



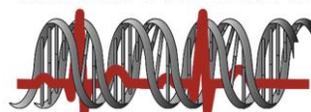
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Leaders in Medicine (LiM) 2021-2022 Student Manual



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CUMMING SCHOOL OF MEDICINE

LEADERS IN MEDICINE



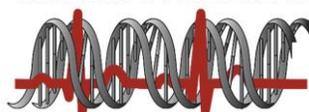


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Letter from LiM Director

Dear LIM Colleagues,

It is my absolute pleasure to take on the role of LiM program director starting this summer 2021! I am excited to get to know you all and support your growth and success in your future training.

I would like to first thank the existing LiM students for welcoming me as the program director, teaching me the ropes and for having such amazing ideas for the growth of the program. I commend you all on your excellence and innovative approaches.

For our new students we would like to welcome you to the LiM program at the Cumming School of Medicine! CONGRATULATIONS! Your achievements thus far have been immense! And it is our pleasure to have you join us all. We are the largest MD plus program in Canada, and the Cumming School in Medicine has outstanding graduate and undergraduate medical programs.

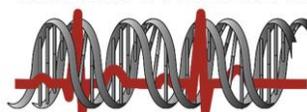
Our goal is to support your ongoing training as graduate students going into medicine, but to also help you to develop skills that will enable you to be a leader in your chosen field and future as a clinician. Our vision is to focus on supporting your journey through collegiate mentorship, development of skills in advocacy, communication, leadership, innovation, creativity and leading in undergraduate scholarly work.

The LiM program is meant to complement your training from graduate school and undergraduate medical education, and to give you the skills to be future leaders. This year we will be seeking your feedback about what is important to you, what we can include in this training to develop your skills and how we can continue to support your success. I encourage you to speak up and attend all the LiM sessions throughout the year!

I know the last year has been an immensely different and difficult time for many, and I want you to know our program supports you and truly value your contributions to the university, science and medicine. We are excited to grow together and look forward to seeing how your success blossoms!

Thank-you and please do not hesitate to contact me with questions.

LEADERS IN MEDICINE





Dr. Zahra Goodarzi, BSc (Hon). MD. MSc. FRCPC.

Assistant Professor, Division of Geriatrics, Departments of Medicine and Community Health Science
Program Director Leaders in Medicine: <https://cumming.ucalgary.ca/gse/current-students/leaders-medicine>
Cumming School of Medicine
Hotchkiss Brain Institute, O'Brien Institute of Public Health
Mathison Centre for Mental Health Research & Education
University of Calgary





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Letter from LiM Student Co-Chairs

Dear LiM Students,

First and foremost, congratulations and welcome to all the new incoming LiM students! We are thrilled to welcome a talented and diverse group of students into the program. We would also like to welcome in the new Director of our program, Dr. Zahra Goodarzi! We are extremely proud to have a UofC alumna at the head of our program. And of course, welcome back to all those returning for another year as well.

Navigating through the COVID-19 pandemic over the last 16 months has certainly been challenging for all of us. We applaud you for your resiliency and optimism through such difficult times. Our program would not be where we are today without your commitment and dedication. We are happy to be able to share with you that we are almost around the corner with the pandemic, and that the LiM program will be running back up to full speed (hopefully in person!) for the upcoming academic year.

We are excited for a fresh start to another year of fostering and strengthening our LiM community. We have updated this handbook to serve as a reference for important information including program structure, program funding, calendar of events, student development opportunities, and getting involved within the LiM program. We embarked on our roles as co-chairs alongside a motivated group of student executives to provide the best experience for you while in the program. The primary focus for the last 3-4 years has been to enhance student experience within the program through targeted restructuring projects. We worked with the LiM Directors, and past/current LiM student chairs and executives to bolster the strengths and reassess the weakness of our program. We now offer a more comprehensive career planning exploration through our Professional Development program, as well as a revamped research sharing platform with the Translational Research Seminar Series and a platform to discuss current issues at the News and Views Series.

We encourage you to think about what you would like to accomplish within the program, and what becoming a “Leader in Medicine” means to you. Whether you envision your leadership to involve research, patient care, community advocacy, policy, education, or more, we hope that the program can help to build your skills, connections, and confidence to achieve this. As mentioned previously, we are very open to feedback and new ideas, and hope to help you accomplish your personal goals. Our program becomes stronger with student participation and leadership!

We wish you a wonderful year filled with personal and professional growth, scholarship and experience!

Sincerely,





Wisoo Shin, Co-Chair
MD-PhD Joint Degree Student



Brandon Craig, Co-Chair
MD-PhD Joint Degree Student





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About LiM

Vision Statement: Innovating the Future of Healthcare and Medical Research.

Mission Statement: The Leaders in Medicine (LiM) joint degree program is a physician-scientist training program at the University of Calgary's Cumming School of Medicine. The program is designed to support motivated and passionate students of medicine to achieve excellence in research, scholarship, and patient care.

The LiM joint degree program offers students the opportunity to pursue graduate studies (Master's, PhD or MBA) in conjunction with the medical program (MD). The goal of this joint program is to train highly motivated students to become the future leaders of clinical and investigative medicine.

