

Department of Emergency Medicine

Weekly **email**

Updates for ED Physicians

Jan 17, 2023 Edition

Notes from Neil & Eddy

Dear colleagues,

A New Start

As 2023 is upon us, we hope that this year will bring a new sense of optimism to our department bolstering the remarkable contributions that you provide through excellent patient care. The reason we say this is the unprecedented focus and efforts that are being paid to the issues of emergency department flow and EMS response through the highest levels of AHS and the provincial government. Just to recap, in addition to numerous provincial meetings that are laser-focused on these issues and occupying the bandwidth of senior AHS leadership, the following developments have occurred over the last several months:

1. Establishment of the Integrated Operational Centre or IOC under Brad Granberg's leadership has seen significant changes in EMS destination decisions towards urgent care.
2. Multi-site funding for the emergency lead position, which has been remarkably well subscribed by our colleagues here in Calgary and is not yet operational outside of our zone.
3. Provincial work by an EIP threshold working group to define criteria for activation of enhanced surge criteria.
4. A Calgary zone EIP task force that continues to work to minimize the impacts of boarding and hence bed block on our ability to deliver safe and timely patient care.
5. Active recruitment and funding for a PhD data scientist to support operations and health services research in our department.

While we cannot be assured but these measures will be effective, we can at least take comfort in the knowledge that there is a concerted laser-focused effort to address the current circumstances.

Clinical Effectiveness Coordinator Position

You may no longer be paying particular attention to this recurrent posting in our weekly newsletter but we write to offer some clarification and in the hopes of generating interest. While the position is somewhat obliquely titled as the clinical effectiveness coordinator, it is essentially an opportunity to develop skills and a career track in **quality improvement in emergency medicine**. There may never have been a time when our department was in as much need for support and the realm of quality improvement and operations. This 0.2 FTE position would be an important addition to our leadership team. The position is also under some degree of threat if we are unable to fill it over the next few months. If you have any interest in pursuing this, please feel free to reach out to either of us for further conversation.

-Neil & Eddy

Operations

Finding ED Treatment Plans in Connect Care

Wondering where to find ED Treatment Plans in Connect Care? Because Calgary's sites are moving to CC in separate waves, there is an interim state in place for ED Treatment Plans in Connect Care until RGH goes live in wave 6. This is temporary - after RGH and SHC go live, ED Treatment Plans will move to their permanent home (and the process for finding them will be more straightforward).

In the meantime, for those of you working at FMC and PLC, please see [this document on Insite](#) for instructions where to find the plans. This document can also be found linked on the ED Treatment Plans Insite page, along with other useful information.

Given the pending transition, we are currently pausing new plan development (with rare exceptions). More information and education will be provided prior to the Wave 6 launch.

Please reach out if you have any questions or concerns regarding this or any other aspect of ED Treatment Plans! There is also lots of useful info on our [Insite page](#).

Dr. Christine East | MD CCFP(EM)

CSM Strategic Plan survey

The Cumming School of Medicine (CSM) believes a strong strategy grows out of diverse perspectives and we encourage a range of voices in planning for the future. The Strategic Plan Working Group and facilitation team at [J5 Design](#) have developed a three to five minute survey to get to know you better and help guide future facilitation and communications about the CSM Strategic Plan.

Thanks for your interest in shaping our future! This survey will remain open until **Jan. 27, 2023**.

[Complete 'pulse check' survey](#)

2023 deadlines for the Clinical/Adjunct promotion process

- **February 17, 2023:** Recommendations for promotion to Professor ([Clinical/Adjunct/Research only](#))

- **March 3, 2023: Recommendations for promotion to Clinical/Adjunct/Research Associate or Assistant Professor**

[See this document for full details of requirements.](#)

Colin is passionate about POCUS guided regional anaesthesia, image archiving and breaking down barriers to the clinical integration of POCUS within medicine. He is presently the clinical practice lead for the CAEP Emergency Ultrasound Committee and represents both EM and POCUS on the Medical Imaging Advisory Council for AHS.

