



Department of Emergency Medicine

**Weekly** email

Updates for ED Physicians

**Mar 14, 2023 Edition**

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## Notes from Neil & Eddy

[Click to read the March 14, 2023 edition of Notes](#), including updates on:

- progress on patient flow
- wellness retreat
- emergency physician lead

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## Operations

### Ketamine Shortage

There is a looming shortage of Ketamine. We are being asked to conserve it until supplies are stabilized.

I would think that use in RSI would still be appropriate if it is the best induction option for your patient. Likewise, if you have exhausted other analgesic options, ketamine use could still be considered.

Regards,

Neil

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### PSF application is open.

See attached [PSF mandate and review process](#) and [application form](#).

**Deadline for submission: April 13, 2023**

**Next withdrawal: April 18, 2022**

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### DEM Faculty Small Group Sessions aka Group Emergency Medicine Sessions (GEMS): Ask and you shall receive!

We have done an [education focused needs assessment of our DEM physicians](#) and one major area that was identified was the need for **faculty only** small group sessions to *cover high yield emergency medicine topics* together.

The DEM is launching NEW **faculty only**, expert facilitated, *small group sessions* open to **ALL DEM Staff Physicians**.

**WHEN:** Once monthly (October 2023 - June 2024; Not running over summer)

**WHAT:** Topics are pre-planned with the goal to cover bread and butter Emergency Medicine topics and will be facilitated IN PERSON by experts in the topic areas. Some of the topics we will be covering this year include: pediatrics (twice), addictions, sports medicine, connect care optimization, geriatrics and neurology. Each session will be 1.5 hours long, with a maximum of 20 staff participating in each group. The goal is to have not just the expertise of the facilitator but also that of the various years of practice and knowledge of the staff attending the session for a shared experience.

**HOW:** [Using the link](#), you can sign up for ONE of 7 possible time slots. Given these sessions don't start until October there's lots of time for you to request shifts off/yellow to accommodate the sessions.

**WHY:** Because you asked for it!

**WHERE:** At the medical school/FMC (or a location of your groups choosing if you decide to have a change of scenery for a session.)

Rules of engagement:

- Sign up for ONE of seven possible time slots
- You will need to commit to attending 60% of the sessions (5/9) IN PERSON. There will be no virtual option to attend.
- Every group will have a room booked at Foothills Medical Center (the locations will be updated on the google document). Your group may choose to pick an alternative location but please notify me if you are using a different location so the facilitators are also aware (someone's home, restaurant, coffee shop, wine bar, etc.) Please keep in mind there is no funding for alternative locations, food or drinks.
- The goal is to have each group be a mix of faculty from different sites, gender and stage of career to ensure a robust discussion. If you are able to make a few different dates/times please try to choose one based on that diversity.
- Given that life happens and that on occasion you may not be available to attend your usual small group, you may swap into another session running in the same week but you are only allowed to do this TWICE in the year (please email me if you are going to swap into another session).
- There is no required pre-work to the sessions however there may be podcasts, blogposts, journal articles emailed to you prior to a session if you would like to have a topic refresher before attending.
- These sessions will be a safe learning space for everyone who attends. There is ZERO tolerance for any inappropriate or unprofessional behaviour.

You will receive a post-attendance survey at the end of the year to give anonymous feedback on any and all of the sessions as well as give suggestions for the year to come. Please also feel free to send me any topic ideas, facilitators, other suggestions you would like incorporated to me ([fzaver@gmail.com](mailto:fzaver@gmail.com)).

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## SAVE THE DATE - Hodsman April 20

The Hodsman Legacy Lecture will be on **April 20, 2023 from 8:30am to 12:30pm.**

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## Grand Rounds & Journal Club

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### Emergency Medicine Grand Rounds - March 16, 2023

- **Event:** Emergency Medicine Grand Rounds
- **Date:** Thurs, March 16, 2023
- **Time:** 0900 – 1000 (1.00 Education Credits)
- **Room:** G500 - HSC
- **Zoom Link:** <https://albertahealthservices.zoom.us/j/67568401147?pwd=Tk04MkwYnNFOczZVRjdRSVZkzU0FOZz09>
- **Short Zoom:** <https://cutt.ly/B3jCc3h>
- **Passcode:** 864282
- **One tap mobile:** +15873281099, 67568401147# Canada
- **By phone:** Canada: +1 587 328 1099 **Webinar ID:** 675 6840 1147
- **Evaluation Link:** <https://cutt.ly/xT82kgH>

**Session #1 (0900 – 0945)**

- **Moderator:** Dr. Marta Broniewska, Emerg Physician
- **Speaker:** Allison Farfus, Emerg Resident - CCFP
- **Topic:** Solid Organ Transplant Complications in the ED

***Description:** An overview of common (and not so common) solid organ transplant complications, as well as tips and tricks for managing these complex patients in the Emergency Department*

**Session #2 (0945 – 1030)**

- **Moderator:** Dr. Mark Scott, Emerg Physician
- **Speaker:** Dr. Rukaiyah Lakkadghatwala, Emerg Resident - CCFP
- **Topic:** The Management of Alcohol Withdrawal in the ED