As part of the program, students are able and encouraged to participate in a number of events to help foster the pursuit and development of clinician scientists. Included in this document is a calendar of scheduled events held throughout the year.

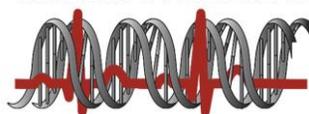
Monthly Series

Translational Research Seminar Series (TRSS): Each month, students can present work from their current research projects or give a short TED-talk on a topic of choice. Presentations are focused on knowledge translation to encourage group discussion and go beyond a typical "lab meeting" style presentation.

Professional Development Series (PD): Seminars are held monthly and are focused on learning skills helpful for becoming a successful clinician-scientist. Topics include maintaining research productivity during medical school, how to select a residency program, and ways to be involved in research as a clinician.

News & Views Series (NV): News & Views sessions are held every three months for students to present hot topics in translational research to spark discussion and debate. While presentations are based on recent papers, presenters are expected to generate audience engagement rather than simply present data figures. Presenters are also encouraged to invite faculty members to enhance the level of discussion.

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Research Event

LiM Research Symposium: The LiM Annual Research Symposium is a major highlight of the program. All LiM students are encouraged to present their work in the form of posters and oral presentations (selected on a competitive basis) in this formal symposium setting and to see the work of others. Awards are given out for best presentations and posters! Normally, the symposium is scheduled in the first week of November. However, the symposium is currently postponed until further notice due to the COVID-19 situation. More information will be provided as soon as a reschedule date is determined.

Clinician Investigator Trainee Association of Canada (CITAC) Meeting: The mission of CITAC is to organize and promote activities that support clinician investigator trainees in Canada, with the intention to improve academic and post-graduate career opportunities, expand institutional and public awareness of clinician investigator programs and develop a nationally accessible information database of student and program development. CITAC aims to improve the early-career conditions of clinician investigators in order to expand and advance innovative research initiatives within Canada. The LiM program provides travel awards for conferences other than CITAC! Please refer to “Travel Opportunities” on Page 20 of this document for more information. Please contact mdgrad@ucalgary.ca when considering traveling to the conference for more information.

Community Events

Social Events: All work and no play make academic life dull! A number of social and networking events are held throughout the year to encourage students to get to know one another. We will be having the annual welcome coffee social for new LiM members in August, a social night in November, and a graduation dinner for the LiM Class of 2022 in May.

Mentorship Events: It takes a village to raise a doctor, and we hope to create connections that will enhance career planning. While mentorship relationships are personal and unique to each person, we try to facilitate this experience through roundtable and panel discussion events with residents, alumni and clinician-scientists, as well as through shadowing opportunities. This year, we will be rolling out a new virtual mentorship program to allow current LiM students to connect with recent LiM graduates to seek mentorship regarding CaRMS matching, residency life and further clinician-scientist training.

Transition Events: Completing two degrees involves many transition periods, such as entering the LiM program, writing and defending your thesis, starting medical school and applying for CaRMS. We want you to feel supported during these times and have organized a series of social and professional development events that will connect you with peers in the same phase of the program and provide advice and support for your next step.

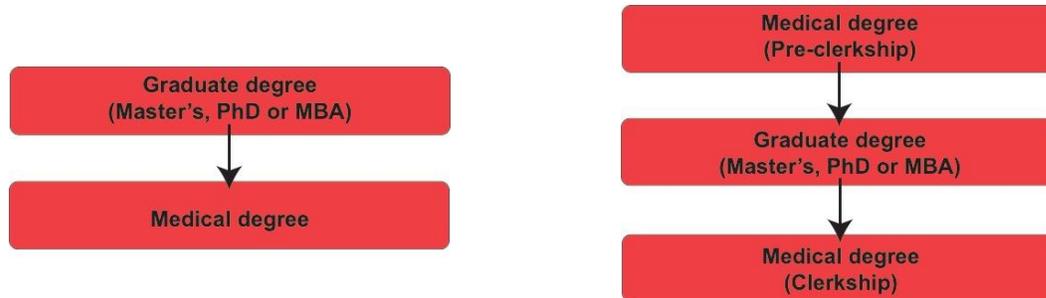
Community Engagement Event: Newly introduced to the program, this annual spring event is another highlight! This event is an opportunity for the LiM program to engage directly with the public and patient-advocacy groups. LiM students open the evening with short, 3-minute thesis style presentations that have been vetted by experts in scientific communication and patient-friendly language. Following this, an invited high-profile speaker provides their perspective on hot topics in medicine and research. This event aims to enhance public awareness of the Leaders in Medicine program and is a fantastic opportunity for students to tell the public about their research!





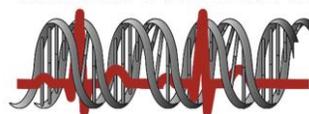
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Program Structure



The Leaders in Medicine program offers flexibility in how and when a student completes their joint degree programs. The majority of LiM students complete their degrees sequentially, with the entirety of their graduate degree first, followed by their medical degree; this route is strongly recommended. It is also possible to first complete the pre-clerkship years of medical school, step away to complete graduate degree requirements, and then complete clerkship. Please do not hesitate to contact Diana Law (mdgrad@ucalgary) if you have any questions about structuring your program

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Frequently Asked Questions

Q: How do fees work in the LiM program? Will I have to pay graduate and medical school fees at the same time?

