



Department of Emergency Medicine

# Weekly **email**

Updates for ED Physicians

## COVID-19 Updates

### **CALGARY EM DEPT VIRTUAL ROUNDS COVID – 19**

Date - Thursday March 19, 2020

Time - 09h00 – 10h30 am

Location – Zoom Webinar

**Please click the link below to join the webinar:**

<https://zoom.us/j/991938698>

The recently formed [ED COVID Clinical Working Group has put together a 90 minute webinar](#) to share some practical advice on issues that affect our clinical work. Due to time constraints, if you have a specific question that you would like addressed, you can either send it to me before Thursday or send it in during the webinar and we will try and answer as many as we can.

We will have an ID specialist taking part to give us the ID perspective as part of the webinar.

Rounds will be recorded if you can't make it Thursday.

Thanks,

Stuart

on behalf of the ED COVID-19 Clinical Working Group

Shawn Dowling, Gord McNeil, Andrea Boone, Brad Granberg, Jason Fedwick, Andrew Fagan and Chris Bond

## UCalgary EM COVID-19 Resource Page

The clinical and administrative teams throughout our sites (Foothills Medical Centre, Rockyview General Hospital, South Health Campus and Peter Lougheed Centre) have developed policies and protocols in response to the COVID-19 outbreak in Calgary. Please be mindful of the date the document was produced and check that against current knowledge and evolving clinical standards.

<https://cumming.ucalgary.ca/departments/emergency-medicine/resources/ed-covid-19-updates>

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### COVID Communication for all medical staff

The situation related to COVID-19 is dynamic and we want to ensure that you are as up-to-date as possible. Please check for current information on the AHS COVID-19 page at <https://www.albertahealthservices.ca/topics/Page16944.aspx>.

The protocol for self-isolation after travel remains a key area of concern for many physicians. Information on this is posted on the COVID-19 website (<https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-ncov-2019-traveller-guidance.pdf>).

You can also access FAQs for Physicians on the COVID-19 site (<https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-ncov-2019-staff-faq.pdf>).

Health Link has established a direct phone line for physicians to call for assessments and triage for swabs: **587-284-5302**.

This number is for use of ANY physician to call to access advice re: self-isolation and need for swabbing. Please also note that this number is for physician use *only* (family, friends and others should continue to contact 811).

Finally, we recognize the incredible work of our teams in response to this pandemic. Health Link continues to manage exceptionally high volumes. It is important at all times to be appropriate, respectful and courteous in all communications during this recognizably stressful time.

Kindly,  
ZCDH

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### Wellness Hub Update

The wellness hub wants to reach out with a number of resources to help support you during this COVID pandemic. If you're feeling overwhelmed or anxious about what is going on please reach out. We're here to help support our community.

#### Peer Support Team

We are fortunate to have our very own **Peer Support Team (PST)**. These are our very own emergency physicians colleagues, who are trained (through WellDoc Alberta) on how to be an empathetic listener and support. You can reach out to any of the trained PST members at any time.

#### SLACK Channel

Join our **SLACK** channel - housed in this group (Calgary EM CoVID Wellness) are channels discussing how we can support each other with resources of childcare, self isolation housing, reflections on our work, fitness, nutrition and more. Just because we are self isolating does not mean with have to be isolated.

Join:

[https://join.slack.com/t/calgaryemcovi-csu1961/shared\\_invite/zt-cpscix1t-lka39I8oXR98JCjPAeXUTQ](https://join.slack.com/t/calgaryemcovi-csu1961/shared_invite/zt-cpscix1t-lka39I8oXR98JCjPAeXUTQ)

"How to" for Slack:

- <https://docs.google.com/document/d/1fYg6Ewm4GIAfhmmjpu19vdMonvfyRS5H3IR-O2uYv5U/edit>
- <https://vimeo.com/214259640>

[Click this link](#) for more Wellness Hub info on:

- Physician and Family Support Program
- Shared Resources: Isolation housing, babysitters, etc.

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### **ED Grand Rounds**

Grand rounds **will continue** as scheduled every week from 9:00-10:00am (except for the special CoVID rounds this week) however it will NOT be in person for the foreseeable future.

We are setting up remote access via Zoom and you will have the opportunity to view it live or at a later time via your tech of choice at home.

Thanks,  
Fareen

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### **Suspended Academic Activities**

In an effort to encourage social distancing, the residency programs have suspended academic activities (academic half day, simulation sessions and journal club) between March 12 - March 27. Please note that the March 19 Journal club is CANCELLED.

-Catherine

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### **COVID-19 and ER Learning**

[Please find attached an operating standard](#) from the Post Graduate Program for all learners (residents and medical students) in respect to the role of learners during a large scale communicable disease outbreak.