***Description:** Review the recommendations and evidence around the use of phenobarbital in the management of alcohol withdrawal. Outline medications to consider initiating in the emergency department that are relevant to the treatment of alcohol use disorder. Review relevant local resources*

**\*\* Recording Link:** Archived Rounds Recordings & Rounds Pearls can be [found on our website](#).

**In-Person Emergency Medicine [Journal Club](#) - Thursday, March 30**

- **Date:** March 30, 2023
- **Time:** 18:00 to 21:00
- **Topic:** The Latest Evidence on Discharging Children from the Emergency Department with Abnormal Vital Signs
- **Presenters:** Drs. Mary Tong and Will MacDougall
- **Preceptor:** Dr. Mike Pierse
- **Hosted by:** Dr. Fareen Zaver

**ARTICLE 1:** Outcomes of patients discharged from the pediatric emergency department with abnormal vital signs.

**ARTICLE 2:** Pediatric Patients Discharged from the Emergency Department with Abnormal Vital Signs

Thanks

Mary and Will

**Best Practices in Organ Donation - QI Rounds, March 23**

We will be reviewing 2022 data for our organ donation practice in our March 23 rounds as detailed below with a few case presentations examples. It'll be an opportunity to remind MDs to refer to registry (esp with Bill 205) and what criteria makes an eligible donor. The format of the DCCM QI/Patient Safety rounds are typically open mic (ie. presentation followed by conversation/questions).

**[Best Practice in Organ Donation](#). March 23, 2023. 12:30 – 2:00 pm**

Join Zoom Meeting

<https://albertahealthservices.zoom.us/j/61021372207?pwd=L3VsYzdwL241U2h0ekN2Y0R6UEpUQT09>

- Meeting ID: 610 2137 2207
- Passcode: 670247
- One tap mobile
- +15873281099,,61021372207# Canada
- Dial in for audio only
- +1 587 328 1099 Canada
- Meeting ID: 610 2137 2207

Selena Au MD MSc  
 Department of Critical Care Medicine  
 Associate Professor CSM  
 Medical Director of DCCM Quality Improvement  
 Quality Assurance Committee Co-Chair

## Clinical Pharmacology & Toxicology Pearl of the Week: [Anabolic Steroids](#)

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### Journal Club: We are looking for staff preceptors and hosts for second half of academic year.

1. Journal Club has been revamped to give it a more clinical focus. The majority of statistical analysis teaching will now take place in other resident teaching sessions. With this change, we are hoping to expand our list of preceptors. If you are interested in being a preceptor or co-preceptor, please reach out to Dr. Kelsey Ragan and Dr. Dave Mainprize. [kmragan@gmail.com](mailto:kmragan@gmail.com), [davegmainprize@gmail.com](mailto:davegmainprize@gmail.com)

2. We have moved Journal Club back to staff physician homes. As a host, you will receive \$750 for food purchases (this does not include alcohol purchases). We are hoping to fill March 2nd, March 30th and April 27th soon. If you are willing to host a Journal Club in your home, please reach out to Sean Crooks ([smcrooks@ucalgary.ca](mailto:smcrooks@ucalgary.ca)).

[Please see this Google Sheet](#) for Journal Club dates, hosts, resident leaders and preceptors.

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## Kudos

**Kudos to Dr. Thull-Freedman (cross-appointed in our department from Peds) on this recent publication: [Virtual ED mental healthcare: a flash in the pan or the way of the future? - PubMed \(nih.gov\)](#)**

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**Congratulations to Dr. Ian Wishart for his role in this landmark study which recruited a considerable number of patients right here in Calgary.**

[High 'N' Dry? A Comparison of Cannabis and Alcohol Use in Drivers Presenting to Hospital after a Vehicular Collision - PubMed \(nih.gov\)](#)

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## YYC ED

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### Dr. Emmeline Ruka - Evaluation Coordinator, Emergency Medicine Clerkship

Congratulations to Dr. Emmeline Ruka on becoming the new Evaluation Coordinator for the Emergency Medicine Clerkship. Emmeline comes to Calgary by way of Montreal. She completed her medical school and residency at McGill University and currently works at the Rockyview General Hospital. She has a keen interest in undergraduate medical education and brings a wealth of experience in simulation.

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### Course 8 - Teaching Opportunity March 24

I am looking for preceptors to facilitate in-person Course 8 teaching from March, 2023. There are 2 different types of C8 sessions we offer \*SP cases, SIM cases

#### March 24 (Friday) from 13:15 – 17:00 PM

1. SP Cases Set #3: Dying Patient-COPD & Suicide
2. SP Case Set #4: Headache Tensions & Low Back Pain-spinal Stenosis
3. SIM Set #3: Asthma PTX Case

Let me know if you are interested in any teaching event, and I will be able to share Preceptor Guides and detailed session objectives with you.

**SP cases** are mock OSCE-style sessions where the clerk will interact with an SP. Each preceptor would be responsible for the two cases noted. The clerk performs a 10min case with an SP, while the preceptor and group watch, they then return for feedback which is facilitated by the preceptor.

