



Department of Emergency Medicine

Weekly email

Updates for ED Physicians

Operations

Buprenorphine/Naloxone (Suboxone) is now off triplicate

As of July 15th Buprenorphine/Naloxone has been moved from type 1 to type 2 in the triplicate prescription program. This means that while the CPSA still monitors the prescriptions you can now write your prescription on a regular pad, no more need to use your triplicate. One less barrier to starting patients on this life saving treatment. Please direct any questions to Dr. Marshall Ross

When does a Form 1 Certificate Expire?

It expires 24 hours after the patient arrives at the department

Thank you to Dr. Ryan Deedo for bringing this to our attention after having a recent case where the timing of when a Form 1 actually expires was clinically relevant.

In section 3.1 of the Alberta Mental Health Act it clearly states that a Form 1 expires 24 hours from the time the patient arrive at the designated facility. In speaking to many of our ED MD's, most believed that the time a Form 1 expires was based on the time the initial Form 1 was completed by the treating MD, not when they arrived.

This is very relevant as I am sure you can imagine a case where a mental health patient waits 8 hours in one of our Emergency Departments to see an Emergency Physician who then eventually completes a Form 1 after seeing the patient 2 hours later. As such, the physician has completed a Form 1 after the patient has been in the department for 10 hours. This patient is then referred to the Psychiatric team who then have 24 hours from the time the patient arrived, not from when the first form was completed, to complete a second Form 1 to keep the patient in hospital for up to one month.

As you all know we have very significant wait times for mental health patients and it is very likely that you may be approached to complete a another Form 1 on an Emergency Department patient before they have a second Form 1 completed by the Psychiatric service due to this compressed timeline.

Somewhat confusingly, the time you should write on the Form 1 regarding when you assessed the patient and when you completed the Form 1 should not change as these are not directly relevant to when the Form 1 expires.

This is not a change in practice, but a new appreciation of the Alberta Mental Health Act.

Relevant resources:

Alberta Mental Health Act Section 3.1

Link of Alberta Mental Health Act:

<https://www.albertahealthservices.ca/info/mha.aspx>

Please send any questions/comments

David Lendrum

Emergency Medicine Physician - FMC/ACH/PLC Foothills Hospital ED Site Director STARS Transport Physician – Calgary

3.1 Second Admission Certificate

If a person is brought to a facility under a peace officer's power (Form 10) or a judge's warrant for apprehension (Form 8), **two** physicians must examine and complete **two** admission certificates within **24 hours** of time of the patient's arrival at the facility in order for the person to be detained as a formal patient (section 5(2) of the *Act*).

If brought to a facility under **one** admission certificate (Form 1), a **second** admission certificate must be signed within **24 hours** of the **person's arrival** at the designated facility or the person must be released on the expiry of **24 hours** (section 5(3) of the *Act*).

In practice, a person may be admitted to an inpatient unit from ER with **one** admission certificate, but, in order for the person to be detained as a formal patient, a **second** admission certificate must be issued in the timelines stated above.

These **two** admission certificates are sufficient authority to diagnose, care for, observe, assess, treat, detain and control the person in a facility for **1 month** after the admission certificate is issued (section 7 of the *Act*).

Link of Alberta Mental Health Act:

<https://www.albertahealthservices.ca/info/mha.aspx>

Please send any questions/comments

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EDSP terminal update

Due to ongoing adhesive problems, the EDSP terminal proximity card sensors are being moved to the left of the screen where they can be affixed by screws. This solution will be deployed throughout the Calgary zone over the next few weeks and should prove more durable than the current set up.

Also, the EDSP terminals will be intermittently rebooting for a software update over the next week. If you receive a reboot message while working, simply tap into another terminal to continue your work. Each reboot should last 1-2 minutes.

Please contact me with any questions or concerns.

Dr. Matt Grabove

Medical Informatics Physician Lead, Calgary ED

Physician participation needed!

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Fall Clerk Teaching

Just 1 slot to fill in the 2019 Fall Clerk schedule. These teaching activities are remunerated. Observed History and Physical October 28 1230-1400 (2 students, FMC). [An information sheet is attached.](#) Please email me directly if you can fill in this slot. Thanks for looking.

Gavin Greenfield

Ethics Year 2 Small Groups Signup!

We have now started recruiting for Ethics Year 2 (cl2021) small group sessions.

