

Students, trainees, faculty and staff,

From webinars and podcasts, to digital forums and online training sessions, teams and experts from across the university have developed a wide range of resources related to COVID-19. I've outlined some of these resources below and encourage you to take advantage of any that are of interest to you.

### **Building access**

- Our Teaching, Research and Wellness (TRW) Building parkade is only open to those who have a parking permit for this location and are on our critical access list. If you don't have a permit for the TRW parkade and/or are not on the critical access list, please find an alternate place to park. All Alberta Health Services' parking lots, including the nearby Lot 6 and Lot 10 parkades, are available for parking, free of charge.
- The University of Calgary's Emergency Management team has asked us to reduce the number of people who are on our critical access list. Our Cumming School of Medicine leadership team will work closely with department heads and managers to identify those who will not need continued building access. You'll be contacted if any changes are made to your assigned access.
- Given the access changes in the Health Sciences Centre, Lot 6A (the open parking lot located on the east side of the Lot 6 parkade) will be used as a temporary muster point.

### **Research operations**

- The Office of the Vice-President (Research) is hosting three online sessions for early to mid-career researchers impacted by COVID-19. Visit the links below for more information and to register. Please note that registration is required to receive Zoom meeting URLs and passwords.
  - [Science and engineering: Thursday, Apr. 30, 4 to 5 p.m.](#)
  - [Social sciences and humanities: Monday, May 4, 1 to 2 p.m.](#)
  - [Health: Thursday, May 7, 8:30 to 9:30 a.m.](#)
- [Subscribe to the VPR office's new weekly digest](#), which summarizes operational updates, funding opportunities, and relevant webinars or seminars in relation to COVID-19 research.
- Join Dr. Derek McKay, PhD, candidate for scientific director at the Snyder Institute for Chronic Diseases, on **Thursday, Apr. 30 from noon to 1 p.m.**, for an online seminar, [Improving Digestive Health: Mitochondria, Helminth Parasites and Regulatory Macrophages](#).
- In partnership with Innovate Calgary, Biomedical Engineering is offering bi-weekly Ask and Offer Forums. These sessions give members of our research community the opportunity to present their COVID-19 related research projects and ask for assistance. The next session is on **Thursday, Apr. 30, at 1 p.m.** Please contact [bme@ucalgary.ca](mailto:bme@ucalgary.ca) for the Zoom link.

## Mental health and wellness during COVID-19

- New resources are available from Well Doc Alberta.
  - Education bulletin: [Civility and Respect: How We Can Be At Our Best During the Pandemic and Beyond](#).
  - Podcast: Staying Connected: [Emotional Connection Amidst Physical Distancing](#).

## UCalgary resources

- [Webinar](#): Join Drs. Luanne Metz, MD, and Michael Hill, MD, **today, Apr. 28 at 1 p.m.**, as they discuss the exploration of a possible treatment for COVID-19. [Register now](#).
- [Anatomy of a pandemic: Planning, response, and the human toll](#): The O'Brien Institute for Public Health is hosting a digital forum on **Apr. 30 from noon to 1 p.m.** The forum will provide a first-hand account of how Calgary doctors are mobilizing in order to effectively and ethically deal with the COVID-19 pandemic. [Register now](#).
- [COVIDcast Episode 13: Volunteering in a pandemic](#): Calgary is a community that pulls together when times get tough. In this episode, Dr. Sandra Davidson, PhD, dean of our Faculty of Nursing, and Dr. Jackie Sieppert, PhD, dean of our Faculty of Social Work, talk about the benefits of helping out in a time of crisis. [Listen and subscribe](#).

Please continue to send any questions, comments or ideas to [csmdean@ucalgary.ca](mailto:csmdean@ucalgary.ca). Stay healthy, everyone.

Sincerely,

Jon Meddings, MD  
Dean, Cumming School of Medicine  
University of Calgary