



Department of Emergency Medicine

# Weekly <sup>email</sup>

Updates for ED Physicians

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February 02. 2021

## ED Strategic Plan

Dear Colleagues,  
We are closing in on finalizing our departmental strategic plan. The leadership groups are of the view that some additional fine tuning is warranted and that a clearer picture of our strengths and particular directions for future growth is warranted. Please take a few moments to complete the ultra-brief survey below and share any feedback you may have about [the draft strategic plan](#).

<https://www.surveymonkey.ca/r/S2HXBBM>

At your service,  
Eddy

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## COVID-19 Updates

### Post COVID Clinic

There is a Post COVID-19 Respiratory Clinic at RGH (south) and soon to be PLC (north).

Criteria for referral to the COVID clinic criteria are:

- 12 weeks after positive COVID-19 diagnosis with respiratory concerns

- 8-12 weeks post-COVID Clinic (if they still have symptoms when they are called, will be booked after 12 weeks from diagnosis)
- < 8 weeks will be triaged to general pulmonary as a semi urgent

Complete a **Generic Referral** form filling out all fields and fax to Pulmonary Central Access & Triage Service (PCAT) @ FAX #: **403-592-4201**. PCAT will triage all incoming referrals and direct as appropriate based on information provided in referral form. See the Alberta Referral Directory link for more information on PCAT.

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### Are You Up To Date on Your N95 Fit Test?

Due to supply challenges with existing N95 respirator models, AHS has secured alternate N95 respirators in order to keep staff and physicians safe.

As a result, any worker who requires a respirator according to the [Who Needs an N95 Respirator Algorithm](#) and is currently fit tested to the **1870 , 8110s, 9105, or 9105s** (or does not have a current fit test within 24 months) should be fit tested to an alternate model.

The **Fit test clinic schedule** is available on the [Respiratory Protection](#) Insite page. It is critical to ensure that physicians are fit tested on alternate models as inventory of other models decreases.

For our Department's records, please email me at: [Judy.Mackay@AlbertaHealthServices.ca](mailto:Judy.Mackay@AlbertaHealthServices.ca) with your mask type and the date on which you were tested.

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### Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

### YYCEM Happiness Challenge - February Challenge!

It's February and that means it's month two of the YYCEM Happiness Challenge! This month's challenge is learning to incorporate gratefulness into our daily lives. Gratitude is about recognizing good things in our lives and acknowledging that the source of goodness lies at least partially outside of ourselves. It takes some effort, intention and thought to maintain but **in gratitude we say YES TO LIFE!!!!** Gratitude is a key ingredient to living a happy and meaningful life and because of that this month has the first **MONTHLY PRIZE**. Check out the website and the February video to learn more.

Click here to discover more: [www.yycemhappinesschallenge2021.com](http://www.yycemhappinesschallenge2021.com)

Click here to watch the February video: [https://www.youtube.com/watch?v=x\\_GLCHKfe30](https://www.youtube.com/watch?v=x_GLCHKfe30)

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## Operations

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### Pathway for Disposition of Obstructing Stones with Infection

This is the [final version of the Pathway for disposition of obstructing stones with infection](#).

It describes the disposition pathway for patient with obstructing stones, for whom the urinary tract is a source of infection.

The key points are:

- Septic shock with obstructing stone gets percutaneous nephrostomy, full stop.
- Sepsis with obstructing stone gets treated differently depending on time of day and hospital of initial presentation. These patients can be sent to RVGH for ureteral stent IN THE DAYTIME, IF STABLE otherwise percutaneous nephrostomy immediately or first case in AM

Many thanks to the authors/collaborators.

This will be on the website. (<https://my-emergency-department.com>)

- Neil Collins

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## **SCM Updates!**

### **ED Treatment Plan – STI Virtual Clinic**

*February 1, 2021*

Due to the increasing rates of congenital syphilis cases that result in fetal death, the STI Clinic has added a new ED Treatment Plan for their patient charts through a virtual clinic. These ED Treatment Plans will allow hard-to-reach patients, who are known to utilize the ED more frequently, to be comprehensively treated and managed. It will be responsibility of the care provider creating the ED Treatment Plan to keep it up to date and to close it once care/treatment has been provided to the patient.

