



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

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October 06. 2020

COVID-19 Updates

COVID-19 data collection

We are collecting data on all patients undergoing COVID swab testing as part of the Canadian Emergency Department COVID-19 Rapid Response Network. The objective of this network is to systematically collect data on all ED patients with suspected COVID in order to develop epidemiologic evidence and evidence-based clinical guidance for the management of ED patients with suspected COVID disease.

Blue data collection forms are available in COVID patient care areas at RGH, PLC and SHC. Hopefully soon at FMC. If possible, please complete these forms on any patient undergoing COVID testing in the ED. The back page is only for patients with suspected COVID who are intubated in the ED.

Your assistance is greatly appreciated--this is our best chance to develop evidence to guide ED decision-making for our patients as the pandemic evolves.

Thanks,
Andrew McRae

Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).

2. **Call Physician and Family Services (PFSP)** – 1877SOS4MDS. **THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.
 3. This is a great video about tools for shift workers to protect sleep. The recommendations are evidence based. They discuss the idea of banking sleeping, strategic use of caffeine, assessing sleep health. <https://www.youtube.com/watch?v=radDJBH8DsQ&feature=youtu.be>
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Operations

Changes to Mental Health Act

On September 30th, amendments to the Mental Health Act came into effect, with some of these changes affecting how we utilize the Act when caring for mental health patients in the ED. These changes have caused confusion, and I'm hoping to clarify some of the questions that you may have. [Attached is a short document](#) regarding the new Form 1 and Form 2.1, in addition to a few other changes to the Mental Health Act.

If you have any questions, please don't hesitate to contact me.

Jen Nicol
Mental Health Liaison

SCM Updates

Please see the attached the SCM ED updates for the following week of Oct 5 – 9, 2020.
[Change to: O2 Therapy – Titrate to Saturation](#)

Eddy El-Haddad
Senior Clinical Informatician

Calgary Emergency Physician Support Fund (PSF)

A very readable report and survey is forthcoming this fall to help guide the PSF to ensure its priorities represent those that contribute. In the meantime, the [PSF mandate](#) and [application review process](#) are available.

Deadline for submission: October 15, 2020
Comments are very welcome!
- PSF Committee

Physician Participation Needed!

Hiring Committee

The Physicians Resource Committee is looking for two volunteer members of the department to serve on the hiring committee charged with reviewing and interviewing the 9 shortlisted candidates who have applied for jobs starting July 2021. The total time commitment should be no more than 8-9 hours, spread out between Oct 19 and Nov 7th. If you are interested, please notify Lilian ASAP as we need to finalize the committee and begin the review process. Thank you!

Locum Coverage Needed for Rocky Mountain House

Rocky Mountain House still urgently requires the following shifts to be covered, and we are reaching out again to see if you may please re-send the following message to Family and Emergency Physicians in your Zones respectively.

Thank you kindly for helping us to reach as many physicians as possible!

Sent on behalf of Dr. Francois Dewet Dowling, Facility Medical Director, Rocky Mountain House

Rocky Mountain House Hospital and Care Centre is in need of Emergency Department coverage for the following dates:

- October 7, 18:00 to October 8, 07:00
- October 8, 18:00 to October 9, 07:00
- October 13, 07:00 to 18:00
- October 24, 07:00 to 16:00
- October 30, 07:00 to 18:00
- October 31, 07:00 to 16:00
- November 1, 00:00 to 07:00
- November 1, 16:00 to November 2, 00:00

Please contact Dr. Dowling if you are able to assist with any of these shifts. Thank you:

Cell: 780-978-6800

Email: Dr. Francois Dowling

ED Virtual Rounds Needs Assessment Survey

As you all know, over the last 6 months we have transitioned to virtual grand rounds given COVID physical distancing requirements. In order to evaluate the quality of the virtual rounds and identify opportunities for improvement, we are asking you to take 2-3 minutes to fill out this survey:

https://survey.ucalgary.ca/jfe/form/SV_dcDuqmHvgS8mqmp.

Results from this will help guide the future of grand rounds in the Calgary zone and provide us an opportunity to share our experience with other ED's. This survey received ethics exemption from REB as it was deemed to be a Quality Improvement initiative.

