December 17. 2019

Notes from Eddy

Holiday edition.

Operations

! Need to Know – SCM Updates:
Changes to ED Frostbite
ED Order Set Impacted:

- ED Frostbite

Clinical Resource for Severe Frostbite
Please find attached a more or less comprehensive document on the treatment of severe frostbite. This was developed with significant input from a number of stakeholders, and a tremendous amount of work by our own Alexis Mageau. Please take a few minutes to have a look and refer to it if you have a severe frostbite case this winter. It is also available on our departmental website.

- Ian Walker
Outpatient followup of frostbite patients being DC'ed from the ED
Please note that the FMC burn clinic does not see frostbite patients. If you are discharging someone from the ED with frostbite who you feel needs more specialized followup than can be provided by the family MD and home care, please speak plastic surgery on call at your site to arrange that follow up. Also recall that amputations for frostbite are routinely done several months later and can therefore be arranged through the usual referral processes by the patient’s primary care provider.

Thanks.
Ian Walker.

FMC ED Pharmacist - Intermittent coverage over holidays
Unfortunately, due to one of regular ED pharmacists recently leaving there will be no pharmacist in the ED over occasionally the holidays. Thankfully, the admin team is working on filling this position and we should be back to the same level of pharmacist coverage as we had previously in the near future.

We will not have a pharmacist on:

December 30th and 31st
January 1st, 2nd, 3rd and 6th.

Safe Travels,

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Dr. David Lendrum MD M.Ed. FRCPC

Vanessa’s Law Effective Dec 16, 2019
Effective December 16, 2019, the Protecting Canadians from Unsafe Drugs Act (Vanessa’s Law) requires hospitals to report to Health Canada all serious adverse drug reactions (SADRs) and medical device incidents (MDIs) documented within the hospital. It is important that you understand your role as a healthcare provider in reporting. How to report?

- SADRs should be reported within Connect Care, where available. Outside of Connect Care, SADRs are reported within the AHS Reporting and Learning System (RLS).
- Reporting of MDIs occurs through a link to the new online Medical Device Incident or Problem (MDIP) Report form found on Connect Care and Insite. The MDIP Report form replaces the Product / Equipment Feedback forms (which remain acceptable).

Please see the attached posters and Frequently Asked Questions (FAQs) for more information.

ED Peer Support Team
We are a group of trained emergency physician colleagues who are available for support to any ED physician in a time of need. Our goal is to connect with physicians if they are *distressed for any cause* that is *disrupting or impairing* their ability to function in their professional or personal life. This can include, but is not limited to, distress surrounding an adverse patient event, a challenging shift or interaction, professionalism matters, or discord in their personal life.

Our ED PST was developed with the support of the Physician Support Fund and Well Doc Alberta. It is modelled after the Department of Medicine’s PST which launched as a system-level approach to physician wellness.

Formal peer support training has been provided to your ED PST members who are now available to you in times of need.

Any ED physician can use this service at any time.

**How do you engage with the ED PST service?**

You can personally reach out to any ED PST member directly.

The ED PST is designed to be an empathetic ear. It is not designed to replace counselling services. There will be no recording or written record of interaction details. It is also not designed to evaluate the specifics of any particular situation or provide medico-legal guidance.

The conversations you have with an ED PST member will be held in strict confidence. The boundary of this commitment would only be crossed if your PST member has immediate safety concerns for you and/or others.

This is the first step of many in fostering a culture of wellness and safety for ourselves and our colleagues.

Sincerely,

Your Wellness Hub Leads

Drs. Eileen Kabaroff, Vanessa Potok, Huma Ali

**DID YOU KNOW WE CAN CONSULT MEDICAL ETHICS?**

Recently there was an ethical dilemma that confronted me at work, and a little hunt revealed we have a number of ethical consultants available to us. A quick phone call was super helpful to clarify the issue and move forward. Highly recommended for the plethora of ethical dilemmas we run into daily. I believe they generally are available during office hours, but occasionally may be reached off hours as well, as some of the phone numbers listed are cell, not office numbers.

- Joe Vipond

Gary Lepine, DTh
Clinical Ethicist
Physician Participation Needed!

Preceptors for Key Concept Rounds – January 2nd till April 2nd 2020
Dear Colleagues:
I am now recruiting preceptors for Key Concept rounds for January to April 02, 2020. All volunteers are greatly appreciated. I will fill spots on a first come, first served basis. Remuneration is $150 per hour, or $225 total per session.

