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Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

April 13, 2021 Edition

COVID-19 Updates

Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

April YYCEM Happiness Challenge!

It's April and that means we are 1/3 of the way through the year of the YYCEM Happiness Challenge! This month's challenge is learning to incorporate mindfulness into our daily routine. Apparently, a wandering mind is an unhappy mind. Mindfulness is based on the 3 pillars of focused attention, awareness and kind intention. Just 3-5 minutes of consistent practice of simple exercises can bring about valuable changes and health improvements. They can remind us in little moments of some of the true wonders of being alive and these glimpses of joy matter because they connect us to life rather than split us from it. Check out the website and the April video to learn more.

Click here to discover more: www.ycemhappinesschallenge2021.com

Click here to watch the April video: <https://www.youtube.com/watch?v=Xy0kxHEAcEY>

Operations

Transfers between Calgary Emergency Departments

This is a reminder of the [process that we have for sending and receiving patients between ED's](#). This policy exists because it was mandated by AHS, and because it aligns with input from safety reviews. Please let me know about any delays that occur as a result of using this process.

Main Points:

- use RAAPID for all consultations that may result in a transfer ie. Phone RAAPID or have the Unit Clerk get RAAPID for you when you think transfer is possible ie. Stroke, STEMI, Trauma etc)
- if the transfer is "time-critical", use local transfer resources/protocols (EMS) instead of RAAPID-facilitated transfer. (please communicate this clearly to RAAPID)
- please don't phone a consultant through ROCA (ie. Through the unit clerk paging the specialist directly) **and then** call RAAPID to arrange transfer. Please use RAAPID from the start if you think the conversation will result in transfer.

Thanks,
Neil

SCM Updates!

No updates this week.

Joshua Vejprava RN BSc BN MBA

Clinical Informatician | IT Clinical Systems User Support – Calgary Zone| Clinical Services – IT | Alberta Health Services

Physician Participation Needed!

Improving care for residents in long term care facilities experiencing an acute change in health status - CALL FOR FOCUS GROUP PARTICIPANTS

- Are you a physician, nurse, or health care aide working in Long Term Care?
- Are you concerned about whether the care LTC residents are receiving is occurring at the appropriate place?
- Are you concerned about LTC residents' health outcomes?

If so, WE WANT TO HEAR FROM YOU. [See details here.](#)
IF YOU ARE INTERESTED IN PARTICIPATING IN A FOCUS GROUP, PLEASE CONTACT
Abraham Munene, PhD or Dominic Alaazi, PhD
Email: Abraham Munene

Staff Simulation Session: FMC - May 5, 2021. Please sign up [here](#). Thank you!

Reminder: CSM census

The Cumming School of Medicine (CSM) is conducting a census to collect demographic data on our learners, faculty and staff, in order to better understand the fabric of our present community and assess our progress toward equity, diversity and inclusion. The census is voluntary but we are asking all CSM members to participate as the amalgamated data will help us identify areas where we may not be meeting our diversity goals. The census is short (less than 10 minutes) and is open until April 30. Those who complete the census will be able to enter a draw that has multiple prizes, valued between \$100 - \$250 each.

Look for your unique census link in your Email (from oped@ucalgary.ca).

Education. CME. Rounds.

Emergency Medicine Grand Rounds

Date: Thursday April 15, 2021
Time: 0900 – 1015 (1.25 Education Credits)

Session #1: (0900 – 1000)

Dr. Sean Crooks
R3 Emergency Medicine Resident, FRCPC
Topic: Diagnostic Workup of Subarachnoid Hemorrhage in the ED

Session #2: (1000 – 1015)

Drs. Shawn Dowling & Neil Collins
Emergency Medicine Physicians
Topic: My ED app/website

Evaluation form: Complete a separate form for each session: <https://forms.gle/szfmBrmxiesjuGfg8>.
MainPro credits for EM physicians in the Calgary Zone will automatically populate on the forms after submission.

ZOOM session

Please don't share the zoom link and connection details on social media or any website.

