





Department of Emergency Medicine



Updates for ED Physicians

November 03, 2020

<hr size=2 width="100%" align=center>

COVID-19 Updates

Wellness CoVID Updates

1. Introducing.. the Kudos Corner!

Our Calgary EM colleagues accomplish incredible things, big and small, every day, let's celebrate their accomplishments with everyone in our department! The **Kudos Corner** will celebrate a colleague, anonymously or not. Let's share gratitude and praise for the amazing people in our community.

Please email Amani at <u>Amani.Otoom@albertahealthservices.ca</u> with the Kudos and it will be included in the next week's weekly newsletter.

- Huma Ali MDCM FRCPC(EM)
- 2. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
- 3. Call Physician and Family Services (PFSP) 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have 6 free hours of counselling for yourself and 6 free for your family members.

Operations

ED strategic plan- Next steps

Dear ED physicians,

This is a brief update on the ED strategic planning. We are moving to phase two of the planning – which will reflect your input back to you and ask for further input. Expect the second phase survey to launch on Monday , November 9^{th} . To finalize the plan, we will be holding a facilitated session via ZOOM on Thursday, December 03 at 1400-1600. We hope you can make the time to join the session to establish the final strategic plan of the department. Amani will be in touch with the session details.

Warm regards,

Department of Emergency Medicine.

Urgent Direct Referral - RAAPID Update

Several months ago, AHS mandated that RAAPID be used for every patient transfer within AHS, including Direct Referrals between Calgary Zone EDs.

While the process works well for Urology and ACH Direct Referrals for example, some patients with extremely time sensitive conditions such as STEMI, Stroke, and Trauma have experienced delays in some component of their transfer.

As we work to improve this process, we will temporarily step back from using RAAPID for <u>extremely times</u> sensitive processes (ie STEMI, Acute CVA, ruptured AAA, etc).

If you have arranged an extremely urgent Direct Referral transfer, please; phone the receiving department as speak to the RAAPID designated ED MD about the patient. And please complete an SEC Handover Note as well.

For all other Direct referrals please use the RAAPID facilitated process.

We are working on improving this process for patients and for the Referring ED MD. We remain committed to eventually using RAAPID for all Direct Referrals. There are significant safety benefits to patients that are realized when a Direct Referral patent is transferred expeditiously to a site that is expecting them and where they have an accountable ED MD.

Neil Collins

Palliative Home Care Reminder

After a recent patient concern, we would like to remind you of the services that palliative care offers. Please see the <u>attached summary done by our very own palliative/ED MD Dr Jen Hughes</u>.

Please remember this is not an emergency service. This is a planned, in home service. To arranged palliative home care, you consult transition as you would for home care. This will take 3-5days (and has been longer in some circumstances during COVID). This is NOT available on weekends. If you have any questions about options/services/timing, please do not hesitate to call the palliative MD on call. If your patient needs more urgent care, please remember there is a delay to these resources and consider admitting to hospital.

ED Admin Team

Lymphoma Diagnosis Program - Tom Baker Cancer Centre

To address issues Emergency Department and primary care providers face when encountering possible lymphoma diagnosis such as difficulty in arranging investigations to get tissue diagnosis before referral, a new pathway has been established based on the successful ATOP model. This program has been discussed with Emergency Medicine and Primary Care leadership.

The **Lymphoma Diagnosis Program** at the Tom Baker Cancer Centre is now accepting referrals. This program has defined criteria for referral for highly suspicious clinical findings with lymphadenopathy. For patients with suspicious CT or ultrasound findings, the Lymphoma Diagnosis Program will be co-notified of the results and will then send details to ordering providers for initiating referrals to the program. Diagnostic work-up will be facilitated through the program including arranging appropriate biopsy investigations. Information on the program and how to refer is posted on www.albertareferraldirectory.ca (search: "lymphoma").