A: No! You will only have to pay fees from the program in which you are currently enrolled. During graduate school, you will only have to pay graduate fees, and likewise for medical school. If you are being charged for both fees, please contact Diana Law (mdgrad@ucalgary.ca).

Q: Can I start medical school without writing my thesis/defending?

A: We very strongly recommend that you write and defend your thesis prior to starting the MD program. Due to the fast pace of our MD program, it is very difficult to write a thesis or defend after starting medical school. Once you reach clerkship, completing graduate work becomes impossible. If you plan to start medical school soon, but do not think you will be able to finish your graduate requirements prior to starting, please contact Diana and Dr. Goodarzi to discuss your options.

Q: Will I receive my graduate degree before starting medical school? Can I walk the stage with my graduate school friends?

A: Unfortunately, you will not be able to convocate from your graduate program until you have also completed your medical degree since this is a joint degree program. Once all requirements for both of your degrees have been completed, you will convocate with your medical school class and receive both of your degrees at once.

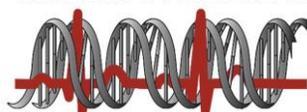
Q: Can I receive the Governor General's Academic Medal or the President's Award if I've only completed my graduate requirements?

A: The Academic Medal is a thesis-based award, and therefore you are eligible to be nominated for this award after completing your thesis defense examination. The President's Award is a convocation award, meaning you are not eligible for this award until you have completed both of your degrees.

Q: Can I shadow a physician during graduate school?

A: Yes! We are working to make this process easier. Please see the section "Shadowing Opportunities" for more information.

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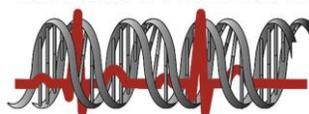
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LiM Commitment & Attendance Policy

Attendance is not mandatory at any of our events throughout the year. However, student participation is tracked by sign-in sheets at our Professional Development, TRSS, and News & Views sessions, as well as through abstract submission to the LiM Symposium. Participation in LiM events is strongly recommended for the best experience during your joint degree program. Furthermore, engagement within the program will be used by the program to determine a student's suitability for LiM funding.

A copy of the most up-to-date LiM commitment letter for joint degree students is appended below. All students would have received and signed a version of this letter upon entry to the LiM program.

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Leaders in Medicine Program Joint Degree Commitment Letter

LIM PROGRAM VISION: Innovating the Future of Healthcare

LIM PROGRAM MISSION STATEMENT:

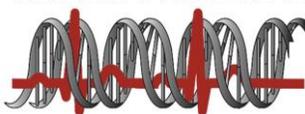
The Leaders in Medicine (LIM) joint degree program is a physician-scientist training program at the University of Calgary's Cumming School of Medicine. The program is designed to support motivated and passionate students of medicine to achieve excellence in research, scholarship and patient-care.

The LIM Program will provide:

- Translational Research Seminar Series and Professional Development sessions
- Mentorship
- Seminars with local and guest speakers
- Involvement in the LIM Program Annual Research Symposium
- Inclusion in LIM social events
- Involvement in LIM meetings concerning LIM Program executive planning
- Opportunities to present your research work
- Opportunities to compete for LIM funding (LIM Travel Award, MD/MSc Excellence Award, AIMS LIM Award, etc.)
- If required, deferral to start the MD Program to complete current UofC graduate work. Deferral request must be made and approved through direct request ahead of time to LIM Program administration (mdgrad@ucalgary.ca).
- Opportunities to hone your knowledge, skills and abilities as a clinician-scientist through active participation in the LIM Program.

All LIM Joint Degree Students are expected to complete the following.	Please initial to show agreement:
Graduate Program and MD Program:	
• Inform both the LIM program and the MD program if my plans for study change (ex. If I require an extra year in graduate studies before entering into the MD program).	
• Meet with and receive written permission from the LIM Program Director, the Associate Dean of Undergraduate Medical Education and my Graduate Program supervisor when planning to work in both programs concurrently rather than to defer the start to the MD Program. I will also ensure that funding isn't out of compliance.	
• Contact the LIM Program administration immediately (mdgrad@ucalgary.ca) if there are plans to step into the MD Program before completing my graduate program.	
• Notify in writing the LIM Program Director and LIM Program Advisor when I defend my graduate thesis. I will follow the Faculty of Graduate Studies' policy for Thesis Examination and Thesis Submission (https://grad.ucalgary.ca/current-students/thesis-based-students/exams/thesis-defence).	
• If my thesis exam and/or submission is delayed, I will notify the LIM Program Director and Program Advisor, in writing, the reason for the delay and a plan for completion. If delayed, I am responsible for any compliance regarding funding and responsible for any fee assessments.	
• Maintain a high level of academic achievement. Any questions/concerns about this, please contact mdgrad@ucalgary.ca	

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<ul style="list-style-type: none"> If I anticipate or encounter any situation that can impact the completion in my graduate program and/or MD program, I will immediately inform the LIM administration via mdgrad@ucalgary.ca 	
Funding:	
<ul style="list-style-type: none"> Understand and adhere to the terms of any funding received (Alberta Innovates scholarships, CIHR, etc.). 	
<ul style="list-style-type: none"> Be responsible for notifying the LIM Graduate Program Advisor and Director of all grants and awards I receive and if any of that funding precludes receiving funding from the LIM program. 	
<ul style="list-style-type: none"> Notify the LIM Program of any funding changes. 	
<ul style="list-style-type: none"> Understand and accept that LIM funding is competitive and not guaranteed. I will submit an application each year I require the funding and am eligible for it. 	
<ul style="list-style-type: none"> Understand and agree to submit an application and/or annual progress report by the deadline given. 	

