



Department of Emergency Medicine

Weekly email

Updates for ED Physicians

Feb 09, 2021

ED Annual Report

Dear colleagues,

I am pleased to share our [Department's Annual Report](#).

In what was undoubtedly our most challenging year, I think our department emerged with heroism, resilience and with issues related to wellness and EDI never in sharper focus.

None of this would be possible without all of your invaluable clinical and extra-clinical contributions. The report would only be possible without the great support of Leena Norman and the entire administrative ED team.

Happy reading and feedback welcome as edits / additions are possible.

At your service,

Eddy

COVID-19 Updates

Calgary Zone [COVID Case Counts](#) to 8th Feb.

<hr size=2 width="100%" align=center>

Are You Up To Date on Your N95 Fit Test?

Due to supply challenges with existing N95 respirator models, AHS has secured alternate N95 respirators in order to keep staff and physicians safe.

As a result, any worker who requires a respirator according to the [Who Needs an N95 Respirator Algorithm](#) and is currently fit tested to the **1870**, **8110s**, **9105**, or **9105s** (or does not have a current fit test within 24 months) should be fit tested to an alternate model.

The *Fit test clinic schedule* is available on the [Respiratory Protection](#) Insite page. It is critical to ensure that physicians are fit tested on alternate models as inventory of other models decreases. For our Department's records, please email me at: Judy.Mackay@AlbertaHealthServices.ca with your mask type and the date on which you were tested.

Wellness COVID Updates

1. **Call your Peer Support Team.** _ The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

YYCEM Happiness Challenge - February Challenge!

It's February and that means it's month two of the YYCEM Happiness Challenge! This month's challenge is learning to incorporate gratefulness into our daily lives. Gratitude is about recognizing good things in our lives and acknowledging that the source of goodness lies at least partially outside of ourselves. It takes some effort, intention and thought to maintain but **in gratitude we say YES TO LIFE!!!!** Gratitude is a key ingredient to living a happy and meaningful life and because of that this month has the first **MONTHLY PRIZE**. Check out the website and the February video to learn more.

Click here to discover more: www.yycemhappinesschallenge2021.com

Click here to watch the February video: https://www.youtube.com/watch?v=x_GLCHkfe30

Operations

SCM Updates!

[ED Buprenorphine/Naloxone Initiation Order Set – ED Peds browse location Updated](#)

Joshua Vejprava RN BSc BN MBA

Clinical Informatician | IT Clinical Systems User Support – Calgary Zone| Clinical Services – IT | Alberta Health Services

Frostbite Refresher

Need a quick refresher on departmental protocols for FROSTBITE care? [See this AHS document](#) from Alexis and Ian et al. or go to the My ED Website or App at <https://my-emergency-department.com>.

New in the MyED App

[Click here to read](#) about:

- Reporting Staff Safety Concerns
- New OBGYN specialist link documents
- Hypothermia/Frostbite management

-Shawn Dowling

2021 AIVA Process

Your 2021 Annual Information Verification and Attestation (AIVA) for AHS Medical Staff is now available for your review and completion. This year's AIVA is completed online. We expect the average practitioner will need less than 5 minutes to complete it. Please complete your AIVA at your earliest convenience.

The deadline to complete your AIVA is **February 20, 2021**.

To complete your AIVA, please log in using your AHS username and associated password using the link to the new AIVA Portal embedded in the email sent to you from AIVA@albertahealthservices.ca. If you need to reset your AHS password please contact AHS IT Support at 1-877-311-4300.

If you have difficulties accessing your AIVA please contact AHS IT Support. Please direct any other questions to your local Medical Affairs Office.

Thank you in advance for completing your AIVA.

Scott Banks

Physician Participation Needed!

CAEP Gender Equity Survey

Please consider taking the following important survey (should take you about 10 minutes to do):

A survey by the CAEP Gender Equity Working Group in preparation for the 2021 CAEP Academic Symposium on Equity, Diversity and Inclusion (EDI) is being collected. The goal is to help prioritize problems and develop recommendations to address issues related to gender equity in Emergency Medicine in Canada.

Results from this survey will be kept in an anonymized aggregate form and are intended for use in future research publication.

Please go to <https://caep.ca/wem-women-in-emergency-medicine/gender-equity-survey/> for more info.

The survey can be filled out using this link:

<https://www.surveymonkey.com/r/Q9LG5H6>

Thanks,
Fareen

ED Staff Simulation – available spots on Feb 16 (RGH) & Mar 17 (RGH). To sign up, please click [Signup Genius](#)

Save the Date! RMES AGM - March 8

the AGM for RMES will occur March 8 from 10 am- noon via zoom.

- Dr. Eileen Kabaroff

Education. CME. Rounds.

The Hodsman Legacy Lecture 2021 - March 11

Mark your calendars!