Please follow this link to sign up: <https://www.signupgenius.com/go/30E0F4CAFAD2FA7F85-ethics7>

Please note, you will not be confirmed for the sessions in which you sign up for right away. We will email you confirming the dates we have selected you to teach.

-Hannah Lederman
Program Coordinator

Preceptors for Key Concept Rnds – September 05 to December 19, 2019

Three sessions left for Key Concept rounds teaching for **October 24, November 21 & December 05**, 2019. All volunteers are greatly appreciated. Remuneration is \$150 per hour, or \$225 total per session.

Each session runs 10:30 am to noon on Thursdays following departmental rounds. The room will be notified later. Sessions are small group format targeted at clinical clerks and off-service PGY-1 and PGY-2 residents. Please send the responses to cgyemergelectives@albertahealthservices.ca

Modules are provided to minimize preparation time and the topics and dates follow:

Blk 05

October 24 Dyspnea

Blk 06

November 21 Chest Pain

December 5 Shock

Thanks all

- Meira Louis, MD, FRCPC

Coordinator of Elective and Off-Service Resident Education

Emergency Department and Urgent Care physicians needed for a study of views and experiences related to caring for adults with intellectual disabilities seeking mental health care.

A graduate student from the University of Calgary is conducting a study to understand the views and experiences of physicians in relation to caring for adults with intellectual disabilities seeking mental health care in emergency departments and urgent care.

Who can participate?

- Any emergency department or urgent care physician.

What do participants have to do?

1. Share your experience and views about providing care for adults with intellectual disabilities and mental health concerns by taking part in a brief one on one discussion. You can choose the time and location, face to face or by telephone.

If you, or someone you know, is interested in taking part in our study, please contact Mona Aboumrad for further information.

Journal Club Preceptors needed:

The EM residency program is looking for preceptors for each Journal club for the following dates:

2019:

Sept 12

Oct 17

Nov 14

2020:

January 16

February 20

March 19

April 16

2) Expectations:

The expectation for preceptors is that you will help the assigned residents review and appraise 1-2 articles. You will then attend the Journal Club and help facilitate discussions. This is a great opportunity to get involved with the residency program and stay up to date with the latest evidence based medicine. Please email **Dr.**

Marshall Ross or **Dr. Mike Szava-Kovats** if you're interested. Thanks!

Thanks

Dr. Marshall Ross

Education. CME. Rounds

Clinical Pharmacology & Toxicology Pearl of the Week - [Nitrofurantoin – Part 1](#)

Journal Club September 12 @ 1800

Articles:

Article 1: Motov, S., Mai, M., Pushkar, I., Likourezos, A., Drapkin, J., Yasavolian, M., ... Fromm, C. (2017). American Journal of Emergency Medicine A prospective randomized , double-dummy trial comparing IV push low dose ketamine to short infusion of low dose ketamine for treatment of pain in the ED. American Journal of Emergency Medicine, 35(8), 1095–1100. <http://doi.org/10.1016/j.ajem.2017.03.004>

Article 2: Karlow N. "A Systematic Review and Meta-analysis of Ketamine as an Alternative to Opioids for Acute Pain in the Emergency Department.". Acad Emerg Med. 2018. 25(10):1086-1097

Presenters: Drs. Zoe Polsky & Tyson Savage.

Host: Dr. Cathy Dorrington

Thanks
Tyson & Zoe

ED Highlights

Thursday September 5th Emergency Medicine Team Building Day!

The residents are hosting their annual team building day this Thursday, September 5th at Bowness Park. This event is meant for all staff and FRCPC/EM/PEM residents. Come for games in the park at 13:00 followed by a BBQ at 17:30 (all at Bowness). Bring active wear and any games or sports you have lying around. We will have some balloons and signs to help you find our spot. If you plan on coming for games, the BBQ, or both, please RSVP using the link:

RSVP: <https://www.surveymonkey.com/r/J6SJGJ2>

On behalf of the residents, thank you to the staff for supporting our education. We would love to see you all out! If you have any questions, please feel free to contact Ryan Wilkie.

Baby Announcement

We welcomed Zoe to our chaos on August 15th. Huge thanks to everyone who had patience with my waddle in the last few weeks. We are home and settling into life being fully outnumbered.