He previously oversaw a robust resident education program for both the FRCPC and CFPC EM residents. In conjunction with Critical Care, Internal Medicine, and Anaesthesia, he implemented a Royal College accredited multidisciplinary Acute Care POCUS Fellowship.

He is split between SHC and FMC, and always willing to help you up your POCUS game.

Colin became a dad on Dec 21, and will trade POCUS nuggets for parenting tips.

YYC ED

STAFF Sims Sign up

[EM Physician Participants: 2023 ED Staff Simulations \(Jan-June 2023\) \(signupgenius.com\)](#)

STAFF EXAMINERS FOR CCFP-EM ORAL EXAMS : March 9 and June 8, 2023 – In Person

The CCFP-EM Residency Program is in need of 5 staff examiners for the oral exams on the following dates:

March 9th and June 8th from 1000 – 1300

These exams have returned to In-Person sessions.

Please check your availability and let me know If you are able to help on any of these dates and please send the responses to TriSurendra.Malasani@albertahealthservices.ca.

Your help and assistance is very much appreciated!! Once confirmed I will send Calendar invites.

Resident Retreat - February 24-26 in Canmore - BOOK NOW!

*****RETREAT CHILDMINDING*****

In an effort to make the Resident retreat more accessible for staff, we will be organizing some group childcare with toys, games, crafts, videos and activities for Saturday morning. If you are hoping to come to retreat, we don't want childcare to be a barrier!

(if you want childcare at other times during the weekend we can also provide contact info/details for the service).

Please let Madhavi know if you are interested (and provide details about # of children and age)!

Catherine

You are all invited to the upcoming resident retreat being held from **February 24-26, 2023 at the Malcolm Hotel in Canmore**. We are looking forward to another fantastic weekend.

All staff are welcome (and encouraged) to attend this family-friendly weekend, but even if you can just make it to one day or part of the day, the residents would love to see you and get a chance to interact with you.

The main events include:

- **Friday Evening reception at Malcolm hotel in Canmore (cash bar) 1900-2100**
- **Saturday morning - small group sessions with the residents**
- **Saturday afternoon – Pool Party at Malcolm**
- **Saturday Dinner: 1800-2100** Group Dinner at The Malcolm Hotel
- **2100-midnight at least** Group Party at The Malcolm Hotel – DJ and Costume themes TBA
- **Sunday - free time**

You are welcome to join us in staying at the Malcolm Hotel or you can find other accommodation in Canmore if preferred.

Please see the instructions below to make a reservation.

Please [Click Here](#) to make a reservation. Full website details are:

- Enter Promotional/Booking Code: **CM0224**
- Click Apply
- Select your check in and check out dates.
- Click Check Availability – if this is not clicked, it will state no rooms are available
- Select preferred room category
- Click Book Now
- Enter all information required.

A confirmation email will be sent to the email address provided.

Any other pre-pay special or promos running at that time will also populate; but cannot be combined with any other booking code. Please note, the booking link above must be clicked, as this code does not work on our direct website.

If you will be coming to the resident retreat we will need you to **RSVP Madhavi** at Madhavi.talasila@ahs.ca **by Monday December 12th** to any events you will be joining in Canmore so that we can ensure we have the space and meals booked.

