

Department of Emergency Medicine

*Weekly* email

Updates for ED Physicians

**Dec 6, 2022 Edition**

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## Operations

### EMS “Immediate Redirection” from UCCs

Some of you may have received calls from Urgent Care MDs requesting immediate transfer of a patient from their site to an ED (prior to work-up) that has recently arrived by EMS. We developed this process to help UCCs immediately redirect a “grossly inappropriate” patient to the ED after an MD assessment, but before the EMS crew leaves. Immediate redirection (prior to work-up) is necessary because calling for transport later on can regularly lead to 6 to 12 hour waits, keeping closing site UCCs open into the night and delaying care of critically ill patients. “Grossly inappropriate” patients are those that clearly need timely major intervention or admission and should not have been brought to a UCC initially. These calls should be rare but if you do get one, please accept them. Note that patients that seem only moderately complex from the ED perspective can actually significantly impair the ability of a small UCC to see low acuity volumes, which is how they most effectively serve the system.

Please let me know if you encounter issues or concerns with this process, as it is a work in progress.

Charles Wong ([charles.k.wong@AHS.ca](mailto:charles.k.wong@AHS.ca))

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### STAFF EXAMINERS FOR CCFP-EM ORAL EXAMS : 2023

March 9 and June 8,  
2023 – In Person

The CCFP-EM Residency Program is in need of 7 staff examiners for the oral exams on

the following dates:

**March 9<sup>th</sup> and June 8<sup>th</sup> from 1000 – 1300**

**These exams have returned to In-Person sessions.**

Please check your availability and let me know if you are able to help on any of these dates and please send the responses to [TriSurendra.Malasani@albertahealthservices.ca](mailto:TriSurendra.Malasani@albertahealthservices.ca)

Your help and assistance is very much appreciated!! Once confirmed I will send Calendar invites.

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## **YYC ED**

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### **Procedural Skills - Chest Tube Insertion**

The staff sim program is hosting a procedural skills session on percutaneous chest tube insertion on *December 14th from 9-11 AM* in lieu of our scheduled session (cancelled due to RN staff unavailability). It will be held in the ATSSL dry lab in the medical school. Please feel free to drop in for a casual review on the latest perc chest tube kits. If you think you will attend please email me at [patriciazlee@gmail.com](mailto:patriciazlee@gmail.com) to RSVP, thanks

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### **Survey to help inform the optimization of Home Care for patient's discharged from the ED**

We have been advocating for a rapid response home care team for appropriate discharges from the ED. Home Care has recently reached out and is hoping to partner with the ED to support the reduction of acute care admissions.

We are in the initial planning stages of developing a pilot program for a rapid response home care team for the ED. This would be narrow in scope initially with a goal to expand across the zone and into the inpatient realms as soon as feasible. The main focus of this program would be patients whose only reason for admission is inability to access timely homecare. Such cases would include those patients requiring ADL support or those that require urgent equipment needs.

Home Care is hoping to hear from us regarding some case examples that would illustrate the most important services to focus on. I have created a survey and your feedback and thoughts would be very helpful to fully realize the potential of this pilot program.

[Please click here to complete a short survey.](#)

-Margaret McGillivray

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### **Nominate & Recognize Excellence in Emergency Medicine!**

**CAEP Annual Awards** *Recognizing Excellence in Emergency Medicine across Canada. It is the time of year to nominate a fellow member for an award and recognize their contributions in 2022!*

- President's Award

- Honourary Life Member Award
- Helen Karounis Memorial Award for Professionalism in Emergency Medicine
- Alan Drummond Advocacy Award
- Marilyn Li Pediatric EM Leadership Award
- Ian Stiell Researcher of the Year Award
- Terry Sosnowski Memorial Teacher of the Year Award
- Resident Leadership Award (FRCPC)
- Resident Leadership Award (CCFP-EM)
- Medical Journalism Award Winner
- Emergency Physician of the Year
- Special Merit Award

[See descriptions and nomination form here.](#)

## CALGARY EM VEST ORDER

This year we are happy to announce that we will be opening up the resident vest order to the rest of the department! Unfortunately, Arc'teryx no longer offers corporate sales for vests, so we will be moving to similar Spyder vests (Transit LT Insulator). They will be black, and both men's and women's cuts are available.

