



Department of Emergency Medicine

# Weekly <sup>email</sup>

Updates for ED Physicians

November 30, 2021 Edition

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## Operations

### SCM Updates!

The only SCM ED Update to speak to is an FYI about a change to the Mental Health Admission Peds order set. There will now be a grid included for observation levels to be used while the patient is awaiting admission in the ED. While this does not directly impact the ED physicians, it will impact patient care workflows for the nursing staff. Please see the [attached notice for your reference](#).

Josh Vejprava  
Clinical Informatician, IT Clinical Systems User Supprt

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## YYC ED Specific

### Staff Sim Sessions

PLC December 7 @9AM: [Sign up here](#).

2022 ED Staff simulations (Jan-June 2022): [Sign up here](#).

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### Career Exploration Program

For the week of December 13-20, you may have a learner on your shifts marked as a "pc" which stands for Pre-Clerk. These are learners from the medical school in first year who are shadowing for the week as part of their Career Exploration program. They will do 4 shifts during the week with the intent to see what life is like as an ER doc. These are NOT elective students and you are not expected to have them see patients independently or participate in medical care. Their focus is on emergentology as a career, so I would encourage you to discuss any questions they have around our lifestyle, hours, and the many pros and cons of our job. We have worked hard to distribute them between sites and between staff, so most staff will only have one shift that week with a PC. We have also tried to ensure that they have at least one shift with a resident so they can ask questions of our trainees as well. You will automatically be paid a small stipend for each shift you work with one of these students directly from the UME. As always, thank you for your support of the medical school and our future colleagues.

Any questions can be sent my way.  
Meira Louis [calgaryERelectives@gmail.com](mailto:calgaryERelectives@gmail.com)

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## Publication Call-Out for Annual Report

I am requesting anyone who had a paper published or grant since the last annual report to send their publications or grants awarded to me at [Kamalpreet.kaur2@albertahealthservices.ca](mailto:Kamalpreet.kaur2@albertahealthservices.ca) by Nov 30.

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## Clinical/Adjunct Promotions and Awards Deadline

The 2022 deadlines and application requirements for the Clinical/Adjunct promotion process can [be found here](#).

For questions, please contact Supreet Saroha at [Supreet.Saroha@albertahealthservices.ca](mailto:Supreet.Saroha@albertahealthservices.ca)  
-Department of Emergency Medicine.

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## EM vs. Ortho Cycling Challenge:

Hello EM cyclists,

Based on a recent social media post showcasing a Calgary EM group ride, we have been challenged by our Calgary Ortho colleagues to a December cycling challenge. CHALLENGE ACCEPTED!

Do they know we work 7 hours shifts?

How it works?

- Any EM staff, resident, nurse, RT, med student, allied health can join our EM team.
- Log your bike kilometres performed from Dec 1-18 on the Google Sheet below **before 10pm on Dec 18th**. Any kilometres count (Outdoor, Zwift, Peloton or other). Logging elevation is optional.
- Sunday Dec 11th: Optional ~1hr Zwift Group Ride. Easy pace 1.5-2.5w/kg. Tentatively for Paris R.G.V flat course (add your Zwift username to Google sheet).
- This ride may also include a EM vs. Ortho team time trial at the same time for some entertainment.
- This challenge is for bragging rights only, unless anyone wants to donate a prize, [please include it here on the Google sheet](#).

Email Sean Crooks for any further info or questions: [smcrooks@ucalgary.ca](mailto:smcrooks@ucalgary.ca)

Ride on!

