

Students, trainees, faculty and staff,

With Alberta in Stage 2 of its relaunch strategy, I know that campus re-entry is top of mind for many of you. At this time, you should continue working from home. There's a considerable amount of work taking place to prepare a phased re-entry strategy for our university campuses and you can expect to receive more information soon. [Read the June 23 update.](#)

For those of you who are currently working on campus, either through the [Critical or Expanded Research approval process](#) or because your role requires you to be onsite and you're on the critical access list, there are a few things you need to know.

- **Kitchens** – At this time, there is **no access to kitchens or kitchen appliances on campus**. This includes refrigerators, microwaves, dishwashers, coffee brewing equipment, kettles, and shared utensils or dishware. Kitchen sinks may be used for drinking water. Faucets and any other areas touched when a person is in a kitchen must be disinfected before and after use. Please bring food or beverages from home and store the containers at your desk.
- **Meeting spaces** – Meeting rooms **should not be used as common areas** and, whenever possible, meetings should take place virtually. If necessary, these spaces can be used for face-to-face meetings if all public health orders are followed, including physical distancing of two metres.
- **Parking** – Members of our leadership team are working closely with Alberta Health Services (AHS) to clarify what will happen for those who park in AHS-owned parking facilities located at the Foothills campus. I'll share more information when it becomes available.

Please send any questions you have about campus re-entry to [csmdean@ucalgary.ca](mailto:csmdean@ucalgary.ca).

## Research operations

- As we continue to approve [Critical and Expanded Research](#) activities on campus, Staff Wellness has made disinfectant wipes available for your workspace. [Schedule a time to pick up](#) disinfectant wipes from room G355 in the Health Sciences Centre.
- Those who receive an approved Expanded Research Designation must submit a Workspace Safety Plan to their department and adhere to [UCalgary Re-Entry Protocols](#). [Read the June 2 email.](#)

### Distribution Services

- Distribution Services has returned to regular hours of operation — Monday to Friday, 8 a.m. to 4:30 p.m.
- Our Distribution Services team continues to send and receive mail as per usual. However, the team is not delivering shipments to end users at this time. Please pick up your shipments from Distribution Services between the hours of 8 a.m. and 4:30 p.m. If you've received a perishable shipment, you'll be notified via email as soon as it arrives.
- Distribution Services staff will continue to fill Liquide Nitrogen and Ethyl Alcohol on a daily basis. Please ensure you have your interdepartmental billing (IDB) card with you at time of pick up.
- Outbound courier shipments continue to be picked up on a daily basis. FedEx has reverted to our regular pick up time, which is 4 p.m. Purolator pick up is noon, daily.
- If you have any questions or concerns, please contact Ron Bailey at [baileyr@ucalgary.ca](mailto:baileyr@ucalgary.ca) or 403-210-5499.

### Mental health and wellness

- Some of you may feel as though you just settled into this new way of life and now, here we are starting to talk about re-entry. Or perhaps you never settled into a new routine. Everyone is going to react and feel differently, and it's common to feel stress or anxiety in a time of uncertainty. [Remote mental health support](#) is available, and I encourage you to reach out for support if you think you need it.

### Taking action against systemic racism

- I'd like to once again thank those of you who've submitted your questions, ideas, concerns and personal stories about systemic racism within our CSM community. Our leadership team is learning a lot from your input and is using this knowledge to determine how we'll continue to make the changes that are necessary to truly achieve equity, diversity and inclusion within our faculty. Please continue to share your thoughts by submitting an [anonymous online form](#).

### UCalgary resources

- [COVID Corner: Lessons Learned from the Last Three Months](#): Join Dr. Deena Hinshaw, MD, chief medical officer of health, Alberta Health, and Cumming School of Medicine (CSM) experts today, **Wednesday, June 24, from 7 to 9 p.m.**, for a discussion about the last three months and what we can expect in the future. [Register now](#).

### Education

- A team of medical students from across Canada, including Celia Walker, a second-year medical student at the CSM, has developed a five-minute national survey to assess Canadian medical students' interests and attitudes towards climate change and its impact on health. Your input will help administrators understand your thoughts on the links between health and the changing climate, and be used to inform future curriculum development. [Take the survey](#) and [follow @MedsSurvey on Twitter](#) for updates on which medical school has the most respondents.

### CSM in the news

- Congratulations to Dr. Nikolas Knowles, PhD, a postdoctoral scholar at the CSM, who has received a prestigious [Banting CIHR Postdoctoral Fellowship](#) for a study aimed at detecting early bone changes with the goal of preventing osteoarthritis in people who suffer a common knee injury. [Read more.](#)
- Dr. Fartoon Siad, MD, co-founder of the Calgary Black Medical Students' Association and an inspiring member of the Class of 2020, shares how increasing diversity among physicians benefits our communities. [Read more.](#)
- A recent study by Dr. Marie Claire Arrieta, PhD, shows that fungi have a larger role in the development of the gut microbiome than we realized. [Read more.](#)
- Connection Circles help bridge COVID-19 gap and offer a space for Indigenous students, faculty and staff to be together. [Read more.](#)
- Dr. Heather Jamniczky, PhD, is [appointed academic lead in teaching and learning research](#) at the University of Calgary's Taylor Institute for Teaching and Learning.

Have a wonderful week!

Sincerely,

Jon Meddings, MD  
Dean, Cumming School of Medicine  
University of Calgary