



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

<hr size=2 width="100%" align=center>

September 29, 2020

COVID-19 Updates

COVID-19 data collection

Dear Colleagues

As you may be aware, we are collecting data on all patients undergoing COVID swab testing as part of the Canadian Emergency Department COVID-19 Rapid Response Network. The objective of this network is to systematically collect data on all ED patients with suspected COVID in order to develop epidemiologic evidence and evidence-based clinical guidance for the management of ED patients with suspected COVID disease.

Blue data collection forms are available in COVID patient care areas at RGH, PLC and SHC. Hopefully soon at FMC. If possible, please complete these forms on any patient undergoing COVID testing in the ED. The back page is only for patients with suspected COVID who are intubated in the ED.

Your assistance is greatly appreciated--this is our best chance to develop evidence to guide ED decision-making for our patients as the pandemic evolves.

Thanks,

Andrew McRae

Wellness CoVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

3. Practicing mindfulness is one of the single most powerful things you can do for your wellbeing. There are a ton of free apps you can use to guide you to practice mindfulness.

There is science behind the practice of mindfulness: (source happify.com)

1. The brain we're born with can be changed. (You can teach an old brain new tricks.)
2. We can change it by adopting new thought patterns, by training our brain as if it were a muscle, to overcome negative thoughts.
3. All of us are hard-wired for negativity (blame evolution!) but can profoundly benefit from learning new ways to react and deal with everyday stresses.
4. It doesn't take a lot of effort to make a real difference in your life. A few simple and even entertaining mental diversions done regularly will change things.

Why Mindfulness is a Superpower:

<https://www.youtube.com/watch?v=w6T02g5hnT4>

Operations

Physician Resource Committee (PRC) Update

1. Physician Resources and Hiring

- we are currently well staffed for the required shifts at the 4 adult sites. A full-time line (FTE) usually runs between 12 and 14 shifts per 28 days; we are currently at the lower end of that range
- we have 5 one-year locums hired (Dr.'s Ana Gomez, Dave Mainprize, Nick Packer, Steve Liu and Claire Acton)
- interviews for next year will be starting shortly. We hire based on projections for Physician Resources in July of the following year. We try to consider parental leaves, sabbaticals, resignation, retirement and added shifts. We usually hire between one and four one-year locums.

2. Line Change Requests

- the PRC manages several line change requests every month.
- the following [document provides guidance](#) regarding how these requests are prioritized

3. Rules reminder

- the committee would like to remind you of the following rules that guide CZ members

- Maximum Shifts per month worked is 22 (averaged over 6 months)
- Minimum Shifts per month is 6 (averaged over 6 months, relaxed if parental/medical leave, sabbatical etc)
- Minimum hours between shifts is 8

- Site chiefs will also ask that if you request a part-time line (ie. 0.8 FTE) that you work no more than 0.2 FTE more than that. For example, we would ask that you not request a 0.5 FTE and then pick up to 1.0. (Two Issues, 1) Fairness for the initial distribution of shifts from the index schedule and 2) Physician Resource Planning)

Thanks and happy to receive any feedback on this process,
Neil Collins, for the Physician Resource Committee

RAAPID Procedures

We are reviewing the details around the procedures for having RAAPID involved in transfers between EDs in Calgary.

We believe that RAAPID's standardized procedures can add value to the process. We are trying to finetune the process to minimize any delays.

I would like to ask that if you feel that a clinically significant delay has been encountered in the process of transferring a patient between Calgary Zone EDs using RAAPID's service, that you fill out an RLS (the yellow triangle on Insite Homepage available on all AHS desktops).

Thanks,
Neil

Solicitation of feedback from the BIPOC Community within PGME

[Please find attached a letter](#) from the anti-racism and anti-discrimination task force at PGME on our next steps to begin the process of creating equity at our institution.

Best,

The Anti-Racism and Anti-Discrimination Task Force

<hr size=2 width="100%" align=center>

SCM Up dates

There are currently no scheduled ED SCM changes for the week of September 28 to October 2, 2020

Eddy El-Haddad

Senior Clinical Informatician

<hr size=2 width="100%" align=center>

Calgary Emergency Physician Support Fund (PSF)

A very readable report and survey is forthcoming this fall to help guide the PSF to ensure its priorities represent those that contribute. In the meantime, the [PSF mandate](#) and [application review process](#) are available.