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## Wellness

### Wellness Supports

1. Call your Peer Support Team. [HERE are their phone numbers \(updated October 2021\)](#). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
  2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have free hours of counselling for yourself and for your family members.
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## Grand Rounds & Journal Club

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### Emergency Medicine Rounds - Thurs Dec 2

**Time:** 0900 – 1000 (**1.0 Education Credits**)

**Room:** [Theatre 03 – 1<sup>st</sup> Floor HSC](#)

**Zoom:** <https://zoom.us/j/98848048571>

**Eval:** <https://forms.gle/szfmBrmxiesjuGfg8>

**Moderator:** Dr. Aaron Johnston, Emergency Medicine Physician – AHS – Calgary Zone

**Speaker:** Dr. Kira Genise, R2 Emergency Medicine Resident – FRCPS - University of Calgary

**Topic:** An Update on Sexually Transmitted Infection in Alberta

**Description:**

Topics will include:

- *The Syphilis outbreak in Alberta*
- *An update on the diagnosis and management of Chlamydia and Gonorrhoea*
- *The role of the Pelvis Exam in the Emergency Department.*

**\*\* Zoom Link:** <https://zoom.us/j/98848048571> Webinar ID: 988 4804 8571

**\*\* Evaluation Form:** <https://forms.gle/szfmBrmxiesjuGfg8>. If there is more than 1 session complete a **separate** form for each session.

MainPro credits for EM physicians at FMC, PLC, RGH & SHC will automatically populate on the forms after submission.

Watch for the new **2022 eval link** coming this January.

**\*\* Recording Link:** Recordings of this Thursday's Grand Rounds (Except QAER & ACH City-Wide Rnds) will be available the following Tuesday [on our website](#).

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## CME

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### Women in Emergency Medicine Around the World Symposium, Dec 16-17

This virtual symposium is brought to you by the International Federation for Emergency Medicine and Canadian Association of Emergency Physicians

Gender equality is a human right, is essential to the achievement of peaceful societies with full human potential and research has shown that gender balance in the clinical workforce can affect patient outcomes. Although gender equality is recognized as one of the most important determinants of healthcare development, gender equality remains a complex issue in the clinical workforce with progress towards international gender equality targets being slow.

In our next edition of our around the world event series, leading international speakers will address the issues facing women emergency medical care workers in different regions of the world, what needs to change, and what you can do in your own workplace to take steps towards gender equality.

[More info here.](#)

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### ED Physician - See the person workshop

Have you ever wished you felt more comfortable managing your older patients who are calling out, climbing out of bed or trying to pull out their IV. Do you wish you had the communication, redirection

and de-escalation skills to avoid the use of mechanical or chemical restraints in these scenarios?

**The ED Physician See the Person Workshop is being delivered as part of the SHC Case rounds Dec 8.** It will be an in-person workshop that will be interactive, engaging and has been described as very high yield. To sign up [please click here](#).

-Marge Fonger

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### **Ski BEEM 2022: Jan 30-Feb 2, 2022**

Presented by an international faculty of emergency physicians, the BEEM Course is an interactive update of emergency medicine practice approved for **12 hours of CME** and up to **36 Mainpro+** credits. [Click here for flyer](#).

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### **ESCN Quality Improvement and Innovation Forum - Feb 22**

The Emergency Strategic Clinical Network is pleased to announce our 2022 Quality Improvement and Innovation Forum, which we are planning to hold virtually the morning of **February 22, 2022**. This Forum is devoted to sharing methods and results of emergency department projects in Alberta among those working in emergency care. In 2021, the forum was attended by approximately 140 patients, educators, managers, nurses, physicians and researchers from across Alberta and British Columbia.

We are pleased to invite presentations on research, innovation and quality improvement being conducted within Emergency Departments. **Please submit presentation proposals to [Emergency.SCN@albertahealthservices.ca](mailto:Emergency.SCN@albertahealthservices.ca) by Monday Dec 6, 2021 using [the attached form](#).**

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### **DECEMBER NEW CSM Fac Dev Workshops**

#### **Implicit Bias - Train the Trainer**

Monday, December 6, 2021 1:00pm – 3:00pm

Monday, December 13, 2021 10:00am – 12:00pm

[SIGN UP NOW!](#)

#### **NAVIGATING THE COMPLETION OF ASSESSMENTS IN THE ERA OF COMPETENCY BASED MEDICAL EDUCATION**

Are you a senior resident or clinical faculty member in CSM? Would you like to know more about reviewing the practicality of EPS completion when an assessment is requested or when you feel that an assessment is needed:

Would you like to gain an understanding of what happens from the time of assessment request, assessment completion, competence committee meeting, and promotion of the training? Join this session to learn tips and tricks in the provision of narrative and effective feedback.

