



Department of Emergency Medicine

# Weekly <sup>email</sup>

Updates for ED Physicians

October 12, 2021 Edition

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## COVID-19

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### COVID Corner - Oct 13: Long Shadow of COVID

Reflecting on Moral Challenges during COVID-19. Join us for this Oct 13 webinar in collaboration with the Office of Continuing Medical Education and Professional Development at the University of Calgary, the Office of Life Long Learning at the University of Alberta, and Well Doc Alberta.

[Register Here.](#)

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## Operations

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### Shadowing Reminder - MD Program Students

Just a reminder that UME students shadowing you in an AHS environment **must submit an approval through our learning platform so that names and locations can be sent to site commands at the various AHS sites a week in advance.**

**This approval must occur by the Monday morning of the week prior to the experience.** This means that if a learner is to spend time with you on October 4th, the approval must be received prior to September 27th.

Thank you again for your commitment to our students.

Dr. Sarah G. Weeks MD MEHP FRCPC (she/her)  
Assistant Dean Pre-Clerkship  
Undergraduate Medical Education

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### SCM ATOP Referral Form Notice

Just a quick note to let you know that the Alberta Thoracic Oncology Program referral form that had been housed in the SEC Desktop FMC Physicians Discharge Resources database was noted to be obsolete and has been removed. Currently the most efficient way to refer to ATOP is via the direct referral form that can be found in the ED Discharge order set, along with several other clinics (see [attached file for further details](#)).

Thanks,

Chris Hall

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### Mandatory Vaccination Policy

As you will all know by now, AHS requires that everyone working in their facilities must be vaccinated by the end of October. This includes physicians.

Please use the following form to submit your vaccination information to AHS. [COVID-19 Got My COVID-19 Immunization Form | Insite \(albertahealthservices.ca\)](#)

Background for the policy can be found here. [IMMUNIZATION OF WORKERS FOR COVID-19 policy 1189 \(ahsnet.ca\)](#)

Please let your site chief know if there is going to be a problem with the successful reporting of your full vaccination status to AHS by Oct 31/21. We will have to make arrangements to have your shifts covered and would like as much notice as possible.

-Neil Collins

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### SCM Updates!

[Click here to read](#) updates for:

- ED Migraine Peds Order Set ([targeted notice](#))
- ED Bleeding Disorders Order Set

**Michelle Sampson RN BN** [michelle.sampson@ahs.ca](mailto:michelle.sampson@ahs.ca)  
Clinical Informatician  
IT Clinical Systems User Support – Calgary Zone

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## YYC ED Specific

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### ACLS/PALS - February 1/2, 2022

**ACLS: February 1, 2022**

**PALS: February 2, 2022**

BLS, if needed, both days.

South Health Campus

Contact: Dawn McKeivitt at [dawn.mckeivitt@me.com](mailto:dawn.mckeivitt@me.com)

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### Wellness Update!

For **October the focus of the Happiness Challenge is Moral Distress**. As healthcare workers we are faced with moral dilemma almost daily. Since the start of the pandemic the degree and amount of moral dilemma and potentially distress we face has been significantly amplified.

This causes psychological, emotional, physical distress and suffering. It's a pervasive occupational hazard for health care workers. And it can cause harm: sometimes from a single event but more often from the cumulative distress. We may face moral injury. It's hard. And it's normal and common to feel the distress. But what must we do to prevent or heal from these potential injuries?

We can stand in solidarity together, offering support and understanding. Just like physical injuries that require attention and healing so do our moral injuries.

Check out the website: [www.yycemhappinesschallenge2021.com](http://www.yycemhappinesschallenge2021.com)

And this month's video: <https://www.youtube.com/watch?v=TTIHE1uuKOY>

#### Mental Health Supports for frontline workers

Frontline healthcare workers can access pro-bono (no-cost) psychological services through the national Canadian Psychological Association, where they can contact individual psychologists listed under the Alberta list directly, or the Psychologists' Association of Alberta, where they can contact the central phone/email listed.

Canadian and Alberta Psychological Associations are offering psychological services to frontline healthcare workers during these unprecedented times at NO-COST. Please see the links below to see how you can get in contact with these services.

- <https://cpa.ca/corona-virus/psychservices/>
- <https://psychologistsassociation.ab.ca/about-paa/disaster-response-network/>

#### Wellness Supports

1. Call your Peer Support Team. Call your Peer Support Team. [HERE are their phone numbers](#) (updated Oct 2021). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).(updated Oct 2021). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have 6 free hours of counselling for yourself and 6 free for your family members.

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## Grand Rounds & Journal Club

### Emergency Medicine Grand Rounds - Thurs Oct 14

Time: 0900 – 1000 (1.0 Education Credits)

**Moderator:** Dr. Claire Acton  
*Staff Emergency Physician, AHS  
Clinical Assistant Professor, U of C*

**Guest Panelists:** [Bios here](#)

- Dr. Jennifer Bryan, *Emergency Physician, University Health Network, Toronto, EDI Advisor, Canadian Assoc. of Emergency Physicians*
- Dr. Nicole Johnson, *Pediatric Rheumatologist, Evaluation Coordinator, Pediatric Clerkship, Alberta Children's Hospital*

**Topic: Black Lives in Emergency Medicine: “Practical Antiracism & Allyship”**

**Description:** *Participants in this session will gain insights into the impacts of racism on health, explore ways of using privilege to address disparities and identify ways of being an effective ally of patients, learners and colleagues*

Please click to join the webinar: <https://zoom.us/j/98848048571>

Webinar ID: 988 4804 8571  
Or One-tap mobile:

Canada: +14388097799, 98848048571# or +15873281099, 98848048571#

Or Telephone: Dial (for higher quality, dial a number based on your current location): Canada: +1 438 809 7799 or +1 587 328 1099 or +1 647 374 4685 or +1 647 558 0588 or +1 778 907 2071 or +1 204 272 7920

US: +1 301 715 8592 or +1 312 626 6799 or +1 346 248 7799 or +1 669 900 6833 or +1 929 205 6099 or +1 253 215 8782

\*\* Recording Link:

Recordings of this Thursday's Grand Rounds (Except QAER & ACH City-Wide Rnds) will be available the following Tuesday on our website:

<https://cumming.ucalgary.ca/departments/emergency-medicine/professional-development/grand-rounds/grand-rounds-archive>

Please don't share the zoom link and connection details on social media or any website.

