

Students, trainees, faculty and staff,

Thank you to those of you who submitted your COVID-19 questions for Dr. Chris Mody, MD, a clinician-scientist, professor and head of our Department of Microbiology, Immunology & Infectious Diseases. The new questions and answers can be found on our [COVID-19 Q&A web page](#). If you have a question you'd like Dr. Mody to answer, please send it to [csmdean@ucalgary.ca](mailto:csmdean@ucalgary.ca).

### Building access

- A number of barriers have been installed within the Health Sciences Centre (HSC) to help separate the spaces surrounding our University of Calgary Medical Clinics. This is a measure that also helps to distance patients visiting a clinic from UCalgary faculty and staff. For more information on which areas have been temporarily designated as Alberta Health Services' space, please refer to the attached diagrams of the HSC's ground and first floors.
- During the next phase of our building access project, members of our Cumming School of Medicine (CSM) leadership team will work with department heads to compile a list of clinical faculty members who require internal access between the Foothills Medical Centre and our UCalgary building spaces.
  - If you require this type of access and have not yet completed the building access form, please do so at [cumming.ucalgary.ca/access](http://cumming.ucalgary.ca/access).
  - Clinical faculty who need to access their offices located in UCalgary building space will be able to do so from the first floor of the HSC, using the 1510Z hallway (the hallway that provides access to theatres 3 and 4). Please refer to the attached diagram of the HSC's first floor for clarification.

### Learning and working

- Join Dr. Kelly Burak, MD, associate dean, Continuing Medical Education & Professional Development, on **Friday, May 1, from noon to 1 p.m.**, for a presentation on how his team has transformed continuing professional development during COVID-19 and beyond. [Register now](#).
- Based on further review and community feedback, the university has updated its guidelines regarding the online meeting tools that you need to use while working from home. Microsoft Teams **must** be used when making recordings of meetings that involve "[Level 4](#)" data. Microsoft Teams is the preferred and more secure platform for meetings, while Zoom is still preferred for classroom instruction. [Read more](#).
- Processes, measures and systems are in place to safeguard UCalgary's and your information using technology to shield against cybercriminals. Visit [it.ucalgary.ca/it-security](http://it.ucalgary.ca/it-security) for more information on how to practice good cyber hygiene.

**Distribution services**

- Distribution Services' hours of operation are Monday to Friday 8:30 a.m. to 2 p.m.
- Our Distribution Services team continues to send and receive mail as per usual. However, the team is not delivering shipments to end users. Please pick up your shipments from Distribution Services between the hours of **noon and 2 p.m.** If you've received a perishable shipment, you'll be notified via email.
- Distribution Services staff will continue to fill Liquide Nitrogen and Ethyl Alcohol on a daily basis. Please ensure you have your interdepartmental billing (IDB) card with you at time of pick up.
- Outbound courier shipments will be picked up by Purolator at noon. FedEx will be picking up daily at 12:30 p.m.
- If you have any questions or concerns, please contact Ron Bailey at [baileyr@ucalgary.ca](mailto:baileyr@ucalgary.ca) or 403-210-5499.

**Mental health and wellness during COVID-19**

- The CSM's Working Our Way to Wellness (WOWW) Committee is offering online fitness classes. For more information on registration or to sign up for a class, [click here](#). To receive weekly online class notifications, please email [woww@ucalgary.ca](mailto:woww@ucalgary.ca).

Stay safe and healthy, and enjoy the rest of your week.

Sincerely,

Jon Meddings, MD  
Dean, Cumming School of Medicine  
University of Calgary