Each vest will have the CalgaryEM logo on the chest and the option for name/personalization on the opposite side.

**A men's large and a women's small are available for try-on in the FMC ED Office (Room C231B).** There is a size chart attached to the Google form for all remaining sizes.

Please contact Natasha Goumeniouk PGY4 ([ngoumeniouk@gmed.ca](mailto:ngoumeniouk@gmed.ca)) with any questions!

**Cost per vest (taxes/shipping etc included) is \$160.** Completing the form confirms purchase -- payment will be collected once the order is finalized. If you are ordering multiple vests, please re-submit the form. You will be emailed a copy for your records.

**Order deadline is December 15, 2022.** [Complete the order form here.](#)



### TRANSIT LT INSULATOR VEST

90% polyester, 10% Spandex  
 Pillow Tech quilted, three-layer fabric  
 Top Layer: lightweight, four-way stretch woven  
 Insulation: warmth-retaining synthetic down  
 Base Layer: lightweight, four-way stretch woven  
 Quilting is 2.25" apart  
 4-way stretch yoke & side panels  
 Debossed spyder neck tape & internal locker loop  
 Reverse coil center front zipper w/ dye to match rubberized branded zipper pull  
 1/2 inch welt side pockets w/ secure- zip closure & dye to match rubberized branded pulls  
 Stylized neck liine with brushed micro-denier tricot inner collar  
 Spyder branded label on lower front placket  
 Spyder bug woven loop label on left-chest pocket  
 Spyder wordmark rubberized screenprint on center back  
 Modern fit

**Resident Retreat - February 24-26 in Canmore - BOOK NOW!**

\*\*\*\*\***RETREAT CHILDMINDING**\*\*\*\*\*

*In an effort to make the Resident retreat more accessible for staff, we will be organizing some group childcare with toys, games, crafts, videos and activities for Saturday morning. If you are hoping to come to retreat, we don't want childcare to be a barrier!*

*(if you want childcare at other times during the weekend we can also provide contact info/details for the service).*

*Please let Madhavi know if you are interested (and provide details about # of children and age)!*

**Catherine**

You are all invited to the upcoming resident retreat being held from **February 24-26, 2023 at the Malcolm Hotel in Canmore**. We are looking forward to another fantastic weekend.

All staff are welcome (and encouraged) to attend this family-friendly weekend, but even if you can just make it to one day or part of the day, the residents would love to see you and get a chance to interact with you.

The main events include:

- **Friday Evening reception at Malcolm hotel in Canmore (cash bar) 1900-2100**
- **Saturday morning - small group sessions with the residents**
- **Saturday afternoon – Pool Party at Malcolm**
- **Saturday Dinner: 1800-2100** Group Dinner at The Malcolm Hotel
- **2100-midnight at least** Group Party at The Malcolm Hotel – DJ and Costume themes TBA
- **Sunday - free time**

You are welcome to join us in staying at the Malcolm Hotel or you can find other accommodation in Canmore if preferred.

**Please see the instructions below to make a reservation.**

Please [Click Here](#) to make a reservation. Full website details are:

- Enter Promotional/Booking Code: **CM0224**
- Click Apply
- Select your check in and check out dates.
- Click Check Availability – if this is not clicked, it will state no rooms are available
- Select preferred room category
- Click Book Now
- Enter all information required.

A confirmation email will be sent to the email address provided.

**Any other pre-pay special or promos running at that time will also populate; but cannot be combined with any other booking code. Please note, the booking link above must be clicked, as this code does not work on our direct website.**

If you will be coming to the resident retreat we will need you to **RSVP Madhavi at [Madhavi.talasila@ahs.ca](mailto:Madhavi.talasila@ahs.ca) by Monday December 12th** to any events you will be joining in Canmore so that we can ensure we have the space and meals booked.

