

Students, trainees, faculty and staff,

Many of you have asked questions about parking fee suspension after reading yesterday's message. To clarify, on Mar. 23, the University of Calgary announced that payroll deductions for faculty and staff parking permits would be suspended, effective Apr. 1. This applies to UCalgary parking lots and will remain in effect until the work from home direction is rescinded.

At our Foothills campus, all parking facilities except for the Teaching, Research & Wellness building parkade are operated by Alberta Health Services (AHS). The Cumming School of Medicine (CSM) has worked with AHS to offer the monthly fee suspension to faculty and staff who park at the Foothills campus.

AHS has agreed to cancel parking permits, and details on how to discontinue your payments and what will happen when you return to work are explained in [this notice](#). To proceed with permit cancellation, you'll need to complete the attached cancellation form and return it to the Foothills Medical Centre Parking Office along with your physical parking pass. I understand that this process presents challenges. Thank you for your patience and understanding.

#### **Building access**

- All faculty and staff should now be working from home. Only those performing functions that require you to be onsite should work on campus.
- Effective Apr. 2, buildings on main campus will be secured. Faculty and staff who have been identified as requiring access will still be able to enter buildings by using your Unicard or issued keys.
- Foothills campus will remain open and accessible. However, this may change as the university continues to increase building access restrictions.
- If you are in a role that requires you to maintain building access and haven't already completed the building access form, please do so at [cumming.ucalgary.ca/access](http://cumming.ucalgary.ca/access).

#### **Education**

- Almost 350 summer research studentships will be offered to qualifying students over the next few days.
- The process for awards has been modified to ensure that the opportunities being offered are consistent with the steps being taken to limit the impact of COVID-19.
- For more information, visit [ucalgary.ca/covid-19](http://ucalgary.ca/covid-19).

## Faculty development

- Do you need help sharing critical knowledge electronically or creating virtual training? The CSM's Office of Faculty Development (OFD) has a [growing set of how-to videos](#). If you have questions or need additional support with creating virtual training or informational videos, contact [OFD@ucalgary.ca](mailto:OFD@ucalgary.ca).
- Led by our OFD, Canadian medical educators are curating open-access resources to help you tailor your curriculum for an online environment. Visit [pivotmeded.ca](http://pivotmeded.ca) to explore how-to-guides, specialty-specific curricula and other resources to help you be successful with the online delivery of your curriculum.

## COVID-19 resources

- [Preceptors are invited to join a webinar](#) on Thursday, Apr. 2, from 7 to 8 p.m., that will focus on working with learners in your virtual space.
- [Listen to Dr. Patricia Doyle-Baker](#), PhD, talk about the importance of exercise for our physical and mental wellbeing — how to start, what to do and how to keep motivated.
- Connect to valuable insight and advice from UCalgary experts on the university's [community support web page](#). The resources can help you manage impacts to your daily life as we all adjust to concepts such as social distancing and self-isolation.

## Mental health and wellness during COVID-19

- Review these [wellness tips and resources for physicians](#) from Well Doc Alberta.
- [Remote mental health support](#) is available to students, faculty and staff who need it.
- AHS has [resources and services](#) available to help you or someone you know.

Now that we've been learning and working in this new environment for almost three weeks, there are fewer updates to share. Beginning today, I'll reduce the frequency of these COVID-19 update messages to three times a week — Monday, Wednesday and Friday. However, I'll be in touch should any critical information become available.

To read previous CSM updates, visit [cumming.ucalgary.ca/covid](http://cumming.ucalgary.ca/covid). For additional COVID-19 information and resources, visit [ucalgary.ca/covid-19](http://ucalgary.ca/covid-19) or [ahs.ca/covid](http://ahs.ca/covid).

Thank you for all that you do, especially during this challenging time.

Sincerely,

Jon Meddings, MD  
Dean, Cumming School of Medicine  
University of Calgary