[See poster for more further details.](#)

This year will look a bit different (virtual/Zoom) than previous years, but we look forward to continuing the tradition of honouring our late colleague, as well as starting new traditions of honouring other dedicated faculty members.

If you plan on attending, please use the link below to reserve your spot, preferably before February 12th. After February 12th, registration is still open, but will also be open and promoted to fellow UofC faculty. Registration is required prior to attendance.

We hope to be back to our in-person lecture come 2022.
Hope to see you March 11th!

The Hodsman Legacy Lecture Planning Committee,

Colleen Carey, Haley Cochrane, Bretton Hari, Aaron Johnston, Bobby Johnston, Eddy Lang, Marcie Veitch, Ashlea Willmot and Fareen Zaver

Register in advance for this webinar:

https://albertahealthservices.zoom.us/webinar/register/WN_xU0s6XG-RmmXpek2vO8CHA

Emergency Medicine Grand Rounds - Feb 11

February 11th, 2021

Time: 0900 – 1000 (1.0 Education Credits)

Session #1: (0900 – 0920)

Dr. Hilary Ambrose – Adult & Peds Emergency Physician

Dr. Neil Collins – Deputy Department Head, Emergency Medicine

Topic:

Pediatric Procedural Sedation in the ED: SCM Order Set coming to an ED near you!

Description:

A brief review of pediatric procedural sedations in the ED, including tips, tricks, and safety considerations, followed by an introduction to the SCM order set, which will be implemented at all adult EDs.

Session #2: (0920 – 0930)

Dr. Cheryl Barnabe

Canada Research Chair, Rheumatoid Arthritis & Autoimmune Diseases

Associate Professor, Departments of Medicine & Community Health Sciences, University of Calgary

Rheumatologist, Alberta Health Services

Topic:

**Emergency Department Use by Patients with Inflammatory Arthritis Conditions:
Health System Impact and Solutions for Ensuring Appropriate Care Access.**

Description:

Throughout 2021, a study to understand the magnitude of Emergency Department (ED) use in Alberta by patients with inflammatory arthritis (IA) conditions, factors contributing to a patient's decision to present to the ED, and their experiences in the ED and with follow-up care will be conducted.

Session #3: (0930 – 1000)

Dr. Kelsey MacLeod

Emergency Physician – South Health Campus

Dr. Shannon Ruzycski

Clinical Assistant Professor in the Departments of Medicine and Community Health Sciences

General Internist at the Foothills Medical Center and Rockyview General Hospital

Topic: Perceptions and Experiences of Discrimination and Harassment in the Cumming School of Medicine

Description:

A summary of findings from our research on gender equity in the Department of Medicine, physician diversity in Alberta and in the Department of Emergency Medicine, and an opportunity to participate in further research for Department of Emergency Medicine members.

Evaluation form:

Procedure: Complete a separate form for each session: <https://forms.gle/szfmBrmxiesjuGfg8>.

MainPro credits for EM physicians in the Calgary Zone will automatically populate on the forms after submission.

Zoom session

Please don't share the zoom link and connection details on social media or any website.

Recording Link:

Recordings of this Thursday's Grand Rounds (Except QAER Rnds) will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

Recording link and Q & A document- February 04. 2021 ED Grand Rounds

Session # 1:

Moderator: Dr. Charles Wong. Emergency Physician. Clinical Assistant Professor, University of Calgary. Medical Director, Calgary Zone Urgent Care Centres, AHS

Guest Speakers: [Dr. Paul Healey & Dr. Jane Healey](#)

Topic: "Physician Financial Health and Wellness"

Click [here](#) for recording and [here](#) for Q & A document

[Journal Club](#) - February 18, 2021

Time: 1800 hrs

Presenters: Drs. Jason Elzinga and Cara McCulloch

Preceptor : Dr. Nadim Lalani

Topic: Understanding drug safety research and the COVID-19 vaccines"

Article 1 : Safety and Efficacy of the BNT162b2 mRNA Covid-19 Vaccine. (Polack et al., 2020)

Article 2 : Safety and efficacy of the ChAdOx1 nCoV-19 vaccine (AZD1222) against SARS-CoV-2: an interim analysis of four randomised controlled trials in Brazil, South Africa, and the UK. (Voysey et al., 2021)

[Zoom session](#)

Best Regards

Jason Elzinga and Cara McCulloch

[SEMAC 2021 Virtual Annual Conference](#) | Registration is OPEN!

- March 26 & 27, 2021
- 8:00 AM – 12:35 PM each day
- Hosted by Webex – virtual conference
- Conference recordings will be shared with PAID participants only (whether you attend live or not).
- [View program here](#)

REGISTER NOW – click [HERE](#)

PLUS PROGRAM - CSM Fac Dev Workshops!

By popular demand we have scheduled a full line up of sessions from our Practical Leadership for University Scholars Program!