**RSVP for Friday February 24<sup>th</sup> Reception:** Number of people attending reception /allergies

**RSVP for Saturday February 25<sup>th</sup> events and dinner:** number of people attending the dinner/allergies

**Cost for Saturday dinner:** \$100/person (no charge for children)

Looking forward to a fun weekend with you

Catherine, Anj, Charles and all the residents

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### **PLC Christmas Party**

Tickets will be going on sale very soon!

Feel free to direct anyone to me with any questions!!

Party will start at 1900 Sunday, December 18

- @ Greta Bar
- 213 10 AVE SW
- [gretabar.com](http://gretabar.com)

Ticket includes food, 1 drink & a gaming card to spend on the games in the bar!

Thanks again! Hope to see you there!

Dezz, [Desiree.Tamano@albertahealthservices.ca](mailto:Desiree.Tamano@albertahealthservices.ca)

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### **Foothills ER Christmas Party**

Dec 21 starts at 1900 to 0200 at the Bank and Baron 125 8 Ave SW.

Features cocktails, turkey dinner, DJ & Dancing. [More info here.](#)

If any doctors want to donate to some door prizes for the nurses for the Xmas party, they can e-transfer Peter Furlong at the address included in the event info.

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### **Wellness**

**Parenting & working as a physician during COVID - [resources from CSM](#)**

## Wellness Supports

1. Call your Peer Support Team. [HERE are their phone numbers \(updated Nov 2022\)](#). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have free hours of counselling for yourself and for your family members.

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## Grand Rounds & Journal Club

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### Emergency Department Grand Rounds - Thurs Dec 8

You are invited to the following via “Zoom” & In-Person. Please complete an evaluation form to provide your feedback to our speakers! If there is more than 1 session complete 1 eval for each session

- **Date:** Thurs, December 08, 2022
- **Time:** 0900 – 1015 (1.25 Education Credits)
- **Room:** G500 - HSC
- **Zoom:** <https://albertahealthservices.zoom.us/j/66383702969>
- **Short URL:** <https://cutt.ly/GCvS9mp>
- **Passcode:** 037024
- **Eval:** <https://cutt.ly/xT82kgH>
- [Speaker bios](#)

#### Session #1 (0900 – 1000)

**Speaker:** Dr. Scott Lucyk, MD FRCPC, Emergency Medicine, AHS, Calgary Zone

**Topic:** Cocaine Cardiotoxicity

**Description:** *In this session, we will discuss the approach and management of patients presenting with cocaine associated cardiotoxicity, including dysrhythmias and myocardial infarction.*

#### Session #2 (1000 – 1015)

**Speaker:** Ian Stiell, MD MSc, FRCPC, Distinguished Professor and Senior Scientist, Department of Emergency Medicine, Ottawa Hospital Research Institute, University of Ottawa

**Topic:** The RAFF4 Trial for Management of Acute Atrial Fibrillation

**Description:** *Dr. Stiell will describe the details of the study and the role of ED physicians.*

\*\* **Recording Link:** Archived Rounds Recordings & Rounds Pearls can be found [on our website](#).

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**Clinical Pharmacology & Toxicology Pearl:** [Extracorporeal removal of drugs](#)

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## Opportunities

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### MD Wellness Lead

The MD Wellness Lead is considered a **0.1FTE** position, compensated at the rate of **\$24,000 annually**. If you're interested in applying for this exceptional opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV.

The occupational wellbeing of physicians is recognized as an important factor in professional fulfillment and growth, and directly impacts the provision of care to patients. This is especially relevant in the COVID era and applicable to emergency physicians as they report the highest rates of burnout within all physician groups:

[29 physician specialties ranked by 2021 burnout rates \(beckershospitalreview.com\)](https://www.beckershospitalreview.com/physician-specialties-ranked-by-2021-burnout-rates)

This position will focus on the importance of emergency physician health, and will ensure that there is protected and supported time to advocate for physician wellbeing on important department decisions, to innovate and incorporate change into the Emergency Department, and to strive to become a center of excellence for physician wellbeing within our province. Multiple MDs in our department have specialized training in MD wellness and have been engaged in wellness projects.