Deadline for submission: October 15, 2020

Comments are very welcome!

- PSF Committee

Physician Participation Needed!

Reminder! Response needed for the Calgary Zone Emergency Department Strategic Planning Survey

Dear ED Physicians,

Thanks to those who have already completed the online survey to inform the Calgary Zone Emergency Department's Strategic Planning Process.

This is the final week we're collecting your input on the strategic planning survey. If you have not already done so, please complete the survey no later than this coming **Friday, October 2nd, 2020**. The survey should take approximately 15 minutes to complete, and your answers are anonymous. To access the survey, please [click here](#) or copy and paste this URL into your Internet browser:

<https://ca.surveymoz.com/s3/50083836/Calgary-Zone-Emergency-Department-Strategic-Planning-Survey>

If you have any questions about the survey, please email Elizabeth Manafo.

Thank you

Locum Coverage Needed for Rocky Mountain House

Rocky Mountain House still urgently requires the following shifts to be covered, and we are reaching out again to see if you may please re-send the following message to Family and Emergency Physicians in your Zones respectively.

Thank you kindly for helping us to reach as many physicians as possible!

Sent on behalf of Dr. Francois Dewet Dowling, Facility Medical Director, Rocky Mountain House

Rocky Mountain House Hospital and Care Centre is in need of Emergency Department coverage for the following dates:

- October 5, 18:00 to October 6, 07:00
- October 7, 18:00 to October 8, 07:00
- October 8, 18:00 to October 9, 07:00
- October 13, 07:00 to 18:00
- October 24, 07:00 to 16:00

- October 30, 07:00 to 18:00
- October 31, 07:00 to 16:00
- November 1, 00:00 to 07:00
- November 1, 16:00 to November 2, 00:00

Please contact Dr. Dowling if you are able to assist with any of these shifts. Thank you:

Cell: 780-978-6800

Email Dr. Francois Dowling.

ED Virtual Rounds Needs Assessment Survey

As you all know, over the last 6 months we have transitioned to virtual grand rounds given COVID physical distancing requirements. In order to evaluate the quality of the virtual rounds and identify opportunities for improvement, we are asking you to take 2-3 minutes to fill out this survey:

https://survey.ucalgary.ca/jfe/form/SV_dcDuqmHvqS8mqmp.

Results from this will help guide the future of grand rounds in the Calgary zone and provide us an opportunity to share our experience with other ED's. This survey received ethics exemption from REB as it was deemed to be a Quality Improvement initiative.

- Shawn Dowling

<hr size=2 width="100%" align=center>

Share your thoughts on physician workplace violence

Researchers from the University of Alberta and the Saskatchewan Health Authority are conducting a study on workplace violence, to measure its prevalence amongst physicians in Canada. They also hope to identify any barriers to accessing support and work towards systemic change around physician workplace safety.

Please take a few moments to [complete their survey and share your perspective](#). Your responses will be completely anonymous.

-Eddy

Diversity and Discrimination Survey

Our Department of Emergency Medicine Anti-Racism and EDI working group would like to strongly encourage our department members to participate in the following survey. We will have access to the demographic information and statistics that are specific to our department, which will help us to develop meaningful interventions and make change.

Thanks!

Researchers at the University of Calgary are studying the diversity and the experiences of harassment and discrimination of the physician workforce in Alberta.

They are conducting a survey to measure who is working in Alberta as a physician and how these physicians experience their workplace.

The survey takes between 10 and 15 minutes to complete and asks questions about your identity. Your responses are anonymous and are only viewed by researchers at the University of Calgary.

Please note that the survey should be completed on a computer rather than a phone.

For more information, and to take the survey, please follow the link below:

https://survey.ucalgary.ca/jfe/form/SV_bNsCtSERrDcU5TL

Invitation to Bystander Intervention Training

Have you ever witnessed interactions that made you feel uncomfortable? Are you unsure about how to address microaggressions or racialized comments?

