



Department of Emergency Medicine

# Weekly email

Updates for ED Physicians

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**March 2, 2021 Edition**

## **Notes from Eddy and Neil**

[Click here to read](#) March 2021 version of Notes. See [referenced powerpoint here](#).

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## **Opportunity - MD Wellness Lead**

### **ED Physicians:**

A new and exciting position is now available. The MD Wellness Lead, Department of Emergency Medicine, is a 0.1 FTE position and is compensated at the annual rate of \$23,199.

Reporting to the Zone Clinical Department Head, Emergency Medicine, this position will focus on the importance of emergency physician health, and will ensure that there is protected and supported time to advocate for physician wellbeing on important department decisions, to innovate and incorporate change into the Emergency Department, and to strive to become a center of excellence for physician wellbeing within our province.

In a competent and professional manner, the MD Wellness Lead will:

- Work collaboratively with the members of the Department of Emergency Medicine community to foster a culture of physician wellness.
- Work to make physician wellbeing a departmental priority and address issues on a system-level.
- Lead the planning, development, implementation, evaluation and continuous monitoring of departmental well-being initiatives.

### **Specifics:**

- To perform an inquiry into emergency physician wellness in order to determine the year's goals and drive change (formalized, through a research group or for example, collaborate with WellDoc Alberta)
- To facilitate wellness initiatives in the Calgary Zone Emergency Department
- To develop and deliver a wellness curriculum for the Emergency Department
- Offer wellness guidance in the Emergency Department's strategic planning process
- Support social interactions and foster a sense of community amongst ED physicians
- Support the mentorship program
- Provide feedback to the hiring committee on how to optimize physician wellbeing in the hiring process and on-boarding of physicians
- Work with Emergency Department Site Chiefs to improve performance reviews and collate resources for physicians dealing with patient complaints
- Collaborate and partner with other departments and stakeholders to improve and initiate system-wide approaches to wellness
- Organize program reports every three months (quarterly) to provide assessment and evaluation of ongoing programs and initiatives
- Attend monthly Physician Executive Committee meetings as an active member and provide a report to the committee every 6 months outlining the work of the MD Wellness Lead.
- Identify and advise on wellness and resiliency resources and support pathways for Emergency Department members.
- Provide leadership to the Emergency Department Wellness Hub

If you're interested in applying please email your letter of interest and curriculum vitae to Scott Banks no later than Monday, March 22, 2021.

Thank you

**Scott H. Banks**, MBA, CITP, CPHR  
 Emergency Medicine Zone Department Manager  
 & Zone Manager for Critical Care Medicine &  
 Obstetrics & Gynaecology  
 Alberta Health Services

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## COVID-19 Updates

### Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

### March YYCEM Happiness Challenge!

It's March and that means it's month three of the YYCEM Happiness Challenge! This month's challenge is learning to incorporate acts of kindness into our daily lives. When kindness is shared it grows. "Kind words can be short and easy to speak but their echoes are truly endless" ~ Mother Teresa. Let's spread so much kindness this month that the echoes can be felt and heard all throughout our hospitals! Because kindness has a multiplying effect this month has another **MONTHLY PRIZE**. Check out the website and the March video to learn more.

Click here to discover more: [www.yycemhappinesschallenge2021.com](http://www.yycemhappinesschallenge2021.com)

Click here to watch the March video: <https://www.youtube.com/watch?v=KeQ-MkmZPe8>

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## Operations

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### Recovery Coaches

We are happy to announce a partnership with the Rapid Access Addictions Medicine Clinic (RAAM) for ED patients interested in speaking with a peer about substance use or other challenges surrounding an addiction. I have included a [FAQ sheet](#) and copy of the [referral form](#) which anyone can fill out (ED nurse, ED social work, ED MD, PES) and have faxed to the Recovery Coaches at RAAM. It has also been circulated to all of the managers for social work, PES and the physician groups. The documents are also available on the My ED App - just search "recovery coach".

