



Department of Emergency Medicine

# Friday **email**

Updates for ED Physicians

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## Operational Updates

Note: The EMS/ED FLOW graphic (linked below) was missing from the original Jan 25 Friday email. Please be sure to view it.

### Opioid Use Disorder Patient Brochures

The Emergency Strategic Clinical Network has created 2 education brochures for patients and family/friends 1) Suboxone and you for the patient & 2) Opioid Use Disorders & You for family/friends.

You can order the 2 trifold brochures thru Data as a Print on Demand, please [see attached announcement on how to do this](#).

If you have any further questions, please don't hesitate to reach out to the [emergency\\_scn@ahs.ca](mailto:emergency_scn@ahs.ca)

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### Calgary Zone EMS / ED flow initiative showing remarkable early gains

Dear colleagues

The dangers and wastefulness of EMS park have been on the front burner in the Calgary Zone for the past 7 months. Thanks to the persistence and dedication of Neil Collins, Adam Oster and the other EM clinical leaders in the Zone who have been sounding the alarm and highlighting the system-level nature of the problem, we are seeing promising improvements that I hope you are experiencing first hand.

Through a process led by Dr. Sid Viner and Brenda Huband our Calgary Zone dyad leaders, 9 initiatives were selected to address the access block and crowding that threatens our mission as emergency care providers on a regular basis. These initiatives, some only 7 weeks old, included the Emergency Physician Lead pilot currently underway at the PLC that has been led by Rick, Cathy and Neil as well as projects related to closer EMS oversight, revamped surge protocols for EIPs, enhanced PT/OT support in the ED (Laurie-Ann co-lead) and other efforts focusing on improving hospital capacity and care for mental health patients. While not among the 9 projects, a QI initiative led by Adam and Jen Jordan at FMC and supported by Ian and David is making inroads as well.

The 90<sup>th</sup> percentile for EMS holding is one of the major metrics being followed to see if all this effort is paying off and [as you can see from the graph attached](#) it seems to be. These remain early days and sustainability of these efforts is under discussion. I would like to thank everyone who has contributed to the hard work of planning and implementing these projects and all of your efforts in making ED flow a priority issue on shift.

Eddy

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## Simulation Education Advisory Committee

A new Emergency Medicine committee called the "Simulation Education Advisory Committee" (SEAC) has been formed and it now supports Simulation activity from medical students to Staff ED physicians in Calgary. This committee is bringing together the resources of each of these programs under one umbrella. SEAC consists of:

- Medical Director - Gord McNeil
- Educational Leads:
  - Medical students - Kevin Haley and Rory Thompson
  - FRCP junior residents - Andrea Boone
  - CCFP-EM residents - Scott Seadon and Stuart Rose
  - FRCP senior residents - Jen Puddy
  - Staff simulation - Gord McNeil
  - Nurse educators from the 4 adult sites
  - STARS representative -James Huffman

Also, part of our new structure includes HUB members. If you are interested in becoming a Simulation HUB member, please contact Gord McNeil to discuss your involvement in simulation activities (facilitating as well as other sim opportunities).

Lastly, we plan to send out emails to interested staff about upcoming simulation speakers, upcoming local simulation courses, local, national and international simulation conferences or articles of special interest. If you are interested in receiving these emails, please contact Gord McNeil (You don't need to be a HUB member to receive these emails.)

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## Education. CME. Rounds

### Emergency Medicine Grand Rounds:

January 31, 2019. 0900 – 1000

[Quality Assurance and Educational Rounds: Learning from a recent patient care event to improve our future care](#)

Presenter:

**Dr. Bruce MacLeod**

Emergency Physician

AHS Calgary Zone

Clinical Associate Professor

Cumming School of Medicine

University of Calgary

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### Audit &Feedback Session Feb 13th

We will be having a session to review our personalized physician reports on February 13 at RGH from 10 AM-11:30 AM. These are group discussion sessions with colleagues to understand the metrics, review your data, reflect, and come up with strategies to improve upon your current practice.

Over the next year, we will try to have one session per month, to give everyone an opportunity to participate. You are certainly welcome to join more than once. Also, we strongly encourage you to go to sessions at sites where you don't work, as the cross-pollination of ideas/improvement strategies will certainly be beneficial. These sessions are eligible for section 3 Mainpro credits (3 credits for each 1H of participation).

Now is the time to sign up for this session and we will take the first 12 physicians who RSVP. Please RSVP to Chris Bond.

Charles Wong and I will be co-facilitating this session.

If you can't make this one, more of these will be coming up in the future. We look forward to seeing you there.

