



Department of Emergency Medicine

# Weekly **email**

Updates for ED Physicians

June 1, 2021 Edition

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## COVID Update

### Quarantine requirements for AHS staff with a COVID exposure in the vaccine era

Dear colleagues,

Due to some confusion related to quarantine requirements after a COVID exposure e.g. child at home, please see current algorithm below. Essentially AHS staff, like all Albertans, are exempt from quarantine if they are fully vaccinated if more than 2 weeks have elapsed since second dose.

[Return to Work Decision Chart for Healthcare Workers](#)  
([albertahealthservices.ca](http://albertahealthservices.ca))

Dr. Eddy Lang

## Operations

### SCM Updates

[Click here to read:](#)

- Hepatitis B Immune Globulin - Updates
- ED Appendicitis Peds - Updates

**Michelle Sampson RN BN**

Clinical Informatician

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## YYC ED Specific

### New SHC Site Chief

We are pleased to announce that Dr. Dan Joo is the successful applicant for the SHC Site Chief position. Dan has successfully served as the SHC Assistant Site Chief since September 2019, and has developed great skills that will serve him well as the new SHC Site Chief.

We'd also like to thank Dr. Cameron McGillivray for being such an exceptional Site Chief at the SHC over the past several years.

-Scott Banks

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### What's new in the myEDapp?

Thanks to Margriet Greidanus, Leanne Norrena and Jill Roy (LVAD nurse) for a new document for LVAD patients giving some basic reminders about unique properties of these patients and some tips and tricks in regards to their management. The document can be found in the app or on the website (<https://my-emergency-department.com/>) by using the Master search function and the term "LVAD".

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### CalgaryEM HALO Procedural Skill Curriculum Development - Needs Assessment Survey (FINAL CHANCE TO RESPOND)

**We are looking to create a longitudinal curriculum that uses a mix of virtual simulations, task trainers, mental rehearsal, and educational resources to help provide Calgary Emergency Physicians with opportunities to practice High Acuity, Low Occurrence ( HALO) procedural skills.** Examples of HALO skills include cricothyrotomy, resuscitative hysterotomy, and lateral canthotomy.

This would be an optional resource for you to practice HALO skills. To help tailor the resource to best suit your needs, we were hoping you could complete this optional survey which will ask you about what skills you would want to practice, as well as the type and frequency of practice you would be most interested in.

The **survey will take approximately 5 minutes and is anonymous.** The results will be used to help create the best resource possible for our physician group.

[https://survey.ucalgary.ca/jfe/form/SV\\_6Fk5NeiflYXsunl](https://survey.ucalgary.ca/jfe/form/SV_6Fk5NeiflYXsunl)

—HALO Curriculum Development Team

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### Mentorship Program

Are you >2 years into practice? Are you newly back from a sabbatical/parental leave/leave of absence? If yes then you are the perfect mentor candidate!

We are looking for new mentors for our new faculty mentorship program as well as mentors for our returning from sabbatical/parental leave/leave of absence program.

Please email Fareen Zaver if you are interested in volunteering your time and expertise!

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### Gift for Graduating Residents

It's the time of year where we look forward to spring weather, mountain outings, bike tune-ups and eagerly await congratulating our graduating class as they finish their exams. Many of us have had the pleasure of working with Ryan, Katie and Kelsey throughout their 5 years and we have begun shopping for graduation gifts to both thank them for their hard work and celebrate this great achievement. For those of you who would like to contribute please e-transfer to Dr. David Mainprize

Thank you for your ongoing support of our residents!  
Dave, Nick, Ken and Steve.

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## Wellness Update!

### 10 Percent Happier App discount

Thanks to Christine East for helping get a promotion for 6 months of free access to the ten percent happier app for the YYC EM group. See below for how to redeem your promotional code. How to Redeem Your Free 6 Month Subscription to the Ten Percent Happier App: You'll redeem the code on our website, then when you open the app on your phone, everything will be unlocked. [Please follow the steps here.](#) -updated links!

### Wellness Supports

1. Call your Peer Support Team. The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have 6 free hours of counselling for yourself and 6 free for your family members.

### YYCEM JUNE Wellness Challenge!

It's June and that means we are halfway through 2021! This month's challenge is to look for ways we can show appreciation of each other at work. In doing this we will receive the gift of seeing the good things in others and will be giving people the gift of acknowledging their unique contributions. Check out the website and the June video to learn more.

