



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

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December 01, 2020

COVID-19 Updates

COVID+ lab results - Contacting Patients

If you are the MD scheduled for following up abnormal lab results, please watch for COVID positive results and phone the patients immediately. These patients are followed up by Public Health, but they are getting overwhelmed and delays have occurred. We are often the first to contact these patients. The ED pharmacists may be helping, but they are not always available.

The key message is to confirm that they are isolating, and to get them to identify their close contacts. [Full information is in this document](#) (which is also on the My ED Website and App).

- Neil

Atypical presentations of COVID in the elderly

See this [link](#) and the [attached](#) document for details about atypical presentations of COVID-19 in the elderly.

Please be advised that both of these resources are available in "my-emergency-department app/website under Covid-19".

Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

3. The Down Dog App is offering yoga, barre and HIIT classes for **FREE** for healthcare workers **until July 1, 2021!** Register here:

Healthcare workers can sign up on our healthcare page : <https://www.downdogapp.com/healthcare>

Huma Ali MDCM FRCPC(EM)
Emergency Physician

Operations

SCM Updates!

[Click here to read summary for:](#)

- Now Attending Group in EDMD Referral - SHC Hospitalist Virtual Ward added
- ED Character Length Hard Stop

Joshua Vejprava RN BSc BN MBA

Clinical Informatician | IT Clinical Systems User Support – Calgary Zone| Clinical Services – IT | Alberta Health Services

Physician Participation Needed!

ED strategic planning session - Dec 3, 1400-1530

Please see [attached the material](#) and [agenda](#) for ED Strategic Planning Virtual Session. The session will be held on **Thursday, December 03.2020 at 1400-1530 via ZOOM**. You will find below the updated ZOOM details.

Session objectives:

- The session will allow our ED members to discuss together and provide feedback on the vision of the ED department, our priorities and areas of improvement in the next five years.
- To review the survey results from phase one and two of the strategic planning process.
- To draw a final draft of the department strategic plan.
- This session will also be an opportunity for us to connect again as the pandemic didn't allow us to organize a departmental retreat this year.

ZOOM Session

We look forward to connecting with you on Thursday!

Warm regards,

Department of Emergency Medicine.

VIRTUAL GRANDS ROUNDS ASSESSMENT

As you all know, since March we have transitioned to holding grand rounds virtually, given COVID physical distancing requirements. We need your help to evaluate the quality of the virtual rounds and identify opportunities for improvement. Please take 2-3 minutes to fill out this survey (https://survey.ucalgary.ca/jfe/form/SV_dcDuqmHvqS8mqmp). Results from this will help guide the future of grand rounds in the Calgary zone and focus on features that you think are important. It will also provide us an opportunity to share our experience with other ED's. This survey received ethics exemption from REB as it was deemed to be a Quality Improvement initiative.

Shawn, Stuart, Fareen

ED Performance Improvement Sessions (virtual)

Did you know 30% of physicians have participated in one of these performance improvement sessions?

In these sessions, you will have the chance to review our current physician metrics and develop a goal and action plan in a small group setting with peer coaching.

Next session: Dec 9th at 11:00-12:30 .

Location: Zoom(see details below)

You should attend if...

- You've received your report and had questions about some of the metrics
- You've looked at your report and wanted to make changes but were unsure about how to do so
- You have an upcoming review with site chief or department head and want to understand the reports in more detail
- In need of CME- in particular Section 3 CME for those in the Mainport program (everyone in Mainport requires 15 credits per year). CCFP credits are also available. Details provided at the session.
- You want to learn from what your colleagues have found to be useful strategies to increase numbers of patients seen or reducing DI usage

Please RSVP Chris Bond , Charles Wong or Shawn Dowling to book a spot in the session.

The session will be held virtually via secure Zoom meeting. Only physicians who have signed up will be admitted. Feel free to attend this session from work or home as long as you are able to access your ED Physician Performance Report. The virtual setting will allow you to work with your peers and in smaller private groups while maintaining physical distance and will ensure no one sees your ED Physician Performance Report unless you choose to share it with them.

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Shawn Dowling

Rainbow Pins

Want to make a small gesture to help our 2SLGBTQIA+ patients feel more comfortable in the emergency department?

We have rainbow pins to give away to Calgary emergency MDs to attach to their name tag or lanyard! The rainbow is a well recognized symbol of the 2SLGBTQIA+ community and having one visible can represent allyship.

The pins can go through the translucent plastic covering that holds our identifying tags and key cards so they don't have to be removed between shifts.

If you would like a rainbow pin please email Kelsey and I will deliver one to your mailbox at your preferred site (likely Dec/Jan for delivery date).

Thank you to the PSF for their support with this initiative.

Education. CME. Rounds.

Emergency Grand Rounds

Global EM Update - Global Rounds Dec 3, 2020.

