



Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

April 27, 2021 Edition

Notes from Neil and Eddy

April 27 Edition, featuring:

- 3rd Wave Capacity Challenges
 - Impact on ED Operations
 - Critical Care Triage Framework
-

COVID-19 Updates

Posting Shifts for ICU Coverage

The Department of Emergency Medicine continues to support the concept of “loaning out” ED MDs to ICU to help with their current capacity challenges. As the need for ICU shift support by ED MD’s is predicted to continue, and the excess capacity of ED Physician Resources may begin to wane, we wanted to make a few changes to the scheduling protocols.

Changes:

1. ICU will now provide 3 weeks advanced notice of “activation status”
2. We ask that ED MD’s post their ED shifts themselves, and retain the responsibility for the shift being covered.

3. In the case of inability to cover an ED shift, it is the responsibility of the ED MD to notify ICU, who will then make alternate arrangements to cover the ICU shift. The ED MD will then cover the ED shift.

ICU is aware and supportive of these changes.

- Neil Collins

Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

April YYCEM Happiness Challenge!

It's April and that means we are 1/3 of the way through the year of the YYCEM Happiness Challenge! This month's challenge is learning to incorporate mindfulness into our daily routine. Apparently, a wandering mind is an unhappy mind. Mindfulness is based on the 3 pillars of focused attention, awareness and kind intention. Just 3-5 minutes of consistent practice of simple exercises can bring about valuable changes and health improvements. They can remind us in little moments of some of the true wonders of being alive and these glimpses of joy matter because they connect us to life rather than split us from it. Check out the website and the April video to learn more.

Click here to discover more: www.yycemhappinesschallenge2021.com

Click here to watch the April video: <https://www.youtube.com/watch?v=Xy0kxHEAcEY>

Infodemic! Is Misinformation Killing Us?

Featuring Professor Timothy Caulfield, Professor of Health Law and Science Policy & Author of *Is Gwyneth Paltrow Wrong About Everything?*

Join us for this [keynote presentation followed by a Q&A session.](#)

All ZMSA members are welcome.

When: Tuesday, May 11, 7:00 – 8:30 p.m.

Where: Zoom

RSVP: Registration is required to attend this event. Register

here: <https://albertadoctors.zoom.us/j/64805625942>

Operations

SCM Updates!

No updates this week.

Joshua Vejprava RN BSc BN MBA

Clinical Informatician | IT Clinical Systems User Support – Calgary Zone | Clinical Services – IT | Alberta Health Services

CBME? CBD? EPA? Understanding Acronyms

Have you been drowning in acronyms and confused about what CBME, CBD, and EPAs are? Here are three quick videos, produced by and starring Calgary's very own A-list stars Dr. Carly Hagel and Dr. Fareen Zaver, that you can watch to help familiarize yourself! These links have also been uploaded to the Resident Education section of the MyED App Education Tab.

1. How to complete EPAs using the entrustability-scale at a learner specific level using EPA <https://vimeo.com/536813643>
2. How to complete EPAs using the entrustability-scale at a learner specific level using EPA <https://vimeo.com/536817035>
3. What is CBME and how do EPAs inform Competency Committee decisions?: <https://vimeo.com/536821333>

-Catherine & Anjali

Physician Participation Needed!

Preceptors for Academic Day Rounds

As everyone arranges their summer schedules, the FRCPC and CCFP-EM residency programs are looking for preceptors for resident Academic Day Rounds. As preceptor for these rounds, your role is to act as a guide for the assigned resident in helping them to focus their talk, offer feedback as they develop their presentations, and attend (virtually, for now) your assigned session. Please contact Anjali directly at anjali.pandya@gmail.com if you are able to preceptor one of these sessions.

August 5, 2021 13:00-14:00 Blunt Chest Trauma

August 5, 2021 15:00-16:00 Blunt Abdominal Trauma

August 5, 2021 15:00-16:00 Penetrating Torso Trauma

August 19, 2021 15:30-17:00 Acid-Base Disorders/VBG

Thank you for your consideration and all of your support for the residency programs!
-Anjali, Catherine & Jason

R5 ORAL EXAM SESSIONS

We are looking for volunteers for examiners for our R5s in the next 6 weeks leading up to their oral exam, with the first exam session on **THURSDAY, APRIL 29**. When you sign up, you can refer to the second page "Zoom Links" to see the schedule for each examiner to pick the time slot which best works for you. If a date is full but you are able to help, please place your name as back up. Lastly, please include both your Ucalgary email and your preferred contact email for exam info. If you do not have your Ucalgary email set up or it is not linked to a Zoom account, please email me and I will help you out. Thank you in advance!

