

Department of Emergency Medicine

# Weekly **email**

Updates for ED Physicians

**Dec 20, 2022 Edition**

**There will be no newsletter on Dec 27, 2022. Happy Holidays & New Year!**

---

## Operations

---

### STAFF EXAMINERS FOR CCFP-EM ORAL EXAMS : 2023

March 9 and June 8,  
2023 – In Person

The CCFP-EM Residency Program is in need of 7 staff examiners for the oral exams on

the following dates:

**March 9<sup>th</sup> and June 8<sup>th</sup> from 1000 – 1300**

**These exams have returned to In-Person sessions.**

Please check your availability and let me know if you are able to help on any of these dates and please send the responses to [TriSurendra.Malasani@albertahealthservices.ca](mailto:TriSurendra.Malasani@albertahealthservices.ca)

Your help and assistance is very much appreciated!! Once confirmed I will send Calendar invites.

---

## YYC ED

---

**Survey to help inform the optimization of Home Care for patient's discharged from the ED**

We have been advocating for a rapid response home care team for appropriate discharges from the ED. Home Care has recently reached out and is hoping to partner with the ED to support the reduction of acute care admissions.

We are in the initial planning stages of developing a pilot program for a rapid response home care team for the ED. This would be narrow in scope initially with a goal to expand across the zone and into the inpatient realms as soon as feasible. The main focus of this program would be patients whose only reason for admission is inability to access timely homecare. Such cases would include those patients requiring ADL support or those that require urgent equipment needs.

Home Care is hoping to hear from us regarding some case examples that would illustrate the most important services to focus on. I have created a survey and your feedback and thoughts would be very helpful to fully realize the potential of this pilot program.

[Please click here to complete a short survey.](#)

-Margaret McGillivray

---

### **Resident Retreat - February 24-26 in Canmore - BOOK NOW!**

\*\*\*\*\*RETREAT CHILDMINDING\*\*\*\*\*

*In an effort to make the Resident retreat more accessible for staff, we will be organizing some group childcare with toys, games, crafts, videos and activities for Saturday morning. If you are hoping to come to retreat, we don't want childcare to be a barrier!*

*(if you want childcare at other times during the weekend we can also provide contact info/details for the service).*

*Please let Madhavi know if you are interested (and provide details about # of children and age)!*

**Catherine**

You are all invited to the upcoming resident retreat being held from [February 24-26, 2023 at the Malcolm Hotel in Canmore](#). We are looking forward to another fantastic weekend.

All staff are welcome (and encouraged) to attend this family-friendly weekend, but even if you can just make it to one day or part of the day, the residents would love to see you and get a chance to interact with you.

The main events include:

- **Friday Evening reception at Malcolm hotel in Canmore (cash bar) 1900-2100**
- **Saturday morning - small group sessions with the residents**
- **Saturday afternoon – Pool Party at Malcolm**
- **Saturday Dinner: 1800-2100** Group Dinner at The Malcolm Hotel
- **2100-midnight at least** Group Party at The Malcolm Hotel – DJ and Costume themes TBA
- **Sunday - free time**

You are welcome to join us in staying at the Malcolm Hotel or you can find other accommodation in Canmore if preferred.

**Please see the instructions below to make a reservation.**

Please [Click Here](#) to make a reservation. Full website details are:

- Enter Promotional/Booking Code: **CM0224**
- Click Apply
- Select your check in and check out dates.
- Click Check Availability – if this is not clicked, it will state no rooms are available
- Select preferred room category
- Click Book Now
- Enter all information required.

A confirmation email will be sent to the email address provided.

**Any other pre-pay special or promos running at that time will also populate; but cannot be combined with any other booking code. Please note, the booking link above must be clicked, as this code does not work on our direct website.**

If you will be coming to the resident retreat we will need you to **RSVP Madhavi** at [Madhavi.talasila@ahs.ca](mailto:Madhavi.talasila@ahs.ca) by **Monday December 12th** to any events you will be joining in Canmore so that we can ensure we have the space and meals booked.