We currently have four wonderful Recovery Coaches - people with lived experience of addiction who have been trained and supported through the Canadian Mental Health Association's (CMHA) Recovery College. The Recovery Coaches are employees of AHS with "office space" at RAAM and salary funding provided by a pilot grant from the City of Calgary's Mental Health Initiative. More details are in the FAQ sheet and I am happy to answer any questions!

The Recovery Coaches are accepting referrals from the ED and will follow up with the client by phone (or at a shelter/support centre) the next business day. Eventually we would love to have them on site in the ED for real time support but we are still working out the logistics.

Warmly,  
Stephanie VandenBerg,

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### New to the My ED app

#### Outpatient/Referral

1. **Lymphoma Diagnosis Program**/Clinic information - Can be found by using the search term "lymphoma". Document includes referral process and eligibility criteria for clinic.
2. **Urgent Neurology referral** inclusion criteria - Can be found by using the search term "neuro". Document includes referral process and inclusion/exclusion criteria for clinic.
3. **Atrial Fibrillation Clinic Referral** form - Can be found by using the search term "afib". Document includes referral form and inclusion/exclusion criteria for clinic.

#### Also

1. **FMC Trauma process document** - (can be found by searching FMC trauma) includes new FMC trauma process (as of July 2020), MTP activation guidance, trauma pre/exit checklist.
2. Did you see a patient who was experiencing a side effect from a vaccine? If yes, it is the law to report it ([https://www.qp.alberta.ca/1266.cfm?page=2018\\_182.cfm&leg\\_type=Regs&isbncln=9780779806669&display=html](https://www.qp.alberta.ca/1266.cfm?page=2018_182.cfm&leg_type=Regs&isbncln=9780779806669&display=html)). You can find out more details about what needs to be reported and how to report it at <https://www.albertahealthservices.ca/info/Page16187.aspx>. Or you can just use the search term "vaccine" in the app.

#### New Discharge instructions (can be found by searching the patient leaflets section)

1. clavicle fracture
2. radial head fracture
3. Access Mental Health - Know my Options Brochure (patient leaflets)

**Finally** - [see attached document](#) that has of all of the content in the my ED app (and website <https://my-emergency-department.com>) - all 484 documents and counting.

Shawn

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### Surge Call Notice

Please note that the \$300 payment for surge call in will be discontinued by AHS effective March 31, 2021. Please feel free to email or call me or Neil, if you have any questions.

Thanks,  
Scott Banks

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### Alberta Netcare Portal Scheduled Outages

**March 4, 2021 from 9:00pm to 3:00am**

Alberta Netcare Portal will be unavailable for up to two 45 minute durations during the noted period in order to accommodate system maintenance and upgrades. Users who are logged in during this time will be disconnected and will need to re-authenticate following each outage period. If you anticipate urgent access to results, please refer to and complete the [ANP Downtime Contingency Kit](#) in advance of the maintenance. For any questions or concerns, AHS employees please contact 1-877-311-4300, while Community Alberta Netcare users (outside AHS) can contact the Provincial Helpdesk at 1-877-931-1638.

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## Physician Participation Needed!

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### Seeking Preceptors for Shadowing / Pre-Clerkship Electives / AEBM

We are in the process of updating our contact list for students interested in ER.

**The list is used for the following:**

1. **Episodic shadowing in first and second year (usually one shift, sometimes two)**
2. **Preceptors for preclerkship electives (1 week experiences in March and July at the end of their first year)**
3. **AEBM preceptors (previously called med 440): 24 hours of time in the spring of first year (usually 3 shifts, but could be 4-6 partial shifts)**

The more preceptors on this list, the more diverse the experience the students can get. Usually these are very rewarding students that are engaged and interested. There is a stipend from the UME for these experiences as well.

It is always to your discretion as to whether you have the availability when a student contacts you to actually take them on.

If you are willing to be added to the list or to check to see if you are currently on the list, email Judy [Judy.mackay@AlbertaHealthServices.ca](mailto:Judy.mackay@AlbertaHealthServices.ca) with your preferred email (or alternative contact if you wish), your site(s), and any special interests you may have.