Friday, December 3, 2021

9:00 AM – 11:00 AM MDT

[SIGN UP NOW!](#)

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## **Opportunities**

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### **Okotoks Urgent Care**

Okotoks Urgent Care is hiring. This is a great site that operates 8am to 10pm, with a supportive and collaborative work environment. Okotoks UCC generally attracts a high volume of relatively low acuity

visits, which is a nice complement to an acute care ED practice. Physicians with ED experience would be a welcome addition to the group. Feel free to forward any questions to myself ([charles.k.wong@ahs.ca](mailto:charles.k.wong@ahs.ca)) or the medical site lead (contact within the [job description](#)).

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### **2022 Yellowknife, NT ED locum opportunities:**

- Jan 11 – 18
- Jan 15 – 22
- Feb 20 – 27
- Apr 5 - 12
- Apr 15 – 22
- Apr 17 - 24
- Apr 27 – May 4
- Apr 29 – May 6
- May 9 – 16
- May 11 - 18
- May 21 – 28
- May 23 – 30
- June 14 – 21
- June 16 - 23
- June 26 – July 3
- June 28 – July 5

Dates include travel, but first-timers to Yellowknife would need to add a day prior for orientations. Please email Derek Orlaw at [Derek\\_Orlaw@gov.nt.ca](mailto:Derek_Orlaw@gov.nt.ca) for further information.

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### **Nakiska Ski Patrol MD Volunteering**

On behalf of Dr. Lois Torfason, Nakiska is looking to expand their volunteer ski patrol program! Volunteers would be expected to carry a radio and help with on hill calls in which extra assistance is required.

In addition to skiing when you volunteer, you can also bring a guest with you to ski for free that day!

You do not need to commit a minimum amount of shifts or schedule yourself in specific times. Unfortunately this opportunity is not open to the residents. If you want more information or want to join, please contact Lois at [lrsabuck@telus.net](mailto:lrsabuck@telus.net)

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### **Precision Health Program | Cumming School of Medicine Calgary**

The Cumming School of Medicine Precision Health Program was designed to meet the professional development needs of current and future healthcare practitioners across Canada and internationally. This unique program strengthens students' knowledge and skills in Precision Health and supports role integration in areas such as advanced clinical skills, data science, entrepreneurship, organizational leadership, research, education, professional development, and consultation to impact patient, provider, and health system outcomes.

The Precision Health program is offering a program award based on financial need to one Precision Health certificate student for each specialization, to the amount of \$12,000. To apply, please complete this [application form](#) and send the completed copies to [prehgrad@ucalgary.ca](mailto:prehgrad@ucalgary.ca). Eligibility information can be found [here](#).

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### **Cumming Scholar Award**

We are pleased to launch the inaugural Cumming Scholar Award. These prestigious awards will be to recognize excellence within the faculty and will be reserved for the top 1% of our faculty members. They will come with a small salary stipend. Current CRC holders will not be eligible.

Potential applicants should be vetted with the Dean's office. The awards will be adjudicated by the PPC. Full [terms of reference are attached](#).

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## Kudos Corner

Congratulations to **Dr Scott Wakeham** for his award winning oral presentation at the recent ACH resident research day, Scott's presentation focused on his upcoming evaluation of the equity and diversity curriculum that has recently been introduced into our residency program.

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Congrats to Drs Anjli Pandya, Catherine Patocka, James Huffman on this publication: [Simulation for assessment of Entrustable Professional Activities in an emergency medicine residency program \(springer.com\)](#)

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