Emergency physician and renowned author James Maskalyk will be giving us the annual **Global Emergency Medicine Grand Rounds Thursday, December 3**. This will be of particular interest to those in the global EM and wellness hubs.

Event: Emergency Grand Rounds

Date: December 03rd, 2020

(1.25 Education Credits)

Part 1

Time: 0900-0915

Speakers: Drs. Eddy Lang and Neil Collins

Topic: "COVID-19 Update"

Part 2

Time: 0915-1015

Moderator: Dr. Andrew Battison

Speaker(s): Dr. James Maskalyk ([Bio Attached](#))

Strategic Director - Toronto-Addis Ababa Academic Collaboration

Emergency Physician, Trauma Team Leader

Associate Professor, University of Toronto

Topic: "Doctor: Heal Thyself"

Description: *Using his decades of experience as a humanitarian physician, Dr Maskalyk will draw parallels between the COVID-10 pandemic, the ongoing health crises that preceded it, and the necessity of "healing on the fly" when confronting them. He will also discuss his recent experience of illness, and how it illuminated his role as physician. Finally, he will leave us with two self-care practices to help us in the emergency department, and outside of it.*

Evaluation form:

Please fill out the evaluation form at <https://forms.gle/szfmBrmxiesjuGfg8>

Zoom Session

Recording Link:

Recordings of this Thursday's Grand Rounds will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

Clinical Pharmacology & Toxicology Pearl of the Week : [Comparing SGLT-2 Inhibitors](#)

ZOLL - Masterclass, Dec 1, 3, 8, 10

ZOLL Medical is hosting a series of Masterclasses that focus on debriefing to help improve outcomes. In this four-part series, clinicians and resuscitation experts will be live via Zoom to share their debriefing best

practices. Each 30-minute session will be followed by an opportunity for questions and additional discussion of ideas for improving resuscitation CQI programs.

Topics will include:

- What Is Debriefing and Why Is It Important?
- Best Practices in Pediatric Resuscitation Debriefing
- Best Practices in Adult Resuscitation Debriefing
- Using Debriefing Data to Improve Clinical Outcomes

Links to the recorded sessions will be available if you are unable to join us live. [Click here for details](#)

DLRI webinar: Adolescent Mental Health in the time of COVID-19, Tues Dec 15, 5pm.

Info here: <https://cumming.ucalgary.ca/ruralmedicine/webinar>

Opportunities

Clinical/Adjunct Promotions and Awards Deadlines

Hello ED physicians,

The 2021 deadlines and application requirements for the Clinical/Adjunct promotion process can be [found in the attached document](#).

For any question, please contact Amani at amani.otoom@ahs.ca

Department of Emergency Medicine.

CMIO - EOI

Please [find attached an EOI](#) for the position of Chief Medical Information Officer.

Kudos Corner

- Wanted to give a kudos shout out to Marta Broniewska, who tirelessly installed some Ikea furniture, hung paintings, updated a billing spreadsheet, and does a lot of things big and small behind the scenes to help the group! Anyone who installs furniture in their spare time needs to be acknowledged - so thank you on behalf of all the RGH group.
 - Congratulations to Dr. Waleed Janjua for acceptance into pain medicine fellowship program at McGill University.
 - Kudos to Joe Vipond for his [appearance on SGEM](#) - **THAT'S ALL JOE ASKS OF YOU – WEAR A MASK**
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MD Spotlight

Dr. Kelli Sherlock

Kelli was born and raised in Calgary. She completed her degree in Exercise and Health Physiology at the UofC while competing heavily in the sport of badminton. In a distant life she was a national champion and played in the World Championships in Indonesia. Kelli graduated from UofC medical school, completed her Family Medicine training through the St. Paul's Program in Vancouver and returned to Calgary for her CCFP-EM year. She feels very fortunate to have been working with the RGH team since 2014.

Outside of her clinical emerg work, Kelli also very much enjoys her work as a physician for CSART and as a volunteer physician at Sunshine Ski Resort. She is also passionate about medical education and has been teaching procedural skills for several years, acted as an EM longitudinal preceptor and is often involved with practice exams and EM interviews. Additionally she has been the physician lead for the Chest Pain Protocol, INFO debriefing and most recently the EMS pandemic liaison at RGH.

Kelli loves being a mom to her daughter Ellise (18 months) and is expecting a second small human in early 2021. She is married to Rory, who was formerly a High School teacher, but has tested their resiliency by pursuing his own career in medicine. Kelli and Rory enjoy just about everything in the mountains, concerts, travel, friends and family. Kelli loves good coffee, her fluffy cat Watson, indoor plants and throwing pottery! Her wishful thinking for the near future is to double her offspring, get through her 3rd (albeit vicarious CARMS match), move out of their small condo and come back from a second maternity leave much wiser and more skilled ;)

