fareen Zaver as the Royal College Residency Program Competence by Design (CBD) Lead. Fareen has extensive experience in medical education at a National and International level. She has been a key part of our program's CBD implementation over the past 2 years as a member of the CBD implementation committee and the FR program Competence Committee. Fareen will be focusing primarily on our strategy to implement Transition of Practice (which incidentally is also the topic of her Masters thesis in medical education). Welcome Fareen!

Catherine and Anj

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## Medical Liability Reimbursement

As many of you know, the UCP government has taken away our automatic medical liability reimbursement through the AMA and instead taken upon themselves to distribute.

(please don't quit the AMA though...we still need their organization, support and bargaining/legal power)

As such, we now have to apply for MLR. I have attached the application form below. Make sure you do it to get your \$\$

<https://www.alberta.ca/medical-liability-reimbursement-program.aspx>

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## Education. CME. Rounds

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**ED Rounds: ED Grand Rounds details will be added back to the newsletter when adult rounds resume on Sept 10, 2020.**

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### Unconscious Bias in Medicine

Anti-Racism, Equity and Diversity Working group wanted to share an incredible resource from the Stanford University Center for CME:

Unconscious Bias in Medicine

This is a 1hr online workshop with CME credits upon completion

<https://stanford.cloud-cme.com/default.aspx?P=8&EID=20775>

Objectives:

1. Describe the effects of unconscious bias in everyday interactions with patients, students, colleagues, and team members.
2. Apply specific "bias-busting" techniques that can be used in the medical and academic environment.

3. Identify where personal unconscious biases may reside across gender, race/ethnicity, and/or cultural attributes in the workplace.
4. Develop strategies to correct personal unconscious biases in daily interactions.

Thanks,  
- The Diversity Working Group

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### **Online Research Training**

Although questionably named, the Society for Academic Emergency Medicine offers impressive research training to emergency medicine faculty that can be completed mostly online.

[https://www.saem.org/education/live-learning/advanced-research-methodology-evaluation-and-design-\(armed\)](https://www.saem.org/education/live-learning/advanced-research-methodology-evaluation-and-design-(armed))

Application form available at:

<https://docs.google.com/forms/d/e/1FAIpQLSfiWiKzbRz-7miJDvYezJPxKc-e-2mq00lh-gJ160AFYGhh2w/viewform>

Happy to discuss with anyone who might have an interest in pursuing this. Submission deadline July 31.  
Eddy

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### **Clinical Pharmacology & Toxicology Pearl of the Week**

[Pharmacogenomics: Pros and Cons](#)

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### **R2C2 Facilitated Feedback Workshops**

PGME is pleased to announce that we will be offering two R2C2 Evidence-Informed Facilitated Feedback Workshops on the following dates:

- September 10, 2020, 9:00 – 11:00 am
- October 2, 2020, 1:00 – 3:00 pm

Both sessions will be held over zoom.

For those individuals that are interested in attending the session, this workshop is accredited and participants will be able to claim 2.0 hours of section 1 credits with the Royal College of Physicians and Surgeons of Canada.

A brief description of the R2C2 Evidence-Informed Facilitated Feedback Workshop can be found below.

As programs prepare for the transition to CBD, programs will be encouraged to adopt academic advisors (or coaches) to meet with residents at regular intervals to review all of their assessments, provide feedback and assist the resident to develop a personal learning plan. This workshop will teach participants how to use an evidence informed facilitated feedback model and learning change plan that will optimize the effectiveness of the feedback and provide coaching for change for residents.

The workshop is targeted towards educators who are or will be performing the following roles:

- Academic advisors (or coaches) in CBD
- Longitudinal preceptors
- Program directors
- Rotation coordinators who are responsible for synthesizing multiple assessments and providing residents with summative feedback

Please use the [accompanying flyer](#) and [trifold](#) to advertise this session to any relevant faculty within your program.

To register for a session please email [cinde.adeqbesan2@ucalgary.ca](mailto:cinde.adeqbesan2@ucalgary.ca) by August 28, 2020.

Best,  
The CBD Team

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## Journal Club Articles

Dear EM Family,

We have begun planning for the 2020-2021 residency year journal club and every year, we receive excellent suggestions on articles to review from both residents and faculty.

To better catalog these suggestions as well as encourage collective engagement in building our JC, I've created a living google document which anyone can edit. On it feel free to post suggestions on articles you think should be reviewed. There are some articles/topics already added colored in red that have been recently covered by journal club.

The link is:

[https://docs.google.com/spreadsheets/d/1f51k2nHKEV4qfmHBXrkHd8Dg77mXZpEuhRfl\\_q70yh0/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1f51k2nHKEV4qfmHBXrkHd8Dg77mXZpEuhRfl_q70yh0/edit?usp=sharing)

Thanks in advance for helping us build a successful JC!  
Mike "Munchikin" Szava-Kovats and Marshall "Smoochie" Ross

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## Opportunities

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### New Leadership Positions - Care Plan Lead & Geriatric Lead

AHS leadership have just approved two new leadership positions for Calgary Emergency Medicine.

We have been advocating for funds to support both a [Geriatric Lead MD](#) and a ["Care Plan" Lead MD](#) for the past year.

Both of these are critical areas of need in Calgary and the Admin Group is looking forward to having some expertise added to our group in these two areas.

**Please apply to Scott Banks, Department of Emergency Medicine Manager.**

I would be happy to answer any questions about these positions.

Thanks

Neil

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