For more information about the STI ED Treatment Plan, please see the following from the STI Clinic: In 2019, the province declared a syphilis outbreak with case numbers well above the national average. This treatment plan is required to increase opportunities for testing and treatment at all points of access within the health care system to reduce transmission and negative health outcomes. Alberta continues to see increasing rates of congenital syphilis cases resulting in fetal death. In many cases prenatal care has not been accessed and testing for syphilis is not completed until after delivery due to many social factors impacting hard-to-reach patients. Therefore, the treatment plans will flag ED/UCC departments to complete outstanding testing and treatment of sexually transmitted infections, particularly syphilis, for patients who are hard-to-reach and/or are known to utilize these departments more frequently.

### **Joshua Vejprava RN BSc BN MBA**

Clinical Informatician | IT Clinical Systems User Support – Calgary Zone | Clinical Services – IT | Alberta Health Services

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## **Physician Participation Needed!**

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### **STAFF EXAMINERS FOR CCFP-EM ORAL EXAMS: March 18 & June 10**

The CCFP-EM Residency Program is in need of 2 more staff examiners for the oral exams on the following dates:

- **March 18<sup>th</sup> from 1030 – 1300 – in person / Zoom**
- **June 10<sup>th</sup> from 1030 – 1300 – in person**

Please check your availability and let me know if you are able to help on any of the above dates and please send the responses to [TriSurendra.Malasani@albertahealthservices.ca](mailto:TriSurendra.Malasani@albertahealthservices.ca)

Your help and assistance is very much appreciated!! Once confirmed I will send Calendar invites

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### **Recruitment: C8 Block Teaching Feb-Apr**

For our new class of clerks we will be offering C8 in a two-week "block" at the beginning of clerkship instead of every second Friday. These blocks will run from Feb-Apr 2021.

We need preceptors for **Standardized Patient (SP)** based cases on Zoom and **SIM / Proskill** sessions in person at the Health Sciences Centre - Room G820.

Signup will be closed at the end of the day **Monday, Feb 1** and preceptors will be sent confirmation emails on **Tuesday, Feb 2**.

Click the link to see available dates:

<https://www.signupgenius.com/go/30E0F4CAFAD2FA7F85-course83>

If you want more info on how any of these sessions run please let me know.

- Kelsey O'Donnell, [course8@ucalgary.ca](mailto:course8@ucalgary.ca)

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### **INFO Debriefing study**

Have you been part of an INFO debriefing? We are looking for participants to take part in a study titled "Attitudes of Emergency Department Staff at the Foothills Medical Centre on the INFO Sessions Debriefing Technique." Participants will be asked to commit 30 minutes for a one-on-one interview via Zoom audio. Participants will receive a \$10 coffee card (and an INFO pen) as a thank you for their participation.

[Read more.](#)

Thank you

Stuart

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### **Medical Student Preceptors Needed!**

Students are currently looking for preceptors willing to take them on for pre-clerkship electives at the medical school. There are students at the middle of first year who are interested in exploring Emergency Medicine as a career prospect. They are looking for a total of **4 shifts** of clinical exposure between the dates of **March 22 - 28, 2021**.

**\*\* If you are willing to take on a student we can help connect you.** Please email:

Meira [calgaryelectives@gmail.com](mailto:calgaryelectives@gmail.com) or

Judy [cgyemergelectives@albertahealthservices.ca](mailto:cgyemergelectives@albertahealthservices.ca)

We have already had several student requests that we do not have preceptors for!

### **To Clarify the Elective/Shadowing Policy and Opportunities:**

1. **Med440:** U of C students in second year. 24h over 4 months. Matches are arranged by Judy and myself. Once shifts are arranged they get sent to Judy for IP&C tracking.
2. **Pre-clerkship Electives:** U of C students in first and early second year. 1 week electives, 4 shifts per week. Students find their own preceptors & can be split between two preceptors if needed. Once shifts are arranged the **date/time/site** needs to be sent to Judy for IP&C tracking.
3. **Shadowing (ON HOLD DUE TO COVID): U of C Students only.** Students have a list of preceptors that have agreed to be contacted for shadowing. If you want to be added to the list, please email Meira. Once shifts are arranged the **date/time/site** needs to be sent to Judy for IP&C tracking. Clerks CANNOT shadow due to UME rules, so it should only be pre-clerks asking to shadow.
4. **Elective Students:** Official electives are applied for through Meira and scheduled on MetricAid. These are all clerkship students.

