

# Department of Emergency Medicine

## Calgary Zone

weekly email updates for ED Physicians

DEM News Subscriber,

## Grand Rounds, Journal Club and Clinical Pearls

Grand Rounds Thursday April 10, 2025 (0900—  
1000) (1.0 Education Credit)

Room: Theatre 4 (HSC)

NEW Zoom Webinar: <https://albertahealthservices.zoom.us/j/65876053204?pwd=jSOpQ9sLKif0kH5eSs2whSG6pZp6EM.1>

Meeting ID: 658 7605 3204

Passcode: 817531

Speaker(s): Dr. Huma Ali and Dr. Jane Lemaire

Title: Physicians Supporting Physicians: The Fundamentals

**Description:** The presenter will share the evidence behind physician-to-physician peer support and highlight how a peer support team can be a powerful physician wellness resource for our department members. The DEM Peer Support Team is an evidence-based system level intervention to support physician wellness.

Formally trained peer supporters provide an empathetic ear, screen for red flags for harm and guide physicians seeking help to existing resources.

Reach out to our Peer Support Team's trained peer supporters for both work-related and personal life matters – the science shows that sharing with a colleague helps relieve distress and rumination

[DEM Academic Grand Rounds Evaluation](#)

[To view archived grand rounds, please visit our website.](#)

**This session will NOT be recorded.**



Bio Dr. Huma Ali is an emergency physician who has worked primarily at the beautiful South Health Campus Hospital since 2014. She is a physician collaborator with Well Doc Alberta and has trained physicians across the province to become formally trained peer supporters to other physicians. She is a proud cat lady, plant enthusiast and Schwartz Rounds Facilitator.



Bio: Dr. Jane Lemaire is a Clinical Professor, Division of General Internal Medicine, Department of Medicine, Cumming School of Medicine, University of Calgary, and a Fellow of the Royal College of Physicians and Surgeons of Canada. She is the co-director/co-founder of Well Doc Alberta/Well Doc Canada. Dr. Lemaire served as Vice Chair of Physician Wellness and Vitality, Department of Medicine for 20 years, and is currently the Director of Physician Wellness and Wellness Lead, W21C Research and Innovation Center at the Cumming School of Medicine, University of Calgary.

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## Journal Club

You are invited to attend the Department  
Emergency Medicine Journal Club on  
**Thursday, April 10, 2025.**

## Emergency Medicine Journal Club

**Time:** 18:00 to 21:00

**Topic:** High-Flow Nasal Oxygen vs Noninvasive Ventilation in Patients With Acute Respiratory Failure.

**Presenters:** Drs. Dan Park & Vincent Soh

**Preceptor:** Dr. Andrew McRae

**Hosted by:** Dr. Ryan Deedo

## ARTICLE 1 High-Flow Nasal Oxygen vs Noninvasive Ventilation in Patients With Acute Respiratory Failure.

Thanks

Tris

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## Clinical Pharmacology and Toxicology Pearl of the Week

Read about today's pearl of the week. Today's topic: [Toxicologic Mimics of Brain Death](#)

The Clinical Pharmacology (CP) physician consultation service is available Mon-Fri, 8am-5pm. The on-call physician is listed in ROCA on the AHS Insite page. CP consultations are also available through Netcare e-referral, Specialist Link and through RAAPID. You can also find us in the [Alberta Referral Directory \(ARD\)](#) by searching "Pharmacology" from the ARD home page. Click [HERE](#) for more details about the service.

The Poison and Drug Information Service (PADIS) is available 24/7 for questions related to poisonings. Please call 1-800-332-1414 (AB and NWT) or 1-866-454-1212 (SK). Information about our outpatient Medical Toxicology Clinic can be found in Alberta Referral Directory (ARD) by searching "Toxicology" from the ARD home page.

More CPT Pearls of the Week can be found [HERE](#).

Mark

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## CAEP Feedback Needed

CAEP is seeking feedback on a draft Acute Heart Failure Best Practices checklist. Specific questions for clinicians are: Have we missed anything critical? Is the format user-friendly? Are the graphics clear and self-interpreting?

[Please read the attached PDF](#) **CAEP Acute Heart Failure Best Practices Checklist**

Feedback can be sent to Andrew McRae, [amcrae@ucalgary.ca](mailto:amcrae@ucalgary.ca)

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## Department News

A poster with a red background and yellow clouds. On the left is a stylized circuit diagram with a central box containing a medical cross and a document icon. To the right of the diagram, the title "ARTIFICIAL INTELLIGENCE IN MEDICINE" is written in large, bold, yellow capital letters, followed by the subtitle "Beyond the Algorithm" in a smaller, italicized font. Below the title, a paragraph of white text invites people to join for a day of discovery. At the bottom left, the date "OCTOBER 17, 2025" is in white, with smaller text below it. At the bottom right, white text identifies the organizing body.

