





Department of Emergency Medicine

mail

Updates for ED Physicians

March 28, 2023 Edition

# Notes from Neil and Eddy

Click here to read March 28 Edition of Notes, focusing on Wellness in the ED.

## Operations

## **CaRMS Match Results**

The Emergency Medicine residency training program is excited to announce FR match results.

- Niklas Bobrovitz
- Katherine Gourlay
- Pavneet Singh
- Jayelle Friesen-Enns

## PSF application is open.

See attached PSF mandate and review process and application form.

Deadline for submission: April 13, 2023

Next withdrawal: April 18, 2022

# DEM Faculty Small Group Sessions aka Group Emergency Medicine Sessions (GEMS): Ask and you shall receive!

We have done an <u>education focused needs assessment of our DEM physicians</u> and one major area that was identified was the need for **faculty only** small group sessions to *cover high yield emergency medicine topics* together.

The DEM is launching NEW **faculty only**, <u>expert facilitated</u>, *small group session*s open to <u>ALL DEM</u> <u>Staff Physicians</u>.

WHEN: Once monthly (October 2023 - June 2024; Not running over summer)

**WHAT:** Topics are pre-planned with the goal to cover bread and butter Emergency Medicine topics and will be facilitated IN PERSON by experts in the topic areas. Some of the topics we will be covering this year include: pediatrics (twice), addictions, sports medicine, connect care optimization, geriatrics and neurology. Each session will be 1.5 hours long, with a maximum of 20 staff participating in each group. The goal is to have not just the expertise of the facilitator but also that of the various years of practice and knowledge of the staff attending the session for a shared experience.

**HOW:** <u>Using the link</u>, you can sign up for ONE of 7 possible time slots. Given these sessions don't start until October there's lots of time for you to request shifts off/yellow to accommodate the sessions.

WHY: Because you asked for it!

**WHERE:** At the medical school/FMC (or a location of your groups choosing if you decide to have a change of scenery for a session.)

Rules of engagement:

- Sign up for ONE of seven possible time slots
- You will need to commit to attending 60% of the sessions (5/9) IN PERSON. There will be no virtual option to attend.
- Every group will have a room booked at Foothills Medical Center (the locations will be updated on the google document). Your group may choose to pick an alternative location but please notify me if you are using a different location so the facilitators are also aware (someone's home, restaurant, coffee shop, wine bar, etc.) Please keep in mind there is no funding for alternative locations, food or drinks.
- The goal is to have each group be a mix of faculty from different sites, gender and stage of career to ensure a robust discussion. If you are able to make a few different dates/times please try to choose one based on that diversity.
- Given that life happens and that on occasion you may not be available to attend your usual small group, you may swap into another session running in the same week but you are only allowed to do this TWICE in the year (please email me if you are going to swap into another session).
- There is no required pre-work to the sessions however there may be podcasts, blogposts, journal articles emailed to you prior to a session if you would like to have a topic refresher before attending.
- These sessions will be a safe learning space for everyone who attends. There is ZERO tolerance for any inappropriate or unprofessional behaviour.

You will receive a post-attendance survey at the end of the year to give anonymous feedback on any and all of the sessions as well as give suggestions for the year to come. Please also feel free to send me any topic ideas, facilitators, other suggestions you would like incorporated to me (fzaver@gmail.com).

## SAVE THE DATE - Hodsman April 20

The Hodsman Legacy Lecture "Big Top Poisons" will be on April 20, 2023 from 8:30am- 12:30pm

For virtual option, please register here.

Of note: This special event replaces our regularly scheduled EM Grand Rounds.

Any further inquiries may be made to our event coordinator, Jenny Woo: jenny.woo@ahs.ca

# **Grand Rounds & Journal Club**

## **Emergency Medicine Grand Rounds**

You are invited to the following via **Zoom**. Please complete an <u>evaluation form</u> to provide your feedback to our speakers.