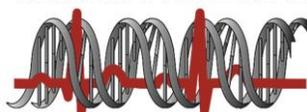
<p>All LIM Joint Degree Students are expected to complete the following.</p>	<p>Please initial to show agreement:</p>
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LIM Program and Activities:	
<ul style="list-style-type: none"> Participate actively every year in the LIM Program (ex. LIM student committee, professional and communicative development, mentorship, visiting speaker series, etc.). An average time commitment is 2-4 hours per month. 	
<ul style="list-style-type: none"> Continue to participate in LIM Program activities during clerkship year as clerkship placements permit. I will continue to update the LIM office with information about all grants, awards and publications during this time. 	
<ul style="list-style-type: none"> Complete LIM Program updates and annual reports for each year I'm in the LIM program. The LIM administration will review these reports to determine continuation in the program. 	
<ul style="list-style-type: none"> Inform the LIM Program about any publications, grants and awards received. 	
<ul style="list-style-type: none"> Present my research at the annual LIM Symposium at least once during my time in my graduate program and in the MD program. 	
<ul style="list-style-type: none"> Continue to complete research during medical school training as much as possible. This includes (and not limited to): publications, conference attendance, and participation in the annual LIM Symposium. 	
<ul style="list-style-type: none"> Provide access to and usage of my name, contact information (email address and phone number) and basic academic information (in grad or MD program, grad specialty and year in program) for communication within the LIM Program for LIM student committee events, mentorship, and maintaining alumni connections. 	
<ul style="list-style-type: none"> Maintain professionalism. I will be respectful towards my peers, LIM Program administration, and all associated with the LIM Program. Opinions will be made in a respectful manner with further explanations. Unprofessionalism can result in discontinuation in the LIM Program. 	
<ul style="list-style-type: none"> Follow through with completing my graduate program and MD program so that I graduate with both degrees at the same time. Once I have submitted the LIM application for joint degree students and is accepted into the LIM Program, I will uphold this commitment and accept the consequences if I break this commitment. 	

Annual review assessments will be conducted in keeping with the above expectations. A satisfactory review evaluation will be required to continue a trainee's funding (if granted) and privileges of inclusion in the Program.

We look forward to having you involved in the program and we are committed to making your training in the Leaders in Medicine program both enjoyable and rewarding.

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Contacts



Program Director:

Dr. Zahra Goodarzi, MD, MSc, FRCPC
zahra.goodarzi@ahs.ca



Past Director:

Dr. Doreen M. Rabi, MD, MSc, FRCPC
doreen.rabi@albertahealthservices.ca



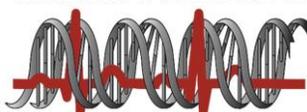
Program Administrator/Specialist Advisor:

Diana Law
403-210-9572
mdgrad@ucalgary.ca

LiM Social Media:

Facebook: /leadersinmed
Instagram: @leadersinmedicine
Twitter: @leadersinmed

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2021-2022 Calendar of Events

August 2021

- Introduction to LiM event, August 24th, 12:30-1:30 pm, Zoom
- LiM Student Games Night, August 31st, Time TBD, Zoom

September 2021

- Annual General Meeting, September 7th, 12:30-1:30 pm, Location TBD
- NV, September 28th, 12:30-1:30 pm, Location TBD

October 2021

- TRSS, October 5th, 12:30-1:30 pm, Location TBD
- PD, October 26th, 12:30-1:30 pm, Location TBD

November 2021

- TRSS, November 2nd, 12:30-1:30 pm, Location TBD
- NV, November 30th, 12:30-1:30 pm, Location TBD

December 2021

- TRSS, December 7th, 12:30-1:30 pm, Location TBD
- PD, December 14th, 12:30-1:30 pm, Location TBD

January 2022

- LiM Executive Nomination and Elections
- TRSS, January 4th, 12:30-1:30 pm, Location TBD
- NV, January 25th, 12:30-1:30 pm, Location TBD

February 2022

- Medical School Interviews (LiM Booth)
- TRSS, February 1st, 12:30-1:30 pm, Location TBD
- PD, February 22nd, 12:30-1:30 pm, Location TBD

March 2022

- TRSS, March 8th, 12:30-1:30 pm, Location TBD
- NV, March 29th, 12:30-1:30 pm, Location TBD

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April 2022

- TRSS, April 5th, 12:30-1:30 pm, Location TBD
- PD, April 26th, 12:30-1:30 pm, Location TBD

May 2022

- Graduation dinner for the Class of 2022 (Tanukis)
- TRSS, May 3rd, 12:30-1:30 pm, Location TBD
- NV, May 31st, 12:30-1:30 pm, Location TBD

June and July 2022

- No TRSS, Professional Development, or Journal Club sessions during the summer

*Visiting speakers are scheduled throughout the year based on their availability

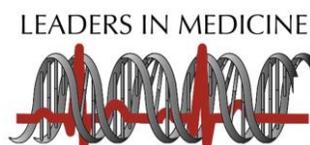
**PD and N&V session dates may alternate throughout the year

BEING ADDED TO THE LiM CALENDAR OF EVENTS:

The LiM calendar is updated regularly with event dates/locations.