Bystander intervention is recognizing a potentially harmful situation or interaction and responding in a way that could positively influence the outcome. Bystander Intervention Training is an opportunity to learn about the bystander effect and equip participants with options for intervening in situations of abusive, isolating, or stigmatizing behaviour. We have collaborated to try to ensure this session's relevancy to our medical community.

We are offering the same session on 2 different dates - Oct. 7 and Oct. 14. Please find the invitations below.

<https://www.eventbrite.ca/e/bystander-intervention-training-tickets-119294612397>

<https://www.eventbrite.ca/e/bystander-intervention-training-tickets-120056100027>

Please direct any questions to Kelsey MacLeod (kmacleod@ualberta.ca). Thanks and hope to see you there.

ACLS/PALS Course - ER Group - Nov 3/4

ACLS - November 3 - \$275

PALS - November 4 - \$325

South Health Campus

Includes BLS

Contact Dawn McKeivitt at if interested.

Request for interview - medical student podcast

Hanna Levy and I are pre-clerks at McMaster University making a podcast called Northern Exposure: A guide to Canadian physician careers. We are interviewing Canadian physicians in different specialties and career settings about their jobs, as well as how they ended up where they are to help inform medical students' career decisions.

Ideally, we are looking for Canadian-trained physicians who completed residency ~5-15 years ago, so they have some experience in independent practice but aren't too far removed from having gone through medical school, CaRMS, residency, etc.

We tailor our questions to the guest's background, so these questions change a little bit. Please feel free to check out our website at northernexposurepodcast.ca for some examples of our interviews and for more information.

The time commitment for the interview is approximately one hour, and we are happy to work around their schedule. As most things seem to be these days, the podcast would be recorded virtually over the computer.

Thank you,

Anne and Hanna

--

Anne Keller, MPH

Niagara Regional Campus

McMaster School of Medicine, Class of 2022

<hr size=2 width="100%" align=center>

Improving emergency physician wellness through the use of a dynamic assessment tool. Dr Nadim Lalani and The Wellness Hub

We propose the use of an assessment tool that combines psychometrics, engagement metrics and mental wellness indicators to shape a real-time snapshot of professional capabilities, wellness, engagement and satisfaction levels within our group. [Please click here for the full details.](#)

Education. CME. Rounds

Emergency Grand Rounds. October 01, 2020

Given the sensitive nature of QAER rounds, this session will NOT be recorded for general viewing. Zoom Details will only be sent to the "Calgary ED Physicians" via email.

Event: Emergency Grand Rounds – "QAER"

Date: October 01st 2020

Time: 0900 – 1000 (1.0 Education Credits)

Speakers: Dr. Zoe Polsky & Dr. Adam Oster

Topic: In-beTWEEN: Treatment or Transport of the Adolescent Patient?

Evaluation form:

Please fill out the evaluation form at <https://forms.gle/szfmBrmxiesjuGfg8> to receive credit for your respective college for MOC.

Recording Link:

Given the sensitive nature of QAER rounds, this session will NOT be recorded for general viewing.

October 8, 2020 Rounds Dr. Kathryn Dong Presenting

Please see the attached [Rounds Poster for Dr. Kathryn Dong](#) who will be presenting Rounds October 8, 2020

Zoom details will be released on October 7, 2020 by Judy (judy.mackay@ahs.ca)

Dr. Kathryn Dong

A turning point?

The critical interface of substance use, the ED and research.

Please feel free to circulate to your contacts and groups as you see fit, we are hoping for a great turn out!
Jill Vandenbrand
Emergency Medicine Research Administrator

Office Of Faculty Development Workshops

[Click here to see October lineup](#) including:

- Implicit Bias in Medicine,
 - Setting Objectives, Blueprinting, and MCQ Tips!
 - Media Training 101
-

CAME webinars

Tuesday, October 20, 2020

Title: [Bias and the Educator: Exploring Implicit, Explicit, and Structural Bias in Medical Education](#)

Presenter: Dr. Javeed Sukhera, Western University

Time: 10:00am & 1:00pm (same webinar offered live in both time slots)

Registration for the PADIS 2020 Conference is now open!