Each session runs 10:30 am to noon on Thursdays following departmental grand rounds. The room will be notified later
Sessions are small group format targeted at clinical clerks and off-service PGY-1 and PGY-2 residents.
Please send the responses to cgyemergelectives@albertahealthservices.ca
Modules are provided to minimize preparation time and the topics and dates follow:

Jan 02 Chest Pain
Jan 09 Dyspnea
Jan 23 Shock
Jan 30 Chest Pain
Feb 06 Dyspnea
Feb 20 Shock
Feb 27 Dyspnea
Mar 05 Chest Pain
Mar 12 Shock
Mar 26 Chest Pain
Apr 02 Dyspnea
Thanks all

Meira Louis, MD, FRCPC

**Understanding & Defining Quality of Care in the Emergency Department with First Nations Members in Alberta**

I am writing to invite you to share your thoughts on First Nations people’s care in Emergency Departments for a project called “**Understanding & Defining Quality of Care in the Emergency Department with First Nations Members in Alberta**.” The study team will be conducting interviews that should last about an hour and can be by phone or in person.

- Patrick McLane, MA, PhD
  Assistant Scientific Director
  Emergency Strategic Clinical Network™

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**Education. CME. Rounds**

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**December 19th EM Rounds** - Dr. Manish Shah *High Intensity Telemedicine: A New Approach to Providing Acute Illness Care to Older Adults*

**Thursday, December 19th, 2019**

9:00 AM

FMC Coombs Theatre

**Telehealth Sites:**

Alberta Children’s Hospital - Rm B4-010

Rockyview General Hospital – Rm 10332

South Health Campus – Rm 710007

Peter Lougheed Hospital – Rm 4056

Banff Mineral Springs Hospital - Rm 5018

Canmore General Hospital – Boardroom 1256

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**Grand Rounds Recordings**

The recording of the December 5 Emergency Medicine Grand Rounds videoconference can be found at the following links:

- [https://ahamms01.https.internapcdn.net/ahamms01/Content/Videos_Other/FMC/Emerg_Rounds_2019_20/EmergDec5_19-AmyBromley.mp4](https://ahamms01.https.internapcdn.net/ahamms01/Content/Videos_Other/FMC/Emerg_Rounds_2019_20/EmergDec5_19-AmyBromley.mp4)
Resident Retreat Feb 7th - 9th in Canmore…BOOK NOW!
Friday Evening reception at Elevation Gallery in Canmore (appetizers/cash bar)
1800-midnight

- Saturday morning - small group sessions with the residents
- Saturday afternoon - free time to enjoy activities in Canmore
- Saturday Dinner: 1800-2030  Group Dinner at The Malcolm Hotel
- 2100-midnight at least  Group Party at The Malcolm Hotel – DJ and Costume themes TBA
- Sunday - free time

Click here for booking details.

Save the Date - PADIS 2020 Conference

November 7, 2020 in Calgary

Local speakers include:
David Johnson - toxic alcohols
Steve Liu - drugs of abuse
Scott Lucyk - SGLT 2 inhibitors
Eric McGillis - DNP and salicylate (uncouplers of oxidative phosphorylation)

Clinical Pharmacology & Toxicology Pearl of the Week: Back to Basics: Introduction to Pharmacokinetics

ED Highlights

Save the Date! Hodsman Lecture 2020
1. Hodsman Lecture on Thurs, March 12, 8am-12pm  (FMC Auditorium) - Guest Speaker: Dr. Gregory Luke Larkin
2. Dinner and Social Night. Date & Location TBD

The Apres!
To all Junior staff (first and second years), Mentors and your partners

You are invited to:
The Apres! January 15, 2019 @ 7pm at Heather and Kip’s house

This not-to-miss party is catered by our own Sarah McPherson and her new sous-chef Heather Patterson. Appys, desserts, drinks and cocktail bar provided
RSVP by Jan 7 either by texting Sarah (403-827-3053), emailing Sarah or reply via the evite link http://evite.me/KjSuvP2eJF

INTERNAL MEDICINE/EMERGENCY MEDICINE WORKING GROUP:
Dave Fu, Ian Walker, Dave Lendrum, Sharleen Luzny and myself have joined a working group with Internal Medicine to help improve the working relationship between our departments. We’ll keep you posted with developments as they roll out. So far we have identified several processes that we are committed to working on to help make the life of the senior MTU resident a little bit better which, in turn will allow them to better serve the ED. To be successful these initiatives need to help of all of you!

