



Mobile mammography service to visit Didsbury

An AHS mobile mammography trailer will be stationed at Didsbury District Health Services (Hospital), 1210 20 Ave., Jan. 26-30.

Screening is available at no cost for eligible individuals, but appointments are required. Call 1-800-667-0604 to book an appointment or learn more about the program.

Patient Resource - Preventing Cervical Cancer

January is Cervical Health Awareness Month, a time to learn about how to prevent it or find it early.

AHS recommends cervical cancer screening once every three years, or as your healthcare provider recommends, for those between the ages of 25 and 69 who are at risk for cervical cancer and have been sexually active.

Regular Pap tests and follow-up care can prevent about 90 per cent of cervical cancer cases. To learn ways to reduce risk, click [here](#).

National Non-Smoking Week Jan 19 - 25 - Smoking and Vaping Cessation Resources

The [AHS Tobacco & Vaping Information for Health Professionals Webpage](#) provides information, tools and resources to help health professionals build their confidence, skills and competence in health promotion, harm reduction and cessation related to tobacco and vaping products. This page includes information for resources that can be ordered and about education opportunities and supports available to clients.

AHS Health Minute - Quitting tobacco with support from [AlbertaQuits](#) in this [video](#) Health Promotion Facilitator Megan Burland highlights the life-changing support available through [AlbertaQuits.ca](#) such as telephone counselling 1-866-710-QUIT (7848), text support, and free QuitCore group support programs.

[Behind The Haze](#) is a multimedia AHS vaping prevention and cessation campaign focused on youth aged 13-17. It provides information on the harms of vaping products and supports to stop.

[AHS.ca/TALKTIPS](#) is a new resource to help parents talk to children and teens about substance use.

Alberta's One Health Antimicrobial Resistance Framework for Action

Alberta's newly published [One Health Antimicrobial Resistance Framework for Action](#) provides a roadmap for Alberta's actions to preserve the availability and effectiveness of antimicrobials for future generations.