



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

October 27, 2020

COVID-19 Updates

Revised COVID-19 Testing Criteria

To all AHS staff, physicians and volunteers,

This afternoon, Alberta Health announced updated COVID-19 testing criteria for all Albertans.

In an effort to reduce wait times and to speed up access to results for those at greatest risk of illness, COVID-19 testing is now only offered to Albertans in the groups listed below, at this time.

Effective 3:30 p.m. today (Oct. 20, 2020), **testing in Alberta is for:**

- Albertans with symptoms of COVID-19
- Albertans who are close contacts of a confirmed case, whether symptomatic or not
- Albertans who are linked to a known outbreak, whether symptomatic or not

All healthcare workers who are symptomatic, are a close contact of a COVID-19 case, or are linked to an outbreak will still receive testing.

As this new testing approach will support more rapid turnaround of test results, we anticipate that healthcare workers will be better supported in effectively managing symptoms or potential exposures.

Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

3. This is a great video about tools for shift workers to protect sleep. The recommendations are evidence based. They discuss the idea of banking sleeping, strategic use of caffeine, assessing sleep health. <https://www.youtube.com/watch?v=radDJBH8DsQ&feature=youtu.be>

Operations

Rehabilitation Advice Line

We are thrilled to share with you the launch of a new Rehabilitation Advice Line, **1-833-379-0563**. The telephone line is available for Albertans over 18 to help meet their rehabilitation needs through the COVID-19 response and beyond. Albertans can call Monday to Friday between 10 a.m. and 6 p.m. and speak to an occupational therapist or physical therapist.

The goal is to provide those recovering from COVID-19 and/or those with existing neurological; musculoskeletal conditions and/or related surgeries with information and advice about:

- Activities and exercises
- Strategies to manage day-to-day activities
- Available rehabilitation services and community-based organizations across the province.

There is a [printable poster attached](#)

Here are links to social posts, if you would like to share.

[Facebook](#) | [Twitter](#)

Please visit www.ahs.ca/ral for more information.

AO MSK Clinic Form

Access Orthopaedics is a multidisciplinary clinic that provides patients with musculoskeletal injuries and conditions with timely assessment and a comprehensive treatment plan. AO serves as a central triage for the shoulder and elbow surgeons in the Calgary zone as well as providing spine and general musculoskeletal assessments, physiatry and a physiotherapy services. The experienced team consists of orthopaedic surgeons, neurosurgeon, physiatrist, sports medicine physician, primary care physician and physiotherapists. All assessments are covered with a valid Alberta Health Care card.

[Referral form](#)

Hematuria Pathway

In collaboration with our Urology and Radiology colleagues we are proposing a new ED pathway for patients presenting with hematuria. The main change from what I presented at Grand Rounds is the recommendation of ordering a CT hematuria protocol if the patient has no recent imaging and also has urinary retention. We ask that if you order this test you put something like "gross hematuria plus urinary retention" in the history. We will pilot this pathway for 3 months and reassess thereafter. If you have any questions feel free to contact me.

Sincerely,
Natasha Wright

Return to work guidelines

I am providing for reference purposes, the latest decision chart for [Return To Work Guidelines](#) from AHS (nothing new, just FYI).

Neil

Physician Participation Needed!

Invitation to Calgary Zone Physician Town Hall

Dear Calgary Zone AHS medical staff,

We understand there are many pressures on the health system, and on physicians. In follow up to Dr Francois Belanger's provincial sessions on October 8th & 13th, we want to reach out to you, the Calgary Zone Physicians to:

- Collaborate with and support AHS Medical Staff
- Exchange information so we build our understanding of impacts on physicians in the community and AHS facilities
- Continue a healthy, open, transparent, relationship

We encourage you to join a Calgary Zone physician conversation.

- Thursday, November 5, from 4:30pm – 5:30pm

Zoom session

This provincial session will be hosted by Dr. Sid Viner, Zone Medical Director and Zone Medical Leaders. Dr. Kerri Novak will be moderating the town hall.