Please email wshin@ucalgary.ca to be added to the LiM calendar and provide your gmail address.

*Unfortunately, at this time the calendar is synced with the LiM gmail account, therefore, only a student's gmail can be added.





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Funding Opportunities

The following is a list of major awards that graduate student trainees can apply for. This is not a complete list of all the funding opportunities available. Please use this only as a guideline and check the funding agency website to read the full details.

GRADUATE FUNDING

Funding Agency	Eligibility	Amount	Deadline
National Funding: CGS-M, CIHR, NSERC, SSHRC, CGS-MSFSS	https://grad.ucalgary.ca/awards/award-opportunities/search-awards	Varies	Questions/concerns, please contact gsaward@ucalgary.ca
Alberta Innovates	https://grad.ucalgary.ca/awards/award-opportunities/alberta-innovates	Varies	Application throughout the year Questions/concerns, please contact gsaward@ucalgary.ca
FGS Graduate Award Competition	Must be current UofC graduate student	Varies	Questions/concerns, please contact gsaward@ucalgary.ca
Graduate Science Education Scholarships	Varies	Varies	Varies. Questions/concerns, please contact

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			awardsgse@ucalgary.ca
Home department/institutions	Varies	Please check with your home department and research institution for funding opportunities	Varies

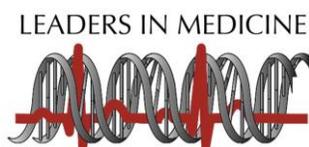
LiM FUNDING

Award	Eligibility	Amount	Deadline
LiM Travel Award	Joint degree or LiM Affiliate students can apply anytime during the year. Must present at the conference.	Up to \$1,000 Up to 10 awards per year (Sept 1 – Aug 31)	Before applying and travelling, please contact mdgrad@ucalgary.ca
Cochrane Leaders in Medicine Award	Final year LiM Joint Degree student Based on academic and research excellence, as well as contributions to/participation in LiM Program	One award of \$1,000 per year	Based on Annual Progress Reports submitted Winner will be announced at the annual LiM Symposium
LiM MD/MSc Excellence Award	For MD/MSc joint degree students	Up to \$5,000/student and up to 5 awardees per year	Call for applications occurs in October/November



LiM Tuition Support Program	For MD/PhD joint degree students who are starting medical school and do not have other funding	\$15,000-21,000 stipend	Call for applications occurs in Summer - Fall. This is a competitive funding application
Achievers in Medical Science (AIMS) Leaders in Medicine Scholarship	For MD/PhD joint degree students in their 1 st or final year of MD studies.	\$20,000 for 1 st year with up to 3 awardees and \$30,000 for final year for 1 awardee	Call for applications occurs in Summer - Fall

Questions about these awards? Please contact Diana at mdgrad@ucalgary.ca





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Travel Opportunities

CONFERENCES:

Conferences are an excellent opportunity to share your research with a community of researchers and clinicians interested in similar topics. It is also a place to explore the latest research happening in your field of study, and to network with other scientists.

CITAC AGM: CLINICIAN INVESTIGATOR TRAINEE ASSOCIATION OF CANADA - ANNUAL GENERAL MEETING

The Clinician Investigator Trainee Association of Canada (CITAC) represents the interests of trainees registered in Canadian clinician investigator and clinician scientist training programs, including MD/MSc, MD/MA, MD/BMA, MD/PhD, CIP (Clinician Investigator Program), Surgeon Scientist and similar programs across Canada. More information about CITAC can be found on their website below: <http://citac-accfc.org/index.php>

The CITAC AGM is typically held in November. This year's AGM will be held sometime in November 2021. LiM will request abstract submission for internal review and will provide funding to send selected student presenters to the conference.

The mission of CITAC is to organize and promote activities that support clinician investigator trainees in Canada, with the intention to improve academic and post-graduate career opportunities, expand institutional and public awareness of clinician investigator programs and develop a nationally accessible information database of student and program development. CITAC aims to improve the early-career conditions of clinician investigators in order to expand and advance innovative research initiatives within Canada.

The LiM program provides travel awards for conferences other than CITAC! Please contact mdgrad@ucalgary.ca when considering traveling to a conference for more information!