- Shawn Dowling

Diversity and Discrimination Survey

Our Department of Emergency Medicine Anti-Racism and EDI working group would like to strongly encourage our department members to participate in the following survey. **We will have access to the demographic information and statistics that are specific to our department, which will help us to develop meaningful interventions and make change.**

Thanks!

The survey takes between 10 and 15 minutes to complete and asks questions about your identity. Your responses are anonymous and are only viewed by researchers at the University of Calgary.

Please note that the survey should be completed on a computer rather than a phone.

Survey link:

https://survey.ucalgary.ca/jfe/form/SV_bNsCtSERrDcU5TL

Invitation to Bystander Intervention Training

Have you ever witnessed interactions that made you feel uncomfortable? Are you unsure about how to address microaggressions or racialized comments?

Bystander intervention is recognizing a potentially harmful situation or interaction and responding in a way that could positively influence the outcome. Bystander Intervention Training is an opportunity to learn about the bystander effect and equip participants with options for intervening in situations of abusive, isolating, or stigmatizing behaviour. We have collaborated to try to ensure this session's relevancy to our medical community.

We are offering the same session on 2 different dates - Oct. 7 and Oct. 14. Please find the invitations below.

<https://www.eventbrite.ca/e/bystander-intervention-training-tickets-119294612397>

<https://www.eventbrite.ca/e/bystander-intervention-training-tickets-120056100027>

Please direct any questions to Kelsey MacLeod. Thanks and hope to see you there.

Improving emergency physician wellness through the use of a dynamic assessment tool. Dr Nadim Lalani and The Wellness Hub

We propose the use of an assessment tool that combines psychometrics, engagement metrics and mental wellness indicators to shape a real-time snapshot of professional capabilities, wellness, engagement and satisfaction levels within our group. [Please click here for the full details.](#)

Education. CME. Rounds

Emergency Grand Rounds

Date: October 08th, 2020

Time: 0900 – 1000 (1.0 Education Credits)

Moderator: Dr. Stephanie VandenBerg

Guest ² [Dr. Kathryn Dong](#)

Speakers: Medical Director, ARCH Team - Royal Alexandra Hospital
Clinical Professor, Department of Emergency Medicine - University of Alberta

² **Chris Cardinal**

ARCH Peer Support Worker – Royal Alexandra Hospital

Topic: A Turning Point?

“The Critical Interface of Substance Use, the ED and Research”

Dr. Dong and Chris Cardinal will be speaking about the role of the emergency department in a) identifying patients at risk of poor health outcomes related to substance use, b) initiating evidence-based treatment, and c) engaging people with lived experience in clinical and research settings. They will highlight key areas of inquiry and next steps for improving care for people who use substances in the ED.

ZOOM session

Please don't share the zoom link and connection details on social media or any website.

Evaluation form:

Please fill out the evaluation form at <https://forms.gle/szfmBrmxiesjuGfg8> to receive credit for your respective college for MOC.

Recording Link:

Recordings of this Thursday's Grand Rounds will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

Changes to the Mental Health Act

When: Thursday, October 22nd, 2020

Time: 12:00pm to 1:00pm

Presented by: Nicholas Mitchell

ZOOM Session

Contact for this Grand Rounds: M. Anne Enders,
Administrative Assistant and CPD Coordinator
Mathison Centre for Mental Health Research & Education
Department of Psychiatry
University of Calgary
Phone: 403.210.6850 Fax: 403.210.9114, 403.210.9182
margaret.enders@ucalgary.ca
<http://www.ucalgary.ca/psychiatry/calendar>

Journal Club

Date: October 15, 2020

Time: 1800 hrs

Presenters: Dr. Tyson Savage & Sean Crooks

Preceptor: Dr. Andrew Mcrae

[Click here](#) for Questions.

Article 1: Multicenter Emergency Department Validation of the Canadian Syncope Risk Score
Thiruganasambandamoorthy, V., Sivilotti, M. L., Le Sage, N., Yan, J. W., Huang, P., Hegdekar, M., ... & Rowe, B. H. (2020). Multicenter Emergency Department Validation of the Canadian Syncope Risk Score. *JAMA Internal Medicine*, 180(5), 737-744.

