October 13, 2020

**Notes from Eddy**

[Click here to read](#) the October edition of Notes from Eddy.

**COVID-19 Updates**

**COVID-19 data collection**

We are collecting data on all patients undergoing COVID swab testing as part of the Canadian Emergency Department COVID-19 Rapid Response Network. The objective of this network is to systematically collect data on all ED patients with suspected COVID in order to develop epidemiologic evidence and evidence-based clinical guidance for the management of ED patients with suspected COVID disease.

Blue data collection forms are available in COVID patient care areas at RGH, PLC and SHC. Hopefully soon at FMC. If possible, please complete these forms on any patient undergoing COVID testing in the ED. The back page is only for patients with suspected COVID who are intubated in the ED.

Your assistance is greatly appreciated--this is our best chance to develop evidence to guide ED decision-making for our patients as the pandemic evolves.

Thanks,
Andrew McRae
Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).

2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

3. This is a great video about tools for shift workers to protect sleep. The recommendations are evidence based. They discuss the idea of banking sleeping, strategic use of caffeine, assessing sleep health.  [https://www.youtube.com/watch?v=radDJBH8DsQ&feature=youtu.be](https://www.youtube.com/watch?v=radDJBH8DsQ&feature=youtu.be)

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**Operations**

**Leadership Announcements**
We have recruited two Calgary ED physicians into new leadership positions within the Department of Emergency Medicine.

**Dr. Marge McGillivray** is the new Calgary Zone leader for Geriatric Care in Emergency Medicine. Marge is looking for interested physicians to collaborate with her on improvements to the care that we provide to seniors in the Emergency Departments in the Calgary Zone. Please email her to find out how you can help.

**Dr. Christine East** is the new leader for the Care Plan initiative. As you all know, we have been producing multidisciplinary Care Plans for patients who are frequent visitors to Calgary Zone ED’s. These plans have been very successful in reducing resources consumed by these patients, while still maintaining effective compassionate ED care. Christine needs help in creating these plans (several physicians have already volunteered). Please email Christine if you are interested in working on one of these plans.

-Neil Collins

**Changes to admission to gynecologic oncology service**
The process for Consultations and Admissions to Gynecologic Oncology will change immediately. This is following a Quality Assurance Review.

In-Person Assessments:
If you feel that your patient requires in-person Gyne Onc assessment, then make this clear to the Resident/Fellow or Attending. They will come in to see the patient.

As a suggestion, in-person assessment should be considered for a patient who has refractory and significant pain, CT or other DI evidence of a new clinically important abnormality, or significant metabolic/hematologic derangements. Please also consider in-person assessment for any patients with persistent hemodynamic instability.

Admission Orders:
Beginning now, only the Gyne Onc Staff or Gyne Onc Resident will enter patient admission orders. ED MDs have been doing this, on occasion, in order to assist our colleagues especially during their off hours of coverage.

Only Gyne Onc should write admission orders to their service.

Please email me with any questions.

Regards,

-Adam Oster
Now Open: VIRTUAL KIDS - URGENT PEDIATRIC CARE

Virtual Kids is a new online platform staffed by pediatric emergency doctors to deliver virtual pediatric advice to families.

We offer a virtual pediatric follow-up clinic — we welcome referrals from physicians for patients that would benefit from early follow-up with a pediatrician.

If you have patients who you think would be suitable for virtual re-assessment, consider referring them to the Virtual Kids follow-up clinic.

The referral process, including criteria for referral, can be found here.

Referred patients can book a time that suits their family (within the time frame recommended by the referring physician) - for any evening from 5-11pm as well as on Tuesday or Thursday mornings from 9 am until noon. We will ensure that appointments get booked.

Thank you.
The Virtual Kids Team
virtualkids.ca

SCM Updates

Updates for week of Oct 12-16, include addition of an isolation order button being added to the Adult and Pediatric Triage notes.

Eddy El-Haddad
Senior Clinical Informatician

Calgary Emergency Physician Support Fund (PSF)

A very readable report and survey is forthcoming this fall to help guide the PSF to ensure its priorities represent those that contribute. In the meantime, the PSF mandate and application review process are available.

Deadline for submission: October 15, 2020

Comments are very welcome!
- PSF Committee

Physician Participation Needed!

Hodsman Lecture Survey and Update

For six years, we have honoured the memory of our colleague Dr. Mike Hodsman. The funds originally raised in his memory have been fully spent on high value CME events. We would like you to consider whether we should continue to honour Dr. Hodsman's memory, or re-brand our lecture series to honour the memory or retirements of other long-serving department members. Please complete this single-question survey.