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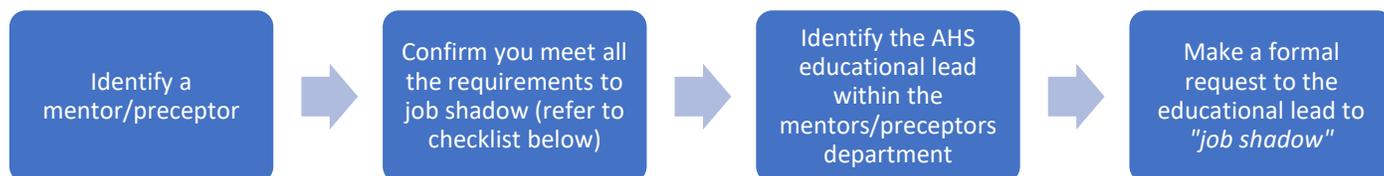


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Shadowing Opportunities

Job shadowing within Alberta Health Services (AHS) is available to all LiM students currently enrolled in graduate studies training. Job shadowing is a great opportunity to enhance exposure to clinical medicine.

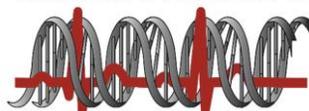
The process to pursuing job shadowing opportunities is outlined below:



Requirements for job shadowing:

- Reach out to mentor/preceptor about shadowing
- Completed shadowing forms (educational leads will provide the forms to complete – emails for educational leads are currently being gathered, please reach out to mentorship committee in the meantime for this information)
- 2021 Mentorship Committee contact:
 - Adam Ranson (ajranson@ucalgary.ca)
 - Emily Macphail (emily.cm.macphail@ucalgary.ca)
- Proof of immunizations Prior to starting MD Program:
 - COVID19 - **REQUIRED**
 - Measles, Mumps & Rubella - **REQUIRED**
 - Pertussis (Whooping Cough) – **RECOMMENDED**

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- Tetanus & Diphtheria – RECOMMENDED
 - Polio – RECOMMENDED
 - Hepatitis B – RECOMMENDED
 - Varicella (Chickenpox) – RECOMMENDED
 - Seasonal Influenza – RECOMMENDED
 - Tuberculosis Skin Test – RECOMMENDED
-
- Confidentiality and User Agreement (to be obtained from the identified AHS educational lead after making a formal request for “*job shadowing*”)
 - Security check if job shadowing includes more than 5 work days (criminal record check, including the vulnerable sector search)

Once all requirements listed above are fulfilled, the AHS educational lead will send you and the mentor/preceptor a memo, after which the job shadow is able to take place.

*Please note that clinical observerships are **ONLY** available to persons with a MD degree. Therefore, those accepted into medical school but have not completed the MD training are NOT eligible and will only be eligible for job shadowing.





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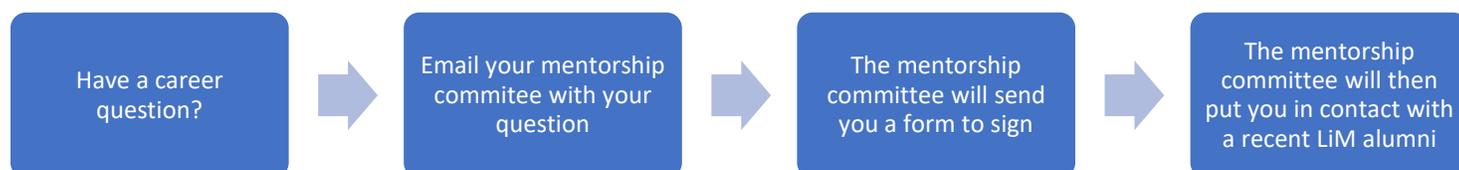
Mentorship Opportunities

Mentorship is a vital part of career development and we have been working hard to create a meaningful mentorship program for our LiMers that aligns with our program mission.

We have collated a list of LiM alumni who are currently in their residency programs and are excited to answer some of your career questions. These are physicians who have recently been in your position as a MD+ joint degree student and can speak to their own personal experiences and findings regarding research importance, CARMs processes, residency matching and more!

If you are currently a LiM member who is in the MD portion of their training and have any questions regarding a speciality (see sample questions below) this opportunity is perfect for you!

The process to pursuing this mentorship opportunity is outlined below:



Sample mentorship questions:

- What does _____ speciality look like on a day-to-day basis?
- Is research involvement vital to matching to _____ speciality?
- What are the job prospects in _____ speciality?
- Are there opportunities to be a clinician-scientist within _____ speciality?
- What are some concepts that you felt were important on your CARMs application to _____ speciality?

LEADERS IN MEDICINE

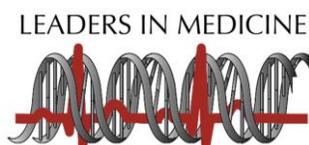


In your email to the LiM Mentorship committee, please specify where you would be hoping to match (university/specialty) along with your question(s). The mentorship committee will do their best to match you with LiM alumni training in the specialty of question and desired residency location 😊.

***IMPORTANT NOTES:**

- This is **NOT** a “match” or a long-term mentorship pairing. This is an opportunity for you to ask career/research questions to fellow LiM alumni who have recently gone through their joint degree training.
- **Emails are confidential!** All students must be put in contact via the mentorship committee and the committee must remain CC'd in all emails. Emails of alumni must **NOT** be shared with anyone (within or outside of LiM).
- Email conversations are not to continue outside of the career/research questions being asked.
- In-person meetings are **NOT** permitted.

