



Department of Emergency Medicine

*Weekly* email

Updates for ED Physicians

May 10, 2022 Edition

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## Operations

### Calgary Zone Alternates required for Spring RF May 13 & 14

We are reaching out to all Calgary Zone AMA members seeking 3 alternates (2 Calgary Zone/Region 3 and 1 GFT) - for the Spring 2022 AMA Representative forum on May 13 & 14. RF is **in-person** at Calgary Airport Marriott In-Terminal Hotel. If you're interested and available, please reply to this email ASAP. **Please see attached [role description](#) and [code of conduct](#)** for more information on being an RF delegate.

Additional Info:

- Eligible members must be current AMA members.
- An alternated is appointed at the discretion of the ZMSA President.
- Alternates are eligible to vote at RF meetings but are not eligible to run for election to the AMA Board or RF committees.
- Delegates are compensated for their attendance at meetings and reimbursed for approved travel related expenses for in person meetings.

Thank you in advance for your consideration. Please feel free to contact me directly if you have questions or require additional information.

**Adrienne Wanhill, Team Lead**  
**Calgary and Area Medical Staff Society (CAMSS) Tel: 403.205.2093**

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## YYC ED Specific

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### Physician Leaders Needed for Quality Assurance Reviews

The ED Quality Assurance Committee is seeking 2 Physicians to co-lead Quality Assurance (Patient Safety) Reviews. These reviews contribute to our understanding of adverse events and are key activities in making system level improvements. You would be co-leading the review with a Patient Safety expert who will ensure that the review moves along and meets certain benchmarks.

These reviews involve a few meetings and interviews. We aim to complete them in 2 months or so. Thanks for your consideration and let me know if you have any questions. Please email [brain.zarsky@ahs.ca](mailto:brain.zarsky@ahs.ca) if you would like to participate.  
Adam Oster.

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### Call for Participants! Emergency Department Physicians needed for PRIHS IV Research Study

**If you are an Emergency Department Physician who has used RAAPID or either one of the early intervention tools with LTC care residents within the last 24 months, you are invited to participate in a [45-60 minute online focus group](#). The aim is to try to understand the barriers and facilitators faced by health practitioners in using the new care pathway. Participation is completely voluntary.**

**If you have any questions regarding this study or are interested in participating, please contact the study team at [nuclear@ualberta.ca](mailto:nuclear@ualberta.ca) or 780-492-5026.**

Study Title- Improving Acute Care for Long-Term Care Residents: A Better Way to Care for the Frail Elderly in Times of Medical Urgency.  
Principal Investigator- Dr. Jayna Holroyd-Leduc University of Calgary

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### ROYAL COLLEGE ORAL EXAMS

We are looking for examiners for our R4/5s for their upcoming Royal College oral examination. Our residents have given us a number of dates that they will be available and we do our best to fill these spots with either 1 or 2 residents per Zoom "room" depending on how many staff examiners we have. Please sign up in this [Google document](#).

We will confirm your session and send links within 1 week of the date. Chase has an oral exam bank if you would like cases for your sessions.

Thank you in advance,  
Brit + Chase

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### CSART is actively looking to recruit physicians for the team!

The team is in need of new physician sexual assault examiners as soon as possible.

CSART is an excellent career opportunity for newly graduating emergency physicians or those with more experience who want to pivot their career into a new niche. CSART physicians choose when they are available to be on call, generally ranging 30-70 hours per month in shifts of a few hours or much longer. Scheduling is flexible. Physician members often find CSART to be a refreshing break from the emergency department adding interesting diversity to their careers. The skill set overlaps

well with emergency medicine and reading/clinical mentorship will prepare candidates well to get started independently. Remuneration is favourable.

If you are interested in the CSART opportunity or just have questions, you can contact one of the current emergency physician members to learn more about this opportunity.

For more information, you are invited to contact any of these current CSART physician members:

- Pauline Head (medical director). [pwhead@me.com](mailto:pwhead@me.com)
- Colleen Carey. [drcolleencarey@gmail.com](mailto:drcolleencarey@gmail.com)
- Kelli Sherlock. [kellisherlock@gmail.com](mailto:kellisherlock@gmail.com)
- Kelsey MacLeod. [kmacleod@ualberta.ca](mailto:kmacleod@ualberta.ca)
- Kari McFarlane. [karimcf7@gmail.com](mailto:karimcf7@gmail.com)
- Verlyn Leopatra. [vgisleopa@ucalgary.ca](mailto:vgisleopa@ucalgary.ca)

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### May 19 Ultrasound Rounds

I will be hosting multidisciplinary ultrasound rounds on May 19 from 10:30-12 in room 1405B at the medical school.

