



Department of Emergency Medicine

Weekly email

Updates for ED Physicians

January 19, 2021

COVID-19 Updates

Thromboembolic disease in COVID

Please see new information from the COVID Scientific advisory group on [thromboembolic disease in COVID](#). Key points start on page 7. Relevant to ED work up of DVT/PE in COVID patients. Thanks to Andrew McRae for his work on this and for highlighting it...

Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

YYCEM Happiness Challenge 2021

Happy New Year everyone! I've got an exciting opportunity as we start the new year of 2021. Is there anyone out there who wants to live a life with more JOY, more MEANING, more ENGAGEMENT? Do you want your immune system to function better? Do you want to work smarter? Do you want to win a trip for 2 to the Post Hotel in Lake Louise for 2 nights? If you answer yes to any of these questions, I invite you to the **YYCEM Happiness Challenge 2021**.

Click here to discover more: www.yycemhappinesschallenge2021.com

Click here to watch Sarah's intro video: <https://www.youtube.com/watch?v=2s0k8oQLxSQ>

-Sarah McPherson

Resident Retreat Cancelled

We regret to announce that in line with ongoing public health guidelines the Annual Staff-Resident Winter Retreat scheduled for Jan 22-Jan 24 2021 has been cancelled. We are working to plan another event in the spring, when restrictions will hopefully allow for more staff-resident team building beyond virtual sessions alone. As always, thank you to the entire department for continue to support our resident's education!

-Catherine, Jason and Anjali

Operations

2021 AIVA Process

Your 2021 Annual Information Verification and Attestation (AIVA) for AHS Medical Staff is now available for your review and completion. This year's AIVA is completed online. We expect the average practitioner will need less than 5 minutes to complete it. Please complete your AIVA at your earliest convenience.

The deadline to complete your AIVA is **February 20, 2021**.

To complete your AIVA, please log in using your AHS username and associated password using the link to the new AIVA Portal embedded in the email sent to you from AIVA@albertahealthservices.ca. If you need to reset your AHS password please contact AHS IT Support at 1-877-311-4300.

If you have difficulties accessing your AIVA please contact AHS IT Support. Please direct any other questions to your local Medical Affairs Office.

Thank you in advance for completing your AIVA.

Scott Banks

SCM Updates!

[Click here to read](#) summary for:

- [Edoxaban-NF Dose Guidance Message](#)
 - [Updates to Oxygen Therapy in ED COVID-19 Order Set](#)
-

MSK and Geriatric Resources now on My Emergency Department App

Looking for options on where to send your MSK-related patient for follow-up? We have compiled a comprehensive (but not exhaustive) list of resources in the city, including:

- Free physiotherapy advice
- Sports Medicine (including Pediatrics)
- Physiatry
- EMG
- Back Pain
- Multidisciplinary

To access them on the My Emergency Department App, either go to Education Portal -> Outpatient Referral, OR master search for "MSK".

[Click here for MSK resource list.](#)

We hope this helps!

Miles Hunter, Chris Lipp, and Margriet Gredanius

Geriatric Resources

Dr. Shawn Dowling has added Geriatric EM resources to the My Emergency app/website compiled by the Geri-EM working group. You can locate these resources under the Educational Resources link in the app under a

separate Geriatric link. Please check back regularly as we will be working to continually compile and curate resources and relevant links.

Kind Regards,

Marge McGillivray

Physician Participation Needed!

INFO Debriefing study

Have you been part of an INFO debriefing? We are looking for participants to take part in a study titled "Attitudes of Emergency Department Staff at the Foothills Medical Centre on the INFO Sessions Debriefing Technique." Participants will be asked to commit 30 minutes for a one-on-one interview via Zoom audio. Participants will receive a \$10 coffee card (and an INFO pen) as a thank you for their participation.

[Read more..](#)

Thank you
Stuart

Oral Exam Prep for R5s

We are looking to recruit staff for virtual oral exam prep sessions for our R5s. The first sessions will be held from 10:30am-12:00pm virtually with three half hour sessions (20 minutes for 2 cases, 10 minutes for review). The dates we are recruiting for right now are February 18 and April 1 with more dates to come after they complete their written exam. Thank you in advance and please email me with any questions!

<https://docs.google.com/spreadsheets/d/19avqRan0BaMqfu6HMazeh8peSd644ah4jIF8Q09ewmA/edit?usp=sharing>

Brit Sunderani

Medical Student Preceptors Needed!

Students are currently looking for preceptors willing to take them on for pre-clerkship electives at the medical school. There are students at the middle of first year who are interested in exploring Emergency Medicine as a career prospect. They are looking for a total of **4 shifts** of clinical exposure between the dates of **March 22 - 28, 2021**.

**** If you are willing to take on a student we can help connect you.** Please email:

Meira calgaryerelectives@gmail.com or

Judy cgyemergelectives@albertahealthservices.ca

We have already had several student requests that we do not have preceptors for!