This role will work collaboratively with the members of the Department of Emergency Medicine community to foster a culture of physician wellness and lead the planning, development, implementation, evaluation and continuous monitoring of department well-being initiatives and to make physician wellbeing a department priority and address issues on system level.

See posting: [MD Wellness Lead - Doctor Jobs Careers \(albertahealthservices.ca\)](https://albertahealthservices.ca/jobs/MD-Wellness-Lead-Doctor-Jobs-Careers)

For further details about the role, please feel free to call or email me or Neil/Eddy or contact Sarah directly at [sjmcpher@gmail.com](mailto:sjmcpher@gmail.com).

Thanks!

**Scott Banks**

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### Associate Research Director

The Associate Research Director is considered a **0.2FTE** position and is paid from the University of Calgary. It is compensated at the rate of **\$41,790.50 annually** inclusive of vacation pay and there are no benefits associated with it. If you're interested in applying for this exceptional opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV.

Innovation in emergency care and development of new evidence is critical to informing process and operational improvements, and in improving patient outcomes. This position is essential for the development of new evidence using local Calgary data. The Associate Research Director Scientist will also act as a scholarly mentor for graduate and postgraduate trainees, and participate in Calgary Zone ED quality improvement activities. They will also act as a collaborator with researchers from

outside of the Department of Emergency Medicine whose research will impact the care of ED patients.

**Key Responsibilities:**

- Primary research/evidence generation leading to operational and practice change in Calgary Zone EDs.
- Mentoring graduate, postgraduate and undergraduate medical trainees engaged in research and/or quality improvement projects.
- Coordinating with the Calgary Zone Emergency Medicine Division Chief of Research regarding research projects involving collaborators outside of the Department of Emergency Medicine.
- Attend meetings as required and the departmental annual retreat.
- The Associate Research Director scientist will be expected to compete for additional peer-reviewed salary support.
- Assisting the Division Chief of Emergency Medicine Research in organizing the annual EM Research Day.
- Supervision for our Research Coordinator.
- Co-chairing the EM Research Advisory Committee.
- Developing original research ideas and leading in the performance and publication of these research ideas.
- Assisting with other collaborative research that occurs in the department.
- Teaching EM residents and other trainees about research methodology, abstract submission, poster design and oral presentation skills.

The selected candidate will work closely with EM Research Section Chief. For further details about the role, please feel free to call or email me, Eddy or speak directly to Stephanie and Katie at [katielinmd@gmail.com](mailto:katielinmd@gmail.com)

Thanks,

**Scott Banks**

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**EM Effectiveness & Clinical Excellence Coordinator**

The Effectiveness & Clinical Excellence Coordinator is considered a **0.2FTE** position, compensated at the rate of **\$48,000 annually**. If you're interested in applying for this great opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV. The start date will be as soon as possible.

This position allows for improved resource stewardship in the Emergency Medicine Department, as well as, improvement in the quality of care we deliver and continuous work to increase physician engagement by utilizing feedback with physician performance measures.

The EM Effectiveness & Clinical Excellence Coordinator is responsible for optimizing clinical decision support and quality improvement audit and feedback activities within ConnectCare. In addition, the Coordinator reviews/changes/updates the EM Order Set for EM users. This role develops and creates reports on quality indicators of clinical effectiveness at the provider level in conjunction with the Department of Emergency Medicine Data Analyst reflecting optimal care, i.e. % of hemodynamically stable upper GI bleed patients receiving transfusion for Hgb >80, use of expensive antibiotics when less costly alternative is available.

This position is essential to continue and lead innovation & quality improvement projects/activities in the department. The Effectiveness Coordinator identifies areas of need for clinical effectiveness or quality improvement support, training and education for ED physicians.

For further details about the role, please feel free to call or email me or Neil/Eddy or contact Shawn directly at [skdowling@gmail.com](mailto:skdowling@gmail.com).