RSVP for Friday February 24th Reception: Number of people attending reception /allergies

RSVP for Saturday February 25th events and dinner: number of people attending the dinner/allergies

Cost for Saturday dinner: \$100/person (no charge for children)

Looking forward to a fun weekend with you

Catherine, Anj, Charles and all the residents

Wellness

Parenting & working as a physician during COVID - [resources from CSM](#)

Wellness Supports

1. Call your Peer Support Team. [HERE are their phone numbers \(updated Nov 2022\)](#). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
 2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have free hours of counselling for yourself and for your family members.
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Grand Rounds & Journal Club

Emergency Medicine Grand Rounds

- **Date:** Thurs, January 19, 2023
- **Time:** 0900 – 1000 (1.00 Education Credits)
- **Room:** Clara Christie - HSC
- **Zoom Link:** <https://albertahealthservices.zoom.us/j/66383702969>
- **Passcode:** 037024
- **Evaluation Link:** <https://cutt.ly/xT82kgH>

Session #1 (0900 – 1000)

Moderator: Dr. Miles Hunter

Speaker: Dr. Meaghan Mackenzie, R5 Emergency Medicine Resident - FRCPC

Ventricular Assist Devices: “A Primer for Care in the Emergency Department.”

Description: Case based discussion on patients presenting to the Emergency Department with ventricular assist devices.

** **Recording Link:** Archived Rounds Recordings & Rounds Pearls can be [found on our website](#)

Please don't share the zoom link and connection details on social media or any website.

Journal Club: We are looking for staff preceptors and hosts for second half of academic year.

1. Journal Club has been revamped to give it a more clinical focus. The majority of statistical analysis teaching will now take place in other resident teaching sessions. With this change, we are hoping to expand our list of preceptors. If you are interested in being a preceptor or co-preceptor, please reach out to Dr. Kelsey Ragan and Dr. Dave Mainprize. kmragan@gmail.com, davegmainprize@gmail.com

2. We have moved Journal Club back to staff physician homes. As a host, you will receive \$750 for food purchases (this does not include alcohol purchases). **We are hoping to fill March 2nd, March 30th and April 27th soon.** If you are willing to host a Journal Club in your home, please reach out to Sean Crooks (smcrooks@ucalgary.ca).

Please see [Google Sheet link for Journal Club](#) dates, hosts, resident leaders and preceptors.

Clinical Pharmacology & Toxicology Pearl of the Week: [Extracorporeal removal of drugs](#)

Opportunities

***This is an important QI position that must be filled. For further information on this position please contact Eddy Lang or Scott Banks.**

EM Effectiveness & Clinical Excellence Coordinator

The Effectiveness & Clinical Excellence Coordinator is considered a **0.2FTE** position, compensated at the rate of **\$48,000 annually**. If you're interested in applying for this great opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV. The start date will be as soon as possible.

This position allows for improved resource stewardship in the Emergency Medicine Department, as well as, improvement in the quality of care we deliver and continuous work to increase physician engagement by utilizing feedback with physician performance measures.

The EM Effectiveness & Clinical Excellence Coordinator is responsible for optimizing clinical decision support and quality improvement audit and feedback activities within ConnectCare. In addition, the Coordinator reviews/changes/updates the EM Order Set for EM users. This role develops and creates reports on quality indicators of clinical effectiveness at the provider level in conjunction with the Department of Emergency Medicine Data Analyst reflecting optimal care, i.e. % of hemodynamically stable upper GI bleed patients receiving transfusion for Hgb >80, use of expensive antibiotics when less costly alternative is available.

This position is essential to continue and lead innovation & quality improvement projects/activities in the department. The Effectiveness Coordinator identifies areas of need for clinical effectiveness or quality improvement support, training and education for ED physicians.

For further details about the role, please feel free to call or email me or Neil/Eddy or contact Shawn directly at skdowling@gmail.com.

Thanks,
Scott Banks

Expression of interest for membership in the Provincial Pool of Hearing Committee

[See memo from Drs. Mark Anselmo & Margot McLean](#)

EM Clerkship Evaluation Coordinator position

Dave Fu is stepping down from this role. Contact him directly to discuss the role if you are interested. (davezfu@gmail.com)

[See posting here.](#)

MD Wellness Lead

The MD Wellness Lead is considered a **0.1FTE** position, compensated at the rate of **\$24,000 annually**. If you're interested in applying for this exceptional opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV.

