



Department of Emergency Medicine

# Weekly <sup>email</sup>

Updates for ED Physicians

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March 30, 2021 Edition

## COVID-19 Updates

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### Wellness COVID Updates

1. **Call your Peer Support Team.** The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. **Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7.** You have 6 free hours of counselling for yourself and 6 free for your family members.

### March YYCEM Happiness Challenge!

It's March and that means it's month three of the YYCEM Happiness Challenge! This month's challenge is learning to incorporate acts of kindness into our daily lives. When kindness is shared it grows. "Kind words can be short and easy to speak but their echoes are truly endless" ~ Mother Teresa. Let's spread so much kindness this month that the echoes can be felt and heard all throughout our hospitals! Because kindness has a multiplying effect this month has another **MONTHLY PRIZE**. Check out the website and the March video to learn more.

Click here to discover more: [www.yycemhappinesschallenge2021.com](http://www.yycemhappinesschallenge2021.com)

Click here to watch the March video: <https://www.youtube.com/watch?v=KeQ-MkmZPe8>

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# Operations

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## Clinical Reminder

Please keep in mind the high risk nature of patients who visit the ED for mental health related concerns after having been seen in the preceding 24 to 48 hours for a similar concern.

Consider involving Psychiatry in the care of these patients if they are not already involved. See the QAR below.

**Management of mental health patients re-presenting within 24-48 hours of initial presentation**  
Currently there is no guideline in place for management of mental health patients re-presenting within a short amount of time after a discharge from the ED.

- Patients who “bounce back” to the ED shortly after discharge are considered a high risk patient population
- Mental health patients who return to the ED shortly after discharge have been identified in the literature as high risk and could benefit from additional assessment and intervention upon their return
- Patients who are assessed by the Psychiatric Emergency Service (PES) are offered a risk assessment and can be provided resources that may not be accessible by the Emergency Department. Patients who are discharged by PES without admission to inpatient mental health are followed for a period of time by outreach support services in the Calgary Zone.

Dr. Neil Collins

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## SCM Updates!

[Click here to read:](#)

- ED Mental Health and ED Alcohol Withdrawal Order Sets Updates
- HydrALazine Liquid Strength Update
- Nitrofurantoin Tab - Updates
- [Order sets update](#)

**Joshua Vejprava RN BSc BN MBA**

Clinical Informatician | IT Clinical Systems User Support – Calgary Zone | Clinical Services – IT | Alberta Health Services

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## PSF Update

PSF application is open. [PSF mandate and review process](#) are available. Download the [application form here](#).

**Deadline for submission: March 31, 2021**

- PSF Committee

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# Physician Participation Needed!

## Reminder: CSM census

To better understand the fabric of the present community within the Cumming School of Medicine, we are conducting a census to collect demographic data. The census is voluntary but we are asking all CSM members to participate and help us obtain a clearer picture of the CSM community so we can identify areas where we may not be meeting our diversity goals and can design services and interventions to promote equity, diversity, and inclusion throughout the CSM.

The census will take less than 10 minutes to complete. You don't need to complete it at one time, but your unique link to the census will only be available until April 30, 2021. Those who complete the census will be able to enter a draw that has multiple prizes, valued between \$100 - \$250 each.

Look for your unique census link in your Email (from [oped@ucalgary.ca](mailto:oped@ucalgary.ca)).

# Education. CME. Rounds.

## Emergency Medicine Research Day

April 1, 2021

08:00am – 11:15am MST

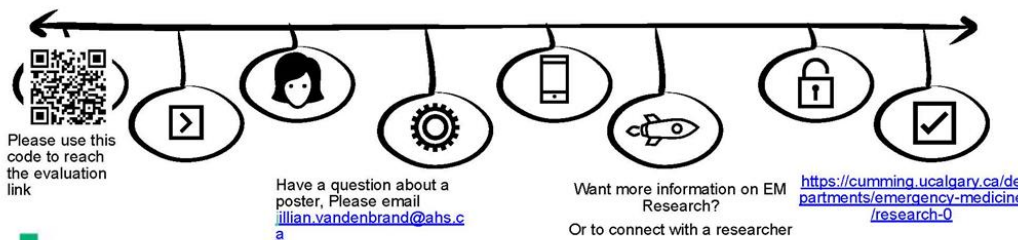
Keynote speaker – [Dr. Corrine Hohl](#)

09:00-10:00am

### ZOOM session

Evaluation link here: <https://forms.gle/szfmBrmxiesjuGfg8>

## Emergency Medicine Research Day -2021



For a more detailed breakdown of the morning or for a copy of the webinar invite [click here](#).

“The Emergency Medicine Research Day 2021 is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.”

CFPC members may claim certified credits through the Royal College of Physicians and Surgeons (Royal College) Maintenance of Certification (MOC) program:

- Accredited Section 1 and Section 3 credits are eligible for certified credits, up to a maximum of 50 credits per five-year cycle; any additional credits are eligible as non-certified credits

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### Recording Link- March 25. 2021 ED Grand Rounds

#### Session #1:

**Speaker:** Dr. Jenny Strong, CCFP-EM Resident – U of C

**Topic:** "Frostbite"

#### Session #2:

**Speaker:** Dr. Jacqueline Luhoway, CCFP-EM Resident – U of C

**Topic:** "Toxicity from topical application of over-the-counter products"

Click [here](#) for recording.

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### EDI LUNCH & LEARN - DECOLONIZING YOUR SYLLABUS: REFLECTING ON HOW, WHAT & WHO YOU TEACH

We are excited to have **Dr. Pamela Roach** as the next presenter at our next EDI Lunch & Learn on **April 29th**. Dr. Roach will discuss **epistemic racism**, guide participants in implementing the **principles of decolonization** into syllabi, course outlines, & course planning, and show how to develop a plan for tangible **changes in teaching & education**.