To Clarify the Elective/Shadowing Policy and Opportunities:

1. **Med440:** U of C students in second year. 24h over 4 months. Matches are arranged by Judy and myself. Once shifts are arranged they get sent to Judy for IP&C tracking.
2. **Pre-clerkship Electives:** U of C students in first and early second year. 1 week electives, 4 shifts per week. Students find their own preceptors & can be split between two preceptors if needed. Once shifts are arranged the date/time/site needs to be sent to Judy for IP&C tracking.
3. **Shadowing (ON HOLD DUE TO COVID): U of C Students only.** Students have a list of preceptors that have agreed to be contacted for shadowing. If you want to be added to the list, please email Meira. Once shifts are arranged the date/time/site needs to be sent to Judy for IP&C tracking. Clerks CANNOT shadow due to UME rules, so it should only be pre-clerks asking to shadow.

4. **Elective Students:** Official electives are applied for through Meira and scheduled on MetricAid. These are all clerkship students.

Thanks

Meira Louis

ED Staff Simulation – available spots on Feb 9 (PLC) & Feb 16 (RGH). To sign up, please click [Signup Genius](#)

Present at Research Day 2021 - April 1, 2021

The University of Calgary and Alberta Health Services Department of Emergency Medicine is looking for presenters for our annual Emergency Medicine Research Day being held on April 1st, 2021 hosted via Zoom. Presenters for the event should have either completed or have an ongoing research project in any of the Emergency Departments, Urgent Care Centers, Pre-hospital services or other clinical areas that would be of interest to those who work in Emergency Medicine.

Attached are the Abstract Submission Forms for either completed or work in progress projects.

Instructions for Submission:

1. Complete either the [COMPLETED](#) or [WORK IN PROGRESS](#) Abstract Submission Form.
2. Send complete abstract form back to Jill Vandenbrand (jillian.vandenbrand@ahs.ca) via email by Monday January 25, 2020 at 16:00.



Deadline for Abstract Submissions is Monday January 25, 2020 at 16:00.

Education. CME. Rounds.

Reminder to Register - SCN's virtual Quality Improvement and Innovation Forum

ESCN's virtual Quality Improvement and Innovation Forum will be held the morning of February 17, 2021. You may now register for the event here: <https://www.eventbrite.ca/e/escn-virtual-quality-improvement-and-innovation-forum-tickets-130792476819>

The forum is devoted to sharing methods and results of emergency department quality improvement, research and innovation projects among those working in emergency care across Alberta.

Presentation submissions are being reviewed and the agenda will be shared early in the New Year.

Sincerely,
The Emergency Strategic Clinical Network Scientific Office

Emergency Grand Rounds - Jan 21, 2021

Time: 0900 – 1000 ([1.0 Education Credits](#))

Session #1: (0900 – 1000)

Dr. Jeffrey Bradley MD FRCPC ([Bio Attached](#))
Emergency Physician - Calgary Health Zone

Topic:
PR or ER; Medical Emergencies in Endurance Sports

Description:

Dr. Bradley will be providing an overview of common and life threatening complications of endurance athletic events that present to both the on-site medical tent as well as the ED. This will include the acutely short of breath swimmer, a diagnostic approach to the altered/collapsed runner, as well as other key diagnosis to consider in participants presenting to the ED.

Evaluation form:

Please fill out the evaluation form at <https://forms.gle/szfmBrmxiesiuGfg8>.

ZOOM session

Please don't share the zoom link and connection details on social media or any website.

Recording Link:

Recordings of this Thursday's Grand Rounds (Except QAER Rnds) will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

Jan 28 Research in Development session

Dr. Stuart Rose – the Info Study
Dr. Andrew McRae - COVID Lung POCUS study

January 28, 2021

Presentation start: 10:15 am

Zoom link:

<https://ucalgary.zoom.us/j/91432788697>

Meeting ID: 914 3278 8697

Passcode: 053680

Online Journal Club - Jan 21

Date: January 21, 2021

Time: 1830 hrs

Presenters: Drs. Ryan Chadwick, Emily Quick & Kyle Ricord

Preceptor: Dr. James Andruchow

Topic 1: [Identification of very low- risk acute chest pain patients without troponin testing](#)

Topic 2 : Wellness Topic.

ZOOM Session

Best Regards

Ryan Chadwick, Emily Quick & Kyle Ricord

Special Grand Rounds Announcement: "Physician Financial Health", with special guest speakers Drs Jane and Paul Healey

Please join us on **February 4 @ 9:00 to 10:30am** for a unique Grand Rounds presentation. Many of you will already know Drs Jane and Paul Healey as moderators of the popular "Physician Financial Independence (Canada)" FaceBook group which has over 23,000 MD and MD-spouse members. They will be presenting core principles of "Physician Financial Health", followed by a Q&A period. Thank you to the Physician Support Fund (PSF) committee for their support of this initiative. This session will also be recorded for later viewing.