**RSVP for Friday February 24<sup>th</sup> Reception:** Number of people attending reception /allergies

**RSVP for Saturday February 25<sup>th</sup> events and dinner:** number of people attending the dinner/allergies

**Cost for Saturday dinner:** \$100/person (no charge for children)

Looking forward to a fun weekend with you

Catherine, Anj, Charles and all the residents

---

## Wellness

### Parenting & working as a physician during COVID - [resources from CSM](#)

#### Wellness Supports

1. Call your Peer Support Team. [HERE are their phone numbers \(updated Nov 2022\)](#). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have free hours of counselling for yourself and for your family members.

---

## Research

---

### Update from ED Research Team

We are pleased to introduce our Research Team in Emergency Medicine. Dr. Kathryn Crowder as Research Director, our Senior Researchers Dr. Eddy Lang and Dr. Andrew McRae, Christina Cherian as our Research Coordinator and Jenny Woo as our Research Administrator.

Our departmental list of active studies are the following:

#### **Physiotherapy care in Emergency Departments for Patients with Musculoskeletal Disorders: A Pragmatic Cluster Randomized Controlled Trial and Cost Analysis**

- Objective - To analyze the outcomes if a physio-led approach to minor msk injuries in the ED would improve outcomes for patients in the ED.
- PI – Dr. Kathryn Crowder; Co-PI – Dr. Stephanie Vandenberg
- Status – Currently recruiting for control arm at the Rockyview.

#### **Multi-Centre Cluster-Randomized Implementation of Canadian Syncope Risk Score based Practice Recommendations for Emergency Department Syncope Management**

- Objective - To evaluate the effectiveness of a new clinical pathway for patients with undifferentiated syncope involving structured risk assessment and 15-day wearable cardiac monitors.
- PI – Dr. Andrew McRae; Co-PI – Dr. Stephanie Vandenberg
- Status – Ethics approved and awaiting operational approval.

#### **RACE study: Rapid, accurate and cost-effective analysis of Glial Fibrillary Acid Protein using a hand-held biosensor for patient with concussion in acute care and at home monitoring**

- Objective - Compare blood GFAP concentrations from the nano-biosensor to the gold-standard SIMOA in patients diagnosed with uncomplicated concussion until recovery.
- PI – Dr. Chantel Debert; Co-PI – Dr. Kathryn Crowder, Dr. Amir Sanati Nezhad
- Status – Ethics approved, awaiting operational approval.

#### **RAFF4 Trial: Vernakalant vs. Procainamide for Acute Atrial Fibrillation in the Emergency Department**

- Objective - To compare intravenous (IV) vernakalant to IV procainamide for the ED management of acute AF patients.
- PI – Dr. Andrew McRae; Co-PI – Dr. Kathryn Crowder
- Status – Ethics to be submitted.

If anyone is interested in getting involved in research within the department kindly email, Kathryn Crowder - [krcrowde@ucalgary.ca](mailto:krcrowde@ucalgary.ca)

Merry Christmas, Happy Hanukkah and Happy Holidays to all of our Calgary EM staff from the Calgary EM research team!!

We wish you all joy and peace during this holiday season.

From Kathryn Crowder, Andrew McRae, Eddy Lang, Christina Cherian, Jenny Woo and the entire research team

---

## Opportunities

---

### EM Clerkship Evaluation Coordinator position

Dave Fu is stepping down from this role. Contact him directly to discuss the role if you are interested. (davezfu@gmail.com)

[See posting here.](#)

---

### Leadership Opportunities - Physician Learning Program, Continuing medical Education and Professional Development

The world of continuing professional development in medicine is shifting to a new paradigm integrating high quality medical knowledge with quality improvement strategies like data informed reflective practice to improve patient outcomes. The medical leadership opportunities described below will join the leadership team at CMEP&PD and PLP to build capacity to support physicians as they become engaged in data informed peer to peer reflective practice opportunities with their healthcare teams.