These regulations have been put into action so that our alumni are not overwhelmed with countless emails (these are busy residents that are donating their time to help us LiMers 😊). Also, this allows for our mentorship committee to record the questions being asked in a private and anonymous database to help answer future questions and/or guide future LiM professional development sessions.





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LiM Student Executive 2021 - 2022

Co-Chairs: Wisoo Shin (2020, 2021), Brandon Craig (2021, 2022)

Abstract Review Committee: Ann Subota, Brianna Rosgen, Ellie Campbell

Communications/Social Media Committee: Amira Kalifa, Kara Sihdu

Graduate Student Representative: Rob Moore

Medical Class Representative:

Class of '22 (Tanuki): Erin Degelmen

Class of '23 (Echdina): Vacant

Class of '24 (Baby Animals): Charmaine Szalay-Anderson

Mentorship Committee: Adam Ranson, Emily Macphail

News & Views Committee: Charmaine Szalay-Anderson, Dennis Dimond

Professional Development Committee: Dan Berger, Kayla Marritt, Will Wilson

Social Committee: Cynthia Kahl, Michelle Chen

Symposium Planning Committee: Bria Mele, Carlie Montpetit, Rob Moore, Sarah Lee, Zeanna Jadavji

Translational Research Seminar Series Committee: Claire Donnici, Trevor Low



INTERESTED IN GETTING INVOLVED WITH THE LiM STUDENT EXECUTIVE?

ELECTIONS

Elections are held in January. All positions are open for nomination. Students can only hold one position on the executive, with the exception of class/graduate/affiliate representatives, who may also have a committee position if they wish. We ask that students nominating themselves for committees fill in empty positions before contesting a position (*i.e.* students who nominate themselves early are more likely to attain their first choice). In the event that more than one person wishes to run for a position, we will need to have a formal election procedure with voting done by all members of LiM.

The chair position is reserved for a full member of LiM, while all other positions are eligible to full members and affiliates. The affiliate representative position is reserved only for affiliates. Please note that we do not allow clerks to be nominated for executive positions (aside from carrying forward the position of class representative).

CO-CHAIR (2 YEAR TERM)

2 positions: 1 continuing and 1 new elect per year

Requirement: At least 1 full year of LiM Executive Committee experience is required.

The role of Chair and Co-Chair encompasses the following responsibilities:

- Oversee and advise the student executive committee
- Oversee, assist with, and advertise all LiM events
- Set a yearly calendar of events
- Represent LiM at relevant events
- Hold executive meetings (2-3 per year)
- Regular contact with all executive members
- Monthly meetings with the program directors and program advisor

PROFESSIONAL DEVELOPMENT COMMITTEE (1 YEAR TERM)

3 positions

The role of the Professional Development Committee encompasses the following responsibilities:

- Organize bi-monthly workshops that enhance professional development skills and key competencies to becoming a clinician-scientist
- Communicate with LiM students about areas of need to organize sessions around

TRANSLATIONAL RESEARCH SEMINAR SERIES COMMITTEE (1 YEAR TERM)

2 positions



The role of the TRSS Committee encompasses the following responsibilities:

- Schedule monthly lunchtime meetings (first Tuesday of the month)
- Recruit 3 presenters for each month
- Provide guidelines and expectations to presenters
- Book a room and AV equipment as needed
- Advertise each TRSS session via e-mail
- Bring attendance sign-in sheet

NEWS & VIEWS COMMITTEE (1 YEAR TERM)

2 positions

The role of News & Views Committee encompasses the following responsibilities:

- Schedule lunchtime meetings every 3 months (last Tuesday of the month)
- Recruit 2-4 presenters for each month (2 presentations of 2 presenters per session)
- Provide guidelines and expectations to presenters; provide feedback on proposed topics
- Book a room and AV equipment as needed
- Advertise each News & Views session via e-mail
- Bring attendance sign-in sheet

SYMPOSIUM COMMITTEE (2 YEAR TERM)

4 positions total (2 positions per year)

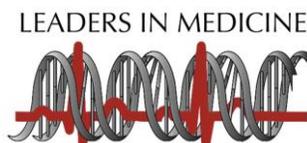
The role of Symposium Committee encompasses the following responsibilities:

- Organize and oversee the annual LiM Symposium
- Form a subcommittee to help on the day of the event (volunteers to assemble the abstract booklet, to recruit judges, to operate the registration table, etc.)
- Send out a call for abstracts, review the abstracts in collaboration with the abstract review committee, and select 5-6 for oral presentations
- Recruit judges for the oral and poster presentations
- Book a lecture theatre, the HRIC atrium, and poster boards
- Invite a keynote speaker (with the Visiting Speaker Committee)
- Order food and beverages for the poster session

COMMUNICATIONS/SOCIAL MEDIA COMMITTEE (1 YEAR TERM)

2 positions

The role of Communications/Social Media Committee encompasses the following responsibilities:



- Create and disseminate seasonal newsletter advertising upcoming events and recent accomplishments by LiM students
- Grow and maintain LiM presence on social media (Facebook, Twitter, Instagram, etc)
- Enhance engagement on LiM social media pages
- Update and maintain LiM website when available from the University of Calgary.