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### Recording Link: Oct 7, 2021 ED Grand Rounds

**Session #1 Speaker:** Dr. Grace Lam (Bio Attached), Assistant Professor, Division of Pulmonary Medicine, U of A  
**Topic:** Into the Unknown: “Long COVID for the ED Setting”

**Session #2 Speaker:** Mr. Trevor Baxter  
**Topic:** Key Messages ER MD's should know about PCC Patients”

Recording Link: <https://youtu.be/MPG-XpDTcfg>

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## Journal Club - Oct 14

Please find attached the [invitation](#) & [questions](#) for the upcoming **VIRTUAL** Emerg Med Journal Club.

### Topic : "Milrinone vs Dobutamine in Cardiogenic Shock: The DoReMi Trial"

Raindrops on roses and whiskers on kittens, bright copper kettles and warm woollen mittens, papers comparing Milrinone to Dobutamine; these are a few of my favourite things... This week at journal club the hills will be alive with the sound of music, but perhaps more importantly they also will be alive with the sound of your colleagues discussing the DoReMi trial! Join us October 14th at 1800 as we discuss this recent Canadian publication over virtual drinks and chat about the management of Cardiogenic shock. While nothing can compare to meeting in person to discuss academia over food and drink, in an effort to make our online journal club experience more enjoyable we have a suggested (but by no means mandatory) drink to pair with our rich discussion: "the Austrian version of a white wine spritzer". You can make this by mixing white wine with sparkling water or soda water. If you like, you can also add a splash of elderberry syrup or fruit cordial for extra sweetness and flavour. This is a particularly popular drink during the summertime in Austria, although not specifically featured in the Sound of Music. Hope to see you all there!

**Article:** Milrinone as compared with Dobutamine in the treatment of cardiogenic shock (Mathew et al., 2021)

**SUMMARY DOCUMENT HERE.**

**Date:** October 14, 2021

**Time:** 1800 - 2100

**Presenters:** Drs. Cara McCulloch & Duncan Simmons

**Preceptors:** Dr. Colin Bell

**ZOOM Link:** <https://ucalgary.zoom.us/j/91594426107>

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 1.5 MainPro-M1 credits.

This program is approved as an accredited group learning activity as defined by the maintenance of certification program of the Royal College of Physicians and Surgeons of Canada

Thanks

Tris

Foothills Medical Centre

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## Clinical Pharmacology & Toxicology Pearl of the Week: Carbon Monoxide (CO) - Part1 - Sources and Symptoms

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### CME

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### Canadian Association for Wilderness Medicine Virtual Conference - Nov 5-7

Please join us for the CAWM 2021 Virtual Conference, **November 5-7, 2021**. CAWM 2021 is the second annual conference hosted by the Canadian Association of Wilderness Medicine. Over the course of the weekend, participants will hear 35 presentations from 44 speakers. All the speakers have a strong connection to Canada, and each presentation will consider Wilderness Medicine in the Canadian context. Info and registration here: <https://cawm.ca/cawm-2021/>

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### Fall CSM Fac Dev Workshops

#### EDI in Teaching Program

A new, three-part, virtual program for CSM educators brought to you by the Taylor Institute for Teaching and Learning, OPED, and OFDP. Participants will engage in critical self-reflection to identify their own positionality and how it impacts their teaching, examine their own teaching and learning environment through an EDI lens, and explore how they can cultivate equitable and inclusive practices to support student success. Participants will engage in small and large group discussions, brainstorming, and some pre-reading as part of the program. Designed for all CSM Academic Staff and CSM Clinical Faculty with teaching responsibilities.

This session will be held Nov. 9 10:30-12, Dec. 7 10:30-12, and Feb. 1 10:30-12

**SIGN UP NOW!**

See more upcoming [MyFacDev workshops here](#).

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## Opportunities

### CBC Mentorship

Calgary Black Chambers, ("CBC"), is a society of Black professionals and entrepreneurs who established a not-for-profit organization, for Black professionals and entrepreneurs, students and upcoming professionals. One of CBC's core values is Mentorship. CBC is looking for physicians who would be interested in becoming mentors to share your wisdom and experiences, and develop new relationships, while significantly impacting students' lives.

If you are interested in becoming a mentor for this school year, please sign up at

<https://calgaryblackchambers.ca/mentorship/>

If you have any questions please feel free to contact us at [calgaryblackchambers@gmail.com](mailto:calgaryblackchambers@gmail.com)

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## Kudos Corner

### Kudos to Dr. Maric - Patient Commendation

[Click here to read.](#)

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### Dr. Greg Powell named to Alberta's Order of Excellence

[Click here to read.](#) - Calgary Herald  
[AB Gov Announcement](#)

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**Listen to Dr. Heather Patterson's great Cross-Country checkup interview** starting at the 15 min mark.  
[Cross Country Checkup with Ian Hanomansing | Live Radio | CBC Listen](#)

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