



Department of Emergency Medicine

Weekly ^{email}

Updates for ED Physicians

June 30, 2020

Notes from Eddy

See the Summer Edition of [Eddy's Notes here](#).

COVID-19 Updates

Wellness CoVID Updates

A huge thank you video from our department to our leadership can be viewed at: https://www.youtube.com/watch?v=YMo29_7N-6M&feature=youtu.be

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP)** – 1877SOS4MDS. **THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.
3. Free Course Offered by Yale "The Science of Wellbeing" <https://www.coursera.org/learn/the-science-of-well-being>

4. WellDoc Alberta (WDA) + University of Calgary recently did a Webinar on **Parenting as a Physician during COVID-19**. The objectives of this webinar include: identify signs of stress in children as a result of COVID19; describe evidence based strategies to reduced stress and promote resilience in children during the pandemic; describe strategies for reducing physician-specific parenting stress during the pandemic; determine which child and parenting strategies would be most effective to integrate into your family.

The content experts include Dr. Nicole Racine (R. Psych) and Michelle Zepeda (MSC Doctoral Candidate).

https://www.youtube.com/watch?v=kN_UJrTUUTc&feature=youtu.be

- Your Wellness Hub

Operations

MIS-C Reminder

The following document <https://insite.albertahealthservices.ca/main/assets/tls/ep/tls-ep-covid-19-mis-c-care-guide.pdf> is a good reminder about Multisystem Inflammatory Syndrome in Kids (MIS-C).

Neil

New Locums

[Click here to "meet" the new locums](#) so you can welcome and recognize them around the ED.

Education. CME. Rounds

Grand Rounds Recording Link and Material. June 25th 2020

Session 1:

Topic: QAER- " A quality and safety review of patients who leave the ED without being seen"

Presenter: Dr. Tyson Savage

Session wasn't recorded due to the sensitive nature of QAER rounds.

Session 2:

Topic: Emergency Room Presentations of Adults with Complex Congenital Heart Disease: "Caring for a New and Evolving Patient Population"

Guest: Dr. Michelle Keir

Speaker: ACHD Cardiologist – AHS

Click [here](#) for recording.

You can find here the session's [Q & A document](#)

Opportunities

Rocky Mountain House

Sent on behalf of Dr. Francois Dewet Dowling, Facility Medical Director, Rocky Mountain House

Dear Central Zone Physicians:

Rocky Mountain House HCC urgently needs ER coverage:

1800 July 2nd to 0700 July 3rd

If interested, please contact Dr. Dowling.

Vacancy on CSM Standing Committee

The Cumming School of Medicine (CSM) has the following volunteer opportunity to serve on the: Admissions File Review Sub-Committee:

As a member of the [CSM File Review Sub-Committee](#), you are responsible for the actual review and scoring of applicant files that determines who will be invited to interview for medical school. The committee consists of between 50 and 70 people, including faculty members, residents, students, allied health care professionals, and patients from the communities of south and central Alberta. Between them, members of the committee review between 1100 and 1500 applications annually, with each application receiving 4 full reviews, meaning that each sub-committee member reviews about 80-100 files. Most reviewers can review between 1.5 and 3 files per hour, for a total time commitment between 35 and 50 hours. This is a strictly volunteer position. Appointment is for a two-year term. Faculty, resident and community members are eligible to have their terms renewed once.

Note: The deadline to receive applications is **July 8th, 2020**. Please provide your Expression of Interest (EOI) letter/email, along with a short bio-sketch & CV to Joyce Foster.

ED Highlights

Dr. Abernethy's retirement celebration

The ED at FMC celebrated Dr. Abernethy's retirement. Click [here](#) to watch the celebration.

Dr. Abernethy, we hope you will enjoy every minute of your retirement.

Best wishes!