Cheers,

Meira, Tyrell, Liet, Rohan, Leia and Zoe.

ED GALA 75% SOLD!!! One month and counting down...

Planning has continued and the committee is needing to hear from you and your RSVP. Always a memorable time, we want to ensure you don't miss out.

Tickets \$160

Monies raised help support our DOAP team

When: September 26, 2019

Where: Fairmont Palliser

What: all about FUN – dinner, dance, silent auction, wine draws, a few applauses to highlight the ED and all its team – lets socialize!!

AWARD NOMINATIONS:

Nominations are still open but time is running out to nominate your colleagues – who has stood out this year? Who seems to be putting in endless time and effort for the good of the department and emergency medicine? Who came up with some innovative ideas this year? Who was the colleague that seemed to always help out when needed and quietly just went about what was needed? Thank you to those who have submitted to date – we are really wanting to be in the “KNOW” - we want to acknowledge that extra effort big and small and highlight those that have gone above and beyond. The deadline is approaching fast – Send me a name and a reason for their nomination – it’s easy!! Also we still need more nominees for the Humanitarian Award and the Hodsman Life Long Learning Award..... I’m waiting.....

Happy Summer everyone! For the past 6 years, we have held the ED Gala. This event is the only one of its kind in our city where we have an opportunity to socialize with our colleagues from all five sites (FMC, RGH, PLC, SHC, ACH). Although the main intention of the Gala is to celebrate what we do each and every day in the ED, it is also a chance to highlight the many “above and beyond” successes that have also occurred across the city; many of which we are not aware. Recently we requested and have received feedback for the event in an effort to keep improving the Gala and reflect on what our ED group wants to celebrate. Overwhelmingly, the feedback from the group indicated they wished to keep this annual event going and ensure that all of the physicians felt a part of the celebration; you have spoken and we have listened. This year the Gala planning committee wants to put an emphasis on celebrating all success amongst its members – highlight events, projects, processes, achievements, research projects, educational roles, leadership endeavors that many of our physicians often quietly work on with one goal: Improving Patient Care and Advancing Emergency Medicine Care In expanding this goal we have thus opened up our nomination criteria and look to bring to light the work of many. Each nominee will be highlighted at the Gala in September with special recognition from all who attend. Although the actual formal awards piece of the Gala is going to be shortened, we hope to have opportunity during the mingling and socializing where these achievements can be discovered and highlighted. Please give some thought to the colleagues out there that are giving that extra time and effort and working in many ways to improve emergency medicine on the front lines, in the background, in the office, on another continent, etc – lets celebrate the work that is done everyday!

Nominations will be accepted until August 31, 2019 Online voting will occur Sept 1 – 15, 2019

Nominations are now being accepted for the following: Outstanding ED Clinician (Awards for each site are given so please indicate the site you are nominating for) - this award is given to a physician who works hard and has taken on roles either formally or informally to help improve emergency care. This may be someone who consistently steps up clinically quietly just working through a department in mayhem, a team player who promotes collegiality and care of colleagues, a strong patient advocate who works hard to both sustain and improve clinical practice in the ED through example), an individual who took on a research project looking at ways to improve patient care or ED process, a leader who exemplifies integrity or provides mentorship, an educator who goes above and beyond, etc, etc. This may be someone who has stood out in just

the past year with a project, a committee, an education or research endeavour or just a non-formal “do good” task, – essentially it is your selection for MD of the year. The nomination must include the reasons for your nomination and a note on why you feel our group should highlight the achievement **Mike Hodzman Life Long Learning Award** - A physician who exemplifies life long learning and in doing so contributes to the practice of emergency medicine in Calgary. Previous recipients include: Dr Mike Betzner, Dr Bill Wertzler, Dr Bryan Young, Dr Shawn Dowling, Dr. Gord McNeil **Humanitarian Award** - Physicians who outside of emergency medicine have contributed in areas of global medicine, work with vulnerable populations or other humanitarian endeavors. Previous recipients include: Dr Maya Harari, Dr. Cheris Nissen-Jordan, Dr Ian Wishart, Dr. Don Bethune, Dr Tim Souster, Dr. Pauline Head, Dr. Scott Farquharson Please note: Recognition to the **Outstanding Rookie** will again be awarded. We will list all eligible physicians on the voting ballot. This gives people time to consider the physician who is strong clinically, meets much of the criteria for outstanding clinician above but is also in their first two years of practice. A list will be provided in a subsequent email to indicate those who are eligible for this award -----