<https://doi.org/10.1001/jamainternmed.2020.0288>

Article 2: Risk stratification of older adults who present to the emergency department with syncope: the FAIN score
Probst, M. A., Gibson, T., Weiss, R. E., Yagapen, A. N., Malveau, S. E., Adler, D. H., ... & Diercks, D. B. (2020). Risk stratification of older adults who present to the emergency department with syncope: the FAIN score. *Annals of emergency medicine*, 75(2), 147-15. <https://doi.org/10.1016/j.annemergmed.2019.08.429>

ZOOM Session

Best Regards

Tyson Savage & Sean Crooks

ACEP20 Scientific Assembly Unconventional

The world's largest EM conference will be this year's must-attend online experience - Oct. 26-29. It's been quite a year - now is the time to come together more than ever before to feel the connections, lift up each other, and learn as much as we can to continue to kick ass as emergency physicians!

Click here to register: <https://webapps.acep.org/meetingsv1/registration.aspx?mcode=ACEP-20>

Opportunities

CAEP Education Scholarship Workshop - October 15

The CAEP Education Scholarship Committee is extending an invitation for you to attend the following workshop:

A Start to Finish Primer for Your Education Scholarship Project
Thursday, October 15th, 2020 from 16:00 to 19:00 PT / 19:00 to 22:00 ET
Online Zoom workshop – link provided with registration

TARGET AUDIENCE

Medical students, residents, and faculty pursuing medical education scholarship projects who need guidance to bring their project from concept to completion.

FACULTY

The workshop will be hosted by members of the CAEP Education Scholarship Committee:
Dr. Rob Woods • Dr. Glen Bandiera • Dr. Teresa Chan • Dr. Tim Chaplin • Dr. Andrew Hall • Dr. Tamara McColl • Dr. Alexandra Stefan • Dr. Brent Thoma

PRE-WORK REQUIRED (~ 30 minutes prep time)

1. List all of your past and current education/QI/research project involvement
2. List all of your current 'burning questions' project ideas in medical education
3. Prepare 1-2 minute 'elevator pitch' describing the educational project or research you are pursuing or would like to pursue

REGISTRATION

The workshop costs \$50 for CAEP members and \$75 for non-members. [REGISTER HERE.](#)
If you would like to join CAEP, [click here.](#)

WORKSHOP DETAILS: <https://caep.ca/em-community/academic-section/education-committee/a-start-to-finish-primer-for-your-education-scholarship-project/>

2021 ESCN Competitions

The 2021 Emergency Strategic Clinical Network competition calls for applications have been announced. This year, the [Systematic and Scoping Review](#) applications will be due January 18, 2021. The [Studentship applications](#) will be due January 14, 2021.

Patrick McLane, MA, PhD
Assistant Scientific Director
Emergency Strategic Clinical Network™

MD Spotlight

Dr. Matt Frey

Matt finished his EM residency here in Calgary in 2013 after moving from Vancouver. He works a split line between FMC and SHC and also serves as one of the Co-Directors of the Rocky Mountain Emergency Services (RMES) - the business group for the FMC/PLC/SHC sites.

He grew up on the West Coast, having been raised in Richmond, BC. Matt completed an honours BSc in Physiology with a minor in Commerce, and subsequently attended medical school, both at the University of British Columbia. He still finds time to visit home frequently to see friends & family, including his parents, twin sister, younger sister and the most recent addition - his 5 year-old niece Heidi.

He has a passion for emergency medicine because of the dynamic, practical and the constantly evolving nature of the field. He loves applying it in various settings, including medical support for events and

humanitarian endeavours. He continues to balance his appetite for travel and recreation with his clinical work. He's done humanitarian trips to both Ethiopia and Haiti since starting practice. He remains a member of the Canadian Men's Medical Football team, having played in tournaments in both Austria and the Czech Republic, and hopefully more once COVID restrictions are lifted.

Locally, when he's not busy in the backcountry skiing or climbing, Matt also does hill support for the Lake Louise Ski Patrol . As of late, he has found himself spending more time mountain biking, and has found a new passion for multi-day stage races.

Matt remains appreciative of our wonderfully collegial group in Calgary, and all those whom have made these early years of practice such an enjoyable experience.

Cheers, hello again, and thanks everyone! Matt