For advanced questions (to the speakers) to Charles Wong

Recording Link for January 14, 2021 ED Grand Rounds

Session#1:

Speaker: Dr. Cody Dunne. R2 EM Resident - FRCPC

Topic: "Pulseless Electrical Activity & Pseudo-PEA: Exploring practices beyond ACLS"

Session #2: Wellness Update

Speaker: Dr. Sarah McPherson. EM Physician

Topic: "Happiness Challenge 2021"

Click [here](#) for recording.

Clinical Pharmacology & Toxicology Pearl of the Week: [Part 2 - Toxicokinetics 1 pharmacokinetics series: Distribution](#)

Anti-Racism in Emergency Care: Reflecting on Results of an Ongoing Mixed Methods Project

Jan 29, 12pm-1pm presentation by Patrick McLane (ESCN) and Bonnie Healy

This presentation shares results of an ongoing mixed methods research project titled "Understanding and Defining Quality of Care in the Emergency Department with First Nations Members in Alberta" from the perspectives of the Principal Investigator Patrick McLane and Principal Knowledge User Bonnie Healy. The presenters will reflect on why emergency medicine is a particularly important health services area in which to address racism, and the place of emergency medicine within public health. The importance of community engaged research partnerships will be highlighted.

Info here: https://events.ucalgary.ca/obrien/#/view/event/event_id/238738

Opportunities

Leadership Opportunity - PGME Curriculum Lead

Postgraduate Medical Education's Anti-Racism Task Force invites applicants for [PGME Curriculum Lead – Racial Equity in Healthcare](#). The Curriculum Lead provides coordination of and leadership to the development, delivery, and evaluation of curriculum addressing the ongoing legacy of anti-Black racism in healthcare in Canada. Activities will target the PGME community at the Cumming School of Medicine.

The Curriculum Lead is a leadership position requiring collaborative approaches involving stakeholders and teamwork to be effective. It is not intended to be conducted in isolation, and applicants wishing to share the role are welcome to apply individually, indicating their interest in role-sharing.

Details regarding time commitment, remuneration, qualifications, responsibilities, supports, and selection process are attached.

Interested applicants should forward a letter of interest addressing their suitability for the role's qualifications and responsibilities, along with an up-to-date curriculum vitae, to the PGME Anti-Racism Task Force at pgmeantiracism@ucalgary.ca by end of day Tuesday, January 26, 2021.

Teaching Invite for Procedural Skills

We are still looking for preceptors for upcoming Procedural Skills teaching for Year 1 Medical Students.

Session Dates are:

- Feb. 26th; 1:30-5:30pm – Airway Management
- April 30th; 1:30-5:30pm – Lumbar Puncture
- May 7th; 1:30-5:30pm – Lumbar Puncture

These sessions will be taught in person but student numbers in each group are lower than our usual size to allow for as much physical distancing as possible.

Remuneration for this teaching is \$125 per hour and preceptors must have a faculty appointment or be an R2 of higher.

If you are interested please email me back and let me know which ones you would like to teach.
Shauna Bonnett

Clinical/Adjunct Promotions and Awards Deadlines

The 2021 deadlines and application requirements for the Clinical/Adjunct promotion process can be [found in the attached document.](#)

For any question, please contact Amani at amani.otoom@ahs.ca

Department of Emergency Medicine.

ED Highlights

[Calgary ER doctor captures life on front lines of pandemic through photography project | CBC News](#)

Residency Re-Branding for CaRMS

The Calgary Emergency Medicine Residency Program has recently underwent a re-branding in preparation for virtual CaRMS this year. We are excited to announce a new website, logo and promotional video to showcase the people and places that make our residency program great.

New Calgary EM website: www.calgaryem.com

New Calgary EM video: <https://vimeo.com/499524441/171f06d752>

Thank you to Black & White Photo and Film for the video (www.yourblackandwhite.com) and 9Lives Design (<https://www.9lives.design>) for the website and logo.

Kudos Corner

Congrats to Dr. Kelsey Ragan for her CJEM publication on the Canadian Syncope Risk Score!

Ragan KM and Lin KY. Can the Canadian Syncope Risk Score (CSRS) help to risk stratify emergency department patients presenting with syncope without an evident serious cause? *Can J Emerg Med* (2020). <https://doi.org/10.1007/s43678-020-00020-8>

Clerkship Awards - Class of 2020

Congratulations to our ED faculty award winners for Clerkship Teaching for the Class of 2020, 2019-2020 academic year. Students are given the opportunity to nominate faculty who they would like to be recognized for their outstanding teaching at the end of each of their mandatory rotations in the MD Program.

- Ryan Cormier - Gold Star
- Peter Davids - Honor Roll

- Heather Patterson - Honor Roll

SUPER (SUPporting Seniors in the ER) Volunteer Program at SHC ED

This Volunteer program currently exists at the SHC ED with plans to expand to all Calgary Adult Emergency Departments.

Super volunteers have been actively improving senior patients' experience in the SHC ED since April 2019.

[Click here for more details.](#)

Dr. Margret McGillivray