1. MTU CALL BLACK OUT: 2000 – 2030HRS
From 2000-2030 at FMC there will be a black out period where the Senior MTU resident will not be receiving pages. This time frame is during the Sr MTU evening handover period. Multiple pages are really interrupting the workflow leading to an extended handover and not allowing them to move onto the work of seeing new consults as quickly as they would like to. Starting December 17th, 2019 pages will not be sent to the Sr MTU resident from 2000-2030 at FMC. You may receive a text page from our unit clerks to this effect if you forget and send a consult request during this time frame.

2. MTU CONSULTS: PLEASE PAGE FIRST
Multiple consulting groups, including the Sr MTU resident, have asked that we use the paging system when consulting them for new consults as opposed to the in-person consult (when we happen to see them in the ED) without a page first. The reason for this is that the page allows them to quickly read up on the patient so that they can better understand the consult request. They can also prioritize all the ongoing tasks they are involved with and call back at a time where they can fully concentrate on the new consult. They are happy to still discuss the case in person if they happen to be in the ED but the consult needs to come initially through the paging system.

3. EM WISH LIST FROM IM:
At the request of internal medicine, we are looking to develop a “EM wish list of IM”. Please fill out the survey below and give your constructive thoughts. We are hoping to use your ideas for more initiatives moving forward.

https://www.surveymonkey.com/r/QWJYHC

Comments/Questions?
Sarah McPherson/Dave Fu/Dave Lendrum

ED social night - Anejo (January 29, 2020)
A big thanks to those who made it to the November ED social night. We had about 30 people pop in to socialize and enjoy some of the food provided by our own Physician Support Fund. See photos of some of those who attended.
Please save the date for the next ED social night

**When** - 7pm - midnight, January 29, 2020.
**Where** - Anejo - [https://www.anejo.ca/](https://www.anejo.ca/)
**Why** - So we can connect with our colleagues and get to know each other a bit better. We work with some interesting and wonderful people. Let’s celebrate that.
**Food** - Appetizers provided by the Physician Support Fund.

Please let us know if you can make it.

Thanks,

Stuart, Grant, Huma, Ayesha

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**Opportunities**
Chief of Medical, Lake Louise Ski Work Cup

This is an exciting opportunity to be involved in coordination of the medical and ski patrol team for a World Class event. (Mens event) I have been doing this role for 25 years, and it is a well organized and professional team. Unfortunately for the next two years, and Connect Care implementations in Calgary, I will be unavailable during the events to continue my role.

I am looking for someone who has an interest in this area to work with me (and Dr. Mike Wickham who covers the Women’s event) in a leadership capacity. The events are typically the last week in November and do require that you be present and at Lake Louise for the week. Coordination of the event happens well before (monthly evening meetings with the Race Organizing Committee over the course of the year).

If you are interested in this role, please email me directly and we can discuss details. I can certainly commit to working together on all the organizational side, and depending on implementation dates, assist in limited capacity at Lake Louise. (Mike and I will ensure you are not alone and have good assistance during the race week).

Dr. Tom Rich, MD, CCFP-EM, FCFP
Chief of Medical
Lake Louise Alpine Ski World Cup

World Cup Halfpipe and Slopestyle Event at Winsport
COP February 13-16 2020 Needing MD coverage

The HP and SS, since they are two different events at the same time, may need two physicians on at all times (but I don’t know this yet). So if you would like to put yourself down as a possible second MD on those dates, that would be great. I will confirm as soon as I am able…with the proviso that you may have your hours shifted some, or even CANCELLED (unlikely). I am trying my best to push the organizers to give us plenty of notice for time alterations and added times etc. This is never easy!

As always, the volunteer honorarium is a coat (usually pretty nice, although often too big for us smaller types), plus food on shift, Hot Shots, good company, and the excitement of participating in a high calibre Alpine sports event. You will be supported by a full ALS crew and protocols will be sent out to you beforehand.

Please email me if you have any questions. Pls let me know if you would like to cover any of these shifts, and please provide me with a phone number for contact:
Dr. Carrie Hiscock
February 13 08:30-17:15
February 14 08:00-14:00

SECOND MD if needed:
February 14 08:00-14:00
February 14 14:00-20:00
February 15 12:00-20:00
February 16 12:00-15:30

Thank you!
- Carrie Hiscock