If you have additional questions or concerns, please feel free to reach out to me.

Sincerely,
Sid Viner, MD, FRCPC
Zone Medical Director

Preceptors needed for academic day sessions

The FRCPC and CCFP-EM residency programs are looking for preceptors for the following Academic Day sessions. As preceptor, you will guide the resident assigned to delivering the session with regards to content and style, and will be present during the session to help facilitate discussion. Please email Dr. Anjali Pandya directly with a list of any sessions you would be willing to assist with. Thank you very much for your consideration in these busy times!

- *January 7 13:00-15:00 Dental Emergencies and Blocks*
- *March 4 14:00-15:00 Peripheral Vascular Disease*
- *March 25 13:00-15:00 Geriatric Medicine*
- *April 1 15:00-16:00 Disorders of small and large bowel*
- *April 1 16:00-17:00 GI Bleeds*
- *April 8 13:00-14:00 Maxillofacial Trauma"*

Anjali

FMC Trauma Level 1 Process Simulations

The FMC Trauma Working Group is resuming the FMC Trauma Level 1 Process Simulations starting next week Oct 29. These sessions will be held 1015 am - 1145 am on Thursday's to allow people time to attend post rounds. The goal is to hold all simulations in-situ in TB4 provided the departmental flow allows. We are hoping to offer enough sessions over the next several months to get as many FMC MDs as possible through this sim. We would love to see you there.

Available slots:

Oct 29 – 3 participants / 2 observers

Nov 5 – 1 observer

Nov 19 – 3 participants / 2 observers

Dec 3 – 1 participant / 2 observers

Dec 10 – 1 observer

We are happy to accept 4 participants and up to 2 observers. To sign up, email Lilian Prudencio

Publication and Grant Tracking Information Request

It's the most wonderful time of the year!

Publication and Grant Tracking time is here.

Did you have a publication or a grant application accepted in the 2019/2020 academic year?

We want to hear about it for the annual report.

This is our time to shine.

Let us know your grant and publication information for 2019/2020 before it's too late.

Please send any publications, grant information or a copy of your CV with the required info highlighted to Jillian Vandenbrand

Hodsman Lecture Survey and Update

For six years, we have honoured the memory of our colleague Dr. Mike Hodsman. The funds originally raised in his memory have been fully spent on high value CME events. We would like you to consider whether we should continue to honour Dr. Hodsman's memory, or re-brand our lecture series to honour the memory or retirements of other long-serving department members. Please complete this single-question survey.

Survey link: <https://www.surveymonkey.com/r/9VYXWB5>

Our Committee is also looking to add 1-2 new fresh faces to our planning committee. If this is something you're interested in, feel free to email either Colleen Carey or Marcie Veitch if you have any questions or if you are interested in joining the team. The Committee meets 5-6 times per year (recent meetings have all been via Zoom).

Thank you for your time.

Your Hodsman Lecture Planning Committee,

Colleen Carey, Aaron Johnson, Eddy Lang, Marcie Veitch, Ashlea Willmot and Fareen Zaver

ACLS/PALS Course - ER Group - Nov 3/4

ACLS - November 3 - \$275

PALS - November 4 - \$325

South Health Campus

Includes BLS

Contact Dawn McKeivitt interested.

Education. CME. Rounds

ED Virtual Rounds

Date: October 29th · 2020

Time: 0900 – 1000 (MST) (1.0 Education Credits)

Att: [Bio's & Wellness Handout](#)

Moderator: Mark Scott, MD, CCFP(EM), FCFP, ISAM(C)

Emergency Physician and Addiction Medicine Consultant

Speakers: Tacie McNeil RN, MPH

ARCH Clinical Nurse Educator

Brad Morrison

Outreach Worker/Peer Support ARCH Program, PLC

Topic: The Most Addictive Grand Round of 2020:

"Pearls for Managing Addiction in the ED"

This presentation will focus on the evidence surrounding the care of treating vulnerable patients in Calgary Emergency Departments.