TICKETS FOR THIS 2019 EVENT ARE 50% SOLD OUT.... PLEASE DO NOT HESITATE TO RESERVE YOUR TICKETS – DON’T MISS OUT ON THIS ONCE A YEAR OPPORTUNITY!! This is a great time to get to know your colleagues across the city, socialize with our significant others and just have a good time.... BUY YOUR TICKETS!! TICKETS \$160/PERSON email Dr. Laurie-Ann to hold your spot. Etransfer is preferred – Password: Gala2019 If another method is preferred please let me know -

----- Thanks everyone – looking forward to hearing from all of you!! Nominations and Tickets..... Do it today! Sincerely, Laurie-Ann On behalf of the ED Gala planning committee

Send over your nominees to Dr. Laurie-Ann Baker

We look forward to hearing from you!

BUY YOUR TICKETS TODAY!!

ER NURSES NIGHT - OCTOBER 9, 2019

Where: The Ace Night Club / 111 7th Ave SW

Catering: Palomino Smoke House

When: 1930 - 0200

As you all know ER nurses night is coming up quick and what better way to enjoy nurses night than have extra money for food and drinks. I will be selling raffle tickets starting Sept 7th for a 50/50 draw and the winner will receive a wine basket and the rest of the money will go towards ER nurses night. Draw ends Sept 30th by midnight. \$5 for 1 ticket, \$20 for five tickets, \$40 for 10 tickets.

Thanks,

Your friendly neighborhood social planner

Aka. Nicole Groholski RN

Scott Samis's Going Away Party

Hello PLC ER Physicians!

As some of you likely already know, one of our longest standing members, Dr. Scott Samis will be leaving Calgary this fall with his family, to move to New Zealand. He has been a pillar of the hospitalist program at the PLC but also is well known to many others in the city and so we want to send him off in style. Please see the details of his going away party below;

WHERE- National on 10th street- we have booked out a private room (East Mezzanine)

WHEN- Saturday Sept 7, starting at 7:00pm

WHAT- Food, drinks, and time to enjoy each other's company and bid farewell to Dr. Samis!

COST- 30\$ cash per person at the door- this will go towards food platters for the group, any extra will go towards a farewell gift. Drinks can be ordered and paid for separately at the bar.

RSVP-Shereen Nessim to ensure we order the appropriate amount of food.

Thanks,

Shereen Nessim

Retirement Party for Dawne (Ortho Tech)

Many people have been asking about A retirement party for Dawne Orthotech!! Her husband Doug and her have decided to have a night out at the King Eddy pub to celebrate this new phase of life!

Location: King Eddy pub

438 9 Ave SE, Calgary

Time: Thursday, September 19, 2019 at 8:00pm

There will be a live band and cover charge that night! The band playing is called the confusionaires and cover charge is 14\$ at the door or 10\$ booked ahead of time!

If you could please R.S.V.P to me Jessica Jackson at 403 619 0123 or comment on this post so we can have an idea of a head count that would be great! Dawne is looking forward to seeing everyone's friendly faces!

MD Spotlight

Dr. Margaret McGillivray

Margaret McGillivray hails from Victoria, B.C. She played on the University of Victoria field hockey team and won the National Championships 3 times during her 5 years. She fought forest fires based out of Revelstoke, B.C. for 4 summers and ski patrolled for 8 years at Lake Louise and then Blackcomb during the winters. Medical school at UBC, Family Practice training in Prince George, B.C. and finally EM residency in Vancouver led to her meeting her future husband, Cameron.

After almost 4 years in Nanaimo and five years adventuring in Thunder Bay, the opening of the South Health Campus created a new opportunity for her family to get back to the mountains that Marge had missed. She has 3 very active daughters aged 12, 10 and 8 that ski race, play field hockey, and dominate at basketball. Marge loves to mountain bike, xc and downhill ski, surf (now only occasionally) and assistant coach/cheer on her girls from the sidelines of the field hockey turf.

Marge is the physician lead for the Senior's Health Committee at SHC and has special interests in ED flow and airway management. She loves living in Calgary because of the great restaurants, the access to outdoor activities, the strong field hockey community, and her fun, motivated colleagues at SHC.

