

Department of Emergency Medicine

Calgary Zone

weekly email updates for ED Physicians

Natalie

Operations

Notes from Catherine

What a Great Job – Emergency Medicine

Please consider watching this 30 min plenary presentation by Dr. Cliff Reid (emergency physician who works in EM, prehospital and retrieval medicine and critical care) talk about his ongoing passion for emergency medicine despite the challenges. Thanks to Cory Brulotte for sharing this on his Facebook. (<https://www.youtube.com/watch?v=Qi-TxP-Uhxg>)

Alberta Medical Association Section of Emergency Medicine Campaign

The Alberta Medical Association Section of Emergency Medicine is launching an “Informed Advocacy” campaign through which they are collecting stories from patients about how many hours they waited in the ED, what brought them to the ED, and what barriers to healthcare they face. They have developed a QR code that will be used to collect patient’s frustrations. We asked AHS leadership if we could post posters in the waiting room (hard ‘no’), so instead we plan to distribute small cards with the QR code on it to patient’s in the ED. We hope to have the cards available in the docs offices’ of all four sites over the next few weeks. Please distribute to your patients.

Transdisciplinary Workshop on Climate Change, Sustainability and Health

Family Medicine is organizing a one-day transdisciplinary workshop focused on the intersections of climate change, sustainability, and health. The event will take place on **November 21, from 9:00 AM to 2:00 PM**. Unfortunately, due to other commitments, I am unable to attend. If this is an area of interest for anyone in the department, and you would like to participate on behalf of the department, please feel free to reach out to me. I would be happy to facilitate your registration.

Catherine

Grand Rounds and Journal Club

PEM City-Wide Rounds Thursday October 24, 2024 (0900—1000) (1.0 Education Credits)

Join Zoom Meeting:

<https://ucalgary.zoom.us/j/97077821006?pwd=5HdqEO2pl26R31Y2wq4t65z9hes1Ns.1>

Meeting ID: 970 7782 1006

Passcode: 064955

Presenters: Dr. Stephen Freedman and Dr. Silviu Grisaru

Title: Improving Outcomes in Children with Shiga toxin-producing E. coli Infection: Implementing a Clinical Care Pathway

Link to Record Attendance and Feedback Survey:

https://survey.ucalgary.ca/jfe/form/SV_9z4HLQasa150Zpk

Learning Objectives:

- Review the pathophysiology and etiology of STECHUS
- Describe care gaps and the need to improve care
- Describe STEC-HUS fluid management controversy
- Describe changes to ACH STEC care pathway

[To view archived grand rounds, please visit our website.](#)

Clinical Pharmacology and Toxicology Pearl of the Week

The topic for the Pearl of the week is: [SCARs: Acute Generalized Exanthematous Pustulosis \(AGEP\)](#).

Mark Yarema

Department News

Emergency Physician Spotlight

Today's spotlight features Dr. Nadim Lalani. You can read more about this amazing doctor below.



I'm Nadim (Naah-dim). My healthcare journey began long ago as a PLC ER volunteer. I was truly inspired by the ER crew and felt compelled to join them. I became a nursing attendant at the PLC and, for \$10.75 an hour, I discovered meaning and purpose helping people by being part of an amazing team.

Fast forward my MD and FRCPC in Calgary, I moved to Saskatoon (2009-2016) to co-create the FRCPC EM program – what an incredible opportunity! Along the way, brushes with burnout changed my approach to life in medicine. I obtained a coaching credential and, outside of EM, I coach struggling residents and assist peers.

My son is my greatest calling. I support him through volunteering, coaching and cheering his *many* sports. We run Spartan races, golf, and ski together. Left to myself – I hike, listen to music, read and am always down for coffee:)

My journey has taught me that EM involves constant challenges interspersed with joy alongside good colleagues. I hope, during these difficult times, we can move forward with grace and kindness for one another. My wish for my colleagues is that, wherever possible, they cultivate *peace* in their lives.

Kudos Corner – Award

Congratulations to **Dr. Christine East** who is the recipient of the **2024 CAMSS Advocacy Award**.

Awardees of the CAMSS Advocacy Award are individuals whose advocacy on behalf of physicians benefits the profession and supports physicians' efforts to best serve their patients and community. Awardees exemplify the spirit behind our mission statement: 'Advocating for physicians, caring for patients'.

Annual Residency Program Winter Retreat

Hello everyone,

We hope you are all well! You are all invited to attend the Annual Residency Program Winter Retreat will be taking place from **February 21st-23rd 2025 at the Pomeroy Kananaskis Mountain Lodge**. For those new to the department, this winter retreat is a great opportunity to reconnect with fellow faculty and along with the residents, participate in some fun social and faculty development activities and recharge.

In order to take advantage of the group rate of \$299.99/night please RSVP to Madhavi (madhavi.talasila@ahs.ca) and book your room with the booking code she provides you **by December 16th**. This event is family friendly – so partners and children are welcome!

We hope you can join us and look forward to seeing you there!

Best regards,
Anjali, Kelsey and Charles

DEM Clothing Order

Hi everyone!

For those of you I haven't met yet, my name is Jade and I am one of our new R1s. I'm happy to be organizing a department-wide clothing order this year.