Survey link: https://www.surveymonkey.com/r/9VYXWB5

Our Committee is also looking to add 1-2 new fresh faces to our planning committee. If this is something you're interested in, feel free to email either Colleen Carey or Marcie Veitch if you have any questions or if you are interested in joining the team. The Committee meets 5-6 times per year (recent meetings have all been via Zoom).

Thank you for your time.
Your Hodsman Lecture Planning Committee,
Colleen Carey, Aaron Johnson, Eddy Lang, Marcie Veitch, Ashlea Willmot and Fareen Zaver
Physicians needed for ED Treatment Plans
We have many vulnerable patients who require ED Treatment Plans to make their care safer and more consistent. We are seeking volunteer MD authors at all 4 adult sites. The role consists of performing a chart review, consulting with the family doctor and/or specialists, and drafting a treatment plan. Templates and supports are readily available. Time commitment is approximately 4-6 hours per plan and counts towards your 24 hours of service. This work is highly valued by our department, and physicians report that it is interesting and rewarding. Please contact Christine East for details.

Cannabis Hyperemesis Syndrome - Open Label Haloperidol Study
We are still recruiting for this study. All you have to do is direct any interested patients to self refer. This is a CIHR-funded study looking at patients with cannabis hyperemesis syndrome (CHS) symptoms – such as vomiting/nausea and abdominal pain associated with regular cannabis use. This is a 4 week open label study (i.e., every patient gets the active drug) treating the symptoms of CHS with a low dose of oral haloperidol twice daily. If you have patients that you think have CHS and would be interested, let them know about the study and give them our contact information 403 210 7422 or chs.study@ucalgary.ca

ED Virtual Rounds Needs Assessment Survey
As you all know, over the last 6 months we have transitioned to virtual grand rounds given COVID physical distancing requirements. In order to evaluate the quality of the virtual rounds and identify opportunities for improvement, we are asking you to take 2-3 minutes to fill out this survey: https://survey.ucalgary.ca/jfe/form/SV_dcDugmHvqS8mgmp. Results from this will help guide the future of grand rounds in the Calgary zone and provide us an opportunity to share our experience with other ED’s. This survey received ethics exemption from REB as it was deemed to be a Quality Improvement initiative.
- Shawn Dowling

Diversity and Discrimination Survey
Our Department of Emergency Medicine Anti-Racism and EDI working group would like to strongly encourage our department members to participate in the following survey. We will have access to the demographic information and statistics that are specific to our department, which will help us to develop meaningful interventions and make change.

Thanks!
The survey takes between 10 and 15 minutes to complete and asks questions about your identity. Your responses are anonymous and are only viewed by researchers at the University of Calgary. Please note that the survey should be completed on a computer rather than a phone. Survey link: https://survey.ucalgary.ca/jfe/form/SV_bNsCtSERrDcU5TL

Invitation to Bystander Intervention Training
Have you ever witnessed interactions that made you feel uncomfortable? Are you unsure about how to address microaggressions or racialized comments?

Bystander intervention is recognizing a potentially harmful situation or interaction and responding in a way that could positively influence the outcome. Bystander Intervention Training is an opportunity to learn about the bystander effect and equip participants with options for intervening in situations of abusive, isolating, or stigmatizing behaviour. We have collaborated to try to ensure this session’s relevancy to our medical community.

Education. CME. Rounds

**Emergency Grand Rounds**

**Date:** October 15th, 2020  
**Time:**  0900 – 1000  (1.0 Education Credits)  

**Moderator:** Dr. Fareen Zaver

**Speakers (Bios Here):**  
**Dr. Melanie Molina**  
Senior Resident, Harvard Affiliated Emergency Medicine Residency  
Emergency Physician, Massachusetts General Hospital, Brigham and Women’s Hospital  
Clinical Fellow, Harvard Medical School

**Dr. Anita Chary**  
Chief Resident, Harvard Affiliated Emergency Medicine Residency  
Emergency Physician, Massachusetts General Hospital, Brigham and Women’s Hospital  
Clinical Fellow, Harvard Medical School

**Topic:**  
“Responding to Microaggressions in Medicine”  
This presentation will discuss common forms racism in medicine and introduce microaggressions, subtle but commonplace behaviors that convey hostility to marginalized groups. It will outline the significance of microaggressions in medicine and outline strategies for responding to microaggressions.