If you want to learn about cases where US made a difference or want to share an interesting US case, please join me, the senior residents and our Internal medicine colleagues. This will be a very informal forum so that we can all learn from one another.

Please RSVP to me, Kasia Lenz at [lenz.kasia@gmail.com](mailto:lenz.kasia@gmail.com) so I know how much coffee to supply.

Hope to see many of you there!  
Kasia

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### Year-End BBQ June 23

We will be hosting our Annual Year-End BBQ on June 23 at 18:00 at the Southern Alberta Pioneers Memorial Building. This year, we are thrilled to be able to open the invitation to the entire emergency physician group again! We hope you can join us to welcome our incoming residents and help celebrate those residents who are transitioning into practice!

While we very much wanted to be able to host the family friendly events of our pre-COVID era, we are proceeding in a staged manner and this year's event will only be open to staff physicians. We hope to welcome your significant others, families and children back to next year's event though.

If you are able to attend, please RSVP to Madhavi at [madhavi.talasila@albertahealthservices](mailto:madhavi.talasila@albertahealthservices) by June 16<sup>th</sup> and include any dietary restrictions you might have.

Thank you to all of you for everything each and every one of you do to help support residency education. We could not dream of a more supportive department and hope to see you there!

Regards,  
Catherine, Anjali, Jason & Charles

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### R5 Graduation Gifts

Hello! We are getting ready to celebrate the upcoming graduation of our R5s: Brett Shaw, Omar Damji, Miles Hunter and Tyson Savage. To send them off in style we would love to continue the tradition of giving graduation gifts. If they have ever brightened your day, kept you sharp on shift, lifted your overnight morale or stolen your procedures please consider donating to their send-off!

We will collect the funds and purchase the gifts, ideally to be distributed at the grad BBQ in June. As always your support is much appreciated, and please reach out with any questions.

E-transfer can be directed to: [kmragan@gmail.com](mailto:kmragan@gmail.com). We also accept cash, cheques, bitcoin and trades for our 0500 shifts.

Thanks! - Kelsey, Katie and Ryan (the R6s)

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## Wellness

### Parenting & working as a physician during COVID - [resources from CSM](#)

#### Wellness Supports

1. Call your Peer Support Team. [HERE are their phone numbers \(updated October 2021\)](#). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have free hours of counselling for yourself and for your family members.

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## Grand Rounds & Journal Club

### 2022-23 Grand Rounds - Survey & Reminders

As the new Deputy Head - Education, one of the first areas I am focusing on is improving the quality of our Grand Rounds.

**Please fill out this short survey to help guide topics, speakers, and increase the caliber of our rounds.** [SURVEY LINK](#)

To refresh everyone's memory (and ensure transparency), here is an outline of the roles, responsibilities, and expectations of Grand Rounds:

It is a requirement of every staff to present Grand Rounds every 5-8 years (this is tracked).

Presenters are able to choose from the following:

1) Pick from a highly relevant, up to date Emergency Medicine topic (and ensure that this topic has not been covered in the last 2-3 years unless drastic EBM content needs to be updated)

2) MODERATE a guest speaker - this is often the path people take if they don't feel comfortable presenting themselves. The expectation, however, if the presenter invites a guest speaker is the following:

a) The presenter will crowd source the residents/staff as to what topics they would like covered by the speaker - feel free to put a brief survey into rounds before the presentation to get ideas.

b) The presenter will ensure that the **topics covered and evidence provided by the guest speaker are EM specific and clinically relevant for the practice of emergency medicine**. Presenters should ensure they have direct say in the content being covered (often we find guest speakers vaguely focus on basic knowledge and are ignorant to the day-to-day practical aspects and realistic expectations of providing care in the ED). An example is outlining specific treatment or diagnostic pathways, pitfalls in diagnosis or management, appropriate consult and referral timelines. Speakers are also welcome to invite guest speakers from outside the zone or province as long as they are approved in advance and are not expecting remuneration for their presentation.

\*\*For all staff, FRCPC & EM resident talks:

In order to ensure the highest quality rounds the speaker **MUST** submit their topic to me 2 months prior to their presentation date for approval to ensure the topic is appropriate and that content does not overlap with other speakers in the recent past (or already scheduled for this upcoming year). Though rare, if there are issues with topic choice, guest speaker recruitment, etc, the Academic Steering Committee will be notified to assist the speaker in choosing an appropriate topic.

Once a presenter (resident or staff) has been scheduled for a talk, it is their responsibility to find a replacement for that date if they are unable to present themselves.

