

# Department of Emergency Medicine

## Calgary Zone

weekly email updates for ED Physicians

Natalie

## Operations

### Notes from Catherine

#### Surgical Diversions

The Zone has agreed to revisit the surgical diversion policy. We are hoping to work with the team to adjust the terms of the policy to minimize the disruption these events cause to flow in the emergency department. Stay tuned for more updates as this process unfolds.

#### Annual Report

I am in the early stages of preparing the Department's annual report. The purpose of this report is to highlight the department's clinical, educational, scholarly and administrative contributions to AHS leadership. If anybody has anything that they feel should be highlighted then please feel free to send me a message.

#### Acknowledging Eddy

Last chance to RSVP for the event acknowledging Eddy in his 11 year tenure as Department Head. RSVP to [jordan-rose.dettillieux@ahs.ca](mailto:jordan-rose.dettillieux@ahs.ca) as soon as possible.

#### ICEM 2025

Reminder that the deadline for conference presentation/workshop/marketplace submissions for ICEM 2025 is October 20.

Catherine

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## Grand Rounds and Journal Club

QAER Rounds Thursday October 17, 2024 (0900—1000) (1.0 Education Credits)

**QAER Rounds will not be recorded.**

**Room:** Theatre 4 – HSC

**Zoom Link:** <https://albertahealthservices.zoom.us/j/61834756597?pwd=Skg1ZmdXOGdRWmgxMUc0U3lNMjR5Zz09>

**Meeting ID:** 618 3475 6597 **Passcode:** 407952

**Speaker:** Dr. Julia Cirone

**Moderator:** Dr. Adam Oster

**Title:** A Case of Cardiac Arrest Associated with the Use of Restraints

**Description:** We will review a case of a cardiac arrest that occurred in the emergency department while a patient was mechanically restrained. We will discuss the personal and systems factors that contributed to this adverse outcome and how we can learn from the event.

**Evaluation Link:** [DEM Academic Grand Rounds Evaluation](#)

[To view archived grand rounds, please visit our website.](#)

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## Journal Club Updates

**Monthly EM Journal Club is back again for this year!**

### 1) Hosts needed

We are looking for staff who are willing to host. Journal club is hosted in a staff physician's home from 1800 – 2100. Reimbursement is provided up to \$750 for hosts to provide dinner and non-alcoholic drinks. As a journal club host, you are not responsible for any of the academic requirements of the evening. Average attendance is 25-30 people. If you have any questions about hosting please direct them to Bobby ([robert.johnston1@ucalgary.ca](mailto:robert.johnston1@ucalgary.ca))

Sign up and dates: [Journal Club 2024-2025 Host/Preceptor Sign Up](#)

### 2) Preceptors needed

As a staff preceptor you will provide oversight of the critical appraisal of the selected article and guide the residents toward clinically relevant discussion points. Journal club leads are available to help with article selection and any questions or support needed along the way. We are not looking for statisticians (though also welcome!) but for any staff physician who is interested in reviewing high yield practice changing literature and being more involved in the residency program. If you have any questions about precepting, or any suggestions for an article you'd like to see discussed, please direct them to Cody ([cody.dunne@ucalgary.ca](mailto:cody.dunne@ucalgary.ca)) and Omar ([odamji@ucalgary.ca](mailto:odamji@ucalgary.ca)).

Sign up and dates: [Journal Club 2024-2025 Host/Preceptor Sign Up](#)

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## October Journal Club Summary

Thanks to Drs. Chisholm, Baker & Exner for creating a Summary of October's Journal Club Article! This month we reviewed a randomized controlled trial comparing NIPPV versus high-flow face masks as pre-oxygenation strategies for emergency intubations.

You can find a summary of the study here:

[https://www.calgaryem.com/admin/storage/uploads/2024/10/11/6709539f3e576OctJC\\_Summary-2024---PREOXI-Trial.pdf](https://www.calgaryem.com/admin/storage/uploads/2024/10/11/6709539f3e576OctJC_Summary-2024---PREOXI-Trial.pdf)

Citation: Gibbs KW, et al. [Noninvasive ventilation for preoxygenation during emergency intubation](#) (PREOXI Trial). N Engl J Med. DOI: 10.1056/NEJMoa2313680

Thanks to Dr. Colin Bell for BOTH hosting and preceptoring the event!

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## Clinical Pharmacology and Toxicology Pearl of the Week

The pearl of the week is on [Severe Cutaneous Adverse Reactions \(SCARs\): Epidermal Necrolysis](#).

Mark

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## Department News

### Emergency Physician Spotlight

Today's spotlight features Dr. Eric McGillis. You can read more about this amazing doctor below.



I initially thought that I would do forensic pathology, but then I found out that I would have to sit still and look at slides of slides for 5 years. Then I did a rotation in emergency medicine, where I was able to unleash my inner hyperactive, short attention span self. I must admit, I was drawn to the high intensity resuscitations, and it is one aspect of my job that I still love. As many of you know, I am also a Medical Toxicologist and the program director of the Clinical Pharmacology and Toxicology residency program. Tox is obviously my other passion and I being able to work in both fields. If I'm not in the ER or at the

Poison Centre, then I am travelling, hanging out with my dog Bomber, or having a beer with my best residency buddies (Brad, Kat, Anj). A word of encouragement – When you find yourself burning out, then work with one of our emergency medicine residents. They always remind me of why I got into this career and bring me back to a time when I was brighter-eyed and bushy-tailed.