**ZOOM Session**

Please don’t share the zoom link and connection details on social media or any website.  
**Evaluation form:** Please fill out the evaluation form at [https://forms.gle/szfmBrmxiesjuGfg8](https://forms.gle/szfmBrmxiesjuGfg8) to receive credit for your respective college for MOC.

**Recording Link:** Recordings of this Thursday’s Grand Rounds will be available the following Tuesday on our website: [https://cumming.ucalgary.ca/department/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive](https://cumming.ucalgary.ca/department/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive)

**Changes to the Mental Health Act**

**When:** Thursday, October 22nd, 2020  
**Time:** 12:00pm to 1:00pm  
**Presented by:** Nicholas Mitchell

**ZOOM Session**

**Contact for this Grand Rounds:** M. Anne Enders,  
Administrative Assistant and CPD Coordinator  
Mathison Centre for Mental Health Research & Education  
Department of Psychiatry  
University of Calgary

[http://www.ucalgary.ca/psychiatry/calendar](http://www.ucalgary.ca/psychiatry/calendar)
Recording Link and Q & A Document. ED Grand Rounds. Oct 08. 2020

Topic: A Turning Point? “The Critical Interface of Substance Use, the ED and Research”
Moderator: Dr. Stephanie VandenBerg
Guest: Dr. Kathryn Dong, Medical Director, ARCH Team - Royal Alexandra Hospital
Clinical Professor, Department of Emergency Medicine - University of Alberta
Chris Cardinal: ARCH Peer Support Worker – Royal Alexandra Hospital

Click here for recording.
You can find here the rounds Q & A document

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**Journal Club**

**Date:** October 15, 2020
**Time:** 1800 hrs
**Presenters:** Dr. Tyson Savage & Sean Crooks
**Preceptor:** Dr. Andrew Mcrae

Click here for Questions.

**Article 1:** Multicenter Emergency Department Validation of the Canadian Syncope Risk Score

**Article 2:** Risk stratification of older adults who present to the emergency department with syncope: the FAINT score

ZOOM Session
Best Regards
Tyson Savage & Sean Crooks

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**EDI Lunch and Learns: Microaggressions in Work, Learning and Teaching Environments**
Offered in partnership between OPED and OFDP, this workshop focuses on what micro aggressions are, common instances of micro aggressions, reactions to acts of micro aggression, and strategies for responding to micro aggressions.

Tuesday, October 20, 2020
12:30 PM – 1:30 PM MDT
Sign up now!

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**ACEP20 Scientific Assembly Unconventional**
The world's largest EM conference will be this year's must-attend online experience - Oct. 26-29. It's been quite a year - now is the time to come together more than ever before to feel the connections, lift up each other, and learn as much as we can to continue to kick ass as emergency physicians!

Click here to register: https://webapps.acep.org/meetingsv1/registration.aspx?mcode=ACEP-20

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**REGISTRATION NOW OPEN | EDAC 2020**
This year EDAC is going virtual!

Join us on Tuesday, November 24 | 1:00 – 5:00 pm for Canada’s Leading Emergency Department Administration Conference, presented by the Schwartz/Reisman Emergency Medicine Institute (SREMI)
http://www.sremi.ca/EDAC
Opportunities

CAEP Education Scholarship Workshop - October 15
The CAEP Education Scholarship Committee is extending an invitation for you to attend the following workshop:

A Start to Finish Primer for Your Education Scholarship Project
Thursday, October 15th, 2020 from 16:00 to 19:00 PT / 19:00 to 22:00 ET
Online Zoom workshop – link provided with registration

TARGET AUDIENCE
Medical students, residents, and faculty pursuing medical education scholarship projects who need guidance to bring their project from concept to completion.

FACULTY
The workshop will be hosted by members of the CAEP Education Scholarship Committee:
Dr. Rob Woods • Dr. Glen Bandiera • Dr. Teresa Chan • Dr. Tim Chaplin • Dr. Andrew Hall • Dr. Tamara McColl • Dr. Alexandra Stefan • Dr. Brent Thoma

PRE-WORK REQUIRED (~ 30 minutes prep time)
1. List all of your past and current education/QI/research project involvement
2. List all of your current 'burning questions' project ideas in medical education
3. Prepare 1-2 minute 'elevator pitch' describing the educational project or research you are pursuing or would like to pursue

REGISTRATION
The workshop costs $50 for CAEP members and $75 for non-members. REGISTER HERE.
If you would like to join CAEP, click here.

WORKSHOP DETAILS: https://caep.ca/em-community/academic-section/education-committee/a-start-to-finish-primer-for-your-education-scholarship-project/