- Collaborating with stakeholders and fostering positive strategic relationships with partners will be critical in advancing the future of QI-informed CPD. Stakeholders include:
- Choosing Wisely Alberta
- Continuing Professional Development Network
- College of Physicians and Surgeons of Alberta
- Alberta Medical Association
- Alberta Health Services
- Health Quality council of Alberta

Other key capacity builders in this milieu are the My Practice Improvement (MyPI) online tool to record and receive CME-credit for reflective practice activities and the Peer Coaching program.

*The three medical leadership opportunities (attached) will work in concert with one another.*

- [Managing Director, PLP](#)
- [Medical Director QI & Practice Improvement, PLP](#)
- [Assistant Dean, PLP](#)

**To express interest in these opportunities please reply to the Associate Dean, by December 30, 2022:**

Thomas J Raedler, MD [tjraedle@ucalgary.ca](mailto:tjraedle@ucalgary.ca)

Associate Dean, CME & PD

Co-Lead, Physician Learning Program (PLP)

Office of Continuing Medical Education & Professional Development

Cumming School of Medicine, University of Calgary

---

### **MD Wellness Lead**

The MD Wellness Lead is considered a **0.1FTE** position, compensated at the rate of **\$24,000 annually**. If you're interested in applying for this exceptional opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV.

The occupational wellbeing of physicians is recognized as an important factor in professional fulfillment and growth, and directly impacts the provision of care to patients. This is especially relevant in the COVID era and applicable to emergency physicians as they report the highest rates of burnout within all physician groups:

[29 physician specialties ranked by 2021 burnout rates \(beckershospitalreview.com\)](https://www.beckershospitalreview.com/physician-specialties-ranked-by-2021-burnout-rates)

This position will focus on the importance of emergency physician health, and will ensure that there is protected and supported time to advocate for physician wellbeing on important department decisions, to innovate and incorporate change into the Emergency Department, and to strive to become a center of excellence for physician wellbeing within our province. Multiple MDs in our department have specialized training in MD wellness and have been engaged in wellness projects.

This role will work collaboratively with the members of the Department of Emergency Medicine community to foster a culture of physician wellness and lead the planning, development, implementation, evaluation and continuous monitoring of department well-being initiatives and to make physician wellbeing a department priority and address issues on system level.

See posting: [MD Wellness Lead - Doctor Jobs Careers \(albertahealthservices.ca\)](https://albertahealthservices.ca/jobs/doctor-jobs-careers)

For further details about the role, please feel free to call or email me or Neil/Eddy or contact Sarah directly at [sjmcpher@gmail.com](mailto:sjmcpher@gmail.com).

Thanks!

**Scott Banks**

---

### **Associate Research Director**

The Associate Research Director is considered a **0.2FTE** position and is paid from the University of Calgary. It is compensated at the rate of **\$41,790.50 annually** inclusive of vacation pay and there are no benefits associated with it. If you're interested in applying for this exceptional opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV.

Innovation in emergency care and development of new evidence is critical to informing process and operational improvements, and in improving patient outcomes. This position is essential for the development of new evidence using local Calgary data. The Associate Research Director Scientist

will also act as a scholarly mentor for graduate and postgraduate trainees, and participate in Calgary Zone ED quality improvement activities. They will also act as a collaborator with researchers from outside of the Department of Emergency Medicine whose research will impact the care of ED patients.

**Key Responsibilities:**

- Primary research/evidence generation leading to operational and practice change in Calgary Zone EDs.
- Mentoring graduate, postgraduate and undergraduate medical trainees engaged in research and/or quality improvement projects.
- Coordinating with the Calgary Zone Emergency Medicine Division Chief of Research regarding research projects involving collaborators outside of the Department of Emergency Medicine.
- Attend meetings as required and the departmental annual retreat.
- The Associate Research Director scientist will be expected to compete for additional peer-reviewed salary support.
- Assisting the Division Chief of Emergency Medicine Research in organizing the annual EM Research Day.
- Supervision for our Research Coordinator.
- Co-chairing the EM Research Advisory Committee.
- Developing original research ideas and leading in the performance and publication of these research ideas.
- Assisting with other collaborative research that occurs in the department.
- Teaching EM residents and other trainees about research methodology, abstract submission, poster design and oral presentation skills.