**SIM cases** are done in the SIM lab, the preceptor will act as a nurse during the case and then debrief the group afterward. A SIM trained SP will run the SIMman, the preceptor is not expected to run any SIM tech.

Signing up confirms you for the session right away. If you are having trouble signing up, email me sessions you are interested in and I can add you.

If you want more information on any of these sessions, please let me know.

*\*SP stands for Standardized Patient*

JingChao Wang,  
[course8@ucalgary.ca](mailto:course8@ucalgary.ca)  
403-210-3825

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### Academic Day Sessions - Preceptors Still Needed!!

We are still searching for preceptors for two remaining sessions for the final quarter of the academic year. As preceptor, your role is to guide the assigned resident as they prepare their session, and be present during the session to help answer questions and guide discussion. You will be remunerated at the standard PGME hourly teaching rate. If you are able to preceptor any of the following sessions, please email Anjali at [anjali.pandya@gmail.com](mailto:anjali.pandya@gmail.com)

- **June 22 1400-1500 Peds Endo Emergencies**

Thank you so much for your consideration!

Catherine, Anjali and Charles

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### STAFF Sims Sign up - Spots still available!

[ED Staff Sim Sign Up](#)

Dates available:

- RGH June 20 (1 spot)
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### STAFF EXAMINERS FOR CCFP-EM ORAL EXAMS : 2023 June 8, 2023 – In Person

The CCFP-EM Residency Program is in need of 3 staff examiners for the oral exams on the following dates:

- **June 8<sup>th</sup> from 1000 – 1300**

**These exams have returned to In-Person sessions.**

Please check your availability and let me know if you are able to help on any of these dates and please send the responses to [TriSurendra.Malasanani@albertahealthservices.ca](mailto:TriSurendra.Malasanani@albertahealthservices.ca)

Your help and assistance is very much appreciated!! Once confirmed I will send Calendar invites.

Tris

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### ROYAL COLLEGE ORAL EXAM PREP

We are looking for examiners for our R4s for their upcoming Royal College oral examination on **June 6, 2023**. Our residents have given us a number of dates that they will be available and we do our best to fill these spots with either 1 or 2 residents per "room" depending on how many staff examiners we have. These sessions will be predominantly hosted virtually (note the location on the google doc). We will also be hosting Sask residents virtually for one of these dates, as their staff will be providing cases for our residents.

Please sign up in the google document [link](#). We will confirm your session within 1 week of the date. Please contact Chase ([krook.chase@gmail.com](mailto:krook.chase@gmail.com)) for oral exam questions if you would like cases for your sessions.

Thank you in advance,

Brit

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## OFDP - Clinical Promotions Workshop - March 21

Are you curious about the promotion criteria for faculty with a Clinical Appointment at the University of Calgary? Does the thought of applying for promotion seem terrifying? Let OFDP ease your fears, guide you through the process, and set you up properly to prepare a fantastic promotion package.

Attend our Promotions Workshop on March 21 – facilitated by OFDP team members Dr. Sylvain Coderre and Ms. Kenna Kelly-Turner – and come away with key strategies for success.

WHO Facilitated by Dr. Sylvain Coderre & Ms. Kenna Kelly-Turner from OFDP  
WHAT How to Get Promoted  
WHEN March 21, 2023 3 – 5 pm  
WHERE ZOOM  
HOW <https://www.eventbrite.ca/e/549678773007>

Office of Faculty Development and Performance,  
University of Calgary – Cumming School of Medicine

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## Peer Support

1. Call your Peer Support Team. [HERE are their phone numbers \(updated Nov 2022\)](#). The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
  2. Call Physician and Family Services (PFSP) – 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have free hours of counselling for yourself and for your family members.
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## Research

### Change in Time for Research Day

The Department of Emergency Medicine will be hosting our 2023 Annual Research Day with our Keynote speaker, Dr. Teresa Chan on May 4, 2023 at 8 am. We have extended the time to 12:30 pm. This will take place at the Libin Theatre with a virtual option.

If you have a research question but don't know where to start. Please refer to our Research support request form. Our research team would be happy to assist you.

[Research | Cumming School of Medicine | University of Calgary \(ucalgary.ca\)](#)

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## Opportunities

### Associate Research Director

The Associate Research Director is considered a **0.2FTE** position and is paid from the University of Calgary. It is compensated at the rate of **\$41,790.50 annually** inclusive of vacation pay and there are no benefits associated with it. If you're interested in applying for this exceptional opportunity, please email me a cover letter highlighting your interest and skillset for this position, and an updated CV.

The selected candidate will work closely with EM Research Section Chief. For further details about the role, please feel free to call or email me, Eddy or speak directly to Kathryn Crowder ([Kathryn.Crowder@albertahealthservices.ca](mailto:Kathryn.Crowder@albertahealthservices.ca)) and Katie at [katielinmd@gmail.com](mailto:katielinmd@gmail.com)

Thanks,

**Scott Banks**

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## CME & Learning

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