<https://docs.google.com/spreadsheets/d/19avqRan0BaMqfu6HMazeh8peSd644ah4jIF8Q09ewmA/edit#gid=0>

- Brit Sunderani

Study of racism in emergency medicine

Dear Department of Emergency Medicine colleagues,

Researchers at the University of Calgary are studying the experiences of Black, Indigenous, and People of Colour (BIPOC) physicians in our department.

Their aim is to link these experiences to new initiatives to reduce discrimination, harassment, and bias. All physicians, regardless of self-identified race, are invited to participate.

Interviews will take between 30 to 90 minutes and will be held in-person, by telephone, or by Zoom, based on your preference and at your convenience. Participants may choose from a diverse group of interviewers who are external to the department. Only your interviewer will know that you participated in this project – your information will not be shared with other members of the study team.

Participants will be invited to review their anonymized interview transcripts and all materials (manuscripts, presentations, etc) before dissemination outside of the study team to ensure that their identity is protected and their data is accurately represented.

Participants will receive a \$50 gift card for their time.

If you are interested in participating or have additional questions, please contact any of the following interviewers:

1. Dr. Adrian Chikwanha – Adrian.chikwanha@ucalgary.ca
I am a PGY-6 Cardiology fellow at the University of Calgary. I am an IMG and completed my medical degree in Zimbabwe. I moved to Canada in 2007 and started my internal medicine residency in Calgary in 2015.
2. Chanda McFadden – chanda.mcfadden@ahs.ca
I completed my Master of Social Work degree in 2017. I feel privileged to share space with others who are willing to share their personal experiences regarding an important topic. Looking forward to connecting with you!
3. Dr. Pamela Roach – pamela.roach@ucalgary.ca
I am an Assistant Professor in the Department of Family Medicine, a Métis woman, and qualitative methods expert. My research is in Indigenous Health Systems Safety, largely in community-based brain and mental health services. My research portfolio is at the intersection of health systems and medical education research. I lead Indigenous health and anti-racism research, service, and teaching.
4. Dr. Shannon Ruzycski – Shannon.ruzycski@ucalgary.ca
I am a general internist in the Department of Medicine and co-PI of this project. I am committed to translating this research into tangible change in our school of medicine and our workplaces.

Other members of this study team include Dr. Cheryl Barnabe, Dr. Sachin Pendharkar, Dr. Eliana Castillo, and Dr. Patrick McLane.

This study has received ethics approval from the University of Calgary REB, REB20-1668.

Thank you for considering participation in this study.

LAST CHANCE TO COMPLETE CSM CENSUS - EXTENDED TO MAY 3, 2021!

The census is short (less than 10 minutes) and has been extended to be open until **May 3, 2021**.

Faculty and trainees can check their emails for a message from the CSM Office of Professionalism, Equity and Diversity (OPED) to access their unique link to the census.

If you have not received, or can no longer find the personalized link, email OPED to receive the link to the survey. Contact OPED with any questions they may have.

Feedback wanted: 2021 revisions to CAEP Atrial Fibrillation Best Practices Checklist

CAEP will be issuing a revised version of their Atrial Fibrillation Best Practices Checklist in early summer 2021. Any physicians who might be interested in previewing a draft and offering feedback can contact Andrew McRae.

Education. CME. Rounds.

ACH Emergency Rounds - Trauma, City-Wide & POCUS

You are invited to the following Zoom Webinars.