The selected candidate will work closely with EM Research Section Chief. For further details about the role, please feel free to call or email me, Eddy or speak directly to Stephanie and Katie at [katielinmd@gmail.com](mailto:katielinmd@gmail.com)

Thanks,

**Scott Banks**

---

**EM Effectiveness & Clinical Excellence Coordinator**

The Effectiveness & Clinical Excellence Coordinator is considered a **0.2FTE** position, compensated at the rate of **\$48,000 annually**. If you're interested in applying for this great opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV. The start date will be as soon as possible.

This position allows for improved resource stewardship in the Emergency Medicine Department, as well as, improvement in the quality of care we deliver and continuous work to increase physician engagement by utilizing feedback with physician performance measures.

The EM Effectiveness & Clinical Excellence Coordinator is responsible for optimizing clinical decision support and quality improvement audit and feedback activities within ConnectCare. In addition, the Coordinator reviews/changes/updates the EM Order Set for EM users. This role develops and creates reports on quality indicators of clinical effectiveness at the provider level in conjunction with the Department of Emergency Medicine Data Analyst reflecting optimal care, i.e. % of hemodynamically

stable upper GI bleed patients receiving transfusion for Hgb >80, use of expensive antibiotics when less costly alternative is available.

This position is essential to continue and lead innovation & quality improvement projects/activities in the department. The Effectiveness Coordinator identifies areas of need for clinical effectiveness or quality improvement support, training and education for ED physicians.

For further details about the role, please feel free to call or email me or Neil/Eddy or contact Shawn directly at [skdowling@gmail.com](mailto:skdowling@gmail.com).

See posting: [EM Effectiveness & Clinical Excellence Coordinator - Doctor Jobs Careers \(albertahealthservices.ca\)](https://albertahealthservices.ca)

Thanks,  
Scott Banks

---

## CME & Learning

---

### PEM REVIEW early bird deadline - Nov 30/22!

[Itinerary here.](#)

Jan 26-28, Banff AB

Register Here: [ANNUAL CANADIAN PEM REVIEW COURSE](#)

---

### **39th Annual Emergency Medicine for Rural Hospitals (EMRH)** January 20th-22nd, 2023

This course provides updates on clinical topics relevant for physicians, nurses and other health professionals who practice in rural communities. Through a combination of plenary lectures, small group interactive sessions and workshops, participants will review current best practices, guidelines, tools and techniques for investigating and managing emergent patients – from pre-hospital, to the rural emergency department.

[Info and registration here.](#)

---

### Mindful Practice in Medicine Workshop


March 10-12th, 2023


[In-Person Schedule](#) - Subject to change

[Info and Registration Here.](#)





Registration Open!


 **Mindful Practice**  
IN MEDICINE

 **UNIVERSITY OF CALGARY**  
CUMMING SCHOOL OF MEDICINE

Presented by the Centre for Mindfulness

**Register Now!**

 **UNIVERSITY OF CALGARY**  
CUMMING SCHOOL OF MEDICINE  
Continuing Medical Education  
and Professional Development

Banff Centre for Arts and  
Creativity  
March 10-12th, 2023

---

## Kudos

---



My husband and I are very happy to announce the arrival of our first baby who surprised us 8 weeks early back in July and spent 6 weeks in the NICU growing and feeding. Kian Raymond Patel is now thriving at home and we're loving all the smiles and cuddles.

-Cathy Hagel

---



Luca Kevin Sunderani joined us early on December 10 at 3:33pm weighing in at 8lbs9oz. Everyone is doing really well and we are loving our time at home together. Thank you for all of your support along the way. Sending all our love to everyone at work and wishing you all the best over the holidays. Brit, Zahid, Ari & Luca

---