The occupational wellbeing of physicians is recognized as an important factor in professional fulfillment and growth, and directly impacts the provision of care to patients. This is especially relevant in the COVID era and applicable to emergency physicians as they report the highest rates of burnout within all physician groups:

[29 physician specialties ranked by 2021 burnout rates \(beckershospitalreview.com\)](#)

This position will focus on the importance of emergency physician health, and will ensure that there is protected and supported time to advocate for physician wellbeing on important department decisions, to innovate and incorporate change into the Emergency Department, and to strive to become a center of excellence for physician wellbeing within our province. Multiple MDs in our department have specialized training in MD wellness and have been engaged in wellness projects.

This role will work collaboratively with the members of the Department of Emergency Medicine community to foster a culture of physician wellness and lead the planning, development, implementation, evaluation and continuous monitoring of department well-being initiatives and to make physician wellbeing a department priority and address issues on system level.

See posting: [MD Wellness Lead - Doctor Jobs Careers \(albertahealthservices.ca\)](#)

For further details about the role, please feel free to call or email me or Neil/Eddy or contact Sarah directly at sjmcpher@gmail.com.

Thanks!

Scott Banks

Associate Research Director

The Associate Research Director is considered a **0.2FTE** position and is paid from the University of Calgary. It is compensated at the rate of **\$41,790.50 annually** inclusive of vacation pay and there are no benefits associated with it. If you're interested in applying for this exceptional opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV.

Innovation in emergency care and development of new evidence is critical to informing process and operational improvements, and in improving patient outcomes. This position is essential for the development of new evidence using local Calgary data. The Associate Research Director Scientist will also act as a scholarly mentor for graduate and postgraduate trainees, and participate in Calgary Zone ED quality improvement activities. They will also act as a collaborator with researchers from outside of the Department of Emergency Medicine whose research will impact the care of ED patients.

Key Responsibilities:

- Primary research/evidence generation leading to operational and practice change in Calgary Zone EDs.
- Mentoring graduate, postgraduate and undergraduate medical trainees engaged in research and/or quality improvement projects.
- Coordinating with the Calgary Zone Emergency Medicine Division Chief of Research regarding research projects involving collaborators outside of the Department of Emergency Medicine.
- Attend meetings as required and the departmental annual retreat.
- The Associate Research Director scientist will be expected to compete for additional peer-reviewed salary support.
- Assisting the Division Chief of Emergency Medicine Research in organizing the annual EM Research Day.
- Supervision for our Research Coordinator.
- Co-chairing the EM Research Advisory Committee.
- Developing original research ideas and leading in the performance and publication of these research ideas.
- Assisting with other collaborative research that occurs in the department.
- Teaching EM residents and other trainees about research methodology, abstract submission, poster design and oral presentation skills.

The selected candidate will work closely with EM Research Section Chief. For further details about the role, please feel free to call or email me, Eddy or speak directly to Stephanie and Katie at katielinmd@gmail.com

Thanks,

Scott Banks

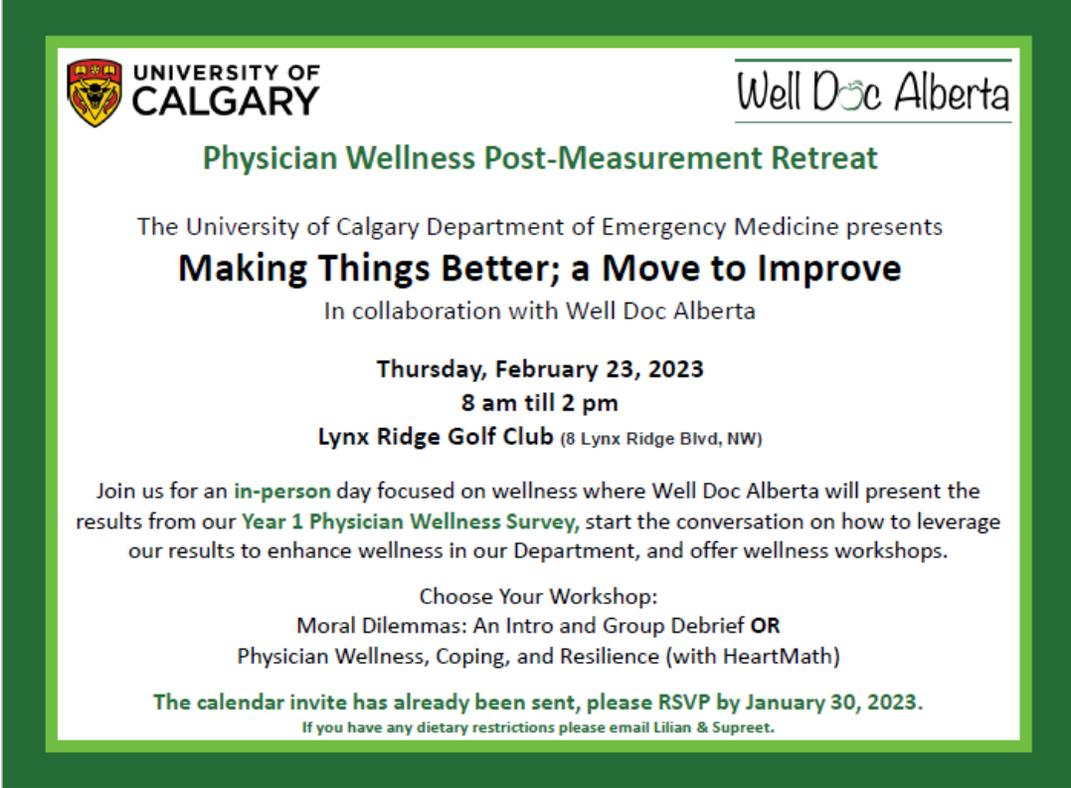
CME & Learning

Physician Wellness Post-Measurement Retreat: Making Things Better; a Move to Improve

In collaboration with Well Doc Alberta
February 23, 8am-2pm

Join us for an in-person day focused on wellness where Well Doc Alberta will present the results from our Year 1 Physician Wellness Survey, start the conversation on how to leverage our results to enhance wellness in our Department, and offer wellness workshops.

RSVP by January 30 (calendar invite)



The flyer is a white rectangular card with a green border. At the top left is the University of Calgary logo, and at the top right is the Well Doc Alberta logo. The main title is 'Physician Wellness Post-Measurement Retreat' in green. Below that, it says 'The University of Calgary Department of Emergency Medicine presents' followed by the event title 'Making Things Better; a Move to Improve' in bold black. It then lists the date and time: 'Thursday, February 23, 2023, 8 am till 2 pm' and the location: 'Lynx Ridge Golf Club (8 Lynx Ridge Blvd, NW)'. A paragraph describes the event as an in-person day focused on wellness. Below that, it lists two workshop options: 'Moral Dilemmas: An Intro and Group Debrief OR Physician Wellness, Coping, and Resilience (with HeartMath)'. At the bottom, it states 'The calendar invite has already been sent, please RSVP by January 30, 2023.' and includes a note about dietary restrictions.

UNIVERSITY OF CALGARY

Well Doc Alberta

Physician Wellness Post-Measurement Retreat

The University of Calgary Department of Emergency Medicine presents

Making Things Better; a Move to Improve

In collaboration with Well Doc Alberta

Thursday, February 23, 2023
8 am till 2 pm

Lynx Ridge Golf Club (8 Lynx Ridge Blvd, NW)

Join us for an **in-person** day focused on wellness where Well Doc Alberta will present the results from our **Year 1 Physician Wellness Survey**, start the conversation on how to leverage our results to enhance wellness in our Department, and offer wellness workshops.

