



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

Feb 11. 2020

Operations

Has It Been Two or More Years Since Your Last N95 Fit Test?

If “**yes**” - see the updating instructions below.

If “**no**” - email me the expiry date on your existing card.

If “**not sure**” - contact WHS. [Fit Testing Contact](#)

*** We need a response to the above from **everyone** to ensure that we have a spot-on Fit Test Tracking Sheet. ***

There are 2 options available to you:

1. Speak to your **ED Nurse Clinician** to find out when the next ED staff session is taking place and how to register .
2. Follow the **link** below to select a date from the list of scheduled site specific **Fit Testing clinics**. These are “drop-in based” and do not accept appointments. Do not eat, drink or smoke anything 30 mins prior to your appointment and you must be clean shaven.
<https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-whs-calgary-zone-n95-fit-testing-sessions-2020.pdf>

Following completion please email Judy a copy of your **Fit Test Card** so she can update the Departmental tracking file.

Judy.mackay@AlbertaHealthServices.ca

Thank you for your participation.

Judy Mackay & Brad Granberg

(The Newly Recruited N95 Fit Testing Police)

DOACs in Breastfeeding Mothers

Dr. Lee-Ann Hawkins, an OB/IM physician in the Calgary Zone, wanted us to pass on that she and her group (as well as Dr. Skeith in the Thrombosis clinic) consider that **DOAC's are not to be routinely used for the treatment of thromboembolic disease in breastfeeding mothers.**

To be in line with her clinic's recommendations, we should be starting patients on LWMH or Coumadin. The evidence is weak apparently and Lexicomp is not definitive, but nonetheless our local expert advice would be not to use DOACS in breastfeeding mothers.

Dr. Hawkins and her colleagues use Lactmed for guidance in this area. (for example <https://www.ncbi.nlm.nih.gov/books/NBK500742/>) Lactmed has an app apparently. I couldn't get it to work but I am sure all of you will manage it.

Dr. Neil Collins
Deputy Zone Clinical Department Head
Emergency Medicine, Calgary Zone, AHS

ED Peer Support Team

We are a group of trained emergency physician colleagues who are available for support to any ED physician in a time of need. Our goal is to connect with physicians if they are *distressed for any cause* that is *disrupting* or *impairing* their ability to function in their professional or personal life. This can include, but is not limited to, distress surrounding an adverse patient event, a challenging shift or interaction, professionalism matters, or discord in their personal life.

Our ED PST was developed with the support of the Physician Support Fund and Well Doc Alberta. It is modelled after the Department of Medicine's PST which launched as a system-level approach to physician wellness.

Formal peer support training has been provided to your ED PST members who are now available to you in times of need.

Any ED physician can use this service at any time.

How do you engage with the ED PST service?

You can personally reach out to any ED PST member directly.

The ED PST is designed to be an empathetic ear. It is not designed to replace counselling services. There will be no recording or written record of interaction details. It is also not designed to evaluate the specifics of any particular situation or provide medico-legal guidance.

The conversations you have with an ED PST member will be held in strict confidence. The boundary of this commitment would only be crossed if your PST member has immediate safety concerns for you and/or others.

This is the first step of many in fostering a culture of wellness and safety for ourselves and our colleagues.

Sincerely,

Your Wellness Hub Leads
Drs. Eileen Kabaroff, Vanessa Potok, Huma Ali

2020 Annual Information Verification and Attestation (AIVA)

The 2020 Annual Information Verification and Attestation (AIVA) for Emergency Medicine have all been sent in two parts which require your attention as soon as possible. [Click here to read.](#)

DEADLINE: FEB 28, 2020

Lilian Prudencio
lilian.prudencio@ahs.ca

Physician Participation Needed!

ED Chest Tube Survey

Would you be willing to spare 5 mins for an online survey that can potentially change the delivery and management of chest tubes performed in the ED? Responses are anonymous. Thanks in advance.