SOCIAL COMMITTEE (1 YEAR TERM)

2-3 positions

The role of Social Committee encompasses the following responsibilities:

- Plan and oversee social events for the LIM program
- Typically, 3-4 social events occur each year. Examples include: Coffee social to welcome new LiM Students (in summer), Pub Night and Fall Festival
- Advertise the social events via e-mail and collect RSVPs

MENTORSHIP COMMITTEE (1 YEAR TERM)

2-3 positions

The role of the Student Mentorship Committee encompasses the following responsibilities:

- Organize and coordinate LiM student mentorship events (such as roundtables)
- Provide guidance on how to be an effective mentor (sessions/readings)
- Work with program Chairs and Director to establish effective Faculty Mentorship
- Develop Job Shadowing program
- Organize the LiM alumni Mentorship match

ABSTRACT REVIEW COMMITTEE (1 YEAR TERM)

3 positions

The role of Abstract Review Committee encompasses the following responsibilities:

- Reviews abstracts for LiM symposium and CITAC, format according to guidelines, decide by committee which abstracts will be chosen for oral presentation for the LiM Symposium

GRADUATE STUDENT REPRESENTATIVE (1 YEAR TERM)

1 position (LiM graduate student members)

The role of the LiM Graduate Student Representative encompasses the following responsibilities:

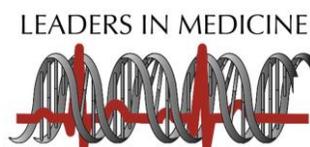


- Act as a liaison between the LiM graduate students and the LiM program
- Coordinates communication and social events with graduate students
- Help create a sense of community with graduate students in the program

MEDICAL CLASS REPRESENTATIVE (3 YEAR TERM)

1 position (full LiM member and part of 2024 medical class)

- Act as a liaison between the MD classes and the LiM program
- Organize LiM Graduation Dinner for the graduating class
- Communicate LiM events to the MD classes including the LiM Symposium
- Communicate UME events to the LiM program





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Additional Information and Important Links

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Please click the title for hyperlink

[Cumming School of Medicine](#): For information regarding the faculty, including admissions into the MD program.

[Leader in Medicine Program](#): For information regarding the LiM program, please refer to

[MD Program](#) Website: For information requiring MD course, tuition, schedules and more.

[Graduate Science Education](#): For information on graduate programs offered through the Cumming School of Medicine at the University of Calgary.

[Faculty of Graduate Studies](#): For thesis information, forms, applying for graduate school and current grad student thesis defense announcements.

[Academic Schedule for Graduate Studies](#): For important dates and deadlines

[Academic Schedule for MD Program](#): For important dates and deadlines

Fee information: <https://www.ucalgary.ca/registrar/finances/tuition-and-fees>

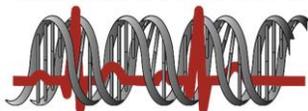
Graduate Studies: <https://grad.ucalgary.ca/current-students/thesis-based-students/fees-and-funding/paying-your-fees>

Campus Maps: <http://www.ucalgary.ca/map/>

Interactive Room Finder: <http://ucmapspro.ucalgary.ca/RoomFinder/>

Campus Directory: <http://contacts.ucalgary.ca/>

LEADERS IN MEDICINE



Graduate Student Awards Database: <https://iac01.ucalgary.ca/FGSA/Public/PublicHome.aspx>

Forms for Grad Students: <http://grad.ucalgary.ca/current/managing-my-program/registration> and <https://cumming.ucalgary.ca/education/gse/current-students/milestone-program-requirements>

Student Wellness: <https://www.ucalgary.ca/wellness-services> and <https://cumming.ucalgary.ca/mdprogram/current-students/student-advising-wellness>

Office of Professionalism, Equity and Diversity: <https://cumming.ucalgary.ca/office/professionalism-equity-diversity>

Student Accessibility Services: <http://www.ucalgary.ca/access/>

IT: <http://www.ucalgary.ca/it/>

Active Living/Campus Recreation (membership is included in your general fees): <http://www.ucalgary.ca/activeliving/>

FGS International Student Information: <https://grad.ucalgary.ca/future-students/international-students>

LIBRARY INFORMATION

The Health Sciences Library is located on the Foothills Campus. Library info, hours as well as online resources can be found at the link: <https://library.ucalgary.ca/hsl/>

Individual and Group rooms can be booked using your UCID at: <https://library.ucalgary.ca/bookings>

HOUSING

Information on temporary and permanent accommodations is available at:

<https://www.su.ucalgary.ca/programs-services/student-programs/housing/> and

<https://grad.ucalgary.ca/future-students/understanding-graduate-studies/student-life/living-campus>

RESEARCH CONTACTS

<https://cumming.ucalgary.ca/research/institutes>

EXTERNAL SITES

[Clinician Investigator Trainee Association of Canada \(CSCI/CITAC\)](#): The national organization representing interests of clinician scientists in training.