-Shannon Leskosky

Manager | Undergraduate Medical Education

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## **Operations**

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### **HPTP Request**

If you are sending a patient to HPTP for treatment of a suspected bacterial infection who concurrently has ILI symptoms, please phone ID on call to give them a heads-up and allow them to make special arrangements for the patient.

- Neil Collins

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## **Physician Participation Needed!**

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### **Junior Staff Mentorship Program 2020-2021 – CALL FOR MENTORS**

We've had a great first year of the mentorship program and it's time to recruit more mentors for our new incoming staff! Our program allows junior staff to integrate more seamlessly into the EM group and to be supported as they undergo the transition to practice from residency to staff.

Mentorship would include touching base with your mentee at regular intervals and attending socials a few times per year (intro/orientation brunch July 2020, the Après social in early 2021, Stump the Mentors May 2021). Here are the [Terms of Reference](#).

We ask that mentors have a minimum of TWO years work experience in our Department of Emergency Medicine. Previous mentors in our program are welcome and invited to mentor someone new.

Please contact Huma Ali to sign up or if you have questions.

We are looking forward to having you as part of the team.

- Fareen, Heather, Sarah & Huma  
Junior Staff Mentorship Committee

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### **Hodsman Lecture Survey**

Please complete the following 3 questionnaire- survey to help the Emergency Department provide successful CME event:

<https://www.surveymonkey.ca/r/7H5SXPG>

Thank you.

Hodsman Lecture Planning Committee

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### **Survey re: possible atrial fibrillation randomized trial at FMC**

We've been approached to participate in a follow-up RCT to the chemical vs electrical cardioversion study. This RCT would compare the safety and efficacy of procainamide vs. vernakalant (a relatively new atria-specific Na-channel blocker, used in EU since 2010, approved by Health Canada in 2018) for chemical cardioversion in patients not undergoing electrical cardioversion. The hypothesis is that both drugs will have similar efficacy in terms of cardioversion success rate, but that vernakalant will be faster and with fewer hypotensive/adverse events compared to procainamide. The study is funded by the Canadian Institutes of Health Research, with meds donated by an industry partner. If anyone has any concerns please contact me directly.

I'd also like to ask FMC-based physicians to complete this 3-question survey about possibly running the study in the FMC ED.

<https://www.surveymonkey.com/r/GXQRDNH>

Thanks - Andrew McRae

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## **Education. CME. Rounds**

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### **Research Day 2020 - Postponed indefinitely**

Given the current COVID situation, Research Day (scheduled for April 30) has been postponed indefinitely. Stay tuned to the newsletter--we may be offering a 1-hour virtual grand rounds presentation on the morning of April 30 with our guest lecturer, Dr. Kathryn Dong.

- Andrew McRae MD, PhD, FRCPC

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### **Journal Club - March 19 - CANCELLED**

March 19 Journal Club has been cancelled.

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### **Grand Rounds Recordings: March 5**

The recording of the March 5 Emergency Medicine Grand Rounds videoconference can be found at the links below.

[https://ahamms01.https.internapcdn.net/ahamms01/Content/Videos\\_Other/FMC/Emerg\\_Rounds\\_2019\\_20/Em\\_ergMar5\\_20-Thoracostomy.mp4](https://ahamms01.https.internapcdn.net/ahamms01/Content/Videos_Other/FMC/Emerg_Rounds_2019_20/Em_ergMar5_20-Thoracostomy.mp4)

[https://ahamms01.https.internapcdn.net/ahamms01/Content/Videos\\_Other/FMC/Emerg\\_Rounds\\_2019\\_20/Em\\_ergMar5\\_20-Ketamine..mp4](https://ahamms01.https.internapcdn.net/ahamms01/Content/Videos_Other/FMC/Emerg_Rounds_2019_20/Em_ergMar5_20-Ketamine..mp4)

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**ACLS/PALS June 6/7**

The ER residents have requested an ACLS/PALS course and you are welcome to join.

South Health Campus, eSimulation Lab

June 6 - ACLS June 7 - PALS

0900-finished (usually 1500 ACLS; 1600 PALS)

Some pre course work involved (this allows us to finish each course in one day). BLS included on both mornings if needed. Lunch included. Manuals not included - currently still using the 2015 manual.

Cost \$350 per course.

Please contact Dawn McKeivitt if interested.

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**CSM Teaching Excellence Program (CSM TEP - Formerly TEMEP)**

TEMEP will run every second Friday from 8:30 am to 4:30 pm, September 2020 to April 2021. For a full schedule and program objectives, please visit: <https://cumming.ucalgary.ca/office/ofd/TEP>

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