Thanks

Meira Louis

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**ED Staff Simulation** – Spots available on Feb 9 (PLC) and Feb 16 (RGH). To sign up, please click [Signup Genius](#)

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## Education. CME. Rounds.

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### The Hodsman Legacy Lecture 2021 - March 11

Mark your calendars!

[See poster for more further details.](#)

This year will look a bit different (virtual/Zoom) than previous years, but we look forward to continuing the tradition of honouring our late colleague, as well as starting new traditions of honouring other dedicated faculty members.

If you plan on attending, please use the link below to reserve your spot, preferably before February 12th. After February 12th, registration is still open, but will also be open and promoted to fellow UofC faculty. Registration is required prior to attendance.

We hope to be back to our in-person lecture come 2022.  
Hope to see you March 11th!

### The Hodsman Legacy Lecture Planning Committee,

Colleen Carey, Haley Cochrane, Bretton Hari, Aaron Johnston, Bobby Johnston, Eddy Lang, Marcie Veitch, Ashlea Willmot and Fareen Zaver

**Register in advance for this webinar:**

[https://albertahealthservices.zoom.us/webinar/register/WN\\_xU0s6XG-RmmXpek2vO8CHA](https://albertahealthservices.zoom.us/webinar/register/WN_xU0s6XG-RmmXpek2vO8CHA)

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### Emergency Medicine Grand Rounds - Feb 4

**Date:** February 04<sup>th</sup>, 2021

**Time:** 0900 – 1030 (1 Education Credits)

**Session #1:** (0900 – 1030)

**Moderator:** Dr. Charles Wong

**Clinical Assistant Professor, University of Calgary**

**Emergency Physician, Rockyview General Hospital**

**Medical Director, Calgary Zone Urgent Care Centres, AHS**

**Guest Speakers:** [Dr. Paul Healey & Dr. Jane Healey](#)

**Topic:** Physician Financial Health and Wellness

#### **Description:**

*Many of you will already know Drs Jane and Paul Healey as moderators of the popular “Physician Financial Independence (Canada)” FaceBook group which has over 23,000 MD and MD-spouse members. They will be presenting core principles of “Physician Financial Health”, followed by a Q&A period. Thank you to the Physician Support Fund (PSF) committee for their support of this initiative. This session will also be recorded for later viewing.*

#### **ZOOM session**

**Please don't share the zoom link and connection details on social media or any website.**

**Evaluation form:**

**Procedure:** Complete a separate form for each session: <https://forms.gle/szfmBrmxiesiuGfg8>.

**MainPro credits** for EM physicians in the Calgary Zone will automatically populate on the forms after submission

**Recording Link:** Recordings of this Thursday's Grand Rounds (Except QAER Rnds) will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

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**ACLS/PALS Provider**

April 9: ACLS - \$275  
April 10: PALS - \$325  
Provider manual is the 2015/2016 version - not included, recommend you borrow.  
South Health Campus  
0900 start (0800 if you need BLS)

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## **EDI LUNCH & LEARN – MOVING BEYOND CELEBRATING DIVERSITY AND TOWARDS ANTI-RACIST TEACHING**

**Effective teaching is Anti-Racist Teaching!** Dr. Fouzia Usman, Educational Development Consultant with the Taylor Institute for Teaching and Learning, will be speaking about inclusive teaching at the next EDI Lunch & Learn on **February 26<sup>th</sup>**. In this interactive session, you will learn strategies to move towards **anti-racist practices in teaching**.