<https://www.surveymonkey.com/r/BZ57GPB>

- Herman S. Johal | B.Sc, M.D.

Med 440/AEBM Preceptors Needed!

Students are currently looking for preceptors willing to take them on for the med440 (applied evidence based medicine) course at the medical school. There are students at the beginning of second year who are interested in emergency medicine. They are looking for 24h of clinical exposure between April 21 and September 1, 2020 which works out to a total of 3 shifts over 4 months. If you are willing to take on a student for this, email either Meira calgaryelectives@gmail.com or Tris cgyemergeselectives@albertahealthservices.ca and we will match you up. The students need to be matched by late February, so we need preceptors to commit now. We have already had several student requests!

To clarify the elective/shadowing policy and opportunities:

1. Med440: U of C students in second year. 24h over 4 months. Matches are arranged by Tris and myself. Once shifts are arranged they get sent to Tris for IP&C tracking. **April 21-May 19, and July 21-Sept 1, 2020.**
2. Preclerkship Electives: U of C students in second year. 1-3 week electives, 4 shifts per week. Students find their own preceptors and can be split between two preceptors if needed. Once shifts are arranged they get sent to Tris for IP&C tracking. **June 29 - July 19, 2020**
3. Shadowing: U of C students only. Students have a list of preceptors that have agreed to be contacted for shadowing. If you want to be added to the list, please email Meira. Once shifts are arranged they get sent to Tris for IP&C tracking. **Clerks CANNOT shadow** due to UME rules, so it should only be pre-clerks asking to shadow.
4. Elective students: Official electives are applied for through Meira and scheduled on medevision. These are all clerkship students.

Thanks

Meira Louis, MD, FRCPC

ED Staff POCUS Hands-On Session!

The Calgary ED POCUS Hub is proud to provide Calgary ED staff physicians with the second hands-on ultrasound training session supported by the PSF. The first session in December on advanced cardiac applications was a lot of fun and well received by the participants. **This session will cover peripheral nerve blocks (femoral, forearm) as well as peripheral IV starts.**

The session will be **February 20 from 1030-1230** at the ATSSL. The session will accommodate 20 participants. Please RSVP to myself to sign up for the session.

The sessions are supported by the PSF and thus PSF members will have priority sign up. Please note there will be a \$200 charge if a participant cancels within 24 hours unless the spot can be filled by another participant.

R2C2 Facilitated Feedback Workshops - Feb 28 and Mar 4

This is a reminder about the two upcoming [R2C2 Evidence-Informed Facilitated Feedback Workshops](#) which will be held on the following dates:

- **February 28, 2020** 9:00 – 11:00 am
- **March 4, 2020** 1:00 – 3:00 pm

Both sessions will be held in room [G43A of the PGME office block](#) of the Foothills Medical Center (FMC).

For those individuals that are interested in attending the session, this workshop is accredited and participants will be able to claim 2.0 hours of section 1 credits with the Royal College of Physicians and Surgeons of Canada.

Request for Nominations: FMC Service Recognition Awards

Once again the Foothills Medical Centre Medical Staff Association would like to recognize physicians from various departments with the FMC Service Recognition Awards. Dr. Rachel Grimminck, President of the FMC MSA, invites you to nominate individuals from your department who deserve special recognition for their service at FMC.

You can **submit your nomination(s) by emailing** zmsadmin@albertadoctors.org **with the following information:**

- Name and Department of the nominee
- Name of the person or persons nominating the individual
- Reasons the department feels this physician deserves special recognition

Nomination deadline: February 21, 2020

We are also seeking nominations for our Physician of the Year Awards (Resident, Early Career Physician and Established Physician) and Diversity and Inclusion Award. More information about these awards and previous winners can be found on our website: www.albertazmsa.com/fmc-msa

Education. CME. Rounds

Emerg Medicine Grand Rounds

[Evaluation Form](#)