- Available to CSM full-time and clinical faculty. Select places available to residents, fellows, students, and community partners.
- All programs are being offered virtually at this time.
- Courses build on one another, but can still be taken out of order.
- PLUS 1 and 2 are recommended for those looking to develop their leadership skills.
- PLUS 3s are recommended for those with leadership responsibilities in specific and relevant areas (education, budgeting, administration, etc.).
- PLUS 4s are for advanced, complex, and specialized topics within leadership.

[Full info here.](#)

EDI LUNCH & LEARN – MOVING BEYOND CELEBRATING DIVERSITY AND TOWARDS ANTI-RACIST TEACHING

Effective teaching is Anti-Racist Teaching! Dr. Fouzia Usman, Educational Development Consultant with the Taylor Institute for Teaching and Learning, will be speaking about inclusive teaching at the next EDI Lunch & Learn on **February 26th**. In this interactive session, you will learn strategies to move towards **anti-racist practices in teaching**.

**** Please come prepared to talk in small groups - we kindly ask that cameras are "ON" during these exchanges so we can connect with the people we're interacting with****

WHO: Hosted by **OPED, OFDP** & presented by the **Taylor Institute for Teaching and Learning**
WHAT: EDI Lunch & Learn – Moving Beyond Celebrating Diversity and Towards Anti-Racist Teaching
WHEN: February 26th, 2021 12:30 – 1:30 PM
WHERE: ZOOM (*Note: this session will be recorded*)
HOW: Register at: <https://www.eventbrite.ca/e/138847040235>

Register now for documentary "Black Men in White Coats" - Feb 21-23

In celebration of **Black History Month** and in a joint effort to eliminate racism in health care, the Office of Professionalism, Equity and Diversity at the Cumming School of Medicine has partnered with the Office of Equity, Diversity and Inclusion of the Faculty of Medicine and Dentistry, University of Alberta and the Black Physicians Association of Alberta to bring you an inspiring and thought-provoking film screening event. *Black Men in White Coats* raises awareness of the systematic barriers preventing Black men from becoming medical doctors and the consequences on society at large. View the trailer [here](#). See [attached poster](#) for registration and screening details.

WISHES Symposium 2021

Lived Experience

Thursday, March 18, 2021 11:00am-4:00pm

Which way to justice? Medical training and learners with disabilities Dr. Neera Jain University of Auckland

[See poster.](#)

NCER Conference - Feb 23-24, 10am-3pm

Are you interested in attending the NCER conference, happening virtually this year!

NCER is a research group at arms length from CAEP, which receives some funding from CAEP. Its mandate is to provide feedback and support for emerg researchers by reviewing protocols and providing endorsements/peer review for larger national funding opportunities.

<https://ncer.ca/2021-meeting/>

Reminder to Register - SCN's virtual Quality Improvement and Innovation Forum

ESCN's virtual Quality Improvement and Innovation Forum will be held the morning of February 17, 2021. You may now register for the event here: <https://www.eventbrite.ca/e/escn-virtual-quality-improvement-and-innovation-forum-tickets-130792476819>

Clinical Pharmacology & Toxicology Pearl of the Week: [Part 4- Hypertension Series: Mineralocorticoid Receptor Antagonists \(MRAs\)](#)

Opportunities

Clinical/Adjunct Promotions and Awards Deadlines

The 2021 deadlines and application requirements for the Clinical/Adjunct promotion process can be [found in the attached document](#).

For any question, please contact Amani at amani.otoom@ahs.ca

Department of Emergency Medicine.

ED Highlights

Co-authored by Fareen Zaver: The Do-It-Yourself Mentorship Playbook: Volume 1

As an early career faculty member, we know it can be hard to navigate the academic ecosystem. That's why we've worked as a team across multiple specialties and disciplines to create this do-it-yourself guide for both mentors and mentees alike: the DIY mentorship playbook. The mentee-mentor relationship cannot be created on the fly: Both parties must be engaged and enter into the process with thought and preparation. This guide serves to harmonize the preparation processes so that a mentor and mentee can be on the same page. Like a player and a coach, both must be reading from the same playbook in order to succeed.

Available at: <https://campusstore.mcmaster.ca/cgi-mcm/ws/gmdetail.pl?pwsPRODIDG1=7853438>

Competency-by-Design Update

Thank you to everyone for being so flexible with our transition to Competency-by-Design and the new evaluations and platforms that come with it. As a reminder, all post-graduate programs will be transitioning to Competency-by-Design over the next few years (and many already have), which mean that you may also have off-service residents requesting you complete EPAs for them online. All ED staff physicians, regardless of training stream, have been on-boarded and have access to MAINPORT. Information on how to access your accounts, and other FAQs about CBD can be found here:

https://drive.google.com/drive/folders/1UpQATPehd_zS-9Zrl-Xqs2WZ-ywAEp7k?usp=sharing

Thanks,
Anjali