**WHO:** Hosted by OPED & OFDP

**WHAT:** EDI Lunch & Learn – Decolonizing your Syllabus: Reflecting on How, What & Who you Teach

**WHEN:** April 29<sup>th</sup>, 2021 12:30 – 1:30 PM

**WHERE:** ZOOM

**HOW:** Register at: <https://www.eventbrite.ca/e/148388922261>

*Offered in partnership by the Office of Professionalism, Equity and Diversity and the Office of Faculty Development and Performance*

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### June 3rd Grand Rounds: Addiction medicine.

We will be hosting a panel of experts to answer any questions you may have about treating addictions in Calgary. To allow the speakers to best prep for the talk, please ask your addictions related questions in the link below so that they can adequately prepare for the presentation. Thanks!

<https://forms.gle/e9azvFDVPxTSfs7D7>

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### Faculty Development CSMTEP Program

CSMTEP is designed to help faculty solidify fundamental teaching skills, learn relevant educational theory, and explore more advanced topics related to special areas of interest in health sciences education. Applicants should be involved in teaching at the graduate, postgraduate, and/ or undergraduate level and ideally planning on pursuing medical education as a major component of their career.

[Click Here](#) for more information regarding application requirements, and to see what past participants are saying about the program!

### **HANDS-ON TEACHING WITH ZOOM – TECHNICAL AND PEDAGOGICAL TIPS**

This interactive workshop lets you apply cognitive psychology principles to Zoom teaching, and provide hands-on training to test out multiple Zoom functions from screen –sharing to breakout rooms to managing polls.....

Friday, April 23, 2021

12:00 PM – 1:30 PM MDT

LIMITED SEATING DUE TO INTERACTIVE COMPONENTS OF WORKSHOP

[SIGN UP NOW!](#)

### ***THE CLINICAL COACH – HOW TO COACH YOUR LEARNERS***

By the end of this workshop, you will be able to describe the Clinical COACH model, and use the Clinical COACH model with your clinical learners.

Tuesday, March 30, 2021

9:00 AM – 10:30 AM MDT

[SIGN UP NOW!](#)

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### **TEC Vancouver 2021 (Technologies in Emergency Care): Innovations in Emergency Medicine: From COVID to Sustainability** taking place May 15, 2021.

Early bird rates deadline now extended to Thursday, Apr 8, 2021!

[Technologies in Emergency Care Vancouver 2021 \(TEC\)](#)

[Innovations in Emergency Medicine: From COVID to Sustainability](#)

May 15 (Sat) | 0815–1230 PDT [+Add to Calendar](#)

Target audience: emergency physicians, family physicians, nurse practitioners, nurses, academics, allied health professionals, residents & students.

Up to 3.25 Mainpro+/MOC Section 1 credits

[Course Webpage](#) | [Agenda](#) | [Registration Form](#)

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### **TAC Conference**

TAC 2021 is virtual this year the week of April 12-16, 2021! Conference Co-Chairs: Dr David Evans and Micheline Wiebe (from Vancouver) Scientific Program Chair: Dr Paul Engels. Date: Week of April 12-16, 2021 <https://www.traumacanada.org/tac-conference-information/>

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### **Essentials of EM - University of Calgary discount code:**

<https://www.essentialsofem.com/promotion/calgaryem>

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## **Opportunities**

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### **Okotoks Urgent Care positions on Doctor Jobs Board**

The part-time and locum positions are now posted on Doctor Jobs Alberta:

[DoctorJobsAlberta.com: Okotoks - Urgent Care Physician - 40039](#)

[DoctorJobsAlberta.com: Okotoks - Urgent Care Physician - 40040](#)

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### **19ToZero Ambassadors - COVID outreach opportunity**

Are you a health professional passionate about health promotion and education, ready to inform the public about COVID-19 and vaccination?

We are 19ToZero, a dedicated coalition of academics, public health experts, behavioural economists, and creative professionals working to understand, engage with, and ultimately shift public perceptions around

COVID-19 behaviours and vaccination. This initiative is led by Dr. Jia Hu, Calgary Zone Medical Officer of Health. Over the past two months, we have been hosting town halls across Alberta in order to provide the public with information about the pandemic which is desperately needed. We are looking for informed and committed individuals who are willing to act as COVID Ambassadors – individuals who will deliver content to help change the course of the pandemic by building trust with local communities across the province. This is a flexible commitment – all we ask is that you stay up to date with current trends in COVID-19 research and vaccination in order to deliver accurate and effective content. We will provide you with standardized presentation slides and a document containing the most frequently asked questions we receive to assist you in preparing to lead a town hall or other event. We will then reach out to you when we are in need of presenters. You might be presenting at one or two events per month. Each presentation is approximately 45-75 minutes, depending on the number of questions. You are only expected to answer questions to the best of your ability, as some questions can be quite specific or there may not be an answer to them yet. We are able to follow-up with participants as needed if they have more difficult questions. You can read more about 19ToZero [here](#). 19ToZero is collaborating with Alberta Health and Alberta Health Services to deliver content directly into the arms of Albertans who need it most. If you are interested, please reach out to Nathan Rider, a resident assisting with ambassador recruitment, at [ndrider@ucalgary.ca](mailto:ndrider@ucalgary.ca).

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## Kudos Corner

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Huge shout out to Jill Vandenbrand who did a spectacular job supporting the Hodsman Committee under the masterful leadership of Dr. Marcie Veitch.

Reviews have been stellar and the content can be viewed at:

[March 11, 2021 Calgary Zone Emergency Department Grand Rounds - YouTube](#)

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[Calgary Herald](#) - From the frontlines: Calgary ER doctor (Grant Kennedy) releases EP about healing and loss

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