If you only want to be involved in one or two of these opportunities, email Judy and we can sort that out. Currently we are actively recruiting for the **AEBM block**.

As always, thanks for being involved with our teaching!  
Meira Louis

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### Goals of Care Tracking Record Study

The Goals of Care Tracking Record is a document that captures conversations about advance care planning and goals of care in the patient chart. Have you ever used the Goals of Care Tracking Record in the emergency department? Do you find it useful or not at all?

Please consider participating in a research study from the Division of Palliative Medicine:

**Exploring characteristics of the “Advance Care Planning and Goals of Care Tracking Record” that are most useful to physicians.**

You would be required to participate in a 1 hour phone or zoom interview. You will receive a \$20 gift card for your participation.

[Please see the attached flyer.](#)

Reach out to Dr. Jennifer Hughes, co-investigator, with any questions.

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### INFO Debriefing Study

Thank you to those who have signed up for the INFO study. Your participation is much appreciated. See [the attached flyer](#) for details of the study. We are still looking for participants so if you have been part of an INFO debriefing and would like to share what you think of the process or have any ideas on how to improve the process, please contact me ([rosesc@ucalgary.ca](mailto:rosesc@ucalgary.ca)) or Jill Vandenbrand ([Jill.Vandenbrand@albertahealthservices.ca](mailto:Jill.Vandenbrand@albertahealthservices.ca)).

Thank you  
Stuart Rose

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### CAEP Gender Equity Survey

Please consider taking the following important survey (should take you about 10 minutes to do):

A survey by the CAEP Gender Equity Working Group in preparation for the 2021 CAEP Academic Symposium on Equity, Diversity and Inclusion (EDI) is being collected. The goal is to help prioritize problems and develop recommendations to address issues related to gender equity in Emergency Medicine in Canada. Results from this survey will be kept in an anonymized aggregate form and are intended for use in future research publication.

Please go to <https://caep.ca/wem-women-in-emergency-medicine/gender-equity-survey/> for more info.

The survey can be filled out using this link:

<https://www.surveymonkey.com/r/Q9LG5H6>

Thanks,  
Fareen

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## Education. CME. Rounds.

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### ED Grand Rounds

#### QAER & Wellness Metrics

Date: March 04<sup>th</sup>, 2021

Time: 0900 – 1015 (1.25 Education Credits)

#### Session 1: QAER (0900-1000)

Moderator: Dr. Adam Oster

Speaker: Dr. Dana Stewart

R3 EM Resident - FRCPC

Topic: Labs Pending?! Addressing Gaps in Protocolized Blood Work.

Description: *Nurse initiated blood work expedites patient care through the ED and reduces the time to diagnosis in critical presentations. We will review a case which highlights areas for improved patient safety when utilizing these protocols.*

Note: Due to the sensitive content this QAER session will not be recorded for future viewing on our website

**Session 2: Wellness Metrics (1000-1015)**

Speakers: [Bios Attached](#)

<b>Dr. Nadim Lalani, FRCPC</b> <b>Clinical Assistant</b> <b>Professor</b> <b>Dept. of Emergency</b> <b>Medicine</b>	<b>Kyle McLeod, ACC,</b> <b>ECPC</b> <b>Chief Operating Officer</b>
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**Evaluation form:**

**Procedure:** Complete a separate form for each session: <https://forms.gle/szfmBrmxiesjuGfg8>.

**MainPro credits** for EM physicians in the Calgary Zone will automatically populate on the forms after submission

**Zoom Session**

**Please don't share the zoom link and connection details on social media or any website.**

**Recording Link:**

Recordings of this Thursday's Grand Rounds (Except QAER Rnds) will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

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**CAEP National Grand Rounds on Quality & Safety**

**Quality & Safety - how can we organize it in our ED?**

**Wednesday, March 3rd, 7pm ET (5pm MT).** We will have a panel on how to develop and structure Q&S activities in EDs of various settings, including community, pediatric and adult academic. The panelist will be Drs. Jennifer Thull-Freedman, Samantha Calder-Sprackman and Laura Shoots, and they will discuss their respective journey and lessons learned to get to where they are now, so that you can be more successful in your own setting. Feel free to send me your questions in advance too!