Of Special Note:

- 1) There are 3 individual sessions.
- 2) Each session has its own unique Zoom link and attendance/eval survey

Thursday April 29, 2021

Time: 0800 – 1130

Session #1: Trauma Rnds (0800 – 0900)

Speaker: ED, PICU, Anesthesia, ENT

Topic: [Facial Trauma – The Known Difficult Airway](#)

Session #2: City-Wide Rnds (0900 – 1000)

Speakers: Dr. Omar Damji

Topic: “Mixed Reality Applications in Health Care Simulation”

Attendance: https://survey.ucalgary.ca/ife/form/SV_3gZ9T2Je1EV599c

Session #3: POCUS Rnds (1030 – 1130)

Speakers: Dr. Gloria Yoo & Dr. Mel Willimann

Topic:

Attendance: https://survey.ucalgary.ca/ife/form/SV_ctBZ9zipafBMK5E

Please don't share the zoom link and connection details on social media or any website.

Evaluation form: See above links for each session.

SHC Site Wide Grand Rounds on ZOOM on Thursday, April 29th, 2021, 12:00 – 1:00 p.m. [Please see the attached poster.](#)

Please register in advance for the Grand Rounds by clicking on the link in the poster or below.

After registering you will receive a confirmation email containing information about joining the Grand Rounds.

[Grand Rounds Registration Link](#)

Join in the multidisciplinary dialogue to “**Celebrating the Wins**” we've had in the last year at SHC despite this pandemic.

These are Schwartz Rounds, that were founded by Harvard University's Schwartz Center for Compassionate Care. They are multidisciplinary rounds where we discuss the social, emotional and ethical aspects of providing healthcare.

The facilitators for the Grand Rounds will be:

- **Dr. Huma Ali, Emergency Physician**
- **Ms. Lindsay Strom, Social Worker**
- **Ms. Maria Anwar, Pharmacist**

All are welcome to attend!

Recording link- April 22, 2021 ED Grand Rounds

Session #1:

Speaker: Dr. Cara McCulloch, R2 Emergency Medicine Resident (FRCPC)

Topic: Encephalitis: "An oriented approach to the workup of the altered patient"

Click [here](#) for recording.

Now is the Time to Practice a Just Culture in Healthcare

featuring Dr. Tom Lloyd, LLM, MB ChB, MD, MRCS, MFFLM, Director, Saegis Safety Institute
The concept of a Just Culture in healthcare has been described for over 20 years but still has not been implemented universally or consistently. We will explore what a Just Culture is and what it looks like. We will discuss why Just Culture is important for the medical profession during this era of national discourse regarding systemic inequities. Practicing a Just Culture when reviewing events is imperative if we are truly going to learn from error or near misses and create the right environment for a safe, inclusive, equitable, and healthy workplace. These changes are the essential foundation to safe care for all.

Join us for this [presentation](#) followed by a robust question & answer session.

All Calgary Zone physicians are welcome.

When: Monday, May 17, 6:00 – 7:30 p.m.

Where: Zoom

RSVP: Registration is required to attend this event.

Register here: https://albertadoctors.zoom.us/webinar/register/WN_a6yqbBh5TDWabIQTRawT0Q

After registering, you will receive a confirmation email containing personalized information about joining the meeting.

Supporting Mental Health in Calgary through Research, Town Hall: May 4

The [O'Brien Institute for Public Health](#) and the [Mathison Centre for Mental Health Research & Education](#) present:

Connect the Dots: Supporting Mental Health in Calgary through Research

Speakers: Mayor Naheed Nenshi, Raynell McDonough, Karen Gosbee and Dr. William Ghali

Date: Tuesday, May 4, 2021

Time: 11 a.m. - 12 p.m.

[Register Now.](#)

OADR Grant Development Office Webinar - Finding research success as a clinician-researcher

Friday, April 30th, 2021

1:00 – 2:30 pm

[Register](#)

Dr. Nowell Fine, Clinical Director, Libin Cardiovascular Institute will provide a brief overview of how Libin is supporting clinician-researchers through their new academic mentorship program.

This will be followed by a panel discussion about the challenges and opportunities clinician-researchers face, particularly as they relate to grant development. Our panel will also discuss how clinicians can turn clinical questions into research projects and answer questions from the audience.