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## Kudos Corner

Congratulations to Dr. Colin Bell on his latest publication:

[#AIAuthorship. The CJEM debate: is there a place for generative AI in data analysis and writing within scholarly manuscript preparation?](#)

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## Announcement: Ms. Ruchi Sharma - New Admin Assistant Supporting Dr. James Andruchow and PRC

We are pleased to announce that effective October 28, 2024, Ruchi Sharma will be joining the Department of Emergency Medicine as an Administrative Assistant V, supporting Dr. James Andruchow. Prior to joining our team, Ruchi served in a variety of roles at AHS including most recently as an Administrative Support III with public health in Tuberculosis clinic assisting with patients scheduling, registering, checking-in, everyday clinic chart prep and reception duties. Ruchi joined the AHS in 2019 as Administrative Support II with immunization clinics and served as Covid Screener during the pandemic.



She has also worked previously as Administrative Assistant with Global Mortgage Experts Inc., JPS Aulakh Mortgage, Women in Need Society (Non-profit organization) and as sales floor team member with Target Canada.

Ruchi has completed her Master's degree in Computer Application from Sikkim Manipal University, India. She also got her professional Administrative Skills Training and certification from Calgary Immigrant Women's Association in 2014. She Moved to Canada in 2012 with her family (Husband and a little boy) and fell in love with this beautiful country. She loves spending time with her girl's gang and exploring the beautiful Rocky Mountains with family.

Ruchi is highly motivated, self-directed, a great team player, multitasker, creative, respectful to others, hard working with a positive attitude. She is very passionate about achieving new goals in healthcare administration. She is approachable, focused, determined, believes in building strong relationships, and looking forward to giving her best by assisting physicians and other staff in the Emergency Medicine department.

Email: [Ruchi.Sharma@albertahealthservices.ca](mailto:Ruchi.Sharma@albertahealthservices.ca)

Phone: 403-943-7564

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## DEI Corner

Each month in this section a digestible resource for education on topics devoted to equity, diversity, inclusion, reconciliation and social justice will run for those faculty who are interested in educating themselves on these topics. We recognize that all faculty come to these subjects with different experiences and readiness, and that we are all on our own educational paths, but believe that all members of this department are committed to creating an inclusive environment for our colleagues and patients.

This month, the below guide from the University of Arizona Libraries highlights the background behind some commonly used words that have their origins in racist systems and histories, and makes for interesting reflection on way language holds and reflects power. In the spirit of reconciliation, we'd like to highlight the word "Powwow". This word refers to a sacred gathering and has great cultural importance for Indigenous peoples but is often coopted in the healthcare setting in a colloquial way. Alternatives you can use include: meeting, discussion, gathering or touchdown.

<https://lib.arizona.edu/help/employees/anti-racist-guide>

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## Conferences, Workshops and Courses

### New Conference and Course Information Posted!

If the below conferences and courses interest you, more information can be found on the pages below.

**Conferences:** <https://cumming.ucalgary.ca/departments/emergency-medicine/faculty-staff/professional-development/conferences-interest>

- 2025 International Conference on Emergency Medicine (ICEM)

**Courses:** <https://cumming.ucalgary.ca/departments/emergency-medicine/faculty-staff/professional-development/workshop-and-courses>

- 15th Annual Canadian Paediatric Emergency Medicine Review
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### Increasing Awareness of Strangulation

CSART has been seeing many cases of 'choking' / non fatal strangulation - particularly in the 17-25 y old age group, about one of every 2-3 cases. I suspect that we are seeing and possibly missing a fair number in the ED.

The Alberta Strangulation panel will be virtually presenting a (free) Strangulation Awareness education session dedicated to frontline Healthcare professionals on November 21 2024 from 1300-1600.

Please see the [attached poster](#) and Eventbrite information below to register!

<https://www.eventbrite.ca/e/increasing-awareness-of-strangulation-tickets-996310470437>

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## Updated Newsletter Process

Submissions can be sent to: [natalie.sun@ahs.ca](mailto:natalie.sun@ahs.ca) and CC [Jordan-Rose.Detillieux@ahs.ca](mailto:Jordan-Rose.Detillieux@ahs.ca).

- Submissions will run for a period of one week
- Body copy will be edited at the discretion of the editor to optimize communication
- The deadline is **Tuesday at noon**

For reoccurring submissions, **there is a max two week run and this must be requested**. If you would like to re-run your submission after two weeks, please submit with updates.

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## In Case You Missed Last Week

### Staff Examiners Required FOR CCFP-EM ORAL EXAMS : 2024 Thursday November 28th, 2024 – In Person

The CCFP-EM Residency Program is in need of 4 staff examiners for the oral exams for:

- **November 28th, 2024, from 1030 – 1300**

**These exams are In-Person sessions. Lunch will be provided.**

Please check your availability and let me know if you can help on **November 28th, 2024** please send the responses to [TriSurendra.Malasani@ahs.ca](mailto:TriSurendra.Malasani@ahs.ca)

Your help and assistance is very much appreciated! Once confirmed I will send Calendar invites.

Thanks,  
Tris

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