[REGISTER HERE](#)

**Panel**

Jennifer Thull-Freedman, Samantha Calder-Sprackman, Laura Shoots

**Moderator**

Lucas Chartier

**Learning Objectives**

At the end of this activity participants will be able to:

1. Describe the resources and support required to successfully structure local Q&S activities
2. Recognize strategies that work in different ED types and settings
3. Design approaches to engage both front-line providers and leaders in local Q&S activities

Please make sure to spread to your networks, and see you there!

**Lucas Chartier**

Medical Director, Quality & Safety  
Deputy Medical Director, Emergency Department  
University Health Network  
[lucas.chartier@uhn.ca](mailto:lucas.chartier@uhn.ca)

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## Teaching Excellence Program - CSM TEP - Call for Applications

CSMTEP is designed to help faculty solidify fundamental teaching skills, learn relevant educational theory, and explore more advanced topics related to special areas of interest in medical education. Applicants should be involved in teaching at the graduate, postgraduate, and/ or undergraduate level and ideally planning on pursuing medical education as a major component of their career.

CSMTEP will run every second Friday from September 2020 to April 2021.

Tentative dates are Sept 3, 17, Oct 1, 15, 29, Nov 12, 26, Dec 10, Jan 14, 28, Feb 11, 25, Mar 11, 25, Apr 1  
To apply, please submit the following documents to [ofdp@ucalgary.ca](mailto:ofdp@ucalgary.ca) by **no later than April 15, 2021**:

1. A Letter of Interest outlining your current career and future plans in medical education.
2. A Curriculum Vitae
3. If you are a resident/fellow, a letter of support from your program director must be included (PLEASE NOTE: first priority will be given to Cumming School of Medicine Faculty/Staff. If space permits, consideration will be given to residents & fellows).

Applications should be sent to [ofdp@ucalgary.ca](mailto:ofdp@ucalgary.ca) and addressed to Dr. Sylvain Coderre, Director of Teacher Development with the subject line: CSMTEP Application of Interest. All applicants will be notified of their application status by mid-May.

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## EDI LUNCH & LEARN – INTERNATIONAL WOMEN'S DAY TALK: ANTI-RACISM & ALLYSHIP

We are honored and excited to have **DR. SHANNON RUZYCKI** and **DR. TITO DAODU** present at the next EDI Lunch & Learn on **March 8<sup>th</sup>**. Join us on **INTERNATIONAL WOMEN'S DAY** for this very important discussion about **SYSTEMIC RACISM, IMPLICIT BIAS, PRIVILEGE, & CULTURALLY SAFE HEALTHCARE**.

- WHO:** Hosted by **OPED & OFDP**
- WHAT:** EDI Lunch & Learn – International Women's Day Talk: Anti-Racism & Allyship
- WHEN:** March 8<sup>th</sup>, 2021 12:30 – 1:30 PM
- WHERE:** ZOOM
- HOW:** Register at: <https://www.eventbrite.ca/e/142277420595>

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## MARCH CSM Fac Dev Workshops!

### ***Include:***

### ***HOW TO SUCCEED AT FAILING – LIBERATING THE PRECEPTOR***

In this 90 minute workshop, you will learn how to follow an objective step-by-step process for assigning an appropriate failing grade, describe the common errors preceptors make, and how to obtain support when dealing with learners.

Thursday, March 18, 2021

9:00 AM – 10:30 AM MDT

[SIGN UP NOW!](#)

### ***THE CLINICAL COACH – HOW TO COACH YOUR LEARNERS***

By the end of this workshop, you will be able to describe the Clinical COACH model, and use the Clinical COACH model with your clinical learners.