**\*\* Please come prepared to talk in small groups - we kindly ask that cameras are "ON" during these exchanges so we can connect with the people we're interacting with\*\***

**WHO:** Hosted by **OPED, OFDP** & presented by the **Taylor Institute for Teaching and Learning**  
**WHAT:** EDI Lunch & Learn – Moving Beyond Celebrating Diversity and Towards Anti-Racist Teaching  
**WHEN:** February 26<sup>th</sup>, 2021 12:30 – 1:30 PM  
**WHERE:** ZOOM (*Note: this session will be recorded*)  
**HOW:** Register at: <https://www.eventbrite.ca/e/138847040235>

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## **WISHES Symposium 2021**

*Lived Experience*

**Thursday, March 18, 2021 11:00am-4:00pm**

*Which way to justice? Medical training and learners with disabilities* Dr. Neera Jain University of Auckland  
[See poster.](#)

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## **Office of Faculty Development Workshops**

### **HANDS-ON TEACHING WITH ZOOM – TECHNICAL AND PEDAGOGICAL TIPS**

This interactive workshop lets you apply cognitive psychology principles to Zoom teaching, and provide hands-on training to test out multiple Zoom functions from screen.

**Friday, March 12, 2021**

12:00 PM – 1:30 PM MDT

**LIMITED SEATING DUE TO INTERACTIVE COMPONENTS OF WORKSHOP**

[SIGN UP NOW!](#)

### **R2C2 EVIDENCE INFORMED FACILITATED FEEDBACK WORKSHOPS**

This workshop will teach participants how to use a evidence informed facilitated feedback model and learning change plan to optimize the effectiveness of the feedback and provide coaching for change for residents.

Thursday, February 11, 2021

11:00 AM – 1:00 PM MST

Tuesday, March 23, 2021

9:00 AM – 11:00 AM MDT

[SIGN UP BEFORE February 4!](#)

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## **NCER Conference - Feb 23-24, 10am-3pm**

Are you interested in attending the NCER conference, happening virtually this year!

NCER is a research group at arms length from CAEP, which receives some funding from CAEP. Its mandate is to provide feedback and support for emerg researchers by reviewing protocols and providing endorsements/peer review for larger national funding opportunities.

<https://ncer.ca/2021-meeting/>

If you have any questions about it or want to know more, feel free to send me an email.

**Stephanie Vandenberg** [stephanie.vandenberg@ucalgary.ca](mailto:stephanie.vandenberg@ucalgary.ca)

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### **Reminder to Register - SCN's virtual Quality Improvement and Innovation Forum**

ESCN's virtual Quality Improvement and Innovation Forum will be held the morning of February 17, 2021.

You may now register for the event here: <https://www.eventbrite.ca/e/escn-virtual-quality-improvement-and-innovation-forum-tickets-130792476819>

## **Opportunities**

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### **Request for Nominations: FMC MSA Service Recognition Awards**

Once again the Foothills Medical Centre Medical Staff Association would like to recognize physicians from various departments with the FMC Service Recognition Awards.

Dr. Stephen Congly, President of the FMC MSA, invites you to nominate individuals from your department who deserve special recognition for their service at FMC.

You can **submit your nomination(s) by replying to this email with the following information:**

- Name and Department of the nominee
- Name of the person or persons nominating the individual
- Reasons the department feels this physician deserves special recognition

You may view past winners of these awards at: <http://albertazmsa.com/fmc-msa-service-recognition-awards-archives>

**Nomination deadline: February 26, 2021**

We are also seeking nominations for our Physician of the Year Awards (Resident, Early Career Physician and Established Physician) and Diversity and Inclusion Award. More information about these awards and previous winners can be found on our website: [www.albertazmsa.com/fmc-msa](http://www.albertazmsa.com/fmc-msa)

Contact Dr. Eddy Lang or Dr. Ian Walker with your nomination suggestions!

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### **Annual PGME Awards for Excellence Nominations**

**Attention: CSM PGME Program Directors, Clinical Faculty, Division and Department Heads, Residents, Fellows, and Program Administrators**

PGME is requesting nominations for the **Seventh Annual PGME Awards for Excellence in Medical Education**<sup>[1]</sup>

These awards are a way to recognize and reward outstanding efforts in providing high-quality residency programming through the hard work, ongoing commitment, and demonstrated passion of PGME staff and faculty. Winners will receive an inscribed plaque.