Thursday, February 13th, 2020

0900 - 1000, Coombs Theatre - FMC

[Traumatic and Non-Traumatic Eye Emergencies](#)

Dr. Ezekiel Weis – Ophthalmology
Dr. David Fu - Emergency Medicine

Telehealth Sites:

Peter Lougheed Hospital – Rm 4056
South Health Campus – Rm - 410007
Rockyview General Hospital – Rm 3A136
Alberta Children's Hospital - Rm B4-010
Banff Mineral Springs Hospital - N/A
Canmore General Hospital – Boardroom 1256

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 1.0 MainPro-M1 credits. This program is approved as an accredited group learning activity

as defined by the maintenance of certification program of the Royal College of Physicians and Surgeons of Canada

EM Grand Rounds Evaluation Form - New

I have developed a new a downloadable, fillable evaluation form for Thursday Grand Rounds. With the assistance of Amani Ootom, it is now accessible at any time through:

- Our Tuesday Newsletter
- <https://cumming.ucalgary.ca/departments/emergency-medicine>

Once you have downloaded - save it to your device, fill it in and email it back to me within 24 hours of the rounds. This should prove to be a helpful tool especially for those who attend at the Telehealth sites. If you have any questions or suggestions please email me.

Judy Mackay

Judy.Mackay@AlbertaHealthServices.ca

Feb 20 Journal Club Articles

View [Questions HERE](#).

Article 1: Neumann, Johannes T., et al. "Application of High-Sensitivity Troponin in Suspected Myocardial Infarction." *New England Journal of Medicine* 380.26 (2019): 2529-2540.

Article 2: Andruchow, James E. et al. "Low High-Sensitivity Troponin Thresholds Identify Low-Risk Patients with Chest Pain Unlikely to Benefit from Further Risk Stratification". *Canadian Journal of Cardiology*. In press (2019).

Date: Feb 20/20

Time: 1800

Presenters: Dr. Sean Crooks & Dr. Ben Sheppard

Preceptor: Dr. James Andruchow

Host: Dr. Anjali Pandya

RSVP: Judy.Mackay@AlbertaHealthServices.ca

[The Alberta Sexual Assault Course and Conference 2020](#)

April 4th, 2020

Health Science Centre, 3330 Hospital Drive NW, Calgary AB

The full-day course on April 4 is designed to share core training and a management update for urban and rural healthcare professionals on sexual assault. Topics covered will include sexual assault forensic kits, trauma-informed care, chronic pelvic pain, male and transgender sexual health, sexually transmitted infections, strangulation and human trafficking.

Orthopaedic-Emergency Conference on May 29, 2020: [Glen Edwards Day "The Year of the Shoulder"](#)

Please save the date for the upcoming conference on everything you wanted to know about shoulder emergencies. Orthopaedics puts on a conference heavily focussed on emergency topics. This year the focus will be on the shoulder. It will be a great day to interact with our orthopaedic colleagues and work through a number of practical topics and interesting cases. I will send out further information as the conference date approaches. Please send any questions my way.

Jason Fedwick

ED Highlights

Dr. Mark Scott - Fellowship in Addiction Medicine

Congratulations to Mark Scott for the successful completion of a Fellowship in Addiction Medicine and passing of the International Society of Addiction Medicine Certifying Exam. He is the First Calgary Emergency Department Physician to achieve board certification in Addiction Medicine. He would very happy to discuss any and all questions related to managing patients with Addictions, either when on shift in the Rockyview Emergency Department, or on Service with ARCH at the Peter Loughheed.



Commendation - Dr. Singh

[Read patient commendation letter here.](#)

Hodsman Lecture

The sixth annual Hodsman Lecture will take place on **Thursday, March 12, 2020 in the Foothills Auditorium**. This event will include the following activities:

1. Hodsman Lecture on Thursday, March 12, 2020 at 8.00am-12.00pm at FMC Auditorium.

The lecture will be featuring guest speaker Dr Gregory Luke Larkin on the theme of [Mental Health in the emergency department](#).