Moderator: Dr. Sofia Ahmed, Professor, Medicine

Panelists:

- Dr. Carla Coffin, Associate Professor, Medicine
- Dr. Zahra Goodarzi, Assistant Professor, Medicine
- Dr. Satish Raj, Professor, Cardiac Sciences
- Dr. Bryan Yipp, Associate Professor, Critical Care Medicine

Questions for our panelists or about this webinar? Contact Brandi Povitz.

CAME Webinar: Dismantling Structural Stigma in Medical Education

Dr. Javeed Sukhera (Western University)

Tuesday, May 11, 2021

10:00am & 1:00pm MDT (same content, live delivery for both sessions)

RSVP to ohmes@ucalgary.ca to receive a link.

Overview: In this presentation, Dr. Sukhera describes how and why mental health and substance use stigma is maintained in medical education. He will describe research on stigma that suggests that perfectionism and power asymmetry perpetuates a deeply embedded form of stigma known as structural stigma. He will also review potential implications for this research including ways to dismantle stigma through advocacy, activism, and accountability.

EDI LUNCH & LEARN – CREATIVE TRANS INCLUSIVE PRACTICES

Please join our next EDI Lunch & Learn on **May 12th** – an ambassador from Skipping Stone Foundation will help us identify actions that **foster inclusive spaces**, help us select **appropriate language** for unique scenarios, and show us how to **avoid common microaggressions** in learning and health care environments.

WHO: Hosted by OPED & OFDP

WHAT: EDI Lunch & Learn – Creative Trans Inclusive Practices

WHEN: May 12th, 2021 12:30 – 1:30 PM

WHERE: ZOOM

HOW: Register at: <https://www.eventbrite.ca/e/151838983487>

Offered in partnership by the Office of Professionalism, Equity and Diversity and the Office of Faculty Development and Performance

Opportunities

STARS Transport Physician

Position: Transport Physician

Location: Calgary Base (Shock Trauma Air Rescue Service)

Term: One-year locum, starting July 1, 2021. This contract may be eligible for a 3-year contract extension after the locum period

Anticipated Time Commitment: 35 hours/month (call and base/flying time)

Forward your expression of interest and curriculum vitae electronically, to: Dr. Phil Ukrainetz, STARS Associate Medical Director at no later than 5 pm MST on April 30, 2021.

Position Summary

The Transport Physician reports to the STARS Calgary Medical Director and works with a team of highly skilled medical providers specializing in the care of critically ill and injured patients.

Applications Welcome - Associate Dean CME & Professional Development

The successful candidate will hold an MD; be a full-time member of the CSM faculty; have leadership experience in medical education administration and have proven ability to collaborate and sustain relationships within the School and across the province with government and professional organizations. [Click here for full profile.](#)

The position is a 0.5 FTE. The initial appointment will begin December 1, 2021 for a five-year term.

Please submit a statement of interest and curriculum vitae by May 31, 2021, to:

Beverly Adams, MD, FRCPC
Senior Associate Dean Education
Cumming School of Medicine
Teaching Research & Wellness (TRW)

Kudos Corner

The Emergency Medicine Research Division is excited to **congratulate Hina Walia on matching with the Internal Medicine Residency Program at U of A!**

We would like to thank Hina for all her hard work and dedication, and all the best in her new role!

Kaiya Live

Mardelle's daughter, Kaiya, is performing a free online concert to say thank you to all of you for your incredible service during the pandemic. She has watched both her parents work on the frontlines and recognizes the extra sacrifices that you have all done. Kaiya will be backed by Country Music Star Brett Kissel's award winning band as well as members of Queen's 'We Will Rock You' production. Kaiya promises for the show to be a fun time. Hopefully you can tune in **Saturday May 1, 7pm MST**. The show will be live-streamed on Instagram, Youtube, and Facebook. All info and two clicks away is at www.kaiyalive.com.

If anyone is a hockey fan or has kids who are please check out Kaiya's social media channels for announcement a few days before the concert, of a contest for a signed Haley Wickenheiser jersey and stick. The details are all at www.kaiyalive.com

FREE LIFESTREAM FOR ALL
WATCH ON THESE PLATFORMS

BRINGING JOY THROUGH MUSIC!

KAIYA

☆ **ADMISSION** ☆
FREE ONLINE CONCERT
MAY 1ST, 2021 7PM
WWW.KAIYALIVE.COM