

Good Afternoon,

I wanted to share the following update.

- HMRC will be offering both nursing and laboratory services next week. Pamla Dsouza and Lori Platon will be available in the clinic.
- HMRC (Pallavi Noojibail) has reached out to study teams asking for confirmation of scheduled appointments. Please confirm your booking and inform HMRC of any changes.
- Please contact study patients prior to their visit and ask the below screening questions.
 - Are you currently experiencing any symptoms of fever or cough or sore throat or other symptoms of respiratory illness?
 - Have you travelled outside of Canada within the last 14 days?
 - Have you been in close contact with someone with a suspected or confirmed case of COVID-19?
- Please let study patients know that HMRC will be screening all patients and accompanying family members again on arrival.

Regarding the incident on March 17th, there has been ongoing communication but no test results are available as of yet. Dr. Exner has advised those who had direct contact with the patient to self isolate. Being present in the clinic at the time of the incident would not have posed a risk of exposure unless you came in contact with contaminated surfaces. Here are the [AHS guidelines](#) including information on how the virus spreads: "COVID-19 is transmitted through person-to-person spread by larger droplets, like from a cough or sneeze or touching contaminated objects or surfaces, then touching your eyes, nose or mouth. COVID-19 is not airborne and cannot spread through the air over long distances or times, like the measles. Studies suggest that the virus generally only survives for a few hours on a surface, though it may be possible for it to survive several days under ideal conditions." Please note that a pandemic deep clean was performed in HMRC ensuring that the space is safe to re-enter.

Please let me know if you have any questions.

Thank you for your continuing support and cooperation.

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