**For Emergency Physicians** (Calgary Zone): The evaluation form must be submitted to receive your education credits. This applies to both Zoom & In-Person attendance. Your credits will be compiled at the end of the year and sent to you for submission.

- Date: Thurs, March 30, 2023
- Time: 0900 1000 (<u>1.00 Education Credits</u>)
- Room: Clara Christie HSC
- Zoom: <u>https://cutt.ly/B3jCc3h</u>
- Passcode: 864282
- One tap mobile: +15873281099, 67568401147# Canada
- By phone: Canada: +1 587 328 1099 Webinar ID: 675 6840 1147

Speaker: Dr. Sangeeta Sakaria, MPH MST (<u>See bio</u>), Assistant Program Director, Harvard-Affiliated Emergency Medicine Residency, Mass General Brigham

#### Topic: Got Milk? "Taking Care of Lactating Patients in the ED"

**Description:** This lecture is intended to familiarize residents with the importance of being familiar with lactation, as if affects Emergency Medicine patients, common lactation-related diagnoses, and the safety of medications and medical procedures with regard to lactation.

Recording Link: Archived Rounds Recordings & Rounds Pearls can be found on our website.

#### In-Person Emergency Medicine Journal Club - Thursday, March 30

- Date: March 30, 2023
- Time: 18:00 to 21:00
- **Topic:** The Latest Evidence on Discharging Children from the Emergency Department with Abnormal Vital Signs
- Presenters: Drs. Mary Tong and Will MacDougall
- Preceptor: Dr. Mike Pierse
- Hosted by: Dr. Fareen Zaver

**ARTICLE 1:** Outcomes of patients discharged from the pediatric emergency department with abnormal vital signs.

**ARTICLE 2:** Pediatric Patients Discharged from the Emergency Department with Abnormal Vital Signs

Thanks

Mary and Will

# Kudos

#### Code Orange

A big shout out to everyone who was involved in Monday's Code Orange. It appears by all accounts to have been an excellent example of Zone-wide coordination. Even those sites that received relatively few casualties stepped up and were prepared for what the incident would bring. A great example of collaborative multidisciplinary care all around.

Eddy



#### Please Save the Date! BBQ

We are happy to announce that we will be hosting our annual **Year-End/Welcome BBQ on June 15<sup>th</sup> at 6:00PM at the Southern Alberta Pioneers Memorial Building**. This is a great opportunity to mingle with and get to know our incoming residents and our new staff hires, and a wonderful chance to celebrate the accomplishments of our outgoing residents!

Details to follow.

Catherine, Charles & Anjali

#### STAFF Sims Sign up - Spots still available!

ED Staff Sim Sign Up

Dates available:

RGH June 20 (1 spot)

#### STAFF EXAMINERS FOR CCFP-EM ORAL EXAMS : 2023 June 8, 2023 – In Person

The CCFP-EM Residency Program is in need of 3 staff examiners for the oral exams on the following dates:

• June 8<sup>th</sup> from 1000 – 1300

#### These exams have returned to In-Person sessions.

Please check your availability and let me know If you are able to help on any of these dates and please send the responses to <u>TriSurendra.Malasani@albertahealthservices.ca</u>

Your help and assistance is very much appreciated!! Once confirmed I will send Calendar invites.

Tris

#### **ROYAL COLLEGE ORAL EXAM PREP**

We are looking for examiners for our R4s for their upcoming Royal College oral examination on **June 6, 2023.** Our resident's have given us a number of dates that they will be available and we do will our best to fill these spots with either 1 or 2 residents per "room" depending on how many staff examiners we have. These sessions will be predominantly be hosted virtually (note the location on the google doc). We will also be hosting Sask residents virtually for one of these dates, as their staff will be providing cases for our residents.

Please sign up in the google document <u>link</u>. We will confirm your session within 1 week of the date. Please contact Chase (krook.chase@gmail.com) for oral exam questions if you would like cases for your sessions.