This program has been discussed with Emergency Medicine leadership. Any questions about the program can be directed to Adam Elwi, Senior Project Manager, Cancer Strategic Clinical Network

Hematuria Pathway

In collaboration with our Urology and Radiology colleagues we are proposing a new <u>ED pathway for patients presenting with hematuria</u>. The main change from what I presented at Grand Rounds is the recommendation of ordering a CT hematuria protocol if the patient has no recent imaging and also has urinary retention. We ask that if you order this test you put something like "gross hematuria plus urinary retention" in the history. We will pilot this pathway for 3 months and reassess thereafter. If you have any questions feel free to contact me.

Sincerely,

Natasha Wright

Physician Participation Needed!

Publication and Grant Tracking Information Request

It's the most wonderful time of the year!

Publication and Grant Tracking time is here.

Did you have a publication or a grant application accepted in the 2019/2020 academic year? **We want to hear about it for the annual report.**

This is our time to shine.

Let us know your grant and publication information for 2019/2020 before it's too late.

Please send any publications, grant information or a copy of your CV with the required info highlighted to <u>Jillian.vandenbrand@albertahealthservices.ca</u>

Hodsman Lecture Survey and Update

For six years, we have honoured the memory of our colleague Dr. Mike Hodsman. The funds originally raised in his memory have been fully spent on high value CME events. We would like you to consider whether we should continue to honour Dr. Hodsman's memory, or re-brand our lecture series to honour the memory or retirements of other long-serving department members. Please complete this single-question survey.

Survey link: https://www.surveymonkey.com/r/9VYXWB5

Our Committee is also looking to add 1-2 new fresh faces to our planning committee. If this is something you're interested in, feel free to email either Colleen Carey or Marcie Veitch if you have any questions or if you are interested in joining the team. The Committee meets 5-6 times per year (recent meetings have all been via Zoom).

Thank you for your time.

Your Hodsman Lecture Planning Committee,

Colleen Carey, Aaron Johnson, Eddy Lang, Marcie Veitch, Ashlea Willmot and Fareen Zaver

Education. CME. Rounds

ED Virtual Rounds

Emergency Grand Rounds
Date: November 05th, 2020

Time: 0900 – 1015 (1.0 Education Credits)

Moderator: Dr. Kelsey MacLeod

Guest 0900-1000

Speaker: Kimberly Chernoby, MD, JD, MA (Bio Attached)

Health Policy Fellow at George Washington University, Department of Emergency Medicine

Topic: Pursuing Gender Equity in Emergency Medicine.

We will be discussing the status of gender inequity in Emergency Medicine and thinking about ways we can make Emergency Medicine more equitable.

Second 1000-1015

Speaker: Dr. Andrew Demchuk (Bio Attached)

Topic: Reversing Factor Xa inhibitor intracranial bleeding- introduction to ANNEXA-I trial

This presentation will provide current evidence for reversing the anticoagulant effects of Factor Xa inhibitors with agents such as Prothrombin Complex Concentrate(PCC). It will also update on emerging literature using Andexanet as a reversal agent from the ANNEXA-4 trial. The ongoing ANNEXA-I randomized trial comparing Andexanet with usual care (PCC in most instances) in intracranial bleeding will be introduced. The Foothills Medical Centre is an enrolling site, please contact Calgary Stroke Team on call if appropriate patient is identified. This brief lecture will be presented by Dr. Andrew Demchuk.

Evaluation form:

Please fill out the evaluation form at https://forms.gle/szfmBrmxiesjuGfg8

Please don't share the zoom link and connection details on social media or any website.

ZOOM session.

Recording Link:

Recordings of this Thursday's Grand Rounds will be available the following Tuesday on our website: https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive

November 19th ED Grand Rounds- Guest speaker: Dr. Reuben Strayer

Dear colleagues,

You are invited to attend ED Grand Rounds about "Management of Agitation in the Emergency Department" presented by guest speaker Dr. Reuben Strayer on November 19th.

Department of Emergency Medicine.

Recording link & Q & A document. Grand rounds Oct 29. 2020

October 29, 2020

Att: Bio's & Wellness Handout

Moderator: Mark Scott, MD, CCFP(EM), FCFP, ISAM(C) Emergency Physician and Addiction Medicine Consultant

Speakers: Tacie McNeil RN, MPH. ARCH Clinical Nurse Educator

& Brad Morrison Outreach Worker/Peer Support ARCH Program, PLC

Topic: The Most Addictive Grand Round of 2020: "Pearls for Managing Addiction in the ED"

Wellness Update

Speaker: Dr. Nadim Lalani

Topic: "Values - The DNA of your motivation"

Click here for recording.