Cheers,  
The Audit and Feedback team

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## **Well Doc Alberta Symposium - March 12**

On behalf of the Well Doc Alberta team, I would like to officially invite you to attend the Well Doc Alberta Symposium that is being held in Calgary on March 12.

With the theme of CONNECT, the Symposium will be a day to connect with others who are interested in physician wellness and to discuss how to enhance physician wellness in Alberta. As part of the event, we are excited to have Dr. Bryan Bohman from Stanford joining us as the keynote speaker, with a talk titled, "Building Wellness at the Systems Level: The Stanford Experience."

Registration for the event will officially open on January 31, but we are providing early access to those who are in our Well Doc Alberta directory. This exclusive access is open now! Space is limited, so we encourage you to take advantage of this early access.

The event is free, and additional information is provided at the following registration link. Registration will close on February 5.

<https://welldocalberta2019.eventbrite.ca>

We hope to see you there!

Alicia

On Behalf of the Well Doc Alberta Team

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## **CAEP Awards Nominations**

[Click here](#) to view the awards and application information.

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## **INFO Debriefing – Pearl of the week**

### **Case – Recommendation from management of multiple cardiac arrest and trauma cases.**

Learning point – One of the most frequently noted, positive interventions in a resuscitation is the use of a "Pre-briefing" by physicians before the patient arrives in the resus area. Benefits such as clear role allocation, sharing of anticipated plan allowing for preparation of medications and equipment are some of the positive factors associated with pre-briefing.

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## **CPT Peak of the week - [Toxicologic Hyperthermic Syndromes, Part 1](#)**

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## **[Save the Date! Hodsman Lecture - May 2nd](#)**

Guest Speakers: Dr. Christopher Hicks, Dr. Andrew Petrosonia

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## **Journal Club Summary - Jan 17**

[Bougie Journal Club Synopsis](#)

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## ED Highlights

### Help wanted / Opportunity / Newsletter Editor Department of Emergency Medicine

Dear colleagues,

The Friday Newsletter email has grown significantly since launching several months ago and is in need of new creative oversight. The ask is to provide oversight and direction to managing editors Meghan Prevost and Amani Ootom and provide high-level direction for newsletter content and approval of submissions. The position is voluntary for the time being and would likely only involve an hour of work per week. The position is voluntary for the time being. Please communicate any interest you might have in taking this on to me.

Eddy

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### Resident Retreat in Banff! Feb 22-24 - BOOK NOW!

You are all invited to the upcoming resident retreat being held on **February 22-24, 2019 at the Banff Centre for Arts and Creativity**. We are looking forward to yet another fantastic weekend this upcoming year at our new venue.

Staff are welcome to attend the entire weekend however, we have moved all joint staff and resident events to Saturday, Feb 23 to help facilitate you being able to attend.

#### The agenda for Saturday Feb 23, 2019 will be:

##### 0930-1300

Joint staff and resident small group discussion on topics such as: strategies to achieve work life balance, practical financial tips, sleep hygiene, lifelong learning, and many more

##### 1400-1730

- Free time with group options of xc ski, sports in the Sally Borden rec Centre, and more TBA

##### 1800-2030

- Group Dinner at the Banff Centre

##### 2100-midnight at least

- Group Party at the Banff Centre – DJ and Costume themes TBA

You are welcome to join us in staying at the Banff Centre or you can find other accommodation in Banff if preferred. **If you would like to stay at the Banff Centre you will have to call and make a reservation.** The group room rate is \$140.00 \$15.00 (facility fee) applicable taxes. In order to book for these rates you will need to call **1-800-884-7574** and quote the group booking code **EMR1902**. If you want a room at the Banff Centre I recommend calling ASAP as they are already quite booked up.

If you will be coming to resident retreat we will need you to **RSVP Madhavi by Thursday January 17th** to any events you will be joining on the Saturday so that we can ensure we have the correct space and meals booked.

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### Congrats to Chris Bond - Recent publication

Hot off the Press: SGEM #237 Screening Tool for Child Sex Trafficking.

<https://www.ncbi.nlm.nih.gov/pubmed/30609119>

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### Congrats to Omar Damji & Patty Lee-Nobbie & Adam Cheng - Recent Publication

Analysis of eye-tracking behaviours in a pediatric trauma simulation.  
<https://www.ncbi.nlm.nih.gov/pubmed/30295219>

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**Congratulations to Andrew McRae** and colleagues from the U of C and across Canada in landing this very prestigious CIHR grant.