Thank you in advance,

Brit

#### **Peer Support**

- 1. Call your Peer Support Team. <u>HERE are their phone numbers (updated Nov 2022).</u> The Peer Support Team member can provide an empathetic ear, screen for safety and guide you to resources that exist in our community (i.e PFSP).
- 2. Call Physician and Family Services (PFSP) 1877SOS4MDS. THIS LINE IS AVAILABLE 24/7. You have free hours of counselling for yourself and for your family members.

## Research

Change in Time for Research Day

The Department of Emergency Medicine will be hosting our 2023 Annual Research Day with our Keynote speaker, Dr. Teresa Chan on May 4, 2023 at 8 am. We have extended the time to 12:30 pm. This will take place at the Libin Theatre with a virtual option.

If you have a research question but don't know where to start. Please refer to our Research support request form. Our research team would be happy to assist you.

Research | Cumming School of Mediciyetne | University of Calgary (ucalgary.ca)

# **Opportunities**

### Opportunity for new junior ultrasound director education lead

I've now been in the role of ultrasound program director both for junior and senior residents for 5 years and I think it is time for someone new to take over the role of junior director.

I feel that some fresh ideas will help expand and grow the great curriculum we already have and new approaches might enhance the experience for residents.

I'd like to focus my energies more into further enhancing the senior resident ultrasound sessions and blocks. My hope is that one of you may be interested in taking over the lead for junior ultrasound education.

This would be a paid position as I would ask for the stipend I currently get to be split. That would make it a 1 day per month FTE paid at \$3000 split into two payments/yr. In addition, any bedside teaching you do would still be paid at the PGME rate.

The focus would be on organizing and running the CRISP course (Calgary Residency Introductory Sonography Program) for the EM/FRCPC and PEM residents and getting the FR residents through their core US curriculum.

I already have the CRISP course scheduled this year and would mentor/execute the course preparation process this year to help the next person transition into the role. I will also be attending the course (July 13, 2023 BTW-save the date everyone).

You do not need to have an ultrasound fellowship to perform this role but you should have a good knowledge of core ultrasound skills. I am also flexible about how this transition can play out so please feel free to contact me to discuss specifics.

If you are interested or have more questions, please send me an email. I'm also happy to meet or chat on the phone (403-667-3764).

#### Kasia Lenz MD, FRCPC, RDMS

Emergency Medicine Resident Ultrasound Education Lead

# Cumming School of Medicine, Master's in Precision Health, Online Information Session

This part-time master's program is designed for professionals who want to learn about precision health and specialize in one of the following areas:

- leading and implementing quality and safety improvement initiatives
- · designing, commercializing, and/or implementing innovative and entrepreneurial solutions
- educating, training, and/or researching health professionals
- advancing clinical skills in precision medicine, pharmacogenomics, precision oncology, and omics applications

The online information session is on **Wednesday, April 5, 2023, from 5:30 - 6:45 PM MST.** <u>To book</u> <u>a place at the information session click on this link.</u> Attendees will hear from thought leaders and find out how the program works to see if it is the right fit for them.

Program applications are open until May 31, 2023. For more information, check out the <u>Precision Health Program website</u> or email <u>prehgrad@ucalgary.ca</u>. People can also connect with me if they have questions (<u>jolouise.huq@ucalgary.ca</u>). -Jo-Louise Huq

## **UME Leadership & Teaching Opportunities**

UME has posted new leadership and teaching opportunities. If you are interested in Medical Education, leading change and teaching in the MD Program, you will find posted some interesting and challenging positions.

Here is the link to the website where all the postings and job profiles are located:

https://cumming.ucalgary.ca/mdprogram/faculty/job-opportunities

All applications can be directed to our Associate Dean, Dr. Chris Naugler at <u>associatedean.ume@ucalgary.ca</u>.

# **CME & Learning**

Trauma Resuscitation in Kids (TRIK) - April 3 - 4