**ARTIFICIAL INTELLIGENCE  
IN MEDICINE**  
*Beyond the Algorithm*

Join us for an engaging day of discovery as we explore AI applications across the medical landscape, from cutting-edge research and teaching approaches to ethical considerations and practical clinical implementation.

**OCTOBER 17, 2025**  
FOOTHILLS CAMPUS, UNIVERSITY OF CALGARY  
REGISTRATION AND CALLS FOR SPEAKERS TO FOLLOW

Brought to you by the Cumming  
School of Medicine Office of  
Faculty Development

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## Kudos Corner – Award

Congratulations to **Dr. Andrew McRae** on being awarded the Clinician Investigator Program's Telemachus Award for excellence in graduate student supervision and mentorship!

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## Kudos – Podcast Focus

Kudos to **Dr. Grant Innes**, who appeared on the CMAJ Podcast talking about risks associated with short-term adverse outcomes from opioid prescriptions in the ED, <https://www.cmaj.ca/page/multimedia/podcasts>.

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## R5 Graduation Gifts

We are getting ready to celebrate the upcoming graduation of our R5's: Kira Genise, Bobby Johnston, Duncan Simmons, and Scott Wakeham. To send them off in style, we would love to continue the tradition of graduation gifts. If they have ever brightened your day, kept you sharp on shift, lifted the department's morale, or stolen your procedures, please consider donating to their send-off.

We will collect the funds and purchase the gifts which will be distributed at the grad BBQ in June. As always, your support is much appreciated! Please reach out with any questions.

E-transfers can be directed to: [Cody.dunne@ucalgary.ca](mailto:Cody.dunne@ucalgary.ca)

Thank you so much for your support of these amazing residents!!

Cody, Cara, Jason & Natasha

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## Workplace Violence: Advocacy Training for Emergency Medicine

Do you see challenges in your workplace or community that need change but feel powerless to make an impact? Are you frustrated by policies, inequities, or systemic barriers in the

Emergency Department that affect your ability to provide the best care? Advocacy is a powerful tool that can transform frustration into action, reconnecting you with your purpose while driving meaningful change in healthcare.

Join us for a dynamic 3-hour workshop designed to equip Emergency Medicine faculty, nurses, administrators, leaders, and residents with the essential skills to advocate effectively, ethically, and strategically. **Using workplace violence in the Emergency Department as a case study (work led by Drs. Margriet Greidanus, Katie Gourlay, Pavneet Singh)**, this session will introduce a practical, skills-based approach to advocacy.

Led by experienced advocates Dr. Fabreau and Dr. Coakley, this training will empower participants to push forward initiatives that improve healthcare policies, influence decision-makers, and create lasting impact.

### What You'll Learn:

- **Advocacy in Action** – Turn ideas into impact through structured frameworks
- **Strategic Communication** – Media principles, public engagement, and persuasive writing
- **Policy & Power Analysis** – Understand systems and how to navigate them
- **Government & Legal Advocacy** – Influence policy and build coalitions
- **Using Data to Drive Change** – Leverage research for evidence-based advocacy
- **Assessing Impact** – Measure success and refine strategies

Whether you aim to influence hospital policies, improve patient care conditions, or drive broader systemic change, this workshop will provide the skills and confidence to turn advocacy into action.

**Date:** June 10, 1–4 PM

**Location:** FMC Exact room TBD

Space is limited—sign up now to take your advocacy skills to the next level!



## WORKPLACE VIOLENCE:

ADVOCACY TRAINING FOR EMERGENCY MEDICINE

### Get introduced to a practical, skills-based approach to advocacy:

- Turn ideas into impact
- Media principles, public engagement
- Influence government policy
- Leverage data to drive change
- Measure success

**JUNE 10, 2025  
1 PM - 4 PM  
FOOTHILLS CAMPUS**

**REGISTER HERE**



<https://cumming.ucalgary.ca/office/ofd>

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# Conferences, Workshops and Courses

## Calling All SIMfluencers!

How are you influencing the simulation landscape in Alberta?

eSIM invites you to the 4th Annual Alberta SIMposium “Under the SIMfluence: Shaping the Future of Healthcare Simulation” on October 7 and 8th, 2025 in Edmonton, Alberta.

[Link to the PDF](#) which contains all the information for abstract submission.

Anthony

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## Other Opportunities

### Sudden Sensorineural Hearing Loss Study

Please help us appraise a clinical care pathway for sudden sensorineural hearing loss. This pathway has been developed existing literature and local expert feedback from audiologists, family physicians, emergency physicians, and otolaryngologists.

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB23-15588).

If you are interested in participating, please access the survey here or scan the QR code below: [https://survey.ucalgary.ca/jfe/form/SV\\_eR4rcrGbxG3Tq6](https://survey.ucalgary.ca/jfe/form/SV_eR4rcrGbxG3Tq6)

If you have any further questions, please reach out to William Kim at [william.kim@ucalgary.ca](mailto:william.kim@ucalgary.ca).