Tuesday, March 30, 2021

9:00 AM – 10:30 AM MDT

[SIGN UP NOW!](#)

View all [Fac Dev Workshops Here.](#)

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## WISHES Symposium 2021

### ***Lived Experience***

Thursday, March 18, 2021 11:00am-4:00pm

*Which way to justice? Medical training and learners with disabilities* Dr. Neera Jain  
University of Auckland  
[See poster.](#)

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## Opportunities

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### Faculty Representatives needed for CSM Standing Committees ALL INQUIRIES SHOULD BE DIRECTED TO JOYCE FORSTER

The Cumming School of Medicine (CSM) has opportunities for volunteers to serve on the following two standing committees:

#### [Admissions Committee](#)

**Five – Faculty Member from Faculty at Large** (experience on Admissions Selection Committee)

**Term - 3 years, renewable once**

#### [Student Academic Review Committee](#)

**One - Clinical/Adjunct Faculty Member** (minimum 3 years' experience)

**Term - 2 years, renewable once**

**Note:** The deadline to receive applications is March 22<sup>nd</sup>, 2021. Please provide your Expression of Interest (EOI) and a Bio-sketch to Joyce Forster

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### CanVECTOR Thrombosis Canada Fellowship

Thrombosis Canada and CanVECTOR proudly support a promising new clinician-investigator each year through the Thrombosis Canada CanVECTOR. More info:

<https://thrombosiscanada.ca/thrombosis-canada-research-fellowship/>

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### CAEP Virtual Leadership Series - Leadership from behind the face shield

Dear CAEP EM Leaders,

On behalf of the CAEP Leadership Committee, I encourage you to attend CAEP's Virtual Leadership Series (VLS), a 4-part online course consisting of weekly 90-minute sessions. The objectives of the program are:

1. To develop a virtual platform for leadership skill development, mentorship, and networking for EM leaders; and
2. To take the lessons learned from our first leadership conference to develop ongoing leadership programming to support EM leaders in a variety of formal and informal leadership roles, at any phase of their careers.

Please forward this information to anyone who you think would benefit from this exciting opportunity.

Registration is open (and limited) with details available here: <https://caep.ca/em-community/academic-section/leadership-committee/virtual-leadership-series/>

Doug Sinclair  
CAEP VLS Chair

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### Teaching Opportunities - Osler

As a faculty member in UME at the University of Calgary,

We thought that you would be interested in helping out at some of our teaching or OSCE events:

This is recruitment invitation for clerkship OSCE examiners Mar 30-31, 2021. There are 8 different station



types. You will be assigned to one of them after recruitment is complete.

Latest posted opportunities:

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Tue 30th of Mar 2021

7:45 - 12:00pm <OSCE> Clerkship OSCE (Day 1) AM Location - Medical Skills Centre

12:15 - 2:45pm <OSCE> Clerkship OSCE (Day 1) PM Location - Medical Skills Centre

Wed 31st of Mar 2021

7:45 - 12:00pm <OSCE> Clerkship OSCE (Day 2) AM Location - Medical Skills Centre

12:15 - 2:45pm <OSCE> Clerkship OSCE (Day 2) PM Location - Medical Skills Centre

Log in to Osler, <https://osler.ucalgary.ca>.

If teaching opportunities are available you will see the 'Teaching Opportunities' tab on your dashboard. Select this tab to view the available teaching events.

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## Kudos Corner


Kudos to Dr. MCrae and the research team on their publication:

[Adverse Events Among Emergency Department Patients With Cardiovascular Conditions: A Multicenter Study - ScienceDirect](#)

Kudos to new recruit Colin Bell who got 1700 likes with this tweet!

**Tweets**      **Tweets & replies**      **Media**      **Likes**

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 **Colin Bell** @colinrbell · 27 Feb

Emergency medicine: where no one on the team flinches when you intubate a patient dressed in a hoodie and timberlands because you came in to use the printer on a weekend. #teamwork #workwear

29      56      1.7K      