



Department of Emergency Medicine

Weekly ^{email}

Updates for ED Physicians

June 09, 2020

COVID-19 Updates

Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP). They will virtually meet with you once for a full session and can connect briefly a second time again.
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members. Your family members can call directly themselves to access counselling. You will speak to an intake physician who will direct you to a therapist if appropriate. They are offering therapy via phone and video.
3. Free Course Offered by Yale "The Science of Wellbeing" <https://www.coursera.org/learn/the-science-of-well-being>
4. Emmons and McCullough article " Counting Blessings Versus Burdens: An Experimental Investigation of Gratitude and Subjective Well-Being in Daily Life" https://greatergood.berkeley.edu/images/application_uploads/Emmons-CountingBlessings.pdf

5. Sleep Podcast:

In this episode of the Well Doc Alberta Physician Wellness podcast, Dr. Jane Lemaire sits down with two sleep experts, Dr. Atul Khullar and Dr. Charles Samuels, to discuss the importance of sleep and the sleep challenges facing physicians both during and before the pandemic. Drs. Khullar and Samuels share their expertise around the science of sleep, sleep routines, how sleep disturbances impact our lives, and what to do if you're having trouble sleeping not only during the pandemic, but in general throughout your career given the culture and nature of the practice of medicine.

<https://www.welldocalberta.org/sleep>

Support local: If you have a significant other/family member who has a small business you would like us to advertise please reach out to Fareen Zaver.

- Your Wellness Hub

Operations

Group A Strep in peripartum patients

Here is a reminder about an important clinical condition.

This memo has the attraction of not having anything to do with COVID.

Please [see the link to a document](#) describing considerations regarding the prevention, diagnosis and treatment of Invasive Group A Strep in peripartum patients.

The important parts are the criteria for puerperal sepsis (different from regular sepsis) and the importance of wearing a mask for examinations of the perineum of any patient within 6 weeks of delivery.

- Neil

Mandatory clerks returning June 15, 2020.

It is mandatory that clinical clerks will be returning to the 4 adult sites on June 15, 2020. [Please have a look at the attached for what patients can be seen by the clerks](#). To summarize that document, essentially, they are not to be involved in any situation that requires the use of an N95 on the part of the care provider. Thanks all.

Dr. Gavin Greenfield

SCM Updates!

Changes to the 'ED .Consults in Hospital' Order Set Related to COVID-19

June 11, 2020

All of the COVID-19 specific response teams are being stood down in the ED. The following consults have been removed:

- Internal Medicine COVID Team
- Hospitalist COVID - PLC
- Emergency Airway (Anesthesia) - SHC

- Eddy El-Haddad

Senior Clinical Informatician

EDSP terminal update June 11

The EDSP terminals in the Calgary zone ED's will be undergoing a software update from 11:30pm June 10 - 3am on June 11.

User impact will be limited to 2 reboot cycles each lasting approximately 2 minutes. The first will occur at 11:35pm and the second between 2:30-3am

In both instances there will be an overhead announcement followed by an on-screen warning that a reboot is about to take place. Please save all work prior to the reboot.

Once the normal login screen is displayed on the terminals it is safe to tap in and resume working.

-Matt Grabove

Physician Participation Needed!

ATTENTION - Staff preceptors required for the Fall

The residency program is looking for staff preceptors for the Fall academic full day sessions. These are resident lead sessions that require a staff preceptor. The list of sessions can be found [in this document](#). Please email Marc Francis directly with your requests.

- Dr. Marc N. Francis MD, FRCPC

AEBM Elective Assignment - Request for preceptors

Normally during this time AEBM students would be engaged in a longitudinal elective - some do a research project, while many do a clinical elective. Because of the COVID-19 restrictions, we have had to eliminate the clinical elective time over the spring and summer. We have therefore created an alternative assignment for those students who were not able to secure a research elective and we are looking for preceptors to help supervise groups of students doing their assignment.

The assignment asks students to update previously published rapid reviews done by the AHS COVID-19 Scientific Advisory Group. (details are provided in the attached document).

We need preceptors to serve as advisors to students during the few weeks that they are working on the update, review the students' work and final product, and finally evaluate the students' performance. A librarian will be available to assist with the mechanics of the literature search. We don't anticipate that it would require a very big investment of your time, but this is new so we will be learning as we go. If you are interested in supervising one or more groups of students please let us know. We are asking students to complete the bulk of the work over a 2-week block and have made the following blocks available to students

- June 8-22, June 15-29, July 13-27.

- **Kerry McBrien MD MPH (AEBM co-chair)**

Associate Professor

Departments of Family Medicine and Community Health Sciences

Education & CME

Emergency Medicine Grand Rounds - June 11

Session 1:

Date & Time: June 11th at 0900 – 0945

Topic: “Nitrous Oxide in Emergency Medicine”

Presenter: Ben Sheppard

Session 2:

Date & Time: June 11th at 0945 - 1030

Topic: "Dangerous Herbals: Toxicology of Ibogaine and Kratom"

Presenter: Tahara Bhate

* No COVID-19 update this week.

Zoom Connection details:

Please contact Judy at judy.mackay@ahs.ca, or Aaron Peterson @ ajpeters@ucalgary.ca or your team lead to obtain the connection details.

Evaluation form:

Please fill out the [evaluation form](#) and email to Judy.Mackay@albertahealthservices.ca

If you have watched any of our online grand rounds to receive credit for your respective college for MOC.

Please don't share the zoom link and connection details on social media or any website.

June 4th 2020 - Grand Rounds Recording Link & Material:

Topic: "Rapid Access Addiction Medicine (RAAM)"

Presenter: Dr. Monty Ghosh - Dept. of Internal Medicine, U of A

Click [here](#) for recording.

Presentation related material: [Brochure for Professionals](#), [AASC Referral Form](#) and [Q & A document](#).

Clinical Pharmacology and Toxicology Pearl of the Week: [Intro to Pharmacogenomics](#)

Opportunities

Associate Research Director Position

After serving for eight successful years as the Associate Research Director, Dr. James Andruchow has decided to step down and focus on other things effective June 30, 2020. Dr. Andruchow has done an exceptional job in this role, and has helped to make the research area very successful. We would like to thank Dr. Andruchow for his many contributions to research within the Calgary Zone Emergency Department. We are now in the process of recruiting a new Associate Research Director.

Deadline for application: June 15, 2020

JOULE COVID Funding

Joule has launched a COVID innovation grant program, which will provide up to \$1 million in funding to help scale up members' ideas and innovations to address the pandemic.

If you're working on a project in one of the below areas – or know someone who is, please [visit the Joule site](#) to find out more. Initiatives are each eligible for up to \$200,000 in funding.

- Addressing the social determinants of health and improving health equity for vulnerable populations affected by the pandemic
- Improving access to care during the COVID-19 pandemic
- Supporting and protecting the physical and mental health and well-being of front-line health care workers

ED Highlights

Congratulations to all those who presented on Calgary Zone QI projects at the ESCN forum just prior to COVID. Contents and contributors available here:

<https://www.cjen.ca/index.php/cjen/issue/view/9>

Eddy