2. Dinner & Social Night on Wednesday, March 11, 2020 at 6.00pm in Dr. Colleen Carey's Home.

Dr. Larkin, other event speakers and emergency physicians staff and residents are invited to enjoy a casual catered dinner at the home of Dr Colleen Carey. Please RSVP to Amani at amani.otoom@ahs.ca by February 10.

CAEP Annual Awards Nominations - due February 17th

CAEP's Annual Awards recognize excellence in specific areas within emergency medicine, including advocacy, education, research, and professional practice.

<https://caep.ca/who-we-are/caep-annual-awards/>

Congrats to Dr. Szava-Kovats

Congratulations to Mike and his wife Erin on the birth of Penelope Michaela Szava-Kovats on February 4th.



Q1 PERT Newsletter

Please [Click HERE](#) for our Quarter One Newsletter about the Pulmonary Embolism Response Team (PERT).

Opportunities

CSM Standing Committees:

The Cumming School of Medicine (CSM) has several opportunities for volunteers to serve on standing committees.

Note: The deadline to receive applications is February 28th, 2020. Please provide your Expression of Interest (EOI) and a Bio-sketch to Joyce Forster.

Admissions Committee

Nominations for Faculty membership on the Admissions Committee will be made in accordance with CSM nomination procedure and will be elected by Faculty Council.

- The CSM Admissions Committee reports to Faculty Council (FC).
- Policy decisions require a quorum.
- The CSM AC shall develop and implement approved policy relating to the admission or transfer of students into the CSM Undergraduate Medical program.
- The CSM AC requires approval of major changes to policy by FC at the request of the CSM AC Chair or CSM Admissions Director or the Senior Associate Dean Education.
- The CSM AC shall be responsible for all final decisions regarding applications to the CSM Undergraduate Medical Education program.
- The CSM AC shall determine research and evaluation priorities in alignment with the Strategic Plan of the CSM.
- The CSM AC working with the Faculty Nominating Committee, shall have the authority to select members for all adhoc and sub-committees.

One – Faculty Member from Faculty at Large

Admissions File Review Sub-Committee:

As a member of the CSM File Review Sub-Committee, you are responsible for the actual review and scoring of applicant files that determines who will be invited to interview for medical school. The committee consists of between 50 and 70 people, including faculty members, residents, students, allied health care professionals, and patients from the communities of south and central Alberta. Between them, members of the committee review between 1100 and 1500 applications annually, with each application receiving 4 full reviews, meaning that each sub-committee member reviews about 80-100 files. Most reviewers can review between 1.5 and 3 files per hour, for a total time commitment between 35 and 50 hours. This is a strictly

volunteer position. Appointment is for a two-year term. Faculty, resident and community members are eligible to have their terms renewed once.

20 – Members appointed from full/clinical/adjunct faculty with representation of all levels of appointments.

Executive Faculty Council (EFC):

The Executive Faculty Council is to act on behalf of Faculty Council on urgent matters between regular meetings of Faculty Council. Specific responsibilities of Executive Faculty Council include:

- Reporting to Faculty Council at each regular meeting on its activities since the previous Faculty Council meeting for information, discussion and ratification as required.
- To receive reports from the Dean and Associate Deans on the implementation of Faculty policies.
- To monitor the work of all standing committees of Faculty Council.
- To review policy proposals from the standing committees of Faculty Council and make recommendations with regard to the proposals to Faculty Council or to the initiating committee (see D5 for procedure).
- To generate policies, for recommendation to Faculty Council on matters falling outside the terms of reference of standing committees of Faculty Council.
- To advise the Dean, at his request, on matters concerning the Faculty.
- To act upon the Dean's recommendations to fill casual vacancies in elected positions.
- To determine the agenda for meetings of Faculty Council.

One - Full-time Faculty Member

One – Part-Time Clinical/Adjunct Faculty Member