Managing these patient can be a source of burnout and frustration. The ARCH team will provide suggestions you can use on your next shift

to improve patient outcomes and make interactions more satisfying. This session will complement and build on recent presentations by

Dr. M Ross on Buprenorphine and Dr. K Dong on Research in Addiction.

Wellness 1000 – 1015

Update: Nadim Lalani

Topic: "Values - The DNA of your motivation"

Evaluation form:

Please fill out the evaluation form at <https://forms.gle/szfmBrmxiesjuGfg8>

Zoom session

Please don't share the zoom link and connection details on social media or any website.

Recording Link:

Recordings of this Thursday's Grand Rounds will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

November 19th ED Grand Rounds- Guest speaker: Dr. Reuben Strayer

Dear colleagues,

You are invited to attend ED Grand Rounds about "Management of Agitation in the Emergency Department" presented by guest speaker Dr. Reuben Strayer on November 19th.

Department of Emergency Medicine.

Presenting at Research in Development Rounds

Research in Development Rounds will be on Winter Hiatus until January 2021

(Nov/Dec no rounds)

If you would like a chance to present your study or research idea for refinement please contact

Jill Vandenbrand

Stephanie Vandenberg

EDI Lunch and Learns: The Gender Lady Screening and Q & A

Dr. May Cohen is a brilliant Canadian physician and women's rights trailblazer who has advocated powerfully in Canada and internationally for women's reproductive rights, women's health and women physicians' advancement. May is widely recognized for her many contributions to women's health, sexuality, abortion choice and human rights. Numerous medical awards bear her name.

The Gender Lady: The Fabulous Dr. May Cohen explores Dr. Cohen's life and career and her extraordinary gender equity and human sexuality contributions. This documentary was produced by two Canadian colleagues of May Cohen, family physicians and gender equity advocates Cheryl Levitt and Barbara Lent.

This virtual screening will run from 12:30-1:30 but the producers of the film will join us via Zoom from 1:30-2:00 for those who can stay for a Q& A.

Friday, November 20, 2020

Screening

12:30 PM – 1:30 PM MDT

Optional Q & A with Producers

1:30-2:00 PM MDT

[SIGN UP NOW!](#)

Journal Club Summary - Oct 15

[Syncope Journal Club Summary](#)

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Registration for the PADIS 2020 Conference is now open!

We have finalized the website page for the event. The link is

https://cumming.ucalgary.ca/cme/courses/calendar/calendar#!view/event/event_id/3342

Please note that we won't be using a PDF brochure this year as we are working on making things easier for participants in the virtual environment.

The twitter hashtag is #PADIS2020.

Looking forward to seeing you virtually on November 7!

Mark Yarema

Opportunities

Train-the-Trainer Opportunity - Implicit Bias

Are you passionate about improving the CSM community? Are you experienced at teaching or facilitating for groups of coworkers or students? Do you have any time to give?

If the answers are yes, then we want YOU!

We are starting a train-the-trainer initiative to deliver Implicit Bias training across the CSM community. If you would like to be trained to deliver these sessions in the future, **please email Kelly Turner and indicate your availability (8-12 or 1-5) for the following dates: November 23 or 30.**

Initial training will take place on the date that works for the majority of respondents. Additional training dates may be added, dependent on interest.

Highlights

A big thanks to all the docs in the department who volunteered their time to have a chat with medical students interested in ER as a career. This is a new program through the medical school called Career Conversations that allows students to directly talk to a staff physician about their career options. In total, we had over 30 of the 150 students interested in ER.

Thanks to Hilary Ambrose, Andrew Battison, Tahara Bhate, Kathryn Crowder, Sean Fair, Ana Gomez, Carly Hagel, Sujiva Heyn, Dan Joo, Chase Krook, Patty Lee-Nobbee, Jon Lubin, Kelsey Macleod, Stan Mayer, Kevin Martin, Paul McKenna, Hannah Park, Erik Saude, Mark Scott, Melanie Sohn, Mandeep Sran, Denise Watt and Fareen Zaver.

[Kudos to Dr. Arun Abbi](#) for his longtime service to the AMA.