Recording Link: Recordings of this Thursday's Grand Rounds (Except QAER & ACH City-Wide Rnds) will be available the following Tuesday on our website:
<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

Journal Club

Date: April 22, 2021
Time: 1800 hrs

Presenters: Drs. Adrienne Stedford and Jacqueline Luhoway

Preceptor: Dr. Andrew Fagan

Topic: "A discussion around the use of oximetry in disposition decisions and how racial bias may be a factor"

Article 1 : Effect of Oximetry on Hospitalization in Bronchiolitis: A Randomized Clinical Trial. Schuh, Suzanne, Freedman, Stephen, Coates, Allan, Allen, Upton, Parkin, Patricia C, Stephens, Derek, . . . Willan, Andrew R. (2014)
JAMA : The Journal of the American Medical Association, 312(7), 712-718.

Article 2 : Racial Bias in Pulse Oximetry Measurement. Sjoding, Michael W, Dickson, Robert P, Iwashyna, Theodore J, Gay, Steven E, & Valley, Thomas S. (2020).
The New England Journal of Medicine, 383(25), 2477-2478.

ZOOM session

Best Regards

Adrienne and Jacqueline

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 1.5 MainPro-M1 credits.

This program is approved as an accredited group learning activity as defined by the maintenance of certification program

Clinical Pharmacology & Toxicology Pearl of the Week - [Fomepizole for Acetaminophen Toxicity](#)

Now is the Time to Practice a Just Culture in Healthcare

featuring Dr. Tom Lloyd, LLM, MB ChB, MD, MRCS, MFFLM, Director, Saegis Safety Institute

The concept of a Just Culture in healthcare has been described for over 20 years but still has not been implemented universally or consistently. We will explore what a Just Culture is and what it looks like. We will discuss why Just Culture is important for the medical profession during this era of national discourse regarding systemic inequities. Practicing a Just Culture when reviewing events is imperative if we are truly going to learn from error or near misses and create the right environment for a safe, inclusive, equitable, and healthy workplace. These changes are the essential foundation to safe care for all.

Join us for this [presentation](#) followed by a robust question & answer session.

All Calgary Zone physicians are welcome.

When: Monday, May 17, 6:00 – 7:30 p.m.

Where: Zoom

RSVP: Registration is required to attend this event.

Register here: https://albertadoctors.zoom.us/webinar/register/WN_a6yqbBh5TDWabiQTRawT0Q

After registering, you will receive a confirmation email containing personalized information about joining the meeting.

EDI LUNCH & LEARN - DECOLONIZING YOUR SYLLABUS: REFLECTING ON HOW, WHAT & WHO YOU TEACH

We are excited to have **Dr. Pamela Roach** as the next presenter at our next EDI Lunch & Learn on **April 29th**. Dr. Roach will discuss **epistemic racism**, guide participants in implementing the **principles of decolonization** into syllabi, course outlines, & course planning, and show how to develop a plan for tangible **changes in teaching & education**.

WHO: Hosted by OPED & OFDP

WHAT: EDI Lunch & Learn – Decolonizing your Syllabus: Reflecting on How, What & Who you Teach

WHEN: April 29th, 2021 12:30 – 1:30 PM

WHERE: ZOOM

HOW: Register at: <https://www.eventbrite.ca/e/148388922261>

Offered in partnership by the Office of Professionalism, Equity and Diversity and the Office of Faculty Development and Performance

June 3rd Grand Rounds: Addiction medicine.

We will be hosting a panel of experts to answer any questions you may have about treating addictions in Calgary. To allow the speakers to best prep for the talk, please ask your addictions related questions in the link below so that they can adequately prepare for the presentation. Thanks!

<https://forms.gle/e9azvFDVPxTSfs7D7>

Fareen

Faculty Development - CSMTEP Program

CSMTEP is designed to help faculty solidify fundamental teaching skills, learn relevant educational theory, and explore more advanced topics related to special areas of interest in health sciences education. Applicants should be involved in teaching at the graduate, postgraduate, and/ or undergraduate level and ideally planning on pursuing medical education as a major component of their career.

[Click Here](#) for more information regarding application requirements, and to see what past participants are saying about the program!

HANDS-ON TEACHING WITH ZOOM – TECHNICAL AND PEDAGOGICAL TIPS

This interactive workshop lets you apply cognitive psychology principles to Zoom teaching, and provide hands-on training to test out multiple Zoom functions from screen –sharing to breakout rooms to managing polls.....

Friday, April 23, 2021

12:00 PM – 1:30 PM MDT

LIMITED SEATING DUE TO INTERACTIVE COMPONENTS OF WORKSHOP

[SIGN UP NOW!](#)

TEC Vancouver 2021 (Technologies in Emergency Care): Innovations in Emergency Medicine: From COVID to Sustainability taking place May 15, 2021.