See posting: [EM Effectiveness & Clinical Excellence Coordinator - Doctor Jobs Careers \(albertahealthservices.ca\)](#)

Thanks,  
Scott Banks

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## CME & Learning

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### **CAMSS Zone Advisory Forum & AGM, December 14, 2022**

All Calgary Zone physicians are invited to attend the CAMSS Zone Advisory Forum (ZAF) on December 14, featuring the following presentation:

**[CPSA: Physician Practice Improvement Program \(PIIP\)](#)**

- Dr. Danielle Michaels
- Tanya Northfield, Program Manager, PPIP
- **When:** Wednesday, December 14 at 5:30 p.m.
- **Where:** Zoom
- **Registration is required:**
- <https://albertadoctors.zoom.us/meeting/register/tZwkdO-rpz4iGdJ1BVKimLHqriDH211PelsP>

**After registering, you will receive a confirmation email containing information you will need to join the meeting.**

The Zone Advisory Forum will be followed by the **CAMSS AGM**. The registration link is the same.

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### **PEM REVIEW early bird deadline - Nov 30/22!**

**[Itinerary here.](#)**

**Jan 26-28, Banff AB**

Register Here: [ANNUAL CANADIAN PEM REVIEW COURSE](#)

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**[39th Annual Emergency Medicine for Rural Hospitals \(EMRH\)](#)**  
**January 20th-22nd, 2023**

This course provides updates on clinical topics relevant for physicians, nurses and other health professionals who practice in rural communities. Through a combination of plenary lectures, small group interactive sessions and workshops, participants will review current best practices, guidelines, tools and techniques for investigating and managing emergent patients – from pre-hospital, to the rural emergency department.

[Info and registration here.](#)

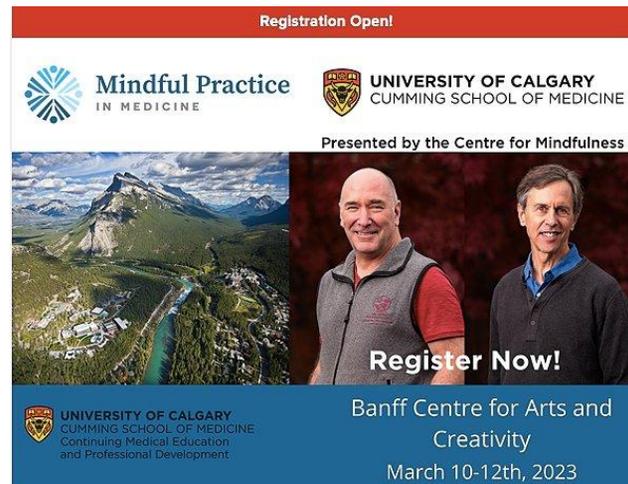
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## Mindful Practice in Medicine Workshop

March 10-12th, 2023

[In-Person Schedule](#) - Subject to change

[Info and Registration Here.](#)



Registration Open!

 **Mindful Practice**  
IN MEDICINE

 **UNIVERSITY OF CALGARY**  
CUMMING SCHOOL OF MEDICINE

Presented by the Centre for Mindfulness

**Register Now!**

 **UNIVERSITY OF CALGARY**  
CUMMING SCHOOL OF MEDICINE  
Continuing Medical Education  
and Professional Development

Banff Centre for Arts and  
Creativity  
March 10-12th, 2023

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**Kudos**



**Kudos to Dr. Tony Chad** for achieving his third degree black belt in taekwondo on November 2, 2022 black belt testing. He pulled off an awesome 5-board palm/hand break, then 360 roundhouse-jumping spinning hook-360 roundhouse-jumping spinning on hook kick combination to earn his third degree black belt! He also crated an original poomsae/pattern and executed it beautifully for the judges.

\*\*he is now offering his services to escort anyone through dark parking lots after work for assured safety with his ninja skills :)



**Congratulations to Dr. Claire Acton** and hubby on their new bundle of joy, Piper Catherine Todd, born October 24.