You can find here the rounds Q & A document.

Clinical Pharmacology & Toxicology Pearl of the Week: Part 3 - Hypertension Series:

Thiazide and Thiazide-like Diuretics

Presenting at Research in Development Rounds

Research in Development Rounds will be on Winter Hiatus until January 2021 (Nov/Dec no rounds)

If you would like a chance to present your study or research idea for refinement please contact Jillian Vandenbrand Stephanie Vandenberg

Global EM Update

Please save the date! Emergency physician and renowned author James Maskalyk will be giving us the annual **Global Emergency Medicine Grand Rounds Thursday, December 3**. This will be of particular interest to those in the global EM and wellness hubs.

Title: Doctor: Heal Thyself

Topic: Using his decades of experience as a humanitarian physician, Dr. Maskalyk will draw parallels between the COVID-19 pandemic, the ongoing health crises that preceded it, and the necessity of "healing on the fly" when confronting them. He will also discuss his recent experience of illness, and how it illuminated his role as physician. Finally, he will leave us with two self-care practices to help us our life in the emergency department, and outside of it.

Biography: James Maskalyk is a physician and author, both of the international bestseller "<u>Six Months in Sudan</u>" and more recently, "<u>Life on the Ground Floor</u>", which won Canada's largest non-fiction <u>literary prize</u>. He is an award-winning teacher and associate professor at the University of Toronto and practices emergency medicine and trauma at St. Michael's, Toronto's inner-city hospital, where he was the inaugural "wellness" lead in 2018.

He is the strategic director of a <u>program</u> that works with Ethiopian partners at Addis Ababa University to train East Africa's first emergency physicians and is a member of Medecins Sans Frontieres, an organization for which he has worked as journalist and physician. His work has appeared in newspapers around the world, and he wrote a <u>diary</u> for the Globe and Mail during the early days of COVID-19, and is writing his third

book for Penguin Random House, titled "Doctor: Heal Thyself" about moving beyond traditional views of the body to explore different types of healing.

Special thanks to the Physician Support Fund for sponsoring these rounds. For more information please contact Andrew Battison.

Last Chance to register- PADIS 2020 Conference this Sat Nov 7th.

Register at: https://cumming.ucalgary.ca/cme/courses/calendar/calendar#!view/event/event id/3342
The twitter hashtag is #PADIS2020

Mark Yarema

Opportunities

RGH Assistant Site Chief Sent on behalf of Scott Banks.

ED Physicians:

The Department of Emergency Medicine invites applications for the position of Rockyview General Hospital Assistant Site Chief. This position represents a great opportunity to get involved in the leadership of the Calgary Zone Department of Emergency Medicine, and influence real change.

The Emergency Department Rockyview General Hospital Assistant Site Chief position is a **0.1FTE role** and is compensated at the rate of **\$23,199 annually (\$1,933.25 monthly**). This position is available **effective January 1, 2021.**

To apply for this opportunity, please email me a cover letter highlighting your interest and skillset for this position along with an updated CV.

Cover letters and CV's should be emailed to: Scott Banks and should be received no later than **November 20, 2020.**

Train-the-Trainer Opportunity - Implicit Bias

Are you passionate about improving the CSM community? Are you experienced at teaching or facilitating for groups of coworkers or students? Do you have any time to give?

If the answers are yes, then we want YOU!

We are starting a train-the-trainer initiative to deliver Implicit Bias training across the CSM community. If you would like to be trained to deliver these sessions in the future, please email Kelly Turner and indicate your availability (8-12 or 1-5) for the following dates: November 23 or 30.

Initial training will take place on the date that works for the majority of respondents. Additional training dates may be added, dependent on interest.

ED Highlights

Anoop and Stephanie are happy to announce the birth of their son Devon Krishan Manocha born on Oct 25. Mom and baby are happy and healthy.