All presenters are also required to fill out [this form](#) outlining a summary/teaching points which will be included in the subsequent Tuesday department email sent out to EM staff and residents. This needs to be filled out no later than **one week prior** to the presentation date.

Thanks and please let me know if you have any issues/questions or feedback. ([fzaver@gmail.com](mailto:fzaver@gmail.com))

Fareen

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## Emergency Medicine Grand Rounds

- **Date:** Thurs, May 12<sup>h</sup>, 2022
- **Time:** 0900 – 1000 (**1.0 Education Credits**)
- **Room:** Zoom & In-Person – [Room G500](#)
- **Zoom:** <https://zoom.us/j/98848048571>
- **Eval:** <https://cutt.ly/xT82kgH>

**Moderator:** Dr. Jason Fedwick – Emerg Physician

**Speaker:** Dr. Travis Novak – Emerg Resident, CCFP-EM

**Topic:** Clearing the Air: Updates on the Management of Primary Spontaneous Pneumothorax

**Description:** *We will be discussing the current guidelines and most recent literature on management of primary spontaneous pneumothorax.*

**Recording Link:** Archived Rounds Recordings can be found [on our website](#).

Please don't share the zoom link and connection details on social media or any website.

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## eSIM Grand Rounds with Dr Jen Arnold: Exploring Patient and Family Centered Care Through Simulation

**Date:** Friday, May 27, 2022

**Time:** Noon - 1 p.m.

Registration: Sign-up Now [Webinar Registration - Zoom](#)

**Summary:** This session will explore how simulation based education can be a valuable instrument in educating patients and their family/caregivers.

Healthcare simulation is an effective method for training to high risk and rare clinical situations for medical staff... but why not our patients and families? More than ever before, patients and families are providing more care at home, especially for children with complex medical needs. The focus of this talk by Dr Jen Arnold, Program Director at Boston Children's Hospital Simulator Program (SIMPeds) and Harvard School of Medicine, will be to explore how healthcare simulation can be a life-saving tool for patients and their home caregivers.

**Audience:** Facilitators, anyone interested in simulation based education.

**Keynote Speaker:** Dr Jen Arnold, is Board Certified in Neonatal Medicine and most recently accepted a new position as the Program Director at Boston Children's Hospital Simulator Program (SIMPeds) and newly minted member of Harvard's faculty. Currently, her areas of interest within simulation include use of simulation for evaluating new clinical spaces, team training, improving quality and patient safety, improving home care and skills for primary caregivers of medically complex children, and developing educational curricula for various departments throughout the hospital.

She has spoken both nationally and internationally on healthcare simulation and has made inspirational speeches on overcoming obstacles for avenues such as the Texas Conference for Women, Shiners Hospital, Sloan Kettering, March of Dimes and many more. She has received awards including the Ray E. Helfer Award for Innovation in Pediatric Education from the Academic Pediatric Association in 2008, Compassionate Doctor Recognition, and Patients' Choice Award from Vitals.com.

Hope you can join us!



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### May 19 In Person Journal Club

You are invited to attend the [In-Person Emergency Medicine Journal Club](#) on Thursday, May 19<sup>th</sup>, 2022.

- **Date:** May 19, 2022
- **Time:** 18:00 to 21:00
- **Location:** Theatre ONE
- **Presenters:** Drs. Danny Liang and Travis Novak
- **Preceptors:** Dr. Shawn Dowling
- **Topic:** The role of the bougie in first attempt endotracheal intubations

**ARTICLE 1:** Effect of Use of a Bougie vs Endotracheal Tube With Stylet on Successful Intubation on the First Attempt Among Critically Ill Patients Undergoing Tracheal Intubation. doi:10.1001/jama.2021.22002

**ARTICLE 2:** Effect of Use of a Bougie vs Endotracheal Tube and Stylet on First-Attempt Intubation Success Among Patients With Difficult Airways Undergoing Emergency Intubation: A Randomized Clinical Trial. doi: 10.1001/jama.2018.6496

Thanks  
Drs. Danny Liang and Travis Novak

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**Clinical Pharmacology & Toxicology Pearl of the Week:** [High-alert medications](#)

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## **Kudos Corner**

### **Congratulations to Drs. Macleod and Patterson on their CAEP Awards!**

- Bruce MacLeod - Helen Karounis Memorial Award for Professionalism in Emergency Medicine
- Heather Patterson - CAEP Medical Journalism Award Winner

[See all CAEP Awards here.](#)

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**Congrats to Cody Dunne and co-authors:** [The link between medical conditions and fatal drownings in Canada: a 10-year cross-sectional analysis | CMAJ](#)

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