Early bird rates deadline now extended to Thursday, Apr 8, 2021!

[Technologies in Emergency Care Vancouver 2021 \(TEC\)](#)

[Innovations in Emergency Medicine: From COVID to Sustainability](#)

May 15 (Sat) | 0815–1230 PDT [Add to Calendar](#)

Target audience: emergency physicians, family physicians, nurse practitioners, nurses, academics, allied health professionals, residents & students.

Up to 3.25 Mainpro /MOC Section 1 credits

[Course Webpage](#) | [Agenda](#) | [Registration Form](#)

Opportunities

Nominations now open for 2021 CSM Equity, Diversity, and Inclusion (EDI) Award

Nominations are now open for the 2021 CSM Equity, Diversity, and Inclusion (EDI) Award, presented to:

- recognize the efforts of faculty, students, staff, postdoctoral scholars, and units that are taking steps toward creating an equitable, diverse, inclusive culture at CSM, and/or within their community of practice.
- catalyse and champion EDI-related activities and research (both foundational and applied) within the school and help support recipient(s) to continue or expand their work.

One award of \$1500 will be given to the award recipient or divided equally amongst the recipients. The CSM EDI Award is supported by a generous philanthropic donation by the **Helios Group** and matched by the Cumming School of Medicine.

The CSM EDI Award winner(s) will be recognized on June 21 at the CSM awards event. [Info here.](#)

April 15 – AHS Medical Leadership: Challenges and Opportunities

Dear AHS medical staff,

Have you wondered about how to get involved with AHS medical leadership? Maybe you have questions about how best to connect with your medical leader.

The next edition of the virtual CMO Physician Conversation Series will feature three leaders within AHS who will discuss their leadership journey. Following the presentation, there will be time for a Q&A period and opportunities for you to ask questions of your AHS Medical Leadership.

Join us on April 15 from 5-6 p.m. to hear from:
Dr. Verna Yiu, Chief Executive Officer and President
Dr. Esther Tailfeathers, Senior Medical Director
Dr. Kerri Novak, Chair, Zone Medical Administrative Committee

ZOOM session

The CMO Physician Conversation Series is intended to provide information and updates about issues that are important to you, and which impact your practice. This series takes place on a monthly basis, on the third Thursday of the month.

Thank you for your continued partnership and the care you deliver every day to patients and families.
Sincerely,

Dr. Francois Belanger

Vice President, Quality and Chief Medical Officer

19ToZero Ambassadors - COVID outreach opportunity

Are you a health professional passionate about health promotion and education, ready to inform the public about COVID-19 and vaccination?

We are 19ToZero, a dedicated coalition of academics, public health experts, behavioural economists, and creative professionals working to understand, engage with, and ultimately shift public perceptions around COVID-19 behaviours and vaccination. This initiative is led by Dr. Jia Hu, Calgary Zone Medical Officer of Health. Over the past two months, we have been hosting town halls across Alberta in order to provide the public with information about the pandemic which is desperately needed. We are looking for informed and committed individuals who are willing to act as COVID Ambassadors – individuals who will deliver content to help change the course of the pandemic by building trust with local communities across the province. This is a flexible commitment – all we ask is that you stay up to date with current trends in COVID-19 research and vaccination in order to deliver accurate and effective content. We will provide you with standardized presentation slides and a document containing the most frequently asked questions we receive to assist you in preparing to lead a town hall or other event. We will then reach out to you when we are in need of presenters. You might be presenting at one or two events per month. Each presentation is approximately 45-75 minutes, depending on the number of questions. You are only expected to answer questions to the best of your ability, as some questions can be quite specific or there may not be an answer to them yet. We are able to follow-up with participants as needed if they have more difficult questions. You can read more about 19ToZero [here](#). 19ToZero is collaborating with Alberta Health and Alberta Health Services to deliver content directly into the arms of Albertans who need it most.

If you are interested, please reach out to Nathan Rider, a resident assisting with ambassador recruitment, at ndrider@ucalgary.ca.

Kudos Corner

Kudos to Dr. Tourigny - MSA Nomination Letter

Kudos to Dr. Tourigny who has been nominated for FMC MSA Service Recognition award