There are **three awards issued** in each of the following program categories:

- Direct-entry 2-4 year Programs
- Direct-entry 5-6 year Programs
- Subspecialty Programs (additional 1-3 years)

See more info:

- [Awards descriptions](#)
- [Winner history](#)
- [Nomination form](#)

For nomination form and further details, go to <https://cumming.ucalgary.ca/pgme/faculty-and-staff/awards-and-grants/awards/pgme-awards-excellence>

**Submission deadline:** *Nomination Letters may be submitted at any time during the current award period and must be received by **Feb 12, 2021***

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### **Clinical/Adjunct Promotions and Awards Deadlines**

The 2021 deadlines and application requirements for the Clinical/Adjunct promotion process can be [found in the attached document](#).

For any question, please contact Amani at [amani.otoom@ahs.ca](mailto:amani.otoom@ahs.ca)

Department of Emergency Medicine.

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## **Kudos Corner**

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### **Dr. Huma Ali - WellDoc Physician Associate!**

Dr. Ali has accepted a position as a physician associate with WellDoc AB. Congratulations!

Dr. Huma Ali is an emergency physician working in the Calgary Zone, primarily at South Health Campus, and is a Clinical Lecturer at the Cumming School of Medicine, University of Calgary. She completed her undergraduate degree in medicine and her Emergency Medicine training at McGill University, and a fellowship in Point of Care Ultrasound at the University of British Columbia. Dr. Ali has a Master of Arts in Health Leadership from Royal Roads University and is a trained Schwartz Rounds Facilitator from Harvard University's Schwartz Center for Compassionate Healthcare.

Dr. Ali was the previous co-lead for the Calgary Department of Emergency Medicine's Wellness Hub where she helped to launch and establish multiple wellness initiatives to foster culture change and highlight the need for physician wellness. She is still very active in the Department where she co-leads the mentorship program, is a member of the Equity, Diversity and Inclusion (EDI) Working Group, and is a member of the EDI Advisory Committee to the Canadian Association of Emergency Physicians Board of Directors.

Dr. Ali has been a Well Doc Alberta Physician Collaborator since August 2019, being among the first collaborators to join the co-operative. In this role, she has co-facilitated Peer Support Team training workshops and helped establish Peer Support teams for a number of physician groups in both Edmonton and Calgary. Now as a Physician Associate, Dr. Ali is responsible to help lead activities related to the Well Doc Alberta Peer Support Team Network, in collaboration with Well Doc Alberta Leadership.

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### **Great work to the UCalgary EM residents for their absolute domination in this month's CJEM Journal Club!**

Tyson Savage and Marshall Ross: **Comparison of three anticonvulsive agents for benzodiazepine resistant status epilepticus. CJEM. 2021;23:29-31**

Meg Mackenzie, Dana Stewart, and Chris Hall: **Electrical or pharmacologic cardioversion for atrial fibrillation in the ED? CJEM. 2021;23:32-33.**

### **Great job to Cody Dunne for this publication:**

**In adults hospitalized with COVID-19, the quick COVID-19 Severity Index predicted 24-h respiratory decompensation** <https://pubmed.ncbi.nlm.nih.gov/33524288/>

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**Congratulations to FR residents Dr. Jason Elzinga (PGY-2) and Dr. Scott Wakeham (PGY-1)** for being awarded the [Michael P. Spadafora Medical Toxicology Award](#) to virtually attend the American College of Medical Toxicology Annual Scientific Meeting. They are the first Canadians to ever receive this award and took 2 out of the 3 prizes in this year's competition.



- Catherine and Anj

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## ED Highlights

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**Video from Docs that Rock concluding Wellness Week - featuring pictures from Dr. Heather Patterson and Dr. Anoop Manocha in the band!:**  
<https://www.youtube.com/watch?v=4q61jRmqegq&feature=youtu.be>

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### **Congrats to Dr Sherlock**

Kelli Sherlock and her husband Rory were so excited to welcome Lewis Evin Killam on Jan 25th to their family. Everyone is doing well and feeling grateful for excellent care.