[http://webapps.cihr-irsc.gc.ca/decisions/p/project\\_details.html?applId=389486&lang=en](http://webapps.cihr-irsc.gc.ca/decisions/p/project_details.html?applId=389486&lang=en)

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**Pediatric Emergency Medicine Newsletter** - [Jan 24 edition](#)

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### **Dinner Invite: Hodsmen Lecture Series - 2019**

Hello everyone,

The department of Emergency Medicine invites emergency physicians and residents to attend dinner on Wednesday, May 01 as part of Hodsmen Lecture Series (2019) event. The dinner will be hosted at Dr. Colleen Carey's residence. Please RSVP to Amani at [amani.otoom@ahs.ca](mailto:amani.otoom@ahs.ca) by April 1, 2019.

Best regards,  
Sent on Behalf of Hodsmen Lecture Planning Committee.

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## **Opportunities**

### **Safe Clinical Practice Program (SCPP) Physician Lead, Foothills Medical Centre**

[Please see the attached message](#) from Dr. Peter Jamieson, Facility Medical Director – FMC regarding an opportunity for a 0.2 FTE position as a Physician Lead, Safe Clinical Practice Program.

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### **Clinical opportunities in pre-clerkship medical school**

Look out for students to be contacting you about 2 clinical opportunities in pre-clerkship medical school. Both of these opportunities are fantastic for junior staff and locums. Any questions can be directed to Meira ([calgaryelectives@gmail.com](mailto:calgaryelectives@gmail.com))

1. Pre-clerkship electives. These are elective hours that students partake in between first and second year in July. Students have a list of preceptors that have volunteered in the past and will contact you directly to arrange the hours. These are keen and motivated students who are a pleasure to have on shift. If you have not volunteered with this in the past and want to have your name on the list, let Meira ([calgaryelectives@gmail.com](mailto:calgaryelectives@gmail.com)) know. Once you have the dates arranged with your student, simply email them to Tris so we can keep track for IP&C.
2. Applied Evidence Based Medicine (previously med440). This is a 24 hour commitment to a student between first and second year. It can be done as 3 full shifts, or 6 half shifts, or whatever schedule you work out with the student. This year there will only be one block of med 440 (previously there were 2) which is split between April 16-May 28, and then again July 23-Sept 3. Due to the light commitment and extensive time period during which the shifts can be done, preceptors are welcome to take on more than one student if they wish. If you are interested, email Tris with your name and how many students you are willing to take. We will ensure an equitable matching of students.

## Calgary ED MD in the Spotlight

### Dr. Pandya

*Anjali completed her undergraduate degree at Queen's University in Kingston, Ontario, and then returned to Calgary for medical school, where she has been ever since. She's just completed her Diploma in Global Health Policy through the London School of Hygiene and Tropical Medicine, and hopes to continue her global health work alongside her current clinical duties. After finishing her residency training in Emergency Medicine in Calgary, Anjali has continued to be involved with the residency program by working on the transition to competency based medical education through modular curriculum development and simulation integration. Her research interests are focused on the determinants of health in vulnerable populations. Outside of medicine, Anjali enjoys spending as much time traveling as possible.*



## Miscellaneous

### MedShave for Alberta Cancer Foundation

Forwarded on behalf of the MedShave 2019 Committee

Over the years, the University of Calgary's Cumming School of Medicine has consistently and successfully dedicated itself to fundraising in support of health and wellness research and promotion initiatives.

This coming February, the Cumming School of Medicine will be hosting its annual Head Shave event (MedShave 2019) to raise funds for the Alberta Cancer Foundation, with proceeds being directed towards research and programs for those impacted by cancer in our province.

The event will be at 12:30 pm on February 14th in the Health Sciences Centre at the University of Calgary Foothills campus. The afternoon will feature our wonderful students, staff, and faculty who will be shaving their heads for their own individual fundraising efforts for the Alberta Cancer Foundation. In addition, we will provide lunch and an exciting silent auction for all who attend the event.

We are inviting you to support our MedShave fundraising campaign through a donation or through official sponsorship of the event. Donations can be made under "General Donations" on our webpage (<https://www.albertacancer.ca/medshave2019>), or a cheque made payable to the Alberta Cancer Foundation. Please see the attached letter for more information or contact Daniel (below).

On behalf of the Cumming School of Medicine and Alberta Cancer Foundation, I sincerely thank you in advance for your consideration and support. Do not hesitate to contact me, I am more than happy to meet in person or communicate via email or phone call.

Warm regards,

Daniel Bailey

Chair of the 2019 YYC Headshave Committee [daniel.bailey1@ucalgary.ca](mailto:daniel.bailey1@ucalgary.ca)

(403) 970-6997

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Department of Emergency Medicine - Calgary

delivered by  
 Campaigner