We will be ordering from Patagonia Elements here in Calgary. There are two options for clothing: a vest or sweater. All orders will come with the Calgary Emergency Medicine logo on the left side of the chest. You can also choose to get your name embroidered onto the garment for an additional cost.

[The google form can be found here](#). This form contains all information regarding pricing and images of each garment.

Please complete this form by **November 1st**. Payment will be collected when numbers are finalized.

Please don't hesitate to reach out (jade.chow@medportal.ca) if you have any questions or concerns. I look forward to seeing everyone in their new fancy Patagonia!

Kindly,
Jade Chow

Teaching Opportunities

Academic Day Preceptor Opportunities

Now that the schedule is out please check out our upcoming teaching opportunities! We are recruiting staff preceptors for the Emergency Medicine academic sessions and small groups for Winter and Spring 2025.

All resident led sessions needing staff preceptors from **January 1st to June 30th** can be found in the link below. If you are interested in being a preceptor for one or more sessions, or have any questions, please email Kelsey (kelsey.ragan@ucalgary.ca).

[Academic Day Preceptor Google Sheet](#)

Thanks in advance for everyone's ongoing support of the EM Residency program!

Research

Violence in Emergency Department Research Project

[Read more about this study here](#)

A link to the survey: bit.ly/edviolence

If you have any further questions, you can reach out to the study lead, Dr. Margriet Greidanus at mgreidan@ucalgary.ca

Pavneet Singh



Research in Development: Wait Times in the ED Among the Unhoused Population

Thursday Oct 24, 2024 @10:30 am

Please join us at the next RID to meet Jaden Frizzell, 3rd year BSc student, who is completing a research practicum in our department under the supervision of Dr. Jessalyn Holodinsky.

Jaden is working on understanding wait times in the ED among unhoused patients and is looking for feedback from the group on her research protocol – especially clinical variables she should consider in her analysis plan.

Thank you for coming to support the development of a bright young researcher!

Zoom Meeting Link:

<https://albertahealthservices.zoom.us/j/66742198663?pwd=JYfqXjScd8Pjta88N4zdDRvKDUpMzc.1>

Meeting ID: 667 4219 8663

Passcode: 809361

Kudos Corner – Publications

Congratulations to **Dr. Colin Bell** on his latest publication.

Kim DJ, Sheppard G, Lewis D, Buchanan IM, Jelic T, Thavanathan R, Myslik F, Lalande E, Bell CR, Chenkin J, Heslop CL, Olszynski P, Atkinson P, Burwash-Brennan T. [POCUS literature primer: key papers on cardiac and lung POCUS](#). CJEM. 2024 Oct;26(10):713-720. doi: 10.1007/s43678-024-00755-8. Epub 2024 Aug 26. PMID: 39183217.

Congratulations to **Dr. Aaron Johnston** on his latest publication.

Johnston A, Nath A, Smith S, Rogers P. [Letter to the Editor: The current state of emergency medicine is a long-term threat to EM residency training](#). CJEM. 2024 Oct 21. doi: 10.1007/s43678-024-00813-1. Epub ahead of print. PMID: 39432051.

Congratulations to **Dr. Andrew McRae** on his latest publication.

Archambault PM, Rosychuk RJ, Audet M, Hau JP, Graves L, Décary S, Perry JJ, Brooks SC, Morrison LJ, Daoust R, Yeom DS, Wiemer H, Fok PT, McRae AD, Chandra K, Kho ME, Stacey D, Vissandjée B, Menear M, Mercier E, Vaillancourt S, Aziz S, Zakaria D, Davis P, Dainty KN, Paquette JS, Leeies M, Goulding S, Berger Pelletier E, Hohl CM; [Canadian COVID-19 Emergency Department Rapid Response Network \(CCEDRRN\) investigators: Network of Canadian Emergency Researchers; Canadian Critical Care Trials Group investigators. Post-COVID-19 condition symptoms among emergency department patients tested for SARS-CoV-2 infection](#). Nat Commun. 2024 Sep 30;15(1):8449. doi: 10.1038/s41467-024-52404-4. PMID: 39349926; PMCID: PMC11442466.

**SAVE
THE
DATE**

**RESEARCH DAY 2025
EM/PEM COMBINED
MAY 8, 2025**

Courses and Conferences

New Courses and Conferences Posted

Detailed information can be found on the web pages below:

Courses: <https://cumming.ucalgary.ca/departments/emergency-medicine/faculty-staff/professional-development/workshop-and-courses>

- Lifevac and Dechoker Training

Conferences: <https://cumming.ucalgary.ca/departments/emergency-medicine/faculty-staff/professional-development/conferences-interest>

- Emergency Department Administration Conference (EDAC)
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Updated Newsletter Process

Submissions can be sent to: natalie.sun@ahs.ca and CC Jordan-Rose.Detillieux@ahs.ca.

- Submissions will run for a period of one week
- Body copy will be edited at the discretion of the editor to optimize communication
- The deadline is **Tuesday at noon**

For reoccurring submissions, **there is a max two week run and this must be requested**. If you would like to re-run your submission after two weeks, please submit with updates.