We have finalized the website page for the event. The link is

https://cumming.ucalgary.ca/cme/courses/calendar/calendar#!view/event/event_id/3342

Please note that we won't be using a PDF brochure this year as we are working on making things easier for participants in the virtual environment.

The twitter hashtag is #PADIS2020.

Looking forward to seeing you virtually on November 7!

Mark Yarema

Opportunities

CAEP Education Scholarship Workshop - October 15

The CAEP Education Scholarship Committee is extending an invitation for you to attend the following workshop:

A Start to Finish Primer for Your Education Scholarship Project

Thursday, October 15th, 2020 from 16:00 to 19:00 PT / 19:00 to 22:00 ET

Online Zoom workshop – link provided with registration

TARGET AUDIENCE

Medical students, residents, and faculty pursuing medical education scholarship projects who need guidance to bring their project from concept to completion.

FACULTY

The workshop will be hosted by members of the CAEP Education Scholarship Committee:

Dr. Rob Woods • Dr. Glen Bandiera • Dr. Teresa Chan • Dr. Tim Chaplin • Dr. Andrew Hall • Dr. Tamara McColl • Dr. Alexandra Stefan • Dr. Brent Thoma

PRE-WORK REQUIRED (~ 30 minutes prep time)

1. List all of your past and current education/QI/research project involvement
2. List all of your current 'burning questions' project ideas in medical education
3. Prepare 1-2 minute 'elevator pitch' describing the educational project or research you are pursuing or would like to pursue

REGISTRATION

The workshop costs \$50 for CAEP members and \$75 for non-members. [REGISTER HERE.](#)

If you would like to join CAEP, [click here.](#)

WORKSHOP DETAILS: <https://caep.ca/em-community/academic-section/education-committee/a-start-to-finish-primer-for-your-education-scholarship-project/>

OHMES Funding Competition 2020-21

The 2020-21 Health Science and Medical Education Research and Innovation Funding Competition is now open! The competition begins with a Letter of Intent process, with applications **due 28 September 2020**. Award funding provided by OHMES is to a maximum of \$10,000 per project, and will be made according to scientific merit, relevance and originality of the project, and its contribution to developing individual and collective capacity in educational scholarship in the Cumming School of Medicine at the University of Calgary.

Visit <https://cumming.ucalgary.ca/office/ohmes/funding/ohmes-funding/health-medical-education-research-funding-competition> for documents plus the Funding Request & Expense Policies and the forms used for LOI Evaluations. Contact ohmes@ucalgary.ca if you have questions.

Continuing Medical Education Committee - Vacancy for Faculty Member at Large

The Cumming School of Medicine (CSM) has an opportunity for a faculty-at-large volunteer to serve on the following standing committee:

[Continuing Medical Education Committee \(CME\):](#)

Nominations for faculty at large member on the Continuing Medical Education Committee will be made in accordance with Cumming School of Medicine nomination procedure and will be elected by Faculty Council.

The deadline to receive applications is October 9th, 2020.

Please provide your Expression of Interest (EOI) and a Bio-sketch/CV to forster@ucalgary.ca.

Health Sciences Leadership Symposium

On behalf of the faculty development teams at the Cumming School of Medicine and the University of Alberta's Faculty of Medicine & Dentistry, I invite you to participate in this year's [Health Sciences Leadership Symposium](#), which will explore empowerment through resiliency. All are welcome to participate.

Date: Saturday, Oct. 3, 2020, 8:45 a.m. to 1 p.m.

Location: Zoom (a link will be provided following registration)

Keynote speaker : Dr. Brenda Hemmelgarn, MD, PhD, dean, Faculty of Medicine & Dentistry, University of Alberta

Presentations and workshops: Topics include coaching, difficult conversations, wellness balance, psychological safety, developing engagement and change fatigue.

Registration : Please register [here](#).

I hope you can join us for what is sure to be an enlightening symposium.

Sincerely,

Richard Leigh, MD, PhD

Senior Associate Dean, Faculty Affairs

<hr size=2 width="100%" align=center>