



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

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September 01, 2020

COVID-19 Updates

Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

Operations

Surge Call Notice

Please note that the \$300 payment for surge call in will be discontinued by AHS effective March 31, 2021. Please feel free to email or call me or Neil, if you have any questions.

Thanks
Scott Banks

SCM Updates

There are currently no scheduled ED SCM changes for the week of August 31 - Sept 4, 2020.

Eddy El-Haddad
Senior Clinical Informatician

Physician Participation Needed!

Diversity and Discrimination Survey

Our Department of Emergency Medicine Anti-Racism and EDI working group would like to strongly encourage our department members to participate in the following survey. We will have access to the demographic information and statistics that are specific to our department, which will help us to develop meaningful interventions and make change.

Thanks!

Researchers at the University of Calgary are studying the diversity and the experiences of harassment and discrimination of the physician workforce in Alberta.

They are conducting a survey to measure who is working in Alberta as a physician and how these physicians experience their workplace.

The survey takes between 10 and 15 minutes to complete and asks questions about your identity. Your responses are anonymous and are only viewed by researchers at the University of Calgary.

Please note that the survey should be completed on a computer rather than a phone.

For more information, and to take the survey, please follow the link below:

https://survey.ucalgary.ca/jfe/form/SV_bNsCtSERrDcU5TL

Preceptors needed for Career Exploration Program "learn about your discipline" meetings

Undergraduate Medical Education is seeking physicians from **all disciplines** willing to connect with **first year medical students** who wish to learn more about your career.

This initiative is part of UME's **Career Exploration Program**. This program is designed to help students make informed career choices.

In a three-year program students need to decide on a career path before they experience the majority of options.

Some students enter medical school committed to a career plan but haven't had an opportunity to gather a more complete picture of life in that career.

The Career Exploration Program aims to make the decision-making process more deliberate.

The increasingly competitive nature of CaRMS has created a great deal of anxiety.

This has been compounded by the pandemic which has substantially reduced their clinical exposure.

We have allowed time in the **week of October 19** for the students to spend time on career exploration however the timing of your conversation with them can be flexible.

Please go to this link https://survey.ucalgary.ca/jfe/form/SV_3OVjuTSDbvdeHTD to indicate if you would be willing to talk to one, or more, of our first-year students.

They will be asking you about how you chose your career, what you wish you knew, what day to day life looks like for you, and the best and worst parts of doing the work that you do.

No preparation is required. We will send you a list of questions they may ask you.

For those on AMHSP contracts, the time you spend talking with the students is considered "mentorship".

Thank you in advance,

Dr. Melinda Davis
Clinical Associate Professor

Education. CME. Rounds

Journal Club

This Months Journal club is in person and following all the guidelines from U of C PGME for Covid19 such as masks and physical distancing.

Article :

Effects of a high-dose 24-h infusion of tranexamic acid on death and thromboembolic events in patients with acute gastrointestinal bleeding (HALT-IT): an international randomised, double-blind, placebo-controlled trial

[https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)30848-5/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)30848-5/fulltext)

Date: September 17, 2020

Time: 1800 hrs

Presenters: Dr. Zoe Polsky & Dr. Omar Damji

Preceptor: Dr. Chris Bond

Journal Club Address:

3330 Hospital Dr NW

Room OBrien 1500 Health Sciences Building,

Calgary, AB T2N 4N1

RSVP: TriSurendra.Malasan@albertahealthservices.ca

Implicit Bias in Medicine workshop

We would like to invite you to attend this very exciting learning opportunity, the Implicit Bias in Medicine workshop. This workshop is intended for physicians. You will learn how to recognize types of implicit bias, reflect on your own implicit biases and identify strategies to mitigate implicit biases. It is organized by the Office of Faculty Development and Performance, Cumming School of Medicine, University Of Calgary.

Workshop details:

Title: IMPLICIT BIAS IN MEDICINE - How to recognize it, what to do about it.

Date & Time:

Wed, September 9, 2020

9:00 AM – 12:00 PM MDT

Registration: Click [here](#) to register

Workshop is accredited and free.

Thank you.

- Eddy Lang

Clinical Pharmacology & Toxicology Pearl of the Week: [Pharmacogenics - Resources and Guidelines](#)

ED Highlights

New Publication

Congratulations to Dr. Conor Mckaigney!

[The Ultrasound Competency Assessment Tool \(UCAT\): Development and Evaluation of a Novel Competency-Based Assessment Tool for Point of Care Ultrasound - Bell - - AEM Education and Training - Wiley Online Library](#)

Opportunities

OHMES Funding Competition 2020-21

The 2020-21 Health Science and Medical Education Research and Innovation Funding Competition is now open! The competition begins with a Letter of Intent process, with applications **due 28 September 2020**.

Award funding provided by OHMES is to a maximum of \$10,000 per project, and will be made according to scientific merit, relevance and originality of the project, and its contribution to developing individual and collective capacity in educational scholarship in the Cumming School of Medicine at the University of Calgary.

Visit <https://cumming.ucalgary.ca/office/ohmes/funding/ohmes-funding/health-medical-education-research-funding-competition> for documents plus the Funding Request & Expense Policies and the forms used for LOI Evaluations. Contact ohmes@ucalgary.ca if you have questions.

MD Spotlight

Huma Ali

Huma identifies as a Montrealer living in Calgary. She speaks multiple languages, including French. She is skeptical of those who mispronounce the words poutine or croissant. And also when someone lists “cats” as an allergy.

She did an accelerated pre-medicine program, medical school and Royal College residency at McGill University before moving to Calgary in 2014. Once she became staff, she realized how uncomfortable she was with all her free time and money, so she quickly enrolled in, and completed, a fellowship in Point of Care Ultrasound at UBC and is currently funneling most of her income and time into completing a Masters of Health Leadership at Royal Roads University.

She has a passion for personal development and physician wellness. She is a collaborator with Welldoc Alberta (and teaches Peer Support to physicians), co-lead of our Wellness Hub, co-lead for the Junior Staff Mentorship Committee and active in the Department of EM Diversity, Equity and Inclusion Working Group. She will soon be receiving formal training from Harvard University's Schwartz Center for Compassionate Care to lead Schwartz Rounds at South Health Campus in the Fall. SHC will be only the 9th site in Canada to host these rounds that encourage dialogue amongst healthcare workers around the psychosocial and emotional aspects of providing healthcare.

She is a strong advocate for acknowledging the humanity within us (for ourselves and for our patients) and bringing it forth into our physicianship.

Next on the agenda for Huma: Yoga Teacher Training.