# Updated Newsletter Process

Submissions can be sent to: [natalie.sun@ahs.ca](mailto:natalie.sun@ahs.ca) and CC [Jordan-Rose.Detillieux@ahs.ca](mailto:Jordan-Rose.Detillieux@ahs.ca).

- Submissions will run for a period of one week
- Body copy will be edited at the discretion of the editor to optimize communication
- The deadline is **Tuesday at noon**

For reoccurring submissions, **there is a max two week run and this must be requested**. If you would like to re-run your submission after two weeks, please submit with updates.

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## In Case You Missed Last Week

### Hodsman Legacy Lecture 2025 - Social Location Updated

You are invited to the 2025 Hodsman Lecture!

"First on Scene: Navigating the Chaos in Prehospital and Transport Medicine"

Featuring Dr. Laurie Morrison - Professor and Clinician Scientist from the U of T. With presentations from our very own Dr. Nat Cram, Dr. Jen Nicol and Dr. Kat Bateman

**When:** April 17 8:30- 12pm

**Where:** Clara Christie Theatre

We will be honoring the career of Dr. Kevin Hanrahan.

Zoom link to Register: [ZOOM LINK](#)

There will be a social at 6pm April 17 at **Wine Bar** (location updated), please RSVP to Ruchi Sharma by April 7. [ruchi.sharma@ahs.ca](mailto:ruchi.sharma@ahs.ca)

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## Calgary-Mbarara Emergency Medicine (CMEM) Collaboration: Fostering Mutual Growth in Global Emergency Care

Margriet and I run the Calgary-Mbarara Emergency Medicine collaboration, which is a global health project between our department and the Mbarara University of Science and Technology (MUST) in Uganda. We just finished hosting our third cohort of visiting EM residents from MUST, and Margriet will be leaving this weekend to teach for the next month at MUST. The project is entirely volunteer based, and many of you are already involved from a teaching perspective here in Calgary. You are making a big difference in the lives of these EM residents and the future of emergency care in Uganda and Africa - so thank you!

Funding for the project is dependent on private donations, which is why I'm reaching out to you in the hopes that you consider donating. The best way to donate is through the University of Calgary's "Giving Day" campaign which runs April 2-16. Donations are MATCHED up to a maximum of \$2500 per donation, until funds run out, so it's best to donate early on. As well, for every 15 faculty/staff donors to a given fund, \$2,500 is unlocked—up to two times per fund, while funds last. Donating through the Giving Day campaign also ensures your donation

is eligible for a charitable tax receipt. The website is: <https://give.ucalgary.ca/giving-day-2025> and search for "Calgary-Mbarara Emergency Medicine" when Giving Day opens on April 2.

Funding is held and administered by the University of Calgary's Indigenous, Local, and Global Health Office. All money raised is spent on vital program expenses. [Please see the attachment for more information about the collaboration](#), and please reach out if you have more questions. Thank you so much!

Andrew and Margriet

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## Emergency Physician – Medical Director

The Calgary Fire Department is seeking a dedicated and dynamic Medical Director to oversee and enhance the medical response capabilities of one of Canada's largest metropolitan fire services.

We are looking for an Emergency Physician to step into this 0.15 FTE position and help shape the future of medical oversight within the Calgary Fire Department. If you are passionate about Prehospital Care, Medical First Response, and Emergency Services, this is an incredible opportunity to make a meaningful impact.

If you are ready to lead and innovate in fire emergency medical response, we encourage you to apply! [More details can be read through this linked PDF.](#)

Submit your CV to: Deputy Chief Brian McAsey at [brian.mcasey@calgary.ca](mailto:brian.mcasey@calgary.ca)

For inquiries, contact: Deputy Chief Brian McAsey – [brian.mcasey@calgary.ca](mailto:brian.mcasey@calgary.ca)

Medical Services Coordinator Chris Webber – [chris.webber@calgary.ca](mailto:chris.webber@calgary.ca)

**Application Deadline: April 30, 2025. Interviews will take place in May 2025.**

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## Difficult Airway Management Workshop

### DAM Workshop Instructors Needed

The next iteration of the Difficult Airway Management Workshop will soon be here on May 1st from 8:30-15:00! This is a multi-disciplinary workshop coordinated by Dr. Jonathan Gaudet. We would be very thankful if you are able to support the workshop by lending your airway management expertise. The workshop integrates cadaveric models and pig tracheas for front of neck access (FONA), and high fidelity airway simulation as part of the workshop for residents from multiple training streams, including EM residents. As instructors you are compensated 4 PGME hours for teaching and lunch and coffee are provided. Most importantly, it's a fun day to be involved with and a good opportunity to foster linkages with other Departments and colleagues.

Please notify Stephon Anderson ([stephon.anderson@albertahealthservices.ca](mailto:stephon.anderson@albertahealthservices.ca)) as soon as possible if you can assist.

Anjli

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