Choose Your Workshop:
Moral Dilemmas: An Intro and Group Debrief **OR**
Physician Wellness, Coping, and Resilience (with HeartMath)

The calendar invite has already been sent, please RSVP by January 30, 2023.
If you have any dietary restrictions please email Lilian & Supreet.

Well Doc Alberta: Upcoming Narrative Workshop Series

Join us for a 3-session series with Dr. Melanie Hnatiuk where we will introduce key concepts in narrative-based medicine, and experience writing prose, poetry, and graphic medicine as a tool to aid in recovery from the pandemic.

When: Thursdays from February 2 to 16, 2023, 7:00pm - 8:30pm on ZOOM

Series Schedule

Session One: Prose

Session Two: Poetry

Session Three: Graphics

Registration is for the whole series. We encourage you to attend all three sessions, as it will provide the richest reflection experience. However, we understand if that is not feasible with your schedule and you may attend those sessions that work for you.

Please Note: These sessions are open to staff physicians within Alberta, and space is limited. The sessions are interactive and participants will be invited to do some writings and sharing during each session. Participants will be encouraged to have their cameras on during the sessions.

[Register Here.](#)

Ski BEEM 2023 - January 27 to February 4, 2023

[Ski BEEM 2023 - BEEM - Best Evidence in Emergency Medicine](#)

Sun Peaks Grand Hotel & Conference Centre

Mindful Practice in Medicine Workshop

March 10-12th, 2023

[In-Person Schedule](#) - Subject to change

[Info and Registration Here.](#)

Registration Open!

Mindful Practice
IN MEDICINE

UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE

Presented by the Centre for Mindfulness

Register Now!

UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
Continuing Medical Education
and Professional Development

Banff Centre for Arts and
Creativity

March 10-12th, 2023

Kudos

Kudos to Dr. Anjali Pandya and Madhavi Talasila on winning PGME Awards of Excellence!

Service in Support of Residency -Madhavi Talasila This award recognizes the outstanding contributions made by an individual to residency education through ongoing administrative support and/or innovative approaches to program administration.

Outstanding Commitment to Residency Education - Dr. Pandya This award recognizes the outstanding contributions made by an individual to residency education through teaching, administration, program development and/or contributions to educational research that benefit residency education.

Kudos to **Dr. Miles Hunter and Dr. David Fu**, as well as our nursing and RT colleagues (**Ms Danielle Clarke RN, Mr. Chi Luu RN, Ms Jodi Overguard UC, Ms Tanya Tomaschefski RN, Ms Rebecca Tran RRT, Mr. Quang Trinh RN, and Ms Suzanne Westcott RN**) for their [commendations from our FMC Trauma Service](#)! They provided excellent care for a patient with a left anterior chest stab wound.

Kudos to Drs. McRae and Andruchow on this recent publication! [Risk scores for clinical risk stratification of emergency department patients with chest pain but no acute myocardial infarction: A systematic review - PubMed \(nih.gov\)](#)

Miscellaneous

Canmore Rental - March Break

We are looking to rent out our Canmore vacation home for 10 days during the March break (march 27-April 7, flexible dates). The house is located on the "sunny" side of Canmore - 1 block away from cougar creek with access to the Horseshoe Loop running/fat biking trails directly from our yard. The home is fully equipped with everything you need for an active, fun staycation (including TVs, wifi, espresso machine, laundry, dishwasher, pool/ping pong table, etc). Four bedrooms (including a bunk room that sleeps 4) and two pullout couches the house can sleep a total of 10-12 people. The hot tub in the backyard surrounded by trees is the perfect place to lounge after a day of skiing! Or if you prefer to relax, sit in front of the wood burning fireplace and enjoy views out towards the Three Sisters mountains or Ha-ling from the living room. The attached garage provides lots of room to store all your active gear! Given rental limitations in Canmore we can need a minimum 7 day rental. 400\$/night. If you have any questions, or want additional photos or information - please contact me at skdowling@gmail.com.