- Click here to discover more: [www.yycemhappinesschallenge2021.com](http://www.yycemhappinesschallenge2021.com)
- Click here to watch the June video: <https://www.youtube.com/watch?v=yD-xqUUj3pk>

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## Rounds and Journal Club

### Emergency Medicine Rounds - June 3, 2021

0900 – 1015 (1.25 Education Credits)

#### Session #1: (0900 – 1000)

Presentation Panel:

Dr. Monty Ghosh, Dr. Mark Scott & Dr. Ingrid Vicas

Topic: Addiction Management in the ED: “A Q & A open panel discussion”

***Description:** Drs. Mark Scott, Ingrid Vicas, and Monty Ghosh will be discussing and answering your questions about addiction management in the ED, touching on topics such as stigma, management of alcohol use disorder, home detox, and precipitated withdrawal from OAT.*

#### Session #2: (1000 – 1015)

Presenters: Dr. Stephanie Cooper & Dr. Kellee Hurd

High Risk Obstetrics, Maternal-Fetal Medicine – FMC

Topic: COVID 19 and the Pregnant Patient: “Key Messages for ER Providers”

#### **Description:**

- *To recognize pregnancy as a risk factor for severe morbidity and mortality with COVID-19*
- *To appreciate how the physiologic changes of pregnancy may impact the diagnosis and management of a pregnant patient with COVID-19*

- *To navigate the clinical care of a pregnant patient during the COVID-19 pandemic*

**Evaluation form:** Complete a separate form for each session:  
<https://forms.gle/szfmBrmxiesiuGfq8>.

**MainPro credits** for EM physicians in the Calgary Zone will automatically populate on the forms after submission.

Please click the link below to join the webinar:

## ZOOM Session

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### Research in Development Rounds - June 24 - 10:30am

**Speaker: Dr. Brad Granberg**

Topic: The Disaster Communication System (DCS): A Novel Solution to Improve Staff Surge Capacity during Mass Causality Incidents.

## ZOOM Session

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## CME

### CSM New Faculty Orientation – September 14, 2021

Are you new Faculty who has started with Cumming School of Medicine within the last three years?

Have you been with Cumming School of Medicine for awhile but have NOT attended the Office of Faculty Development and Performance New Faculty Orientation?

Not to be confused with AHS Orientation, Faculty Development and Performance provides all new faculty within CSM with the low down on roles and responsibilities, critical resources, mentorship, career development, and more!

[Claim your space!](#)

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### CAEP Conference 2021 - CAEP at the Forks: Rising to the Challenge

**June 15-17**

CAEP 2021 will be virtually held June 15-17, 2021 and hosted by the city of Winnipeg. With CAEP 2021 at the Forks: Rising to the Challenge theme, there will be great events, workshops in a new format and attendees will learn about integration the values of equity, diversity and inclusivity in the organization of emergency medicine, understanding the impact of the coronavirus pandemic on the practice of emergency medicine; considering strategies to ensure career longevity and much more.

This year's virtual format allows for speakers from around the world - [check out the plenary highlights!](#)

More info and registration at <https://caepconference.ca/>

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## Opportunities

### CBC Society Seeking Physician Mentors

Calgary Black Chambers, ("CBC"), is a society of Black professionals and entrepreneurs who established a not-for-profit organization, for Black professionals and entrepreneurs, students and upcoming professionals. One of CBC's core values is Mentorship. CBC is looking for physicians who would be interested in becoming mentors to share your wisdom and experiences, and develop new relationships, while significantly impacting students' lives.

The CBC is run entirely on donations and membership fees. These fees go directly back to supporting our scholarships and programming. If you are interested in supporting our work and organization, consider becoming a member , a mentor, or donating.

If you have any questions, or are interested in becoming a mentor, please feel free to contact us at [calgaryblackchambers@gmail.com](mailto:calgaryblackchambers@gmail.com).

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## **Kudos Corner**

Kudos to Drs. McRae and Innes on their recent publications! Thank you for contributing to the EM literature:

- [Patient care accountability frameworks: the key to success for our healthcare system - PubMed \(nih.gov\)](#)
  - [Recommendations for enhancing collaboration between the Canadian emergency department quality improvement and research communities - PubMed \(nih.gov\)](#)
  - [Starting, building and sustaining a program of research in emergency medicine in